

	Ali Imran is a Psychologist. He is interested in knowing what factors determine criminal tendencies, how criminals be reformed and what criteria indicate that a person is legally insane. Which type of psychologist is Ali Imran?	Forensic psychologist
	John Dewey is a famous American _____.	Educator
	Which of the following school of thought used the method of introspection?	Structuralism

	Rorschach belongs to which of the following category of test?	Projective Tests/
	Which of the following hormones are secreted into the blood stream in excessive amounts during strong emotional states such as anger or fear?	adrenaline and nor adrenaline
	All of the followings are the symptoms of Panic Disorder EXCEPT:	haullication
	Who gave the concept of "Hereditary genius"?	Francis Galton
	According to Allport, which of the following are those major characteristics that make up the core of someone's personality?	Central traits
	Robert Plutchik talked about _____ main categories of emotions.	8
	With which of the following test problems and tendencies like Depression, Hysteria, Paranoia, and Schizophrenia can be identified and at the same time it can be used to predict if college students will marry within 10 years?	MMPI
	Emotional Intelligence includes all of the following aspects, EXCEPT:	High motivational level

	Concepts that have unique sets of traits and features, easy to define and elaborate are known as what?	Artificial Concepts
	Critical thinking means making judgments about world based on which of the following?	Keeping a close mind
	Who said that intelligence must be bred, not trained?	Francis Galton
	According to Freud; which of the following structure of mind can be accessed by deliberate effort?	conscious
	Which of the following mediates the link of the self with the outside world?	Ego
	Who among the followings was first to distinguish between the acute and chronic mental disorders?	Asclepiades
	Identify the year in which DSM IV was published.	1994
	All of the followings are the types of problems EXCEPT:	Artificial problems
	Gardner's Theory of Multiple Intelligences postulated that humans possess around eight kinds of intelligences. Which of the following is NOT among them? Types Are: Linguistics Logical Mathematical Musical intelligence Bodily kinesthetic Interpersonal Intelligence Naturalistic Intelligence	
	DSM is an abbreviation of which of the following?	Diagnostic and statistical manual of mental disorders
	Which one of the following axis of DSM-IV-TR deals with Global Assessment Functioning?	Axis V

	Which of the following period lasted from the fall of the Roman Empire in 5th century AD till the 15th century?	Middle Ages
	Who among the following Psychologist presented trait theories based upon factor analysis?	B cartell
	All of the followings are included in Vertical thinking EXCEPT:	Avoids looking for what is "right" or" wrong".
	Galvanic skin response; in combination with the respiration and blood pressure is used for:	lie detection
Which of the following theory was given by Carl JunWhat do we call male sex hormones?g?	Which of the following are the categorization of objects, events, or people that share common properties?	Concepts
	_____ is synonymous with short-term memory.	Working Memory
	Which of the following is a rule of thumb that if used can be effective in finding solutions to problems,- but may not ensure or guarantee this?	Heuristics
	Darwin was the first person to identify:	Pupillometrics
	Which of the following is a rule; if it is applied, ensures the solution to the problem?	Algorithms:
	According to Horney, which of the following Arise from emotional conflicts and creates disturbance in interpersonal relationships in later life?	Neuroses
	All of the followings are the important aspects of cognition EXCEPT:	Emotion

	All of the following can be categorized as primary/unlearned/ physiological/ biological motives EXCEPT:	curiosity
	Which of the following model is also known as "Sequential model"?	Magda Arnold
	Which of the following is a statistical method whereby relationships between a large numbers of variables are summarized into fewer patterns?	Factor analysis
	During strong emotional states such as anger or fear, excessive amounts of which of the following hormone(s) are secreted?	adrenaline and noradrenaline
	Which branch of psychology studies individuals' behavior at their workplaces?	Consumer
	From which of the following age, a person goes through phallic stage?	3 - 5 Years
	According to which of the following psychologist, education should be based on the need of children?	Jean piaget
	Ahmed jumped with joy at the sight of a bear; on the other hand Arsalan started screaming in fright. This is an example of which of the following?	
	Who among the followings was of the view that irrational beliefs are basis of all of our maladjustments?	Albert Ellis
	Which of the following law given by Thorndike, states that all responses that followed by satisfaction are stamped into an individual and he learns those responses?	Law of Effect
	Which of the following term refers to change in ones' experiences due to change in the brain structure?	Isomorphism
	Who gave the concept of birth order?	Alfred Adler

	Who among the followings identified the concept of "Collective Unconscious"?	Carl Gustav Jung
	Which of the following drug falls under the category of depressants?	Alcohol
	Which of the following therapy was introduced by Albert Ellis?	Rational-Emotive Behavior Therapy
	Which branch of psychology studies the influence of psychological factors on ones' physical health?	Health Psychology
	According to Muslim philosophers, at which stage negative forces have a complete control over the individual?	Nafs-e- Ammaraa
	Who gave the concept of geographical versus behavioral environment?	Kurt Koffka
	According to the Freud, which portion of the psychic apparatus is acquired through the process of socialization and represents society's norms and standards of behavior.	ego
	During which stage of development, the Oedipal and Electra complex takes place?	phallic stage
	During which developmental stage of personality as proposed by Freud; the genital area becomes the erogenous zone for the child?	Phallic stage
	Which of the following refers the perceptual tendency to fill in the gaps and completing the contours?	Closure
	According to psychosexual developmental stages, which of the following stage lasts from puberty to end of life?	Genital Stage
	Who among the followings regarded as the "Father of Medicine"?	Hippocrates
	All of the followings are the goals of Psychology EXCEPT:	intuition

