

Rosh Hashanah

What is it?

Rosh Hashanah is the celebration of the Jewish New Year. Together with Yom Kippur (which follows 10 days later), it is part of the High Holidays.

When is it?

This year, Rosh Hashanah begins at sundown on September 22 and ends at nightfall on September 23.

How is it celebrated?

The central observance of Rosh Hashanah is blowing the shofar (ram's horn) on both mornings of the holiday. This normally takes place in the synagogue as part of the day's services. Families enjoy traditional food such as round challah bread, apples dipped in honey, and other foods that symbolize hopes for a sweet year. It is also customary to light candles, attend synagogue, and have meals with family and friends.

Resources:

[This video](#) from the Jewish Educator project reviews key aspects of the holiday.

This [printable book](#) from The Little Compass contains activities and games to teach young children about the holiday.

Suggested message for school newsletter:

Good afternoon families! A reminder that students will not attend classes on September 23, 2025 for the observance of Rosh Hashanah. Rosh Hashanah is the celebration of the Jewish New Year. The central observance of Rosh Hashanah is blowing the shofar (ram's horn) on both mornings of the holiday. This normally takes place in the synagogue as part of the day's services. Families enjoy traditional food such as round challah bread, apples dipped in honey, and other foods that symbolize hopes for a sweet year. It is also customary to light candles, attend synagogue, and have meals with family and friends.

If you would like to learn more about this important holiday, please review these resources:

- [This video](#) from the Jewish Educator Project reviews key aspects of the holiday.
- This [printable book](#) from The Little Compass contains activities and games to teach young children about the holiday.