

HEMPFIELD TRACK AND FIELD

GIRLS – TOP 10 PERFORMANCES – DISTANCE

800m Run

<u>Year</u>	<u>Name</u>	<u>Performance</u>
2009	Korinne Piper	2:14.72
2002	Audrey Seldomridge	2:18.74
2003	Kelly Dissinger	2:19.22
2014	Brianna Thomas	2:20.21
2013	Maria Yoder	2:20.51
2007	Natalie DiSebastian	2:20.71
1979	Meryl Schmidt	2:20.94
1985	Rebecca Wiederrecht	2:21.04
1988	Traci Fisher	2:21.04
1987	Pam Neiss	2:21.34

Starting in 2025 only FAT times will be used to earn Top 10, no handheld times will be eligible

1600m Run

<u>Year</u>	<u>Name</u>	<u>Performance</u>
2024	Ella Wolfe	4:57.32
2015	Brianna Thomas	5:06.68
1975	Diane Huber	5:10.24*
1979	Meryl Schmidt	5:10.24
1987	Tammy Sheesley	5:11.24
2012	Kelsey Nolan	5:18.53
2011	Ashley Cox	5:19.43
1991	Amy Pavlock	5:19.79
2016	Siena Gates	5:19.84
2002	Jade Baum	5:20.04

* Converted from yds. To meters

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3200m Run

<u>Year</u>	<u>Name</u>	<u>Performance</u>
2024	Ella Wolfe	10:38.44
1987	Tammy Sheesley	11:00.53
2006	Sydney Clark	11:12.02
2016	Siena Gates	11:16.81
2002	Abbey Fergusson	11:19.50
1990	Gretchen Pianka	11:24.44
2002	Susan Abramczyk	11:30.94
1979	Lisa Cope	11:37.34
2010	Natasha Henderson	11:37.62
1991	Amy Pavlock	11:39.19

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2000m Steeplechase

<u>Year</u>	<u>Name</u>	<u>Performance</u>
2016	Molly Conrad	7:44.16
2018	Sienna Gates	7:58.70
2007	Rachel Wynn	8:05.49
2024	Molly Siebert	8:10.54
2006	Courtney Brenner	8:21.00
2009	Laura Godshalk	8:27.75
2025	Hyrjie Trinaku	8:31.36
2010	Shaina Melnick	8:39.42
2011	Rachel Grube	8:41.82
2025	Roz Scott	8:51.61

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