



Comparative Mental Health Policy in the United Kingdom and the United States - 2025 - 2026

Faculty: Victoria Stanhope, MA, MSW, Ph.D.; Professor of Social Work; Associate Dean, Faculty Affairs

About the Course

The course will be a comparative mental health policy course based in Scotland. This Advanced Social Policy (SWPP II) or elective course takes a cross-cultural and cross-national approach to social policy, focusing specifically on mental health policy. By comparing social welfare states both across the UK and the US and within the UK, the course will explore different values and ideologies.

The course will combine lectures and site visits in the UK. In Glasgow, Scotland, the course will focus on mental health policy and the social determinants of mental health. We will also consider how the current political and social context -- the impact of the global pandemic and the UK's withdrawal from the EU-- has impacted social welfare policy.

Dates: TBD

Credits

- 3 credits for Advanced Social Policy or as an elective

- **Prerequisites:** SSWP 1 is a prerequisite for enrollment.
- **Note for 16-month students:** Students in the 16-month program are unable to be absent from practicum or class in the summer session; given the compressed nature of the program, there is insufficient time available to make up missed internship hours. 16-month students can, however, take a J-Term global course in the winter of their second year, when they are on the same schedule as the two-year program.
- **Note on Summer Courses:** Summer courses count toward summer credit. This may affect your financial aid needs for the year, and for graduating seniors, may affect your graduation status. Make sure to check with financial aid and your academic advisor early on about this.

Participants

- NYU Silver MSW students
- Graduating MSW students may participate in this course in fulfillment of their degree requirements and will also be allowed to participate fully in Convocation May 2026

(however, please note that official degree conferral will not occur until August 2026).

- NYU graduate students at other schools and non-NYU graduate students at other universities are considered on a space-available basis.

Costs

- **Tuition and Fees:** Graduate tuition and fees, paid directly to the Bursar.
- **GeoBlue Insurance:** \$31.00. This is required of all NYU study-away programs.
- **Estimated Housing: Glasgow:** About \$88 - \$141/night on Airbnb as of 8/15/25.
- **Estimated Airfare:** \$700 as of 8/15/25.
- **Meals:** About \$60/day. \$65 will be collected from each student for a welcome/farewell meal (from the student's Bursar account).
- **Travel/Excursions:** Trip to Scottish Parliament. About \$25 round-trip.
- All other expenses (as needed) are the responsibility of the student.

Application and Registration

- For information on how to apply to this program, visit our [Application page](#).

- **Application due date:** 1/15/26

Glasgow Scholarship Application

- To apply for a scholarship, visit our [Scholarship Application page](#).
- **Application due date:** 1/15/26

Contact

- **General Inquiries:** Benjamin Sher, Director, Global and Lifelong Learning
benjamin.sher@nyu.edu
silver.globallearning@nyu.edu
- **Faculty:** Victoria Stanhope, Associate Professor of Social Work
victoria.stanhope@nyu.edu

[ScholarTrip Airfare Deposit Program](#)

Learn More

[Check out the *NY Times* article “36 Hours in Glasgow” video for shots of the city!](#)