

## **First exercise routine: Superheroes Unite**

Exercise routine: Superheroes Unite

Here are my observations:

**Notes following my meeting with my partner:**

## Second exercise routine: Zumba Kids

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| <p>Exercise routine: (name of video)<br/>Here are my observations for Zumbatonic.</p> | <p>There are differences between the exercise routine Superheroes Unite and Zumba Kids. Here is what I observed.</p> |
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| <p><b>Notes following my meeting with my partner:</b></p> |
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### **Third exercise routine: Chair Yoga**

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| <p>Here are my observations for this exercise routine: Chair Yoga</p> | <p>There are differences between Superheroes Unite, Zumba Kids and Chair Yoga.</p> <p>Here is what I observed.</p> |
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**Notes following my meeting with my partner:**