

## **PSPA Mental Health Policy**

If a student is experiencing a mental health crisis, examples including but not limited to, suicidal ideation, homicidal ideation, self harm, extreme anxiety, hallucinations, etc., PSPA trained staff will contact parents or guardians immediately. Once contacted, trained faculty will provide them with details of the incident(s) as well as appropriate references and resources. If a parent is unwilling or unable to respond immediately, EMS or police will be contacted to take the student for a mental health evaluation. Students may not return to school unless the parents or guardians are able to provide documentation from a physician or mental health professional that they are safe to return as well as any specific safety considerations. Staff will meet with the family upon return to determine a safety plan.