Puradrop FB Swipe #4

At 52 years old, I never thought I could go from 265 to 151 pounds. And I never thought I'd be worrying about my outfits being too revealing at this age.

I've gone down so much that I no longer stress about which clothes are going to fit. Now I'm actually worried about all the different options I have in my closet!

It all started on that night when I went to my hairdresser.

And of course, living in a town like mine - you hear a lot of things at the hairdressers. This time it was all about this paralegal named Becky. She was working for a small family office in town and apparently she had totally transformed her body.

I asked how old she was and they said she was nearly 59... I was 62!

They were all talking about how fast she did it, and how she still had a bright smile on her face throughout the entire time. I couldn't believe it, how on earth do you lose so much and still stay sane?

I've tried more diets than I count, and I've definitely seen everything there is to see on slimming down. But nothing would ever work.

So when I heard about how seamless it was for the paralegal in town, I knew I just had to find out what exactly was really going on.

I normally just relax and sometimes listen in on the gossip. But this time, I got really chatty as I practically begged my hairdresser to put me through with Becky. Bless her heart as she agreed and she was incredibly understanding of my situation.

"I know exactly how you feel." She spent almost an hour sharing her experiences & how drastic her life has changed. Until she started sharing about how she did it.

That was when she opened up about a weird 'Tropical Gummy Hack' that she did every evening.

I know how cheesy this sounds but an amazing life is waiting for you after 50. You just have to be ready to accept it. I wake up every morning excited.

Life really has so much more to offer at this age. I feel calmer, more confident, and more beautiful than I ever have in years and none of this would be possible without Becky's help.

Honestly, at this age, you've genuinely seen it all. I survived through the hardest times, health scares, and heartbreaks of my life. Now it's time to actually enjoy life. Reap the fruits from the years of living life.

I barely can find the time to worry about pointless things as there is so much to experience and discover in life.

Not a day goes by where I don't wake up feeling grateful for taking the leap into becoming the confident, beautiful & gorgeous figure that I am today.

Thanks to that video Becky recommended, my life has totally changed trajectory to a point I can't even imagine. I was turning more heads on the streets than I was in my 20s. I can barely recognize myself when I look in the mirror but I wouldn't have it any other way.

I can't remember a time in my life when I was happier as I am now.

Tap below to see the Tropical Gummy Hack I use every evening...