

What is a virtue?

A good habit is called a virtue. Habits grow by practice. God always gives us the grace to choose and do what is good. If we think about what is right and open our hearts to God, we will make good choices and grow in virtue. Virtues make us free, happy, and holy. (Virtues in Practice, 2013) As we continue on our journey this school year, please pray the Act of Faith with your family. We are all working together to show children that God is first and foremost in our lives. Please pray this Act of Faith prayer with your family.

Act of Faith

O my God, I firmly believe
that You are one God in three divine Persons,
Father, Son, and Holy Spirit.
I believe that Your divine Son became man
and died for our sins and that He will come
to judge the living and the dead.
I believe these and all the truths
which the Holy Catholic Church teaches
because You have revealed them
Who can neither deceive nor be deceived.
Amen.