

Monthly Peer Review: PTSD Addendum					
Provider Reviewed:			Month/Year of Review:		
Reviewer:	LEGEND: (Y) Criteria Met (N) Criteria Not Met (Requires Comment) (N/A) Not Applicable				
Last 4 SSN:					
Dates of Encounters:	dd/mm/yy	dd/mm/yy	dd/mm/yy	dd/mm/yy	dd/mm/yy
1. PTSD diagnosed					
2. Appropriate VA/DoD Clinical Practice Guideline treatment offered to patient					
3. Initiated PTSD-focused EBP* (e.g., Prolonged Exposure, Cognitive Processing Therapy, EMDR, Trauma Focused CBT, Written Exposure Therapy)					
4. PCL-5 administered and reported in note					
5. Completed course of PTSD-focused EBP treatment					

Item Number	Review Comments	If applicable, date correction was made (to be completed by reviewer after provider makes changes)
Additional Comments:		

Reviewer's Signature/Stamp

Reviewee's Signature/Stamp

* See back side of form for additional information

EBP Treatment Keywords & Phrases

Prolonged Exposure Therapy for PTSD

Primary Keywords	Example Text
• PE • Exposure therapy • Exposure • Hierarchy • In vivo • Imaginal • Breathing Retraining • Listening to session audio recording • Reference to Foa's PE Manual	• "...this was session 3 of PE..." • "...pt progressing well in exposure therapy exercises..." • "...patient was reluctant to complete the exposure homework..." • "...completed item 4 in hierarchy, going to the mall (indicate by self or with someone)" • "...was not able to complete the in vivo assignment..." • "...patient continues to complete imaginal exposure exercises..." • "...covered breathing exercises and asked patient to practice these daily over the next week..." • "...patient was able to listen to the recording of the last session three times since the last session..." • "...session covered chapter 4 (or session 2) of the Foa workbook..."

Cognitive Processing Therapy for PTSD

Primary Keywords	Example Text
• CPT (not CPT code) • Thought record • Challenging Beliefs Worksheet (CBW) • Impact Statement • Stuck points • Themes (safety, intimacy, esteem, control/power, trust) • Reference to Resick's CPT Manual	• "...this was session 3 of CPT..." • "...pt completed their thought record/ABC sheet homework..." • "...patient was not able to complete their CBW this last week..." • "...spent time during the session working on the patient's impact statement..." • "...today we identified patients stuck points around the theme of safety..." • "...today we identified patients stuck points around the theme of safety..." • "...this session covered session 2 from the Resick workbook..."

Eye Movement Desensitization and Reprocessing Therapy for PTSD

Primary Keywords	Example Text
• EMDR • Eye movements/dual attention stimulus • Positive/Negative Cognitions	• "...this was session 4 of EMDR..." • "...processed trauma memories using eye movements as the dual attention stimulus..." • "...pt identified positive cognitions during the session..."