Good afternoon DuFief Community,

This is a friendly reminder that there is no school for students on Monday, November 4th due to a Professional Day, and schools and offices are closed for Election Day on Tuesday, November 5th.

Pneumonia on the Rise in MCPS: There has been a rise in walking pneumonia, according to the CDC. Here at MCPS schools, we have noticed the increase as well. Walking pneumonia is a less serious form of the lung infection pneumonia. It's often caused by a bacteria called Mycoplasma pneumoniae, but other bacteria viruses can also cause it.

What are the Signs and Symptoms of Walking Pneumonia?

When it seems like a cold is lasting longer than 7 to 10 days, especially if a cough is getting worse and not going away, it could be walking pneumonia. Symptoms can come on suddenly or take a longer start. The symptoms are usually mild, but sometimes can be more severe. The bacteria is spread to respiratory droplets.

- A fever
- A cough that lasts for weeks to months (sometimes a wet cough)
- Fatigue
- Headache, chills, sore throat, and other cold/flu like symptoms
- Fast breathing, wheezing or grunting sounds, chest pain
- Loss of appetite, nausea, vomiting, upset stomach

Best practice, if you child is not feeling well keep them home. Practice good hygiene with washing hands and surfaces. Contact your pediatrician for signs and symptoms previously mentioned.

Save the Date-Parent Visitation Day!: Our annual Parent Visitation Day provides parents with an opportunity to see the amazing teaching and learning happening in our classrooms each day. Parent Visitation Day is scheduled for Monday, November 11th and once again, there will be a morning and afternoon session.

Calling All DuFief Veterans: DuFief Elementary would love to honor the active and retired military family members in our DuFief community. If you are able to join us for a brief ceremony the morning of Monday, November 11th, please let us know by <u>completing the linked Google form.</u>

Please see below for upcoming dates:

Monday, November 4th: Professional Day/No School for Students

Tuesday, November 5th: Election Day/Schools and Offices Closed

Monday, November 11th: Parent Visitation Day

Thank you for your continued support of DuFief Elementary!

DuFief ES