COMMUNITY
WESTERN PENNSYLVANIA COMMUNITY FOR PSYCHOANALYTIC THERAPIES

Syllabus:

Mind/Body Splitting in the schizoid character from a phenomenological perspective

Speaker: William Cornell, M.A. TSTA
Date: Tuesday, February 25, 2025
Time: 6:15 pm – 9 pm
Seminar
2.75 CE Credits
Fee: Free to Members; Pay-What-You Can Model to Non-Members per our Seminar Series Guidelines
For general programming questions email: inquiries@wpacommunity.org

Description This course will be grounded in the work of RD Laing, a pioneer in working with psychotic processes. The class with experiment with the use of phenomenological listening and interventions in the psychotherapy of patients experiencing severe levels of psyche/some splitting and disembodiment. This class stresses the therapist's primary attention to the mind-body splits (the vertical axis), in contrast to interpersonal/transference interpretations (the horizontal axis), in the treatment of chronic disembodied defenses.

Learning Objectives:

By the end of this course, participants will be able to:

1. To describe the potential threats of the body to the capacities of the mind in schizoid defenses.
2. Evaluate and focus on phenomenological inquiry working with psychotic levels of splitting.

3. Develop perspectives on the ways in which countertransference anxieties about bodily distress that may interfere with phenomenologically based listening and understanding.

Required Readings:

1. Laing, R.D. (1967). *The Divided Self*. New York: Pantheon Books, pp. 40-91.

Additional Readings:

1. Atwood, G. (2015). Credo and reflection. *Psychoanalytic Dialogues, 25*, 137-152.
2. Cates, L. (2018). Silencing the sadness: Finding the story in the body. *Psychoanalysis, Self, and Context, 13*, 250-271.

The Speaker: **William F. Cornell**, M.A., maintains an independent private practice of psychotherapy and consultation in Pittsburgh, PA. He teaches internationally with a primary focus on working with somatic processes and sexuality. Bill is a founding faculty member of the recently inaugurated Western Pennsylvania Community for Psychoanalytic Therapies. He is the author of *Explorations in Transactional Analysis: The Meech Lake Papers*, *Somatic Experience in Psychoanalysis and Psychotherapy: In the expressive language of the living*, *Self-Examination in Psychoanalysis and Psychotherapy: Countertransference and subjectivity in clinical practice*, *At the Interface of Transactional Analysis, Psychoanalysis, and Body Psychotherapy: Theoretical and clinical perspectives*, and *Une Vie Pour Etre Soi*. He is a co-author and editor of *Into TA: A comprehensive textbook*, which have been translated into several languages. Bill has published numerous articles and book chapters, many of which have been translated into French, Italian, German, Portuguese, and Chinese. Bill edited and introduced books by James T. McLaughlin, Warren Poland, Wilma Bucci, and Maurice Apprey. An editor of the *Transactional Analysis Journal* for fifteen years, he is now the Editor of the Routledge book series, "Innovations in Transactional Analysis." Bill is a recipient of the Eric Berne Memorial Award and the European Association for Transactional Analysis Gold Medal, in recognition of his writing.

For additional information on the background and experience of the speaker, or to request the speaker's CV, please contact inquiries@wpacommunity.org or see our faculty section on our website at www.wpacommunity.org

Who Should Attend and Instructional Level of Activity: Psychologists, psychiatrists, social workers, counselors with interest in advancing their understanding and application of

contemporary psychoanalytic concepts. Instructional level is suited for practicing mental health clinicians. Intermediate level of instructional programming.

Continuing Education Credits: 2.75 *The Western Pennsylvania Community for Psychoanalytic Therapies is approved by the American Psychological Association to sponsor continuing education for psychologists. The Western Pennsylvania Community for Psychoanalytic Therapies maintains responsibility for this program and its content.*

Attendance: To receive continuing education credit, you must sign in and be present for the entire seminar. You will be asked to complete an evaluation at the end of the session.

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FOR ADDITIONAL INFORMATION on the background and experience of faculty, on fees and cancellation/refund policies, our general Continuing Education procedures, and complaint procedures, email **inquiries@wpacommunity.org,** or write to Western Pennsylvania Community for Psychoanalytic Therapies, 145 44th Street, Pittsburgh, PA 15201, or go to our website at www.wpacommunity.org

There is no commercial support or potential conflict of interest for this program.