	According to psychosexual developmental stages, which of the following stage lasts from 3 to 5 years of age?	Phallic Stage
	In which of the following therapy a brief electric current is sent through the brain of the anesthetized patient?	Electro-Convulsive Therapy
	Who suggested that most human behavior is learned by Observation?	Albert Bandura
	Which of the following principle was NOT proposed by Aristotle?	Ground and figure
		alytical school of psychology
	Which of the following is the psychological theme of the oral stage?	obedience
	According to Jung, animal side of the human psyche is called"	
	Which of the following structure of personality operates under the "reality principle"?	Ego
	Which of the following theory gave by Pavlov?	Conditioning
	According to the Muslim philosophers, at which stage of "Nafs" man is satisfied physically, mentally and spiritually?	Nafs-e- Mutmaina
	Which of the following approach emphasizes on how people understand the world and how thinking affects responses?	Cognitive Approach
	Which of the following school of thought focuses on what the mind does and how it does?	Functionalism
	Aslam is a chain smoker and has developed chest infection but he refuses to	denial

	acknowledge the role of smoking in his illness. This is an example of which of the following defense mechanism?	
	All of the followings are considered as the founders of gestalt school of thought EXCEPT:	Carl rogers
	Which of the following school of thought gave emphasis on the structure of consciousness?	
	In which of the following technique; the successive approximations of desired response are reinforced until that response is fully learnt?	Shaping
	Modern psychology is interested in which of the following?	The study of behavior
	Which of the following psychologist refers that environment and external world shapes and determines behavior?	B.Watson:
	Which of the following Gestalt law perceives the disconnected parts as the whole object?	Closure
	Which of the following is NOT one of the goals of Psychology?	
	All of the followings are the subject matter of sport psychology EXCEPT:	Human buying behavior
	Among the followings, which one is the goal of Psychology?	
	Receptor cells in the retina responsible for color vision and fine acuity are _____.	cones
	Recording of the electrical signals being transmitted within the brain through electrodes attached to the skull in:	Electroencephalogram
	Helmholtz's explanation of color vision is called as what?	Trichromatic Theory

	Endocrine glands are _____ glands that secrete their hormones directly into the bloodstream.	ductless
	Which of the following layer of eye lies between the cornea and iris?	Anterior layer
	Faiqa is a young girl; she is very obedient and seeks approval from others, According to Kohlberg she is at which of the following stage?	Conventional
	Which of the following is the correct order for Piaget's four stages of development?	sensorimotor, preoperational, concrete operational and formal operational
	Above 115 scores on an IQ test is that an individual is:	Superior
	Eysenck identified different features of Neurotics. Identify which of the following is not one of them?	Care-free people
	Problems that require understanding and that should be solved in a manner that involves series of methods so that the initial problematic state can be changed into the goal attaining state are known as:	Transformation Problems
	Who among the following is considered the founder of differential psychology?	Charles Darwin
	While talking about Eysenck's Dimensions of Personality, outgoing, sociable and active people are:	extroverts
	WAIS-R consists of two major parts. All of the followings are the subscales of verbal scale EXCEPT:	Object assembly
	The approach that focuses upon the unconscious determinants of personality is:	Psychodynamic Approach

	Two major dimensions of personality i.e. introversion-extroversion and neuroticism-stability are given by:	Eysenck's
	TAT is an abbreviation of which of the following?	Thematic Apperception Test
	According to Horney, which of the followings is not among the different styles with which people interact with each other?	Moving along others
	Who among the following argued that it would be quite practicable to produce a highly gifted race of men by judicious marriages during several consecutive generations?	Galton
	In Allport's view, which of the following qualities or characteristics that do have an effect on our personality but are much less influential than cardinal or central traits?	Secondary traits
	Who among the following gave the three classic categories of traits such as Cardinal, Central and Secondary traits?	Gordon Allport
	A German psychologist Wolfgang Kohler was one of the first psychologists who observed which of the following phenomenon?	Insight
	"g" factor and "s" factor are key terms of whose intelligence theory?	James McKeen Cattell
	Which of the following refers to the problems whose solution depends on the relationship of components so that new construct can be developed?	Problems of Inducing Structures
	While talking about Eysenck's Dimensions of Personality, moody, touchy and anxious people are:	Neurotics

	Which of the following is the capacity to think about the certain phenomena in its most typical use or form?	Functional fixedness
	The phenomenon of “Insight” was first introduced by whom?	Wolfgang Kohler
	Aslam believes that Imran has high level of “Emotional Intelligence”. It means Aslam appreciates all of the following aspects in the personality of Imran, EXCEPT:	
	Who defined intelligence as the capacity to understand the world, think rationally and use resources effectively when faced with challenges?	Feldman
	Practicing an intelligence test will improve which of the following?	Intelligence
	MMPI is an abbreviation of:	Minnesota Multiphasic Personality Inventory
	All of the followings are the sources of data collection in surveys EXCEPT:	Physical traces
	Who considered as a father of Gestalt psychology?	Max Wertheimer
	The branch of psychology that studies how physiological and social changes take place over the lifespan is known as what?	Developmental Psychology
	Behaviorists are more interested in:	Specific measurable responses
	Identify among the followings, which one is the second step in the scientific method?	2. Review of the related literature
	Which part of nervous system consists of spinal and cranial nerves?	Peripheral Nervous System (PNS)

	When experiments performed in natural settings with less control than laboratory settings, this kind of experiments are known as what?	
	Which of the following is NOT a part of mid brain?	Cerebrum
	Who emphasizes on social interaction in the development of personality?	Erikson
	Who among the following gave the first classification system of mental disorder?	Emil Kraepelin
	Which of the following refers to environmental influences in child development?	Nurture
	All of the followings are the intellectual characteristics EXCEPT:	Extraversion
	Alina, a six years old girl engaged in various intellectual and playing activities and tried to explore different things. She is more likely at:	Initiative vs. Guilt:
	Who presented a comprehensive theory of motivation?	Abraham maslow
	The nervous system consists of billions of highly specialized nerve cells called which of the following?	neurons
	Who among the followings was the physician?	Hippocrates
	Which of the following is a scan showing biochemical activity within the brain at any given moment?	Positron Emission Tomography (PET)
	Structuralists identified psychology as the study of which of the following?	conscious
	Which of the following process is suggested by Bandura that help human behavior to learn?	Observation

