

TDSB Care and Treatment Education Programs

2025-2026

Aptus Treatment Centre	This Day Treatment Program supports young people who are 15 to 21 years of age and are experiencing significant mental health challenges and other complex needs, affecting their adjustment at home, school and in the community. Individualized treatment plans are developed for each child and are implemented by treatment staff. There is a clinical director and referrals can be made for behaviour therapy and occupational therapy (OT). Treatment may include movement related to sensory integration, play therapy and Snoezelen.
Centre for Addiction and Mental Health Concurrent Youth Unit (CYU) And Early Psychosis Unit (EPU)	This is an In-Patient treatment program which supports youth ages 14-18 with concurrent substance use and mental health difficulties. This program focuses on stabilization and withdrawal management. Individual, group, and family therapy is provided by an interdisciplinary team. This program includes a classroom setting with a TDSB teacher and is supported by a highly specialized comprehensive treatment team.
Centre for Addiction and Mental Health (CAMH) Youth Day Hospital (YDH)	This Day Treatment Program supports students ages 15-21 with concurrent substance use and mental health difficulties. A harm reduction approach is utilized to address substance use concerns. This program includes weekly individual counselling and daily participation in group therapies such as life skills, coping skills, recreational activities and art. The overall goal of the program is to create a supportive and therapeutic atmosphere that allows students to set and achieve goals. This program includes a classroom setting with a ratio of three adults to eight students (including two Child and Youth Workers and one TDSB teacher).
Centre for Addiction and Mental Health (CAMH) REACH	This Day Treatment Program supports students ages 14-18 with concurrent substance use and mental health difficulties. A harm reduction approach is utilized to address substance use concerns. It includes weekly individual counselling and daily participation in group therapies such as life skills, coping skills, recreational activities and art. The overall goal of the program is to create a supportive and therapeutic atmosphere that allows students to set and achieve goals. This program includes a classroom setting with a ratio of 8 students and 3 staff members

	(two Child and Youth Workers and one TDSB teacher).
Central Toronto Youth Services (CTYS)	<p>This Day Treatment Program supports youth aged 14-21 who have been given a mental health diagnosis that may include but not be limited to a psychotic disorder. Youth with developmental limitations or addictions issues may be considered, provided that the challenges are created by their mental health challenges. The program offers a safe and supportive environment for youth who have spent time in hospital or away from mainstream schools for some time. Youth participate daily in wellness and life-skills activities/groups designed with a holistic approach. This program includes a classroom setting with a ratio of 8 students and 3 staff members (two Child and Youth Workers and one TDSB teacher).</p>
Dixon Hall	<p>The Dixon Hall Block Day Treatment classroom will serve youth from grade 9-12. This educational support program will be geared towards serving youth placed at risk of becoming justice-involved residing in the Toronto Downtown East. This program will be positioned to provide educational, and programming support for youth who have been diverted from formal contract with the justice system or who have been identified through prevention/intervention programs. Access to education is critical for youth in conflict with the law or at risk of being in conflict with the law and this program will be an important resource to ensure they don't fall further behind from their peers while they work to reintegrate back into their home school communities. The program will provide enhanced culturally centered educational supports and treatment programming grounded in culturally appropriate methodologies and delivery methods in partnership with a Wanasah a non-profit mental health agency created to address the urgent mental health needs of Black youth and their families.</p>
The George Hull Centre (Western Tech Collegiate Campus)	<p>This Day Treatment Program serves students aged 13-18 with mental health issues and possible family concerns. This program provides a mix of academic and blended activities and treatment from a multidisciplinary team as well as opportunities to complete credits and work toward an OSSD. The youth who attend the George Hull Centre Day Treatment Program are clients of Libby's Place residential program, the Intensive In-Home Service, or the Community Clinic. The youth who participate in the Day Treatment Program have countless strengths and live with moderate to severe mental health</p>

