



Mar 10, 2025

Good morning, Cabin John Cougars! Happy Motivational Monday! Today is National Napping Day and National Mario Day.

([National Day Website](#)) ([On This Day Website](#))

Women's History Month Moment:

As we continue to celebrate Women's History Month, today we would like to acknowledge Malala Yousafzai! Malala is a Pakistani activist for female education. At age 11, she began blogging about how life under the Taliban affected her and her desire to attend school (which was not allowed for her as a female). Due to speaking out, she became a target and at 15 years old she was shot in the head for fighting for the educational rights of females. She recovered, and founded the Malala Fund, to further help females access education. At age 17, she received the Nobel Peace Prize and recently in 2020 she graduated from Oxford University with a degree in Philosophy, Politics and Economics.

Cabin John Announcements

EF Panama: CJMS is going to Panama! Come out Thursday, March 20th @ 7PM to the Media Center to hear how you can join us on an amazing trip to Panama and Central America! Use the link to RSVP your attendance: <https://bit.ly/4gctGnL>

Contact Mr. Siddons for more details.

NOTE: EF Tours are NOT sponsored by MCPS.

Pledge of Allegiance

At this time, please stand for the pledge of allegiance:

I pledge allegiance to the flag of the United States of America
and to the Republic for which it stands, one Nation
under God, indivisible, with liberty and justice for all.

Quote/Question of the Day:

"The biggest adventure you can ever take is to live the life of your dreams"- Oprah Winfrey