	Which of the following lobe is associated with visual processing?	Occipital lobe
	The peripheral nervous system consists of _____.	All / All nerves in the brain and the spinal cord
	The place in the retina where the axons of all the ganglion cells come together to leave the eye is called as what?	optic nerve
	Who among the following proposed the opponent process theory of color vision?	Thomas Young / Hering
	Which type of hearing problem can be reduced with ordinary hearing aids?	
	Which of the following are three layers of membrane between the surfaces of the brain and the skull?	meninges
	Among the followings which dual functions Autonomic Nervous System (ANS) does perform?	arousing and calming
	Sound waves are simply _____.	Vibration
	Which part of the eye is a muscle that regulates the size of the pupil?	Iris
	What are the hammer, anvil, and stirrup?	Three tiny bones located in the middle ear
	Which of the following system arouses us for defensive action e.g. fight or flight?	Sympathetic Nervous System
	What is the pupil of the eye?	opening in the center of the eye through which the light enters
	Which part of the nervous system controls the voluntary movement of skeletal muscles?	Skeletal/Somatic Nervous System
	The components of a reflex arc include all of the followings EXCEPT:	Autonomic Nervous System

	Which of the following hormone is considered as female sex hormone?	Estrogens
	Which of the following theory of color vision was initially developed by Thomas Young?	Trichromatic Theory
	Which of the following problem arises due to low secretion of growth hormone that leads towards a child's small structure?	Dwarfism
	Which of the following develops in the pregnant female and is a source of nourishment and gaseous exchange for the developing fetus?	Placenta
	Which component of the eye contains the visual receptors?	retina
	In which of the following process sensory receptors become less sensitive to repeated presentations of the same stimulus?	Adaptation.
	The pituitary glands are responsible for which of the following?	
	If reinforcement is withheld the response rate of the child declines and finally no response is shown by the child, this will be an example of which of the following?	Extinction
	Which of the following is the process of perceiving information and bringing it into the memory system?	Encoding
	Which of the following term is used to approach, locate and use the stored information?	Retrieval
	In Watson's experiment, when little Albet was being conditioned to the fear of a rat, afterwards he used to be afraid of cotton balls as well. This concept is known as what?	

	In which of the following type of learning; person's own association, experiences and relations with the phenomenon has been involved?	Verbal learning
	Giving 2 candies after 6 days and one after two days is the example of which of the following schedules of reinforcement?	Variable- Interval Schedule
	People may choose hypnosis as a therapy for all of the following reasons Except:	Correspondence with other people
	Ahmed is scared of neighbor's dog that barks every time the child passes by; but he loves his own dog. This is an example of what?	Discrimination
	Learning to play a Piano is an example of which of the following?	
	In the theory of classical conditioning the acronym CR stands for which of the following?	• Conditioned Response (CR)
	All of the followings are some practical steps for getting rid of most sleep problems EXCEPT:	taking sleeping pills
	In which of the following type of learning, an association is formed between a behavior and a consequence?	Operant conditioning
	Who proposed that major portion of our learning is based upon the observations?	Albert Bandura
	Who among the following defined memory=L-I-R?	Woodworth
	Which of the following is the stage of initial learning in which responses become strengthen as a result of repeated pairing?	Acquisition
	Which of the following is defined as "mental processes" or the "faculty of knowing"?	Cognition

	All of the following statements concern with the concept of learning EXCEPT:	For physical growth
	Who among the following talked about the “cognitive maps”?	Tolman
	Which of the following learning approach was supported by Albert Bandura?	
	Which of the following term is NOT included in the classical conditioning?	Condition reflex
	What two categories of dream content did Sigmund Freud describe?	Latent content 2. Manifest content
	Learning by Insight was introduced by which of the following psychologist?	Wolfgang Kohler
	REM is abbreviation of which of the following?	Rapid Eye Movement Sleep
	The process of initial recording of information is called as:	Encoding
	Which of the following memory is a type of sensory memory, stores information coming from the ears?	Echoic
	Which of the following situation can NOT be considered as conditioning?	
	If one wants to increase the capacity of short-term memory, through which process more items can be held?	Chunking
	All of the followings are the applications of observational learning EXCEPT:	Expressing unconscious
	Which of the following theory posits that unconscious wishes are expressed in the dreams?	Freud's Theory
	Which of the following stage refers to the transition between wakefulness and sleep?	Stage-1 Sleep

	Which of the following are short, verbal devices that help form association between material to be learnt and material that is familiar and is already stored in memory?	Mnemonics
	Which of the following is the main contribution of Kohler in the Gestalt School?	insight
	Ali gets a bonus of Rs.25, 000 after every 2 years. It is an example of:	Fixed - Interval
	Anila touches a hot bowl and immediately moves away her hand. Hot bowl is an example of a/an:	Stimulus
	Who amongst the following used apes in his experiments for knowing the use of insight by animals in problem solving?	Wolfgang Kohler
	According to Kohler, animal exhibited a sudden change in behavior based upon which of the following?	"insight"
	Which one of the following is the correct sequence of stages of memory?	Encoding -storage-retrivel
	Ali elicited fear of a white rat. After passing few days; he started eliciting fear of similar stimuli like a white toy rat. This is an example of:	Generalization
	Which of the following is the condition in which person is in a highly suggestible state?	Hypnosis
	Sometimes; Alina gets a candy from her mother after 2 days and at other times gets a candy after 5 days. It is an example of:	Variable- Interval Schedule
	People do take drugs for all of the following reasons Except:	Building relationships
	A child overcomes her fear of snakes by observing another child repeatedly handle snakes. This is an example of which of the followings?	Modeling