	<p>challenges. All of the students benefit from the individualized academic and therapeutic environment at the program. In addition, all of our students and their families participate in regular family therapy, which represents an integral part of the treatment experience. This program has a ratio of two adults to eight students including one teacher and one CYW.</p>
<p>The George Hull Centre Clear Directions (Western Tech Collegiate Campus)</p>	<p>This Day Treatment Program serves students aged 13-18 with mental health issues and possible family concerns. This program provides a mix of academic and blended activities and treatment from a multidisciplinary team as well as opportunities to complete credits and work toward an OSSD. The youth who attend the George Hull Centre Day Treatment Program are clients of Libby's Place residential program, the Intensive In-Home Service, or the Community Clinic. The youth who participate in the Day Treatment Program have countless strengths and live with moderate to severe mental health challenges. All of the students benefit from the individualized academic and therapeutic environment at the program. In addition, all of our students and their families participate in regular family therapy, which represents an integral part of the treatment experience. This program has a ratio of two adults to eight students including one teacher and one CYW.</p>
<p>Humber River Hospital</p>	<p>This Treatment Program offers a continuum of service for students ranging from in-patient to community-based outpatient and supports students ages 14-18 with psychotic disorders, mood/anxiety disorders, obsessive/compulsive disorder and concurrent disorders. This program serves as a transition from an inpatient setting to a community setting. It also assists students in formulating a plan for managing their mental health issues in the community utilizing a multidisciplinary team approach that includes community support. There is one classroom with a ratio of 8 students to one teacher in class: 2 staff members (one trained therapist and one TDSB teacher). Many other therapeutic staff are available as this is a hospital setting.</p>
<p>Jessie's - The June Callwood Centre for Young Women</p>	<p>This Program supports pregnant or young parenting women under the age of 18. Multiple services are available to meet the varying needs of the clients - including child care and life skills support, health services and parenting education. There is a residential program and a multi-faceted approach to supporting young mothers, families and children.</p>

Lumenus (Thisletown Campus)	This Day Treatment Program supports youth aged 13-18 with mental health and possibly substance abuse issues. Staff work with youth who need help in dealing with serious concerns at home, in school, or in the community (i.e. difficulties with family, friends, school, and sexuality) in relation to their misuse of drugs and or alcohol, and/or mental health concerns such as depression, anxiety, ADHD, OCD., etc. This program has a ratio of two adults to eight students including one teacher and one Child and Youth Worker (CYW).
Lumenus (Kenton Campus)	This Day Treatment Program supports youth aged 13-18, living in the City of Toronto, who are diagnosed with a Mild Intellectual Disability and face significant emotional, behavioural or/and mental health issues. This program assists students in developing the social, emotional, academic and vocational skills needed to re-enter the educational system and attain greater independence in community living. Collaboration involves youth, families, school board staff and agency staff in planning for the youth. The classroom has a ratio of three adults to eight students including one teacher and two Child and Youth Workers (CYW).
Lumenus (York Memorial Campus)	This Day Treatment Program is offered to students in grades 9 to 12; aged 13 to 18 who have been identified as living with complex mental health needs that have been identified and require multidisciplinary intensive therapeutic support and intervention. Students must live in the GTA, Peel, Halton, and York Region. This program includes two classroom settings with a ratio of 8 students and 3 staff members in each classroom, (two Child and Youth Workers and one TDSB teacher).
Lumenus (PATH Central Etobicoke Campus)	The Day Treatment Program serves youth ages 13-18 with a diagnosis of autism, a developmental delay and significant emotional, behavioural and/or mental health challenges. The program offers assessment and individualized treatment to youth and their families. Family therapy, service coordination and transitional supports are also offered. The treatment goals include enhancing social, emotional and communication skills. Greater independence in the home and community are also the focus of the program.
Lumenus (TESS Central Etobicoke Campus)	This Day Treatment Program supports youth aged 13-18, living in the City of Toronto, who have been diagnosed with a Mild Intellectual Disability and also face challenges due to significant emotional, behavioural or/and mental health issues and/or

