

Additional Links and Resources

HVCHS Student Assistance

Hotlines and Virtual Resources:

[National Suicide Prevention Lifeline](#): 1-800-273-8255 or chat with a counselor on the website

[New Jersey Suicide Prevention Hopeline](#): 1-855-654-6735

[2nd Floor](#) (Hotline for Youth ages 10-24 years old): 1-888-222-2228

[Crisis Text Line](#): Text "HOME" to 741-741

[HVRSD Confidential Tip Line](#): 609-737-4000 x 8477 (TIPS) or tips@hvrsd.org

Apps (search in the app store)

- Boston Children's Crisis Care
- My3 - Support Network
- Moodpath
- Worry Kit

Mental Health Resources:

[American Academy of Child & Adolescent Psychiatry](#)

[American Academy of Pediatrics](#)

[American Psychological Association](#)

[Anxiety Disorders](#)

[Good Grief](#)

[National Eating Disorders Association](#)

[New Jersey Children's System of Care](#)

[Non-suicidal Self-injury \(Mayo Clinic\)](#)

[Non-suicidal Self-injury \(Cornell University\)](#)

[Obsessive Compulsive Disorder](#)

[Practical Strategies for Parenting a Suicidal Teen](#)

[Society for the Prevention of Teen Suicide](#)

[Substance Abuse and Mental Health Services Administration](#)

Substance Use/ Addiction Resources:

[E-Cigarette FAQs - Surgeon General](#)

[Juul 101](#)

[Mercer Council on Alcoholism & Drug Addiction Resources](#)

[Mercer County Resources for Children & Families - Mercer Resource Network](#)

[National Alliance on Mental Illness New Jersey Resources](#)

[NIDA Drug Facts](#)

[Center for Substance Abuse Research](#)

[Above the Influence](#)

[Get Smart About Drugs](#)

[Parent Check NJ](#)

[Partnership for a Drug Free NJ](#)

[Natural High](#)

[Project Know: Understanding Addiction](#)

[Chasing the Dragon \(documentary on opiate/opiod epidemic\)](#)

[Narconon \(drug symptoms\)](#)

[NJ Juvenile Justice System](#)

[You Have the Right \(NJ Bar Association\)](#)