	In "Little Albert" study, which of the following was the fear-producing stimulus used as UCS?	fear of the rat
	Which of the following situation can NOT be considered as Operant conditioning?	Arslan starts feeling bad
	Which of the following type of memory is involved in recalling the features of the environment?	Episodic
	Who among the following was the founder of operant conditioning?	Burrhus Frederic Skinner
	All of the following can be considered the causes of the tip-of-the-tongue phenomenon EXCEPT:	Amnesia
	Identify the correct order in the multi-store model of human memory?	Sensory register, STM rehearsal
	Shaping can best be used for all of the followings EXCEPT:	Make children happy
	When Pavlov presented the bell (CS) continuously without the presentation of the meat powder (US), the dog's salivation decreased. This process is known as what?	
	Skinner used which of the following technique that means start reinforcing a behavior that is the first toward final behavior and then gradually reinforce successively closer approximations to the final behavior.	Shaping
	Law of effect was proposed by:	Thorndike's
	Cognitive approach emphasizes on all of the followings EXCEPT:	Genetic makeup
	Which of the following is NOT a type of learning?	synchronicity

	Memory for information pertaining to life events, episodes and biographical details is known as:	Episodic Memory
	General knowledge, language, and concepts are seen as parts of which of the following?	Semantic Memory
	Which of the following psychologist would argue that a criminal engages in unlawful behavior because he grew up around older boys who engaged in criminal activities?	
	Which of the following centers for skills and habits e.g., playing cricket, driving a car etc?	Procedural
	A child learns that whenever he eats all of his dinner he gets a cookie for dessert. This type of learning is best example of which of the following?	Operant Conditioning
	Who among the following claimed that behavior is affected by positive reinforcement?	B. F. Skinner
	Which of the following law states; responses which produce a satisfying effect in a particular situation are more likely to occur again in that situation?	
	A Skinner box is most likely to be used in research on _____.	Operant Conditioning
	All among the following are functions of memory EXCEPT:	programming
	In which of the following schedules of reinforcement the organism is reinforced only after a specific number of responses are made?	Fixed Ratio Schedule
	Jean Charcot wrote an article in a medical journal showing that hypnotism can be used to treat what?	hysteria

	Which of the following is a genetic fatal disease that results in involuntary movements and cognitive impairments?	Huntington's disease
	The highest need in Maslow's hierarchy of needs is:	Actualization
	Which part of brain helps in expression through tone of voice and by controlling facial expression?	right hemisphere
	Which part of brain controls positive emotions?	left hemisphere
	All of the following are types of secondary/ learnt/ psychological motives EXCEPT:	excertion
	Which of the following refers to an arousal or motivational tension that provides energy for action or behavior?	Drive
	The rate at which food converts into energy and then is expended by the body is known as what?	Metabolism
	Salesmen, politicians, teachers, clinicians and religious leaders exhibit which type of intelligence?	Social Intelligence
	Which component is called the outward expression of our emotions?	Behavioral
	A type of thinking which is aimed at solving problems or creating something new is called:	Creative thinking
	J.B.Watson talked about _____ main emotions.	3
	According to which of the following theory, physiological changes create specific sensations and our brain interprets these sensations as different emotions?	t James-Lange

	Which of the followings are enduring dimensions of personality characteristics that differentiate a person from others?	Traits
	Which of the following is the ability to use logic, past experience, and learn information for mental processing?	Reasoning
	Secondary motives are also known as:	psycho- social motive
	Arsalan was watching a horror movie in a dark room alone. When he heard a loud noise; he became scared that there was an immediate threat. This emotional response to this imaginary threat is just as powerful as it would be to a real threat. This refers to which component of emotion?	Cognitive
	The explanation of mental disease according to the ancient man was that mental disorders are caused by abnormal activities of which of the following part?	Mind
	All of the followings are included in Vertical thinking EXCEPT:	Avoids looking for what is "right" or "wrong".
	In which of the following need a person has a tendency to seek impact, control, or influence over others?	
	Who amongst the followings didn't mention any theory related to Emotion?	
	Which of the following therapy uses reinforcement to change behavior?	OPERANT CONDITIONING
	Which of the following is not a part of Fore Brain?	tectum
	Which of the following is true of rods?	Night vision
	A psychiatrist has a(n) _____ degree.	MBBS

	Which of the following type of observation is involved in which the observer becomes a part of the situation?	Participant Observation
	Who among the followings established the first psychology laboratory in Leipzig, Germany in 1897?	Wilhelm Wundt
	All of the followings are the changes in the way of psychological growth EXCEPT:	size
	The synapse of a neuron releases the special chemicals known as what?	"neurotransmitters"
	Which of the following is the only way of research, through which psychologists can establish cause-and-effect relationships?	
	Which of the following model focuses on how people know, understand and think about the world?	Cognitive model
	Which of the following is NOT one of the goals of Psychology?	words of understanding human behavior and mental processes
	Who formulated the Law of Effect?	Thorndike's

All of the followings are the membranes of brain EXCEPT:	Amygdala
How many pairs of chromosomes are there in each cell of the human body?	23
According to Maslow, which of the following is the highest-order need?	self-actualization
All of the followings are the types of observation with intervention EXCEPT:	Achival data
Which of the following is the mental agency containing everything inherited, present at birth, and fixed in the individual's constitution especially sexual and aggressive instincts?	
Which of the following is NOT one of Piaget's stages of development?	Formal op

What do we call thyroid enlargement?	Iodine deficiency goiter
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Which of the following syndrome occurs when excessive amounts of glucocorticoid hormones are secreted in the body?	Hypothyroidism /Cushing syndrome
The amount of light entering the eye is controlled by which of the followings?	Pupil
The sound becomes painful when it exceeds _____	130d
Which of the following structure of ear is a tube like passage through which the sound waves travel to the inner part of the ear?	Audit
Which type of drugs stimulates the central nervous system (CNS) and excites functional activity in the body?	Stimulants
According to Piaget, children's thinking develops through two simultaneous processes. Identify them.	Assimilation and accommodation
Which of the following part of nervous system is considered as self-regulatory mechanism?	Autonomic nervous system
The _____system is a chemical communication network that sends messages throughout the nervous system via the bloodstream.	Endocrine
Which of the following law organizes the stimulus into as good and simple form as possible?	Common Fate
Which of the following statement best describes the concept of an illusion?	
In which of the following stage of sleep; person is almost cut off from the external world and is least responsive to stimulation from outside?	
The ability to see the world in three dimensions is called _____.	
Which of the following is NOT considered as the physiological change due to meditation?	increase
According to Hippocrates, four humors led to four temperaments forming one's personality. Which of the following is NOT among those?	Sschiz

