

Kindness is Contagious Week



March 5th Manners Monday

Use your best manners!

- Hold the door for someone
- Say "please," "thank you," and "excuse me"
- Use good table manners
- Practice answering the phone politely

March 6th Thank-you Tuesday

Who deserves a thank-you for helping you? Visit the Appreciation Station at lunch and you can

- write thank-you notes to teachers, monitors, custodians, cafeteria workers, and more!



Every day, be the
best Bucket Filler
you can be!

March 7th What Can I Do To Help? Wednesday

Think of ways you can help your parents or teacher!

- Clean your room
 - Put the dishes in the sink
 - Pick up trash from the classroom floor
 - Straighten up the book bins

March 8th Thoughtful Thursday

Do something to make someone feel good!

- Make a picture for someone in your family
- Send a card to someone who is sick
- Bring good quality used items to the Salvation Army

March 9th Friendship Friday

Make a new friend today!

Talk to someone you don't know very well. Include everyone! Be a Bucket Filler!!!