

ODYSSEY OF ONSLAUGHT



 **Today's Missions & Strategic Steps To Success** 
(Tackle each mission, step by step, and track your progress.)



Wake up and sleep 

1. 

 **MISSION:** Wake up 10 AM

 **Strategic Steps:**

2. 

 **MISSION:** Sleep 22:30 AM

 **Strategic Steps:**



Health and training 

3. 

 **MISSION:** Eat daily 3280 cals

 **Strategic Steps:** Do 2 big meals, one lunch and one dinner

4. 

 **MISSION:** Drink 3L of water

 **Strategic Steps:**


5. 




















 **MISSION:** Running/sprinting




























 **Strategic Steps:**


















6. 

 **MISSION:** Do 175 push ups


 **Strategic Steps:** Do 2 sets of 40, 2 sets of 30, 1 set of 20 and one set of 15

<div> <div>✓</div> <div>✗</div> </div>	<div> <div>  Today's Missions & Strategic Steps To Success  </div> <div> (Tackle each mission, step by step, and track your progress.) </div> </div>
<div>7. ✓</div>	<div> <div>  MISSION: Do 200 burpees </div> <div>  Strategic Steps: Do them in the least amount of time </div> </div>
<div>8. ✗</div>	<div> <div>  MISSION: Stretch for 15 minutes </div> <div>  Strategic Steps: Do them in the least amount of time </div> </div>
<div> <div>  The path to financial conquest  </div> </div>	
<div>9. ✗</div>	<div> <div>  MISSION: Write 1 piece of copy </div> <div>  Strategic Steps: </div> </div>
<div>10. ✗</div>	<div> <div>  MISSION: Find 3 local businesses, analyze them and do in-person outreach (if they're open) </div> <div>  Strategic Steps: </div> </div>
<div>11. ✓</div>	<div> <div>  MISSION: Search prospects </div> <div>  Strategic Steps: </div> </div>
<div>12. ✗</div>	<div> <div>  MISSION: Review FV (20 min)✗ and outreach and find ways to improve them </div> <div>  Strategic Steps: </div> </div>
<div>13. ✓</div>	<div> <div>  MISSION: Watch PUC </div> <div>  Strategic Steps: </div> </div>
<div>14. ✓</div>	<div> <div>  MISSION: Review successful copy for 15 minutes </div> </div>




	<div>  Today's Missions & Strategic Steps To Success  </div> <div> (Tackle each mission, step by step, and track your progress.) </div>
	<div>  Strategic Steps: </div>
15. 	<div>  MISSION: Help students for 10 minutes </div> <div>  Strategic Steps: </div>
16. 	<div>  MISSION: Review and take new notes on step 1, 3 and the empathy course </div> <div>  Strategic Steps: Apply new “how to learn” lessons </div>
17. 	<div>  MISSION: Share the notes you took with Gs </div> <div>  Strategic Steps: </div>
18. 	<div>  MISSION: Review your notes at the end of the work sessions and before going to sleep </div> <div>  Strategic Steps: </div>
19. 	<div>  MISSION: Watch social media fame lessons </div> <div>  Strategic Steps: </div>
20. 	<div>  MISSION: Post in the Agoge checklist tracker </div> <div>  Strategic Steps: </div>
21. 	<div>  MISSION: Do perspicacity walk mission </div> <div>  Strategic Steps: </div>
22. 	<div>  MISSION: Do Unleash your creativity mission </div>



<div> <div>✓</div> <div>✗</div> </div>	<div> <div>  Today's Missions & Strategic Steps To Success  </div> <div> (Tackle each mission, step by step, and track your progress.) </div> </div>
	<div> <div>  Strategic Steps: </div> </div>
<div> <div>23.</div> <div>✗</div> </div>	<div> <div>  MISSION: Do desire to win mission </div> <div> <div>  Strategic Steps: </div> </div> </div>
<div> <div>  Review of the day's conquest and new battle plans  </div> </div>	
<div> <div>24.</div> <div>✓</div> </div>	<div> <div>  MISSION: Plan the next day </div> <div> <div>  Strategic Steps: </div> </div> </div>
<div> <div>25.</div> <div>✓</div> </div>	<div> <div>  MISSION: Review the work did in a day and come up with new ideas </div> <div> <div>  Strategic Steps: </div> </div> </div>
<div> <div>26.</div> <div>✓</div> </div>	<div> <div>  MISSION: Carefully measure how you you spend your time </div> <div> <div>  Strategic Steps: </div> <div> 1-Measure how you spend every second of your life. 2-Measure how much time you spend on garbage and remove it. 3-At the end of the day review the time you spent and how you spent it 4-Hold yourself accountable and maximize the time you spend on tasks that move you forward with your goals. </div> </div> </div>
<div> <div>27.</div> <div>✗</div> </div>	<div> <div>  MISSION: Review conquest plan </div> <div> <div>  Strategic Steps: </div> <div> 1-Review metrics. 2-Review assumptions and unknowns and find ways to solve and test them. </div> </div> </div>
<div> <div> Knowledge  </div> </div>	
<div> <div>28.</div> <div>✓</div> </div>	<div> <div>  MISSION: Practice German for 15 minutes </div> </div>




✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
	 Strategic Steps:




✓/✗	Extra tasks - rewards for conquering the day  (do only after a G work sessions or if you have spare time)
1. ✗	Playing 3 chess games
2. ✗	Reading 10 pages
3. ✓/✗	
4. ✓/✗	
5. ✓/✗	
6. ✓/✗	
7. ✓/✗	

	Rewards for conquering the work of the week 
1	

	 Date of Determination 
Date:	10/02

	Igniting Your Flame - Outshine Yesterday's Blaze 
Yesterday's Overall Benchmark Score to Surpass Today =11/14	

	 3 Blessings I Cherish This Morning 
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

	 Magic Trio: 3 Priority Missions  (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	Research for prospect

3.	Training
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Hourly Commitments & Reflections



(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good

4 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

5 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

6 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

7 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

8 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

9 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

10 AM: Mission 🏆	Wake up
Strategy 🔍	
Reflection ✍️	no, I slept in
Score 🏆	0/10

11 AM: Mission 🏆	Do 200 burpees and go running
Strategy 🔍	
Reflection ✍️	no, I slept in
Score 🏆	0/10

12 PM: Mission 🏆	Finish running and shower
Strategy 🔍	
Reflection ✍️	no, I slept in
Score 🏆	0/10

1 PM: Mission 🏆	Do unleash your creativity mission and stretch
Strategy 🔍	Do mission till 1:45 PM and stretch till 2 PM
Reflection ✍️	no, I woke up
Score 🏆	6/10

2 PM: Mission 🏆	Eat and practice German
Strategy 🔍	
Reflection ✍️	no, I went running
Score 🏆	9/10

3 PM: Mission 🏆	Do perspicacity walk mission and write outreach
Strategy 🔍	
Reflection ✍️	no, I finished running
Score 🏆	9/10

4 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	no, I showered, cooked and practiced German
Score 🏆	9/10

5 PM: Mission 🏆	Write copy
Strategy 🔍	
Reflection ✍️	no, I ate while reviewing outreach and helping students, and completed yesterday's plan
Score 🏆	9/10

6 PM: Mission 🏆	Write copy
Strategy 🔍	
Reflection ✍️	no, I sent yesterday's accountability and started writing outreach
Score 🏆	9/10

7 PM: Mission 🏆	In-person outreach process
Strategy 🔍	
Reflection ✍️	no, I wrote outreach
Score 🏆	9/10

8 PM: Mission 🏆	Eat
Strategy 🔍	
Reflection ✍️	no, I wrote outreach and reviewed copy
Score 🏆	9/10

9 PM: Mission 🏆	Review the work did in a day, plan the next day and get ready to go to sleep
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

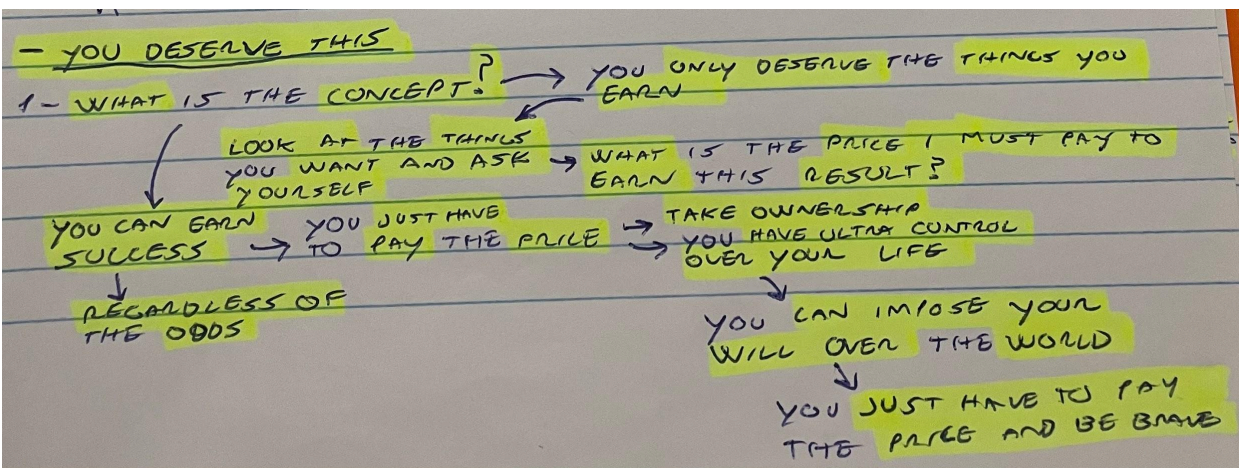
10 PM: Mission 🏆	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	



Twilight's Review



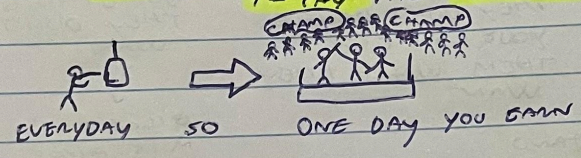
 Today's Learnings: Wisdom or lessons learned from the day



2- WHY IS IT IMPORTANT? → TO UNDERSTAND THAT YOU ONLY DESERVE THE THINGS YOU EARN
↓
TO KNOW THAT REGARDLESS OF YOUR SITUATION YOU CAN ACHIEVE YOUR GOALS AND SUCCESS
SO YOU GO OUT, DO THE WORK NEEDED TO GET THE OUTCOME ~~WANT~~ TO DESERVE THE RESULT

3- EXAMPLE → WHEN YOU BECAME AN AMATEUR BOXER BECAUSE YOU PUT IN THE WORK AND NEVER SKIPPED TRAINING EXCEPT FOR THE 1 WEEK VACATION AND 1 WORST WEEK

4- STEPS → 1- PAY THE PRICE TO EARN THE THINGS YOU WANT



- CALL 14 - THE FINAL LESSON

1 - WHAT IS THE CONCEPT?

YOU HAVE ALL THE
TOOLS YOU NEED

THE ACCOMPLISHMENTS
YOU ACHIEVE ARE
100% UP TO YOU

WHAT LIFE DO YOU
WANT TO BUILD?

WHAT DO YOU WANT TO
ACHIEVE?

WHO DO YOU WANT TO
BE?

- THE MOST COMMON MISTAKES TO NEVER DO

FORGET ABOUT
WHAT YOU JUST
LEARNED

~~MAKING~~
GETTING A FALSE
SENSE OF
SUPERIORITY

CONTINUE TO
WORK HARD

DON'T STOP
EVEN IF YOU
FEEL LIKE A
TOP G

STAYING SHALLOW
WITH ANALYSIS
AND PLANNING

GET INSTEAD AS
SPECIFIC DEEP AND
CLOSE TO THE
TRUE ROOT CAUSES AS
YOU CAN

USE THE TOOLS
YOU HAVE TO THEIR
FULLEST ABILITY

GOING BACK TO
A LIFE OF
COMFORT

WHEN THE NEWNESS OF
THE PROGRAM WILL
GO AWAY YOU'LL GO
BACK CHASING A SILVER
BULLET

IT'S GOING TO GET
BORING AND NORMAL

KEEP WORKING AND
APPLYING THE CONCEPTS

- HOW TO WIN INSTEAD

REGULAR
OODA LOOPS

EVERYDAY
AND SUNDAY

WHERE YOU
ARE

WHERE YOU'RE
GOING

AND WHAT TO
DO TO GET BACK
ON TRACK

REVISIT THE LESSONS
AND ASSIGNMENTS
REGULARLY

SET A SCHEDULE
TO REVISE THE
LESSONS

EVERY
2/3
WEEKS

AND REWATCH
THEM

MAKE SURE YOU
HAVE COMPELLING
GOALS

INTRODUCE STIMULI
TO YOUR GOALS TO
KEEP THEM
EXCITING

RENAME GOALS
INTO THE MOST
COMPELLING AND
EXCITING VERSION
POSSIBLE

FUN

MAKE SURE YOU HAVE
A DRIVING WHY

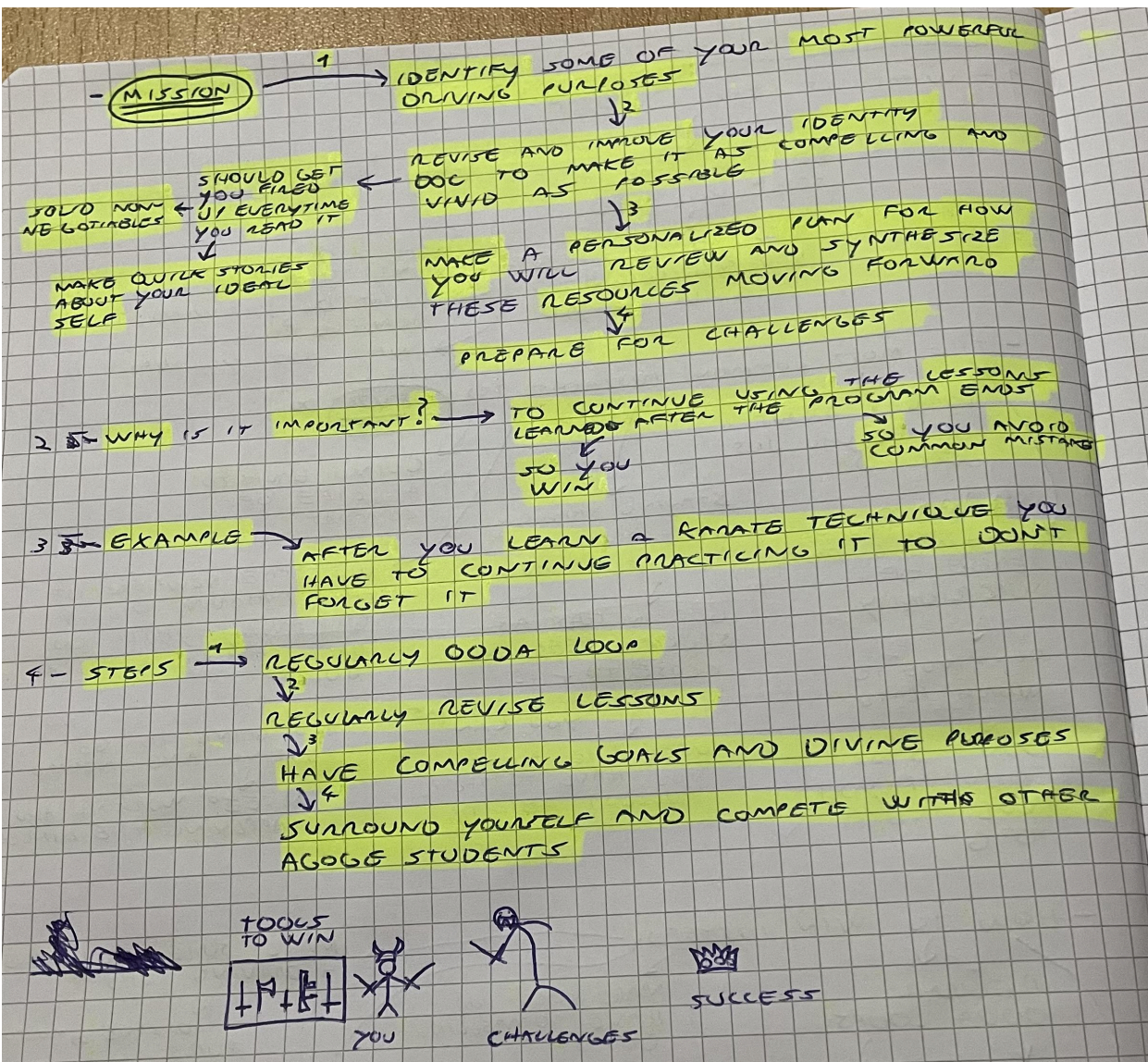
A DRIVING PURPOSE → MULTIPLE

REMEMBER ABOUT IT
IN YOUR DAY-TO-DAY
TASKS

WHEN IT GETS
REAL HARD

SURROUND YOURSELF
AND COMPETE WITH
OTHER AGGREGATE
STUDENTS

SURROUND YOURSELF
WITH A TRIBE



☀️ Victories Celebrated: Accomplishments and successes of the day

Sent 3 outreaches

🚧 Stumbles Along the Way: Points of difficulty or mistakes made.

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Tomorrow's Illuminations: Plan how to improve and progress the next day.

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Consistencies to Keep: Recognize what worked well and should be repeated.

Copy work and training



Communications: Identifying individuals to connect with.

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Pending Missions: Tasks that remain uncompleted

Waking up and going to sleep on time, drinking 3L of water, writing copy, doing in-person outreach process, reviewing personal copy, reviewing lessons, sharing and reviewing them, watching social media lessons, doing perspicacity walk mission, doing unleash your creativity mission, doing desire to win mission, review conquest plan, stretching, reading and playing chess games



Day's Overall Score: A final assessment of the day's productivity

12/16



Weekly goals- conquests for the week

1. ✗	State of completion: 23/70	Write 70 outreaches
2. ✗	State of completion: 4/7	Sleep at least 7 hours everyday except for Tuesday and Wednesday where the goal is 6 hours
3. ✗	State of completion: 0/7	Write 7 pieces of copy
4. ✗	State of completion: start level 3	Review the level 3 lessons from the bootcamp and the empathy course
5. ✓	State of completion: 7/7	Complete daily checklist everyday