Paper pencil measures wherein the subjects are asked questions about a sample of their behavior are known as:	
Hippocrates maintained that four humors led to four temperaments forming one's personality. All of the followings are temperaments EXCEPT:	Metabolic
Who gave the theory of "humors"?	
Which of the followings are examples of a concept that is typical and highly representative of a concept?	Prototypes
All of the followings can be a psychotherapy provider EXCEPT:	

Which is NOT a primary symptom of major depressive disorder?	
Which of the following is the area of psychology that primarily focuses upon the origin, development and manifestation of behavioral and mental disorders?	Psychopathology
Which of the following type of schizophrenia consists of minor signs of schizophrenia after a major and more serious episode?	Residual Schizophrenia
Advertisements of automobiles, joggers, mechanical instruments, exercisers, metal products, air conditioners etc. are examples of:	
Childhood experiences are the root cause of mental disorders. This is the basic notion of:	Psychodynamic Perspective
Which of the following theory supports the idea that genes and stressful environment both can cause abnormal behavior?	Biochemical Theory
Which of the following approach rejects the idea that biological forces, unconscious processes or environment determines behavior?	Humanistic model
Who among the followings believed that four temperaments form personality?	
Which of the following field of psychology studies and explains human buying behavior?	Consumer Psychology
Structural school of thought has been criticized on all of the given grounds EXCEPT:	It was Reductionist
Which of the following gland is located in the neck?	Thyroid Gland

Who among the followings discovered the speech center in brain?	Paul Broca (1824-1880)
Which branch of psychology studies the influence of physical settings on an individual's behavior?	
Who presented the concept of "Cognitive Maps"?	Edward T
A researcher stops people at the mall and asks them questions about their attitude toward love marriages. Which kind of research technique is being used?	Survey
Which of the following model focuses on the overt observable behavior?	Behavioral model
The change that an experimenter deliberately produces in a situation is called as what?	The experimental manipulation
Which branch of psychology is interested to study the diagnosis and treatment of abnormal behavior?	clinical
"Why people buy things"? Which branch of psychology studies this phenomenon?	Consumer psy
If we analyze textbooks with reference to gender equity and equality or analyze TV programs with reference to portrayal of women, which of the following method we use?	Content analysis
The tendency to perceive objects, or figures, on some background is known as what?	Figure-ground relationships
Which of the following is not one of the Gestalt principles?	
The process of simply getting information about sensory stimuli into the body is known as sensation but converting that information into something meaningful is known as what?	
Which of the following disease occurs particularly in women due to a deficiency in the thyroid gland's secretion?	Myxoedema
Perception is a cognitive process which involves all of the followings EXCEPT:	intution
Which of the following term refers to the number of complete wave lengths passing per second?	Frequency
All of the followings are parts of middle ear EXCEPT:	cochlea

Which of the following is the clear, transparent protective coating over the front part of the eye?	Cornea
Ovum is a term used to describe which of the following?	The female sex cell or egg
Which of the following gene controls the appearance of a certain trait?	Dominant
All of the followings are the emotional characteristics EXCEPT:	reading
Which of the following is a monocular cue of depth perception in which one object overlaps the other?	Relative
The procedure through which information is relayed from one neuron to another across the synaptic gap is known as what?	Synaptic Transmission
Which of the following part of brain is involved in regulating heart rate, breathing and diameter of blood vessels?	Medulla oblongata
Endocrine glands are _____ glands that secrete their hormones directly into the blood stream.	ductless
Which of the following part of brain is involved in the process of learning and memory?	Hypothalamus
Which of the following lobe is associated with perception and recognition of auditory stimuli?	Temporal lobe
Erik Erikson developed the theory based upon _____ rather than sexual relationships.	
Which of the following glands are known as “Managers of human body”?	Endocrine
Which of the followings are the branch-like structures that receive messages from other neurons?	Dendrites
The tendency to perceive things that look similar as being part of the same group is known as what?	Similarity
A gene that only influences the expression of a trait when paired with an identical gene is known as what?	

Rod-shaped structures in the cell nucleus that contain genes are referred as what?	
Which of the following type of memory can be used as a synonym to procedural memory?	semantic memory
Which statement is true about Flashbulb memories?	vivid as a snapshot
All of the following are important for an individual in assessing emotions EXCEPT:	dress
Which of the following refers to a detailed and vivid memory that is stored on one occasion and retained for a lifetime e.g. an interview room, an accident, first day at class?	Procedural Memory

Human behavior is determined by the environment. This was proposed by which of the followings?	cognitive
Observing behavior as it happens in real-life natural settings without imposing laboratory controls, is known as the what?	Naturalistic observation method
Which one of the following is not a secondary/learnt motive?	hunger
Who among the following gave the Cognitive Appraisal Theory of emotions?	Richard Lazarus
Mc Dougall divided "Emotions" into three types. Among those, derived emotions are:	
Which of the following posits that our biological/ physiological needs create an aroused or tension producing state that motivates us to fulfill them?	Drive reduction approaches
All of the followings are the components of emotion EXCEPT:	intuitional
Which of the following theories posited that thalamus played the most important role in emotions?	james-Lange theory of emotions
Which one of the following is not included in bodily changes during emotions?	Liver cancer
Who amongst the followings was the first person who identified the concept of Pupillometrics?	Charles Darwin

J.B.Watson talked about following three main emotions EXCEPT:	disgust
The best analogy for the way long-term memory is conceptualized would be:	
In which of the following diseases memory impairment occurs because of brain damage caused by thiamine deficiency and alcoholism?	Korsakoff's Syndrome
Secondary motives are also called:	psychological
Which of the following is a desire, instinct or need that speeds up our behavior towards some goal?	Motivation
Whose theory of emotions basically talked about primary and secondary appraisal?	James- Lange
Which of the following tests is used to measure achievement motivation of an individual?	Thematic Apperception Test
Who among the following gave the Activation Theory of emotions?	James and Lange
Which of the following theory proposes that emotional experience cannot solely be understood of its own, but understanding the environment must be evaluated?	Cognitive Appraisal Theory: Richard Lazarus
Which of the following is the storehouse for facts and general knowledge about the world e.g., historical facts or scientific formula?	Semantic Memory

According to Allport, a single personality trait directing most of the person's behaviors and activities e.g. affection, affiliation, kindness, greed is known as what?	primary
If you believe that abnormality is "learned", you must be a follower of:	Behaviour abnormality
Sparrow is a bird; all birds have wings, so sparrow has wings. This is an example of:	Inductive reasoning
According to Freud, the part which contains thoughts and feelings which one is immediately aware of, is:	Unconscious

If a man once experiences chest pain while visiting a departmental store and later experiences anxiety attacks whenever visits departmental stores, this can be explained by what type of learning?	vicarious
Which of the following is a process in which logical conclusions, inferences, and implications are drawn by using a set of assumptions?	Deductive reasoning
Who gave the Opponent- Process Theory of emotions?	Richard Solomon and John Corbit
Which of the following can be understood as the typical intelligence level found for people at a given chronological age?	Mental age
All of the followings are the methods of assessing personality EXCEPT:	
Which one is NOT a type of schizophrenia?	differentiated
Tests in which the subject is first shown an ambiguous stimulus and then he has to describe it or tell a story about it; known as what?	Projective Tests
Relaxation exercises and meditation are the examples of what?	Images
Schizophrenics hear voices, see people or objects, and/or smell things that others find to be non-existent. This is known as:	Emotiona
Which of the following is not one of the steps involved in emotions according to Magda Arnold cognitive theory?	emotions
In ancient times, the process of making a hole in skull for treating mental disorders was known as:	
Which of the following is a type of somatoform disorder in which the person experiences a persistent fear of illness, and is preoccupied by health concerns?	Hypochondriasis
Who among the following published the first system of classification of mental diseases?	Kraepelin
Learning approaches are primarily based upon the principles of all of the followings EXCEPT:	Gestalt Principle
The phobia of darkness is known as:	Nyctophobia

In history, special baths, diet, medication, music, - and pleasant environment were provided to the mental patients in which era?	Islamic World
Attributing one's unwanted thoughts and impulses to others is:	Projection
Stanley Schachter and Jerome Singer gave which of the following theory of emotion?	Cognitive Labeling Theory/
Which one of the following processes is not the part of cognition?	
Ali is 23 years old and his exams are approaching. He starts showing the symptoms such as irritability, fatigue, sleeplessness and nightmares. Identify which disorder Ali is suffering from?	
Which of the following is NOT a behavioral disturbance exhibited by schizophrenics?	
All of the followings are the main components of Sternberg's triarchic or three- dimensional theory, EXCEPT:	Verbal intelligence

Mc Dougall divided "Emotions" into how many types?	3
ICD was developed by which of the following?	The World Health Organization
Which of the following is INCORRECT with reference to Hierarchical Theory of Intelligence?	
Which of the following is based on the notion that when an individual becomes unable to deal with his/ her freedom, it will result in anguish and fear?	
Daily hassles causing minor irritations but have no long-term ill effects unless they continue or are compounded by other stressful are called:	Background Stressors
Which of the following refers as learned predispositions to respond in a favorable or unfavorable manner to a particular object?	Attitudes
Major depressive disorder is also referred to as what?	Bipolar
There are a number of IQ tests are available, but the clinicians make sure to that a test has all the qualities EXCEPT:	length

All of the following is correct with reference to Freudian's approach to dreams EXCEPT:	No significant
Who gave the concept of learned helplessness?	Martin Seligman
Which one of the following Axis of DSM-IV-TR deals with Psychosocial or environmental problems?	IV
In psychoanalytic therapy, the therapists' emotional reaction toward the patient is termed as:	Counter Transference
According to Piaget, in which of the following stage of cognitive development, a child gets involved in the concept of reversibility?	
When our initial perception about a person is positive then we tend to expect that same person has other positive characteristics too is known as _____.	halo effect
Which is NOT an example of a positive symptom of schizophrenia?	
In terms of its causes and the factors affecting its course, bipolar disorder is most similar to which of the following?	
All of the following are correct regarding Humanistic approach's emphasis EXCEPT:	
In ABC model, 'C' refers to which of the following?	cognition.
Tension, anxiety, depression, and helplessness are categorized in _____ manifestation of stress.	Psychological
The modern approach towards health is more _____ oriented rather than _____ oriented.	Prevention treatment
Which of the following is one of the assessment tools that can indicate the stress related risk that one may be facing?	Social Readjustment Rating
Identify the field among the followings, behaviorists are interested in?	

Who proposed General Adaptation Syndrome Model?	Hen S
In ABC model, 'A' refers to which of the following is the main feature of experimentation?	Affect Com
A physical energy source that has an effect on a sense organ thus producing a response is known as what?	Stimulus
Fariha is interested to study about progressive change in individuals' body and their functions throughout the life span. She is more likely to study:	Biological
Which of the following method is used to ask a number of people about their opinions and attitudes regarding any concept?	
Who proposed that mental disorders are caused by brain pathology?	Wilhelm Griesing
According to Piaget, which of the following stage of cognitive development is involved in representational thought?	Preoperational
Which of the following neurotransmitter is helpful in the learning process?	GABA
Which of the following variable is manipulated by the researcher?	independent
Rational Emotive Behavior Theory was developed by which of the following therapist?	Albert Ellis
In which of the following research; a researcher may use milk cartons or tissue boxes in the garbage bags for obtaining data?	
Which of the following approach emphasizes on an individual's freedom and will power?	Humanistic
Which of the following Piaget's stage of cognitive development is involved in little or no capacity for symbolic representation?	Sensorimotor
According to Imam-Ghazali, there are six powers of "Self". Which of the following is NOT one of them?	reinforce

Moosa is planning a research. He wants to study the “impact of violent movies on the behavior of young generations”. The impact of violent movies will be _____.	
Which of the following is the study of heredity?	Genetic
Which of the following measures “how strongly two variables are related to each other”?	
When a detailed description of a particular individual is gathered, this sort of data collection is known as what?	A case study
Which of the following aspect of development refers to degree of stability/change across a wide range of experiences?	
According to Piaget, which of the following stage of cognitive development is involved in representational thought?	
Humanistic approach emphasizes all of the followings EXCEPT:	uncons
Ivan Pavlov’s name is associated with which of the following school of thought?	
Fatima is using newspaper records to study the rate of crime during the past 20 years. Which type of method is she utilizing?	Archival
Developmental psychologists are interested in which of the following?	
A psychologist wanted to study the effect of light on the learning ability of master’s level students. Learning ability would be the _____ variable.	
All of the followings are the stimulants EXCEPT:	Barbiturates
Which of the following refers to the process of perceiving a shape, pattern, object, or scene by attending to the individual elements making it up?	Feature analysis

Which of the following means negative correlation?	High values of one variable are associated with low values of the other
Which of the following refers to a stimulus whose removal reinforces and leads to a higher likelihood that the response bringing about this removal will be repeated?	Negative reinforcer
Prolonged exposure to the Loud Noise is also called:	
Which of the following is a part of mid brain?	Tectum
All of the followings are the nature of correlation EXCEPT:	Standard Correlation
Which of the following technique can be used to study sleep stages?	
Which of the following neurons carry messages toward the Central Nervous System from the sensory receptor cells?	Motor Neurons
All of the following can be considered the major reasons of auditory damage EXCEPT:	
Which of the following monocular cue refers that the two objects are similar in size, the one that make the smaller image appears to be more distant?	Relative size
Which of the following law is NOT included in the Gestalt laws of perceptual organization?	
When Pavlov presented the bell (CS) continuously without the presentation of the meat powder (US), the dog's salivation decreased. This process is known as what?	
Which of the following field focuses on how cognition are acquired and used in various groups and institutional settings?	
Which of the following defense mechanism is involved in refusing to acknowledge the painful reality?	Denial
Which of the following research method was used by functionalists?	Longitudinal Research

Which of the followings increases the likelihood of occurrence of a behavior?	Reinforcement
Which of the following personality theory was given by Alfred Adler?	Individual Psychology
Who among the following gave the concept of social learning?	Albert Bandura
The recording of the behavior of people or animals in their natural environments, with little or no intervention by the researcher is known as what?	
An unpleasant or painful stimulus whose exposure decreases the likelihood that the behavior will occur again is known as:	Punishment
Which of the following refers to a way of reviewing existing research literature in the same field, about the same phenomena?	Meta-analysis
Which of the following is NOT included in quasi-experimental design?	Control design
Who gave the concept of "Tabula Rasa"?	John Locke
Today psychology is considered as the scientific study of which of the followings?	Behavior and mental processes
Which of the following is NOT included in psychological changes?	Height
In the theory of classical conditioning, the acronym UCR stands for which of the following?	Unconditioned response
Which of the following field of psychology mainly deals with likes and dislikes and preferences of people?	Consumer Psychology
There are two groups in retrospective design i.e. the exposure group and:	Comparison group
Which of the following neurotransmitter is involved in the motor activity?	

Which of the following statement best describes the survey research method?	A sample of people are asked questions
Who is known as founder of American psychology?	William James
Who among the following advocated the behavioral approach?	John B. Watson
Which of the following concept as proposed by Piaget is used to incorporate the new knowledge into existing schemas?	Assimilation
Who among the followings is the author of the book "The Origin of Species"?	Charles Darwin
Which of the following animals has the best sense of hearing?	Dolphins
What dual functions does the Autonomic Nervous System (ANS) perform?	Digestion and respiration
Which of the following system controls the voluntary movements all over the body?	
In the "Little Albert" study, which of the following was the fear-producing stimulus used as UCS?	Fear of rat
Rogers maintained that the therapist must possess all of the following qualities EXCEPT:	Counter Transference
All of the followings are misconceptions prevailing in our society regarding Psychologist EXCEPT:	Psychologists take case study of client
Who was the founder of operant conditioning?	B.F. Skinner
The nerve impulses travel from the soma to the terminal buttons through the extended fiber of a neuron called _____.	Axon
The fovea is made up of:	All cones no rods

Fariha is interested to know the relationship between I.Q. and academic achievement. She is more likely to use the method of:	
When pigeons carry messages from one place to another, which of the following strategy is being used by pigeons?	Cognitive Maps
Which of the following concept as proposed by Piaget is the modification of the child's existing schema to incorporate new knowledge that does not fit in the scheme?	Accommodation
Which of the following hormone stimulates milk production after an infant's birth?	Prolactin
Which of the following is the main feature of experimentation?	Control
In which of the following therapeutic technique, patient is asked to talk freely and say whatever comes to his/her mind without considering whether or not it is relevant, rational or sensible?	Free Association
Who proposed the Social- Learning Theory?	Albert Bandura
Which of the following is the stage of initial learning in which responses become strengthened as a result of repeated pairing?	Acquisition
People may experience all the following physiological changes during meditation Except:	No changes in brain waves
Visual distance and depth cues that require the use of both eyes are called _____.	
The branch of Psychology which focuses on the relationship between people and their physical environment is known as:	Environmental Psychology
Which of the following part of the ear starts vibrating when sound waves strike/ hit it?	Ear drum
Which of the following region of eye consists of the largest concentration of cones?	Fovea

Who among the followings suggested that unconscious wishes that cannot be fulfilled in real life; find an expression in the dreams?	Sigmund Freud
Forensic Psychology takes interest in all of the following fields EXCEPT:	
Which of the following disease is an extremely rare hereditary condition which occurs due to the absence of cones in the eye?	Rod monochromacy
Which of the following neurotransmitter is involved in emotion and stress?	Epinephrine
Who among the following was a physician?	
A branch of psychology that studies the psychology in action at the workplace is known as which of the following?	Industrial / Organizational Psychology
Sara starts feeling bad at the thought of visiting dentist; this is an example of which of the following?	
Hippocrates argued that four temperaments form personality. Which of the following is NOT one of them?	Paranoid
Which of the following monocular cue refers that higher objects seem to be more distant?	Relative height
Who among the following established the first psychology laboratory in Leipzig, Germany in 1897?	Wilhelm Wundt
Dr.Usman is interested in how the long- term stress (a psychological factor) can affect physical health. Which type of psychologist is Dr. Usman?	Health psychologist
When a stressful situation subsides, which of the following system begins its activity?	Parasympathetic Nervous System
The more time you spend on jogging, the more calories you will burn; it is an example of:	
According to Piaget, children's thinking develops through two simultaneous processes:	assimilation and accommodation

Which of the following is a swollen, bulblike structure at one end of the axon?	Terminal button
Which of the following is not one of the parts of “Hind Brain”?	Cerebrum
Imran involved in extra marital affairs but has doubts on character of his wife. In this situation Imran is using which of the following defense mechanism?	
The tendency to perceive things with a continuous pattern rather than with a complex, broken-up pattern is known as what?	Continuity
All of the followings are the areas of interest for Behaviorists EXCEPT:	
In which of the following disease, a person is unable to see specific colors?	Color blindness
The notion that a stable, well-maintained state of internal biological balance is required for the proper functioning of the body. This refers to what?	Homeostasis:
When two lights are in close proximity to each other, flashing alternately, appear to be one light moving back and forth; it is called:	Phi phenomenon
Who among the following believed that personality is formed through four temperaments?	Hippocrates
Which of the following disease refers to a progressive loss of memory including effect on person’s language and recognition of people?	Alzheimer
What is the lowest frequency that a human ear can hear?	20 cycles per second

When Pavlov presented the bell (CS) continuously without the presentation of the meat powder (US), the dog's salivation decreased. This process is known as what?	
Who among the following psychologists was the first individual to emphasize the importance of texture gradient for perceiving depth?	James J. Gibson
Aslam is a chain smoker and has developed chest infection but he refuses to acknowledge the role of smoking in his illness. This is an example of which of the following defense mechanism?	
Which of the following variable is NOT manipulated by the researcher?	
In which type of correlation the value of one variable increase and the value of the associated variable tends to decrease?	
The notion that motivational state of the organism is understood and explained in terms of positive or negative environmental stimuli BEST connects to:	Incentive Theory
Which of the following refers to inherited automatic species-specific behaviors?	instincts
Which of the following method to improve memory is used by the ancient Greeks?	loci
Which one of the followings is the component of emotion?	Cognitive
Which of the following need based on a desire to grow rather than for meeting a deficiency expressed in the need for self-actualization?	Metanneed
In which of the following need a person has a desire to maintain a relationship with other people; making friends, social contact with other people?	Need for affiliation

Aleena overcomes her fear of dogs by observing a model that was not afraid and approached and handled the dog. This is an example of which of the followings?	Modeling
Latent learning was introduced by which of the following psychologist?	Tolman
Which of the following two types of memory are classified as types of declarative memory?	
Which of the following is NOT a component of working memory?	Central Executiv
Recall tests are example of which of the following types of memory?	Explicit Memory
Primary motives are also known as:	Physiologica
Which component of emotion deals with psychological arousal that usually accompanies the emotion the body is feeling?	psychological arousal
Amnesia has _____types.	2
Which part of the nervous system arouses us for defensive action?	Sympathetic Nervous System
In which of the following need a person tends to achieve something, some object of desire, a goal, or position/status?	Achievement
The lowest need in Maslow's hierarchy of needs is:	Physiological needs
Which of the following term initially used by psychologists, which refers to the ability to hold information in mind over a brief period of time?	Short-term memory
Which of the following memory impairment occurs because of brain damage caused by thiamine deficiency and alcoholism?	Korsakoff's Syndrome

Emotional wheel belongs to:	Plutchik
Ahmad has a childhood fear of bleeding which hinders his performance of becoming a doctor. This refers to which of the following type of memory?	Implicit Memory
Albert Bandura suggested that human behavior is mostly learned by:	
Which of the following motivation from within energizes the person to satisfy or accomplish the goal in which no external tangible reward is involved?	Intrinsic
Tying shoelaces, riding a bicycle, swimming, and hitting a football are examples of _____.	Procedural Memory
_____ refers to the deliberate, conscious recollection of facts and past experiences.	Explicit Memory
With reference to emotions; which of the following starts its activity when the stressful situation subsides?	Parasympathetic Nervous System
Which of the following need fulfilled through awards, honors and scholarships?	Esteem need
Amnesia, Dementia and Alzheimer's diseases are the disorders of which of the following?	
Which one of the following is not the synonym of primary motives?	Physiological
The first step in the memory process is _____ information in a form that the memory system can use.	Encoding
Depression, lack of motivation, laziness, agitation, physical and verbal aggressiveness; recent events forgotten; delusions and hallucinations may occur in:	Alzheimer'
Which one of the following can be categorized as primary/unlearnt/ physiological/ biological motives?	

Short-term memory retains information for how many seconds?	15-25
Short-term memory can carry how many chunks at a time on average?	7
Which of the following is the characteristic feature of achievement motive?	Achievement
Which of the following is the initial momentary stage of memory? The roots of cognitive learning can be traced in the work of:	Wolfgang Kohler
Which of the following theory of forgetting states that stored information decays and is disintegrated with the passage of time?	Decay
Self-actualization is associated with which of the following psychologists?	
Which of the following is the most advanced need based on the desire to grow and utilize one's potential up to the optimal level?	Self-Actualization
John Jenkins and Karl Dallenbach (1924) were the first ones to experimentally prove the role of _____ theory of forgetting.	interference
Which of the following memory processes is maintained in an identifiable information in the memory and is the form?	
Which one of the following is not the primary motive?	
Which of the following is considered as the storehouses of memory?	Storage

Who among the following gave the Cognitive Labeling or Two Factor Theory of Emotions?	Schachter- Singer theory of emotion