

NATIONAL DAY OF ACTION- No Cut To CARE- Ottawa



NATIONAL DAY OF ACTION!

**FROM COAST TO COAST,
SAY NO CUTS TO REFUGEE CARE**



OTTAWA: RALLY & SPEAKERS

**APRIL
14**

**CENTENNIAL
FLAME
PARLIAMENT
HILL**

**12
PM**

April 14th, 2026

12–1 pm

Location: Parliament Hill- The Centennial Flame on Parliament Hill in Ottawa

Please join us to oppose the upcoming cuts to the Interim Federal Health Plan to be implemented on May 1st, 2026

Follow us on Instagram:

https://linktr.ee/NoCutsToCare?utm_source=linktree_profile_share&sid=7270884a-13af-43bc-a78b-9ccc55cc111b

Speakers:

1. [Mohammed Dullah](#)
2. [Arghavan Gerami](#)
3. [Dr. Douglas Gruner](#)
4. [Ilda Azzam](#)
5. [Dr. Anna Banerji](#)
6. [Dr. Parisa Rezaiefar](#) (MC and backup in-person speaker)

Organizers:

Drs. Vanessa Reditt, Annalee Coakley, Manal Badi and Parisa Rezaiefar on behalf of the “No Cuts to Care Coalition,” a group of concerned refugee providers across the country, including healthcare providers and refugee advocates.

Purpose:

Outline the “No Cuts to Care Coalition”:

- A. Concerns with IFHP cuts
- B. Implications of IFHP cuts on refugees, the healthcare system and Canadian Citizens
- C. Recommendations to
 1. Maintain full Interim Federal Health Program (IFHP) coverage without copayments.
 2. Accelerate Refugee Claim Processing to Reduce Prolonged IFHP Costs
 3. Invest in Early Primary Care to Prevent Cost Escalation and Protect Economic Participation
 4. Conduct a Health and Economic Impact Assessment before the implementation of any IFHP copayments or cuts to services
 5. Align Fiscal Policy with Health System Sustainability
 6. Implement a Secure Digital Pre-Departure Medical Record Platform
 7. Implement Cost-Effective Pre-Departure Screening, Treatment, and Immunization Programs

Speakers Biography:

Mohamed Dullah

Rohingya professional interpreter, refugee advocate, and human rights defender

Mohammed Dullah is a Rohingya professional interpreter, refugee advocate, and human rights defender who arrived in Canada in 2025 after spending years in refugee camps following persecution and forced displacement from Myanmar. Mohammed is an emerging public voice on refugee health, integration, and human rights in Canada. He advocates for equitable access to care, emphasizing the importance of early intervention, mental health support, and preventative services. His perspective is shaped not only by professional experience but by his own journey from surviving life in refugee camps to building a life in Canada.

He is committed to contributing to a more inclusive and compassionate health-care system and to ensuring that others, like him, are allowed not just to survive but to heal and thrive.

Arghavan Gerami

Arghavan Gerami is the Founder and Principal Immigration Lawyer at Gerami Law Professional Corporation. Since her call to the Ontario Bar in 2007, Ms. Gerami has built a distinguished career across both the public and private sectors, with a strong focus on advocating for the rights of migrants and refugees. She has published extensively in this field, regularly speaks at conferences, and is frequently sought out by Canadian media for her expertise

Dr. Douglas Gruner

Dr. Douglas Gruner is a family physician, clinician-teacher, Associate Professor at the University of Ottawa, and community advocate with an expertise in refugee and newcomer health.

Dr. Anna Banerji

Dr. Anna Banerji, the founder of the North American Refugee Health Conference, is a pediatrician, infectious disease and public health specialist. She is an award-winning human rights activist, selected as a top 25 Women of Influence and a recipient of the Order of Ontario.

Dr. Parisa Rezaiefar

Dr. Parisa Rezaiefar is a family physician, educator, and health equity researcher whose work has been shaped by her own journey as a former refugee claimant to Canada. Arriving in 1992 as a refugee claimant, she experienced firsthand the life-changing impact of accessible

healthcare—an experience that continues to inform her lifelong commitment to serving refugees and equity-denied populations.

For over 25 years, Dr. Rezaiefar has worked on the front lines of care in underserved regions, including Nunavut, the Northwest Territories, and Ottawa. She currently provides primary care to newly arrived refugees and serves as a reproductive and sexual health consultant.