

## Comfort in Leveraging Support Rubric for Pairs (11th Grade)



### Academic Support

Academics	Tasks	Yes	No	I have not needed help with this.	I would like help with this in the future.
Think about the current school year...	Preparing for tests (like the ACT/SAT, state tests, or a test for a class)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mentees, have you gone to your mentor for help with any of these tasks? It is okay if you haven't!	Reviewing grades and/or graduation requirements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are there areas where you will want your mentor's help in the future?	Time management skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Public speaking/presentations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Closing Questions:</b> Mentees, are there any areas where you may need some extra help? What can your mentor do to help in these areas?					

## Support for Post-Secondary Plans

Post-Secondary	Tasks	Yes	No	I have not needed help with this.	I would like help with this in the future.
<p>Think about the <b>current</b> school year. Have you gone to your mentor for help, support or advice for any of these tasks?</p> <p>It is okay if you haven't! If you think there are some areas where you will want your mentor's help in the future, let them know!</p>	Searching for scholarships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Writing a college essay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Requesting letters of recommendation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Researching and choosing colleges to apply to (College List)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Choosing the right path after high school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Closing Question:</b></p> <p>Mentees, are there any areas where you may need some extra help? What can your mentor do to help in these areas?</p>					

## Personal Support

Personal	Tasks	Yes	No	I have not needed help with this.	I would like help with this in the future.
<p>Think about the <b>current</b> school year. Have you gone to your mentor for help with any of the of these tasks?</p> <p>It is okay if you haven't! If you think there are some areas where you will want your mentor's help in the future, let them know!</p>	Exploring or deepening hobbies/interests	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Providing advice about relationships with friends, parents/family, or romantic relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Helping with stress management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Closing Questions:</b></p> <p>Mentees, are there any areas where you may need some extra help? What can your mentor do to help in these areas?</p>					

## Career Support

Career	Tasks	Yes	No	I have not needed help with this.	I would like help with this in the future.
<p>Think about the current school year. Have you gone to your mentor for help with any of these tasks?</p> <p>It is okay if you haven't! If you think there are some areas where you will want your mentor's help in the future, let them know!</p>	Researching jobs/internships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Matching what you like to do with what you could do after high school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Writing a resume or cover letter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Visiting a professional work environment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Closing Questions:</b></p> <p>Mentees, are there any areas where you may need some extra help? What can your mentor do to help in these areas?</p>					



## Discussion Questions

1. In what category do you go to your mentor for help the most?
2. Why do you think that is the highest compared to the other categories?
3. In what category do you go to your mentor for help the least?
4. Why do you think that is the lowest compared to the other categories?
5. Where do you want additional support from your mentor in the future?
6. What does the mentor have to do to provide you with that support?
7. What steps can you take to get that kind of support from your mentor?



## Closing Commitments

Identify one area where you will seek out your mentor for support. Write why that area is important to you, when, and how you will reach out to your mentor.