

Second Step Lesson 17 - Week of April 10th

Parent Communication

Kindergarten

Lesson 17: Ready to Solve Problems

Summary

In this week's lesson, your child will learn that taking time to feel calm before reacting is a helpful first step to solving a problem.

Try This at Home

Let your child see you taking a moment to feel calm at home when things are busy or stressful. For example, say, "Today was a really busy day. I'm going to take a few slow breaths to help me feel calm." Invite your child to join you.

First Grade

Lesson 17: Was It an Accident?

Summary

In this week's lesson, your child will learn helpful ways to respond to a problem caused by accident. They'll practice phrases for apologizing: "I'm sorry. It was an accident. Are you okay? How can I help?"

Try This at Home

When accidents occur at home, take time to apologize and encourage your child to do the same, using the new phrases they learned at school this week.

Second Grade

Lesson 17: Thinking of Solutions

Summary

In this week's lesson, your child will learn that thinking of more than one way to solve a problem can help them find one that works better or that they like better.

Try This at Home

Ask your child to explain why it can be good to think of more than one way to solve a problem.

Third Grade

Lesson 17: S: Say the Problem

Summary

In this week's lesson your child will learn how to say a problem by thinking about what each person wants or needs.

Try This at Home

Ask your child how they would say a problem respectfully, without blaming anyone.

Fourth Grade

Lesson 17: Saying It Respectfully

Summary

In this week's lesson, your child will begin to learn a process for solving interpersonal problems. They'll learn how to say the problem respectfully and without blame.

Try This at Home

Talk with your child about an interpersonal problem they've had at home. Help your child think about each person's point of view, and then work together to say the problem respectfully.

Fifth Grade

Lesson 17: When? Where? Who?

Summary

In this lesson, your child will consider when, where, and with whom it would be best to work on an interpersonal problem.

Try This at Home

Ask your child why it's important to think about when, where, and with whom it would be best to work on an interpersonal problem.