	<p>Autism. This program assists in developing the social, emotional, academic and vocational skills needed to re-enter the educational system and attain greater independence in community living. Collaboration involves youth, families, school board staff and agency staff in planning for the youth. The program has a ratio of three adults to eight students including one teacher and two Child and Youth Workers (CYW).</p>
<p>Lumenus (York Humber Campus)</p>	<p>This Day Treatment Program supports youth aged 13-18 who are Dual Diagnosed with a learning disability and have significant emotional, behavioural or/and mental health issues. The program provides therapeutic and academic programming with an academic component including credit attainment for students with a dual diagnosis. Assists in developing the social, emotional, academic and vocational skills needed to re-enter the educational system and attain greater independence in community living. Collaboratively involves youth, families, school board staff and agencies in planning for the youth.</p>
<p>Lumenus (York Memorial Campus)</p>	<p>This Day Treatment Program supports students' grades 9-12, ages 13 to 18 who present with mild to moderate mental health issues. Students in this program may be experiencing a variety of social, emotional, mental health and family difficulties. Treatment services include multidisciplinary intensive therapeutic support and intervention through a framework of consistent daily routines and counseling. There is a strong emphasis on engagement, family work and setting academic goals. This program includes a classroom setting with a ratio of between 8 students to 1 TDSB teacher and a comprehensive treatment team.</p>
<p>Abiona Centre (Humewood Campus)</p>	<p>This Day Treatment Program supports adolescent females aged 21 and under, pre or post-natal. This program provides access to community groups and programs and offers individual and family counselling services. Humewood is accredited as a mental health agency and provides counselling support for its clients. There is an onsite day care centre and residential units for pregnant/parenting teens. This program has a ratio of two adults to ten students including one teacher and one CYW.</p>
<p>Abiona Centre (Broadview Campus)</p>	<p>This Day Treatment Program provides support and services for up to 22 mothers and babies. There is a Postnatal Residential Program and services for mothers who reside in the community or who are graduating from pre-natal residence. Apartment and</p>

	<p>townhouse facilities are available. Massey Centre provides a Maternal Infant and Mental Health unit as well as Primary Health care for expectant and new mothers. There are registered nurses on site as well as a multi-faceted treatment and support team. This program has a ratio of two adults to ten students including one teacher and one CYW.</p>
<p>The Neighborhood Group</p>	<p>This Day Treatment program is positioned to provide educational and programming options for youth who have been diverted from formal contract with the justice system or who are serving a community supervision sentence who reside in Northwest Toronto. Access to education is critical for youth in conflict with the law, and this program is an important resource to ensure they don't fall further behind from their peers while they work to reintegrate back into their home communities. The program will provide enhanced culturally-centred educational support and credit-worthy treatment programming that is grounded in culturally appropriate methodologies and delivery methods. The Neighbourhood Group is a trusted community partner in NW Toronto and has proven expertise in delivering diversion programming, conflict mediation, and treatment programs through a trauma-informed and strength based approach (anger management, healthy relationship programming, mentoring, etc.) and drop-in services to justice-involved youth, families and communities in the City.</p>
<p>Scarborough Health Network (SHN)</p>	<p>This Day Treatment Program supports students (aged 13-18 years) of Scarborough Health System inpatient unit or outpatient program (Shoniker Clinic). Students in the in-patient program spend a half day in school and half day in treatment as do students in the outpatient programs, alternating treatment and the school program. The program emphasis is on transitioning students back to their community school program. This program includes a classroom setting with a low teacher to student ratio, TDSB teacher and a comprehensive treatment team.</p>
<p>SickKids CCMH - 440 Jarvis</p>	<p>This Day Treatment Program serves youth in grades 9 to 12 (14 to 18) who have mental health challenges that impair their functioning at home, school and/or in community. This program uses an interprofessional team approach to support youth and/or families, which includes services from social workers, psychologists, psychiatrists, nurses, and child and youth care practitioners. Services are deployed based on the individual needs and preferences of each client and their family. This</p>

