Additional Links and Resources

HVCHS Student Assistance

Hotlines and Virtual Resources:

National Suicide Prevention Lifeline: 1-800-273-8255 or chat with a counselor on the website

New Jersey Suicide Prevention Hopeline: 1-855-654-6735

2nd Floor (Hotline for Youth ages 10-24 years old): 1-888-222-2228

Crisis Text Line: Text “HOME” to 741-741

HVRSD Confidential Tip Line: 609-737-4000 x 8477 (TIPS) or tips@hvrsd.org

Apps (search in the app store)

- Boston Children's Crisis Care
- My3 - Support Network
- Moodpath
- Worry Kit

Mental Health Resources:

American Academy of Child & Adolescent Psychiatry

American Academy of Pediatrics

American Psychological Association

Anxiety Disorders

Good Grief

National Eating Disorders Association

New Jersey Children's System of Care

Non-suicidal Self-injury (Mayo Clinic)

Non-suicidal Self-injury (Cornell University)

Obsessive Compulsive Disorder

Practical Strategies for Parenting a Suicidal Teen

Society for the Prevention of Teen Suicide

Substance Abuse and Mental Health Services Administration

Substance Use/ Addiction Resources:

E-Cigarette FAQs - Surgeon General

Juul 101

Mercer Council on Alcoholism & Drug Addiction Resources

Mercer County Resources for Children & Families - Mercer Resource Network

National Alliance on Mental Illness New Jersey Resources

NIDA Drug Facts

Center for Substance Abuse Research

Above the Influence

Get Smart About Drugs

Parent Check NJ

Partnership for a Drug Free NJ

Natural High

Project Know: Understanding Addiction

Chasing the Dragon (documentary on opiate/opiod epidemic)

Narconon (drug symptoms)

NJ Juvenile Justice System

You Have the Right (NJ Bar Association)