

Galaxy Team Meeting, Oct. 12

Team Values

- The team is what YOU make it
- Laura is here to help guide us to be what we want to be
- Three main values (in order)
 - Spirit
 - Respect all players
 - Knowledge of rules
 - Joy of play
 - Fun
 - Competition
- Focus
- Reliability
- Positivity
- Understanding
- Accountability
- Effort
- Communication

Fall Team Goals

- Win more than we lose
 - Finish over 500
- Throw 45 min/week over at least two days
- Avg number of passes per point = 5
- Positive feedback
- Sidelines active!

Glory Days Tourney Goals

- Newbs score
- CATCH a Callahan
- Learning/doing the sideline cheers
- Use your words
- Solidify zone
 - Move as a unit
 - Seal
 - Communicate/talk
- Win 5 out of 9 games

Later this fall, the team will vote on whether to stay one team for the spring or split into A and B teams. Laura suggests the latter, but it is the team's vote.

One team

- Pros
 - You are one team
 - Sidelines are HUGE
 - No problem if we have injuries
 - We will be the best in shape team bc we can rotate anyone through
 - Cost effective
 - You get to play with everyone
- Cons
 -

A & B Team

- Pros
 - More playing time for everyone
 - Better chemistry between players
 - Relationships will grow
 - More touches
 - Try out different positions
- Cons
 - Money
 - Bids
 - No coach for B team
 - Possibility of causing tension
 - Not as many people to replace women on field when others are injured
 - May be forced to try new things

$36/2=18$ women per team

Talk to last year's B team players and ask them what they thought about it!