	<p>program offers a safe and supportive environment in which to receive individualized therapy and counselling, to discuss issues, to assist in developing and reaching personal goals, and to work on academic skills and positive classroom behaviours. This program has a ratio of 8 students and 2 staff member (one Child and Youth Worker and one TDSB teacher) with two classrooms located at CCMH's Jarvis location.</p>
<p>SickKids CCMH (Jarvis Collegiate Institute Campus)</p>	<p>This Day Treatment Program serves youth in grades 9 to 12 (14 to 18) who have mental health challenges that impair their functioning at home, school and/or in community. This program uses an interprofessional team approach to support youth and/or families, which includes services from social workers, psychologists, psychiatrists, nurses, and child and youth care practitioners. Services are deployed based on the individual needs and preferences of each client and their family. This program offers a safe and supportive environment in which to receive individualized therapy and counselling, to discuss issues, to assist in developing and reaching personal goals, and to work on academic skills and positive classroom behaviours. This program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher) with two classrooms located within a mainstream secondary school (Jarvis Collegiate Institute).</p>
<p>SickKids CCMH 2SLBTQIA (Jarvis Collegiate Institute Campus)</p>	<p>This is a Day Treatment Program serves youth in grades 9 to 12 (14 to 18) who identify as 2SLBTQIA and are experiencing mental health challenges that impair their functioning at home, school and/or in community. This program strives to provide a safer space by recognizing the particular needs of young people at the intersections of mental health, sexual orientation and gender identity. This program uses an interprofessional team approach to support youth and/or families, which includes services from social workers, psychologists, psychiatrists, nurses, and child and youth care practitioners. Services are deployed based on the individual needs and preferences of each client. This program offers a safe and supportive environment in which to receive individualized therapy and counselling, to discuss issues, to assist in developing and reaching personal goals, and to work on academic skills and positive classroom behaviours. This program has a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher) with one classroom located in a mainstream secondary school setting (Jarvis Collegiate Institute)</p>

SickKids Eating Disorders Program	<p>This Day Treatment Program supports students who have been diagnosed with an eating disorder which is impacting their ability to function in a mainstream school setting. Students are offered an assessment through the eating disorder clinic at Sick Kids and can access the program through a family doctor referral. Students are provided with academic instruction as well as treatment during the school day. Families are also engaged in the treatment plan; nutritional counselling and individual therapy are components of this program as well as medical monitoring and individual therapy as needed. This program includes a classroom setting with a ratio of 8 students and one TDSB teacher as well as multifaceted support from a comprehensive treatment team.</p>
SickKids Medical Wards	<p>These educational support programs are for students at the secondary level who may have a chronic illness, such as kidney failure, heart disease, cystic fibrosis, cancer, or an acute injury or trauma, such as burns, transplants and head injuries <i>and are current in-patients of the hospital</i>. Referrals are made by guardians and/or medical personnel with parental approval, and students are taught at bedside, in intensive care, and occasionally in groups. Instruction is usually one-on-one with a TDSB teacher.</p>
SickKids Psychiatric Day Hospital	<p>The Day Hospital is a voluntary intensive mental health treatment program for youth ages 13 to 17 years old who are experiencing early onset mental health symptoms. The goal of the 12-week program is to help youth improve their experiences, symptoms and level of functioning through group, individual, and family therapy. Participants will be supported by a multidisciplinary team with successful transition and reintegration back to their school and home upon completion of the treatment program.</p>
SickKids Substance Use Program	<p>This Day Treatment Program supports secondary students up to 18 years of age with alcohol and/or substance use and abuse challenges. Teens, families and health care providers can choose the best type of services, depending on the needs of the youth and/or family. The Outpatient service offers counselling and treatment in a clinical setting and the day treatment program offers a more structured service that includes schooling and group treatment, in addition to specific support for parents and individual counselling for the teen. This program includes a classroom setting with a ratio of 8 students and 2 staff members</p>

	(one Child and Youth Worker and one TDSB teacher).
Strides Toronto (Cedarbrae Collegiate Campus)	This Day Treatment Program serves students in grades 9-12, aged 13-18 with emotional/social/behavioural/mental health/substance abuse difficulties. In addition, individualized, flexible, intensive home-based individual and family therapy is provided. The primary goal is to help clients and their families overcome whatever obstacles they face, preventing them from being successful in mainstream school settings or in the workforce. This program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher).
Strides Toronto (Churchill Collegiate Campus)	This Day Treatment Program supports adolescents in grades 9-12 who reside in Scarborough and face emotional/social/behavioural/substance abuse/mental health difficulties. Treatment goals are identified and addressed through goal setting and individualized treatment plans. A multi-disciplinary team approach for youth and/or family addresses individual, group and family therapy. This program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher).
Sunnybrook Health Sciences Centre - Fresh Start	This Day Treatment Program supports secondary school students aged 14-19 years with referrals from either the in-patient unit or out-patient clinics within the Division of Youth Psychiatry. Psychiatric diagnoses include mood disorders, anxiety disorders and psychotic disorders. The program is a day treatment program within the Division of Youth Psychiatry, which focuses on reintegrating students back into the community school or alternative academic programs. This program has a ratio of two adults to eight students including one teacher and one CYW.
Sunnybrook Health Sciences Centre	Youth who require individualized education and therapeutic activities, due to functional limitations as a result of a psychiatric illness, are involved in an in-patient education program. These students participate in psychosocial rehabilitation programs, usually involving medical management, counseling and treatment, as well as educational programming to overcome the various effects of the psychiatric condition. Required medication, underlying illness, and residual symptoms can profoundly affect the student's performance, self-confidence, and rate of learning.

TRE-ADD (Rexdale)	<p>The TRE-ADD program (Treatment Research and Education for Autism and Developmental Disorders) is a comprehensive Day Treatment Program that provides services for children and youth with autism and related developmental disorders and their families. The primary focus is on preparing the child/youth with multiple and very complex needs to be successful and to enhance the ability of the family to support him/her. The treatment approach is individualized, comprehensive and multi-disciplinary with an enhanced focus on the application of Applied Behavior Analysis (ABA) procedures and principles. There is the development of individualized academic, self-help, vocational and living skills to support students' needs. This program has four students, a teacher, an educational assistant and an interdisciplinary team.</p>
Woodgreen Turning Point Youth Services (Wexford Collegiate Campus)	<p>This Day Treatment Program supports students in grades 9-12, ages 13-18 with school, home and family related difficulties stemming from social/emotional and mental health issues. The teacher and agency staff collaborate to provide a rich program. The program focuses on, but is not limited to, improving attendance, achievement, student voice and self-advocacy. This program includes a classroom setting with a ratio of 8 students and 2 staff members (one Child and Youth Worker and one TDSB teacher).</p>
Youthdale Treatment Centre (Crisis)	<p>This In-Patient Treatment Program offers stabilization, assessment and treatment for children ages 4 -18 with intensive psychiatric needs. The treatment goal is to address safety and treatment needs of children who place themselves/others at significant risk. As children heal, a transitional program is also available. There is a TDSB secondary teacher on site, supported by a highly specialized treatment team. There is an additional in-patient unit serving youth from 18-24.</p>
Youthdale Treatment Centre (Central Toronto Academy Campus)	<p>This Day Treatment Program serves students from Gr 9 –12 who have been unable to function within the mainstream educational system. Each enrolled student and family is offered on-going family counselling and access to the clinical services provided by Youthdale. A team of Youthdale staff provide treatment assessments and individual programming to meet the needs of the individual. Mandatory, on-going family therapy/counselling and clinical services are available. This program includes two classroom settings with a ratio of 8 students and 3 staff members (two Child and Youth Workers and one TDSB teacher) in each</p>

	class.
Youthdale Treatment Centre (IEDP Covenant House)	This Day Treatment Program supports students 16 to 19 years of age, focusing on individualized education and therapeutic activities. Through structured day treatment, students participate in IEDP psychosocial rehabilitation programs, usually involving medical management, counselling and treatment, as well as educational programming to overcome the various impacts of their emotional/behavioural deregulation and/or psychiatric condition. This program includes a classroom setting with a ratio of 8 students and 3 staff members (two Child and Youth Workers and one TDSB teacher).

High School (Ages 18-21)

Aptus Treatment Centres	This Day Treatment Program supports young people who are 15 to 21 years of age and are experiencing significant mental health challenges and other complex needs, affecting their adjustment at home, school and in the community. Individualized treatment plans are developed for each youth and are implemented by treatment staff. There is a clinical director and referrals can be made for behaviour therapy and occupational therapy (OT). Treatment may include movement related to sensory integration, play therapy and Snoezelen.
Centre for Addiction and Mental Health (CAMH) Youth Day Hospital (YDH)	This Day Treatment Program supports students ages 15-21 with concurrent substance use and mental health difficulties. A harm reduction approach is utilized to address substance use concerns. This program includes weekly individual counselling and daily participation in group therapies such as life skills, coping skills, recreational activities and art. The overall goal of the program is to create a supportive and therapeutic atmosphere that allows students to set and achieve goals. This program includes a classroom setting with a ratio of three adults to eight students (including two Child and Youth Workers and one TDSB teacher).
Central Toronto Youth Services (CTYS)	This Day Treatment Program supports youth aged 14-21 who have been given a mental health diagnosis that may include but not be limited to a psychotic disorder. Youth with developmental

	<p>limitations or additions issues may be considered, provided that challenges are created by their mental health concerns. The program offers a safe and supportive environment for youth who have spent time in hospital or away from mainstream schools for some time. Youth participate daily in wellness and life-skills activities/groups designed with a holistic approach. This program includes a classroom setting with a ratio of 8 students and 3 staff members (two Child and Youth Workers and one TDSB teacher).</p>
Abiona (Humewood Campus)	<p>This Day Treatment Program supports adolescent females aged 21 and under, pre or post-natal. This program provides access to community groups and programs and offers individual and family counselling services. There is an onsite day care centre and residential units for pregnant/parenting teens. This program has a ratio of two adults to ten students including one teacher and one CYW and there are two classrooms. Massey Centre is an accredited mental health agency.</p>
Abiona (Broadview Campus)	<p>This Day Treatment Program provides support and services for up to 22 mothers and babies. There is a Postnatal Residential Program and services for mothers who reside in the community or who are graduating from pre-natal residence. Apartment and townhouse facilities are available. Massey Centre provides a Maternal Infant and Mental Health unit as well as Primary Health care for expectant and new mothers. There are registered nurses on site as well as a multi-faceted treatment and support team. This program has a ratio of two adults to ten students including one teacher and one CYW in each of the two classrooms. Massey Centre is an accredited mental health agency.</p>
Youthdale Treatment Centres (IEDP Covenant House)	<p>This Day Treatment Program supports students 16 to 19 years of age, focusing on individualized education and therapeutic activities. Through structured day treatment, students participate in IEDP psychosocial rehabilitation programs, usually involving medical management, counselling and treatment, as well as educational programming to overcome the various impacts of their emotional/behavioural deregulation and/or psychiatric condition. This program includes a classroom setting with a ratio of 8 students and 3 staff members (two Child and Youth Workers and one TDSB teacher).</p>