

# JOIN UNIFIED SPORTS!

The Arizona Interscholastic Association (AIA) and Special Olympics have joined together to create Unified Sports in schools.

The mission of Unified Sports® is to create an inclusive program that combines individuals with intellectual disabilities (athletes) and individuals without intellectual disabilities (partners) on sports teams for training and competition.

At CUSD Unified Sports are considered varsity sports. Each participant who completes the season and attends all required practices and events receive a Varsity Unified Letter from their home school. **All participants must also complete an Athletic Clearance Packet.**

## What does the Unified Sports program look like at CUSD?

CUSD schools participate in unified cheer, flag football, soccer, track & field and basketball. Listed below are the time frames for each season.



**Cheer** – Cheer participates in practices and performances from August to May. Members of the unified cheer team practice weekly and cheer at all unified games as well as the Homecoming game. **You do not need to have cheer experience to participate!**



**Flag Football** – Flag football is in season from August to October. Each school will have approximately 5-6 games as well as 1 tournament that will conclude the flag football season. **You do not need to have experience to participate!**



**Soccer** – Soccer is in season from October to December. Each school will have approximately 5-6 games as well as 1 tournament that will conclude the soccer season. **You do not need to have experience to participate!**



**Track & Field** – Track & field is in season from January to March. Unified Track teams compete against each other at a minimum of three meets. **You do not need to have experience to participate!**



**Basketball** – Basketball season is from March to May. Each school will have approximately 5-6 games and will have 1 tournament that will conclude the basketball season. **You do not need to have experience to participate!**

**SEE MRS. PEACOCK IN ROOM 505 FOR MORE INFORMATION**