

ANVIET Practice

Based on McDowell, T., Knudson, M. C., & Bermudez, J. M. (2019). Third-Order Thinking in Family Therapy: Addressing Social Justice Across Family Therapy Practice. *Family Process*, 58(1), 9–22.
<https://doi-org.acu.idm.oclc.org/10.1111/famp.12383>

Students will practice ANVIET and write a 3-page summary or create a 5-minute video of their experience. I prefer that students practice with a client, but they may practice with someone not enrolled in the program. In other words, students will practice attuning to their client's experience, naming unjust and unfair circumstances, valuing strengths unrecognized by the client's culture, interrupting isomorphic relational patterns, envisioning just and fair relational practices, and transforming relationships to adhere to just and fair relational practices. Each skill may happen over the course of therapy rather than in a single session.

The first part of the paper should be a summary of the system. The rest of the paper should be divided into sections according to the acronym. In each section, describe the client's experience and your response (e.g., their strengths that are undervalued by their culture and how you reframed them as valuable, how cultural values are acted out in the relationship and how you challenged them). Each section should include a word-for-word transcription of your exchange with the client. The transcript portion can be just a few lines. If you demonstrate all the skills within a few minutes, you are welcome to submit a single transcript with comments highlighting each skill. Students must demonstrate at least the first 5 skills (ANVIE) but should report on transform if they have seen client growth. In addition, students must include a ½ to 1-page reflection of their experience (what went well, what did not, what they learned, etc.). Papers will be graded on following instructions, demonstration of skill, and depth of reflection.