



<https://g.page/hcgdietsystem?share>

# Do you Struggle with Weight loss?

## Helens Story...

If you feel out of control when it comes to food, you're in good company.

Twelve years ago, I was morbidly obese, eating my feelings, and sure that any effort I made, to have a healthy relationship to food would fail. Then, finally at rock bottom, I came face-to-face with what I was doing to myself and to my body. I saw clearly for the first time why hitting and maintaining a comfortable weight, felt so impossible.

No matter how hard I tried and I tried everything, there wasn't a product, program, book, Slimming clinic that I hadn't tried but all with little results. When you are obese it's very difficult to be happy with a 400 gram **weight loss**. In fact you do not even notice the difference and one becomes very despondent and ultimately, like me just give up and then get even fatter.

I had the wrong mindset...

I know now however that I had the completely wrong mindset and attitude. I wanted to look slimmer and feel good about myself but I did not realise the damage I was doing to my health, long term. I did however get a huge fright when I was diagnosed as Diabetic and I was told in no uncertain terms that my health was at risk as a result of my obesity, I'm ashamed to say it was 123 kilograms, at that particular time.

## The fact is that more and more people worldwide are overweight.

The lives we live today seem so much more busy and stressful, we never seem to have enough time, to really look after our bodies and with that obviously our health. We also have so many processed convenience meals available and even the so called low calorie, low carb are not always good for our bodies. I was fortunate enough to discover the **HCG Injections** and HCG Diet Protocol, through a family member and this is what set me free.

The truth set me free, and it enabled me to make the kind of major, permanent shift that had until then been impossible. Today, At 42 kilograms lighter, I feel sexy, I'm a comfortable weight, and I have a healthy relationship to food (10+ years and counting!).

## I had the wrong mindset



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If you feel out of control around food and you're ready to have a healthy relationship to food for life, then JOIN US at HCG Diet System SA ...we have a community of happy slimmers who all have the same goal, conquering their battle with excess weight. We share our stories, successes, good days and bad days, **share questions and tips**.

This will be the last Diet you ever follow and it will be life changing for you. The results are remarkable, lose 10 kilograms in only 30 days and never look back as you will conquer your excess weight permanently.

All good things, are always worth it and so are you .....so join us today at [www.hcgdietsystem.co.za](http://www.hcgdietsystem.co.za)

If you want to feel at peace with food and comfortable in your own skin, this Weight loss Program is for you.

### **HCG Diet System**

2415/12 Hawthorn Village

Short Street, Fourways

Sandton 2068

Website: <https://g.page/hcgdietsystem?share>

Twitter: <https://twitter.com/wilmanhealey>

Google Site: <https://sites.google.com/site/weightlosssandtonsouthafrica/>

Google Drive: <https://mgvb.co/s/wyMAM>

Contact Person: Helen Currie - 072 064 3948

Email: [info@hcgdietsystem.co.za](mailto:info@hcgdietsystem.co.za)

Contact Person 2: Alexis Currie - 076 366 0325

Email 2: [alexis@hcgdietsystem.co.za](mailto:alexis@hcgdietsystem.co.za)

### **Related Profile:**

<https://www.hcgdietsystem.co.za/weight-loss/>

<https://www.hcgdietsystem.co.za/>

<http://za.yogo.net/52283780945>

<https://www.facebook.com/dietsystems/>

<https://hcgdietloseweight.co.za/>

<https://www.instagram.com/hcgdietsystem/>

<https://www.iglobal.co/south-africa/sandton/hcg-diet-system>

<https://www.yelloso.co.za/company/967562/hcg-diet-system>

<https://www.businessvibes.com/companyprofile/HCG-Diet-System>

<https://www.whodoyou.com/biz/1876560/hcg-diet-system-sandton-gp>

[https://www.youtube.com/channel/UCmwZHVpUDOkx86NXuhdX\\_gQ/](https://www.youtube.com/channel/UCmwZHVpUDOkx86NXuhdX_gQ/)

[https://www.sayellow.com/@2?wr=10&Cli\\_ReferenceNumber=1290582](https://www.sayellow.com/@2?wr=10&Cli_ReferenceNumber=1290582)

<https://www.wand.com/core/CompanyProfile.aspx?mfgcode=51062278>

<http://www.2findlocal.com/b/12796183/hcg-diet-system-sandton-gauteng>



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[http://www.callupcontact.com/b/businessprofile/HCG\\_Diet\\_System/7042688](http://www.callupcontact.com/b/businessprofile/HCG_Diet_System/7042688)

<https://pageze.com/b/za/sandton-gauteng-n-a/business/51068/hcg-diet-system>

<http://www.mysheriff.co.za/profile/dieticians-and-nutritionists/sandton/4023335/>

<https://fonolive.com/b/za/sandton-gauteng-n-a/business/51068/hcg-diet-system>

<http://www.expressbusinessdirectory.com/Companies/HCG-Diet-System-C696254>

<https://za.enrollbusiness.com/BusinessProfile/3132993/HCG-Diet-System-Sandton-Gauteng-2068>

<http://lekkoo.com/v/5b5fb5e4f24840ac57000004/HCG-Diet-System/#lat=-26.014925&lng=28.005922&zoo m=17>

#### **Related Contents:**

[Weight Loss Diet](#)

[Lose Belly Fat](#)

[Diet Plan For Weight Loss](#)

[How To Lose Weight](#)

[Hcg Injections](#)

[Hcg Drops](#)

[Hcg Diet](#)

[Lose Weight Fast](#)

[Slimming Injections](#)

[Slimming Drops](#)

#### **Recommended Links:**

<https://mgyb.co/s/niaHF>

<https://mgyb.co/s/dAeMB>

<https://mgyb.co/s/sq7CN>

<https://mgyb.co/s/mz7eS>

<https://mgyb.co/s/VfEh9>

<https://mgyb.co/s/4ogpO>

<https://mgyb.co/s/FHoHV>

<https://mgyb.co/s/11nj6>

<https://mgyb.co/s/ghvFd>

<https://mgyb.co/s/2ju5G>