Riverton Aquatic Center Swim Lessons

All Classes are first come first serve, and are based on teacher availability. Registration will only be available at the pool during open hours. We do not accept phone reservations and lessons must be paid in full at time of sign up. American Red Cross Swim Achievement Booklet is available for $5 upon request. Refunds are only issued per the discretion of the director and ONLY if cancellation happens 72 hours prior to the start of class or if the class has been canceled by the director or the teacher. Otherwise a credit towards the next session offered will be issued.

Group Lessons
The cost is **$45.00** per person for Group Classes. Group Classes consist of 8 classes, Monday through Thursday for two consecutive weeks.

Private Lessons
The cost for Private Lessons is **$15** per class ($60 for 4 classes M-TH consecutively)

SUMMER GROUP LESSON SCHEDULE
Parent/Child & Preschool = 30 minutes
Learn to swim Level 1-6 = 45 minutes

Available Swim Lesson Schedule:

9:00 A – 9:30 A – Preschool 1-3 (3yrs-5yrs)
9:00 A – 9:30 A – Parent/Child 1&2 (6mon-3yrs)
9:00 A - 9:45 A - Levels 1,2,3,4,5

10:15 A–10:45 A–Parent/Child 1&2 (6mon-3yrs)
10:15 A–10:45 A– Preschool 1-3 (3yrs-5yrs)
10:00 A - 10:45 A - Levels 1,2,3,4,5
10:00 A–10:45 A – Level 6 *(Fitness Swimmer)*

11:15 A-11:45 A – Preschool 1-3 (3yrs-5yrs)
11:00 A - 11:45 A - Levels 1,2,3,4,5
11:00 A - 11:45 A - Level 6 *(Fundamentals of Diving)*

1:15 P - 1:45 P - Preschool 1-3 (3yrs-5yrs)
1:00 P - 1:45 P- Levels 1,2,3,4,5
1:00 P - 1:45 P- Level 6 *(Personal Water Safety)*

PRIVATE LESSON SCHEDULE
ALL Private Lessons are 30 min
Ages 4 and up

Available Swim Lesson Schedule:
9:15 A – 9:45 A
9:50 A – 10:20 A
10:25 A – 10:55 A
11:00 A – 11:30 A
1:00 P – 1:30 P
4:00 P – 4:30 P



Session 1 Group—June 8-18 (M-TH)
Session 1 Private—June 22-25 (M-TH)
Registration: May 11-15 & June 1-9

Session 2 Group—July 6-16 (M-TH)
Session 2 Private—July 20-23 (M-TH)
Registration: June 17-July 7

Session 3 Group—July 27-6 (M-TH)
Session 3 Private—Aug 10-13 (M-TH)
Registration: July 8– July 28

ARC Jr. Lifeguard Course (ages 11-14)
$55/ student
June 22-26 9a-11a (M-F) &
July 20-24 9a-11a (M-F)

American Red Cross Junior Lifeguarding is designed to guide youth to the American Red Cross Lifeguarding course by building a foundation of knowledge, attitudes and skills for future lifeguards.

Swim Lesson Information

Here is a brief description of each TYPE of class that we offer. For more information, please view the ***American Red Cross Swim Lesson Achievement Booklet***, or the ***Swim App***

Parent / Child Classes Level 1 - Ages 6 mon to 3 yrs Level 2 - Ages 12 mon to 3 yrs **30 Min Classes**	**Preschool Classes** Levels 1 - 3 Ages 3 yrs+ Instructor Led - No Parent** **30 Min Classes**
* ONE "Parent" MUST accompany each child in the water and participate in the classes **("Parent" can include guardians, child care providers, older siblings (15+), and other adult relatives)** * The instructor will be teaching games, songs, and skills that the parent will teach the child. * Students that are at least 3 yrs old, and can demonstrate the exit skills assessment for Preschool level 1 are able to enroll in Preschool level 2. **(Depending on class size and availability of teachers we may combine level 1 & level 2)**	* Recommended for children who are approximately 3 to 5 yrs, but participation is not determined by age alone. * Please consider the child's developmental readiness, maturity, and experience in the water. ***(Child must be potty trained, able to participate without a parent in the water, and able to listen to & follow directions)*** * A child who completes preschool level 1 or 2 and is 6 yrs old may enroll in the next level of preschool Aquatics or move on to "Learn to Swim" Level 2 depending on skill level. ****Parents are not allowed in the water but are encouraged to stay and watch from the bleachers.** **(Depending on class size and availability of teachers we may combine level 1, level 2, & level 3)**
Learn to Swim Levels 1-6 Ages 6 yrs-15 yrs Instructor Led - No Parent** ****Parents are not allowed in the water but are encouraged to stay and watch from the bleachers.** **45 Min Classes**	
* The objective of the American Red Cross "Learn to Swim" courses are to teach children and young teens to be safe in, on and around the water and to swim well. * Aquatic and personal water safety skills are taught in a logical progression through six levels. * As they progress through the levels, participants build on their basic skills to learn and refine various propulsive movements on the front, back and side. * On successful completion of Level 3, participants have achieved basic water competency in the pool environment. * By the end of Level 6, participants have the prerequisite skills and have developed the necessary skill and fitness levels for entrance into advanced courses, such as Water Safety Instructor, Lifeguarding, or other aquatic activities such as competitive swimming and diving. **(Depending on class size and availability of teachers we may combine levels)**	