

Heather Sliwinski

CEO/FOUNDER OF THE HONOR AND COURAGE FOUNDATION

Heather Sliwinski has been happily married to her husband Ed for 35 years. She is the proud mother of 6 amazing grown children, a Mimi to 3 grandchildren, and the owner of her amazing Chocolate Lab “Reckless” a Certified Therapy Dog. She is also the proud Mother of a United States Infantry Marine Veteran.

Heather has supported and assisted Veterans for almost 19 years through a Veterans Crisis Line. Supporting and assisting our Veterans and Law Enforcement has been a passion of Heather’s her entire life. When a Veteran reaches out to Heather...they become part of her family.

Heather was also a volunteer and board member for Operation Ward 57 for 12 years. She has also been involved in the National Youth organization – “Young Marines” since 2008 and is now her local unit’s Executive Officer and Adjutant. Heather has been the recipient of many prestigious awards including the “Chapel of the Four Chaplains” Humanitarian Award given in recognition of a lifetime commitment to selfless service and societal advancement that has demonstrably affected the quality of life in the community or region.