# LHS Update - November 18, 2022

Good Afternoon,

The last Friday before Thanksgiving and everyone has been working hard and looking forward to a break to spend time with family and friends. Lots of activities leading up to the break, check it out!

Here are some things happening in our building:

#### **LMHS Athletics**

## **Friday 11/18**

JV football at home Vs. Oakmont 6pm

## Saturday 11/19

XC @ MIAA Meet of Champions Devens, MA

## Thursday 11/24 (Thanksgiving)

Football @ Oakmont 10am

\*\*Tickets available at the gate. Adults \$10, Children \$5\*\*

Remember to register on final forms if you plan to try out for a winter sport. Tryouts begin Monday 11/28.

## **GALAPAGOS June 2023 INFORMATION MEETING**

Ms. Gearin is running a 9 day trip to the GALAPAGOS ISLANDS in June of 2023 for LHS Students! Good news- YOU can still join us.

There will be an information meeting on Tuesday, Nov 30 at 7pm in the LHS room A142. Please email Ms Gearin at dgearin@lunenburgschools.net to RSVP.

## **Powderpuff Football Game**

Mark your calendars for the annual powderpuff game on **Tuesday**, **November 22** from 5:30-8:30! The cost to enter is either \$2.00 with a canned food donation or \$5.00 without.

## LHS After school program registration

We will begin our Lunenburg High School After School Program for students starting Nov. 14th. The program will provide academic support for high school students and run for the following weeks from 2:30-3:30 on Monday-Thursday: weeks of Nov. 14, Nov. 21 (Mon. and Tues. only), Nov. 28, Dec. 5, Dec. 12, Dec. 19, Jan. 9, Jan. 17, Jan. 23, Jan. 30, and Feb. 6. Session two will follow for an additional ten weeks. This program will be at no cost to families and will be held in the library of the Lunenburg Middle-High School building. Please fill out and submit the registration form below if your student will participate in session one of our After School Program.

# **LHS After School Program Registration**

# From the LHS School Counseling Office 11/18/22

#### Coffee with the counselors

Our first Coffee with the counselors will be held on Tuesday Nov. 22nd from 8:15am - 9am. Coffee and light breakfast snack will be provided, but feel free to bring your own morning beverage. Please see the flyer below for details.

Coffee with the counselors flyer

#### **Monty Tech Nites**

On Tuesday, November 22nd at 9:30am representatives from Monty Tech Nites will be in the school counseling office to meet with students about the many post-secondary options they have to offer. All students who are interested are encouraged to attend. Here is a list of their most popular programs:

- Cosmetology Certified Billing and Coding Specialist
- Manicuring Certified Phlebotomy Technician
- Welding Emergency Medical Technician (EMT)
- HVAC Culinary Arts
- Plumbing Certified EKG Technician
- Electrical Certified Pharmacy Technician
- CNC Operator Small Engine Repair
- Property Maintenance Construction Supervisors License
- Certified Clinical Medical Assistant Certified Nurse Aide

For a full list of courses and programs please visit <a href="www.montytechnites.com">www.montytechnites.com</a>

# Fitchburg State University Decision Day at Lunenburg High School

Representatives from FSU will be here on December 7th to offer on-the-spot admission decisions to seniors. All seniors who have applied to FSU, and wish to participate, will be interviewed by an admissions counselor and receive a decision on admission; accepted, possible acceptance (waiting for midterm grades or test scores), acceptance with provisions (must attend a summer program), or not accepted. Typically we have very few if any who are not accepted.

Students who do not have a recalculated GPA of 2.00 or higher, cannot be accepted as a freshman. However, if they enroll in another college first and then apply as a transfer student once you have earned some college-level credits.

There is a sign-up sheet in the school counseling office. All seniors who wish to participate will need to sign up, apply to Fitchburg State and have their transcripts sent at least two weeks prior to decision day.

# **Mount Wachusett Community College Decision Day**

MWCC representatives will be here on December 14th to offer a decision day as well. Seniors who wish to participate will need to submit an application to MWCC prior to decision day.

# **Upcoming College Rep Visits for Juniors and Seniors**

National Guard Tuesday November 22, 2022

# **LHS Health Screenings**

The week of November 28th we will begin mandated hearing, vision and BMI screenings for all 10<sup>th</sup> grade students. Please remind your child to bring their glasses to school if needed. Please email me if you have any questions or concerns.

Thank you,

Lisa Lavery

llavery@lunenburgschools.net

#### **LHS Winter Concert**

Save the date! The LHS Winter Concert is Tuesday, December 13th at 7pm in the LMHS auditorium. Please come join us and celebrate our students' musical talents.

#### Yearbook

Do you want to be in the Yearbook? **ALL** STUDENTS, please take a look at the forms by clicking on the link below. There are numerous forms that directly relate to pages in the Yearbook, so the more you submit, the better our book will be!

Yearbook Forms

# **Lunenburg Basketball Fundraiser**

Please click the link below to learn more about the Lunenburg Basketball Fundraiser

**Lunenburg Basketball** 

## **COVID Management**

Please keep your child home from school and get them tested for COVID using an At Home Antigen test for any of the following symptoms:

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, when in combination with other symptoms
- Nausea, vomiting, when in combination with other