

56ERS ON A MISSION

Documenting Intentional Acts of Kindness

As a 5th and 6th grade team, we are focusing this month on practicing and noticing intentional acts of kindness in our community. Because of our theme (500: Solus Christus, Christ Alone), we are embarking on a community-wide challenge to document 500 intentional acts of kindness between now and Reformation Day (Tues Oct. 31). Inspired and humbled by Christ's life and his love, we are eager to take note of how his Spirit moves us to show kindness to others.

We'll be asking students to document (using the slips attached) acts of kindness that they exercise. We encourage them to share these acts with you and ask for an adult's initials when they have filled out their slip. As we collect them, these slips will be hung as a chain in our hallway to help us visualize the impact of our intentionality and kindness this month.

Have a conversation with your child about what it means to be kind. Ask them to share some things we've talked about at school - is kindness the same as being "nice" or "polite?" How do we develop kindness in our lives? Where does kindness come from? What are some of their ideas for how to share kindness this month? See below for some Scripture and thoughts to guide your conversation.

Micah 6:8 - He has told you, O man, what is good;
and what does the Lord require of you
but to do justice, and to love kindness,
and to walk humbly with your God? (ESV)

- True kindness is a heartfelt expression of love.
- True kindness requires a heart of service.
- True kindness is constant and does not show favoritism.
- True kindness takes time and sacrifice.
- True kindness is truth-filled.
- True kindness requires humility.
- True kindness comes from God's Spirit.
- True kindness does not always come naturally.
- True kindness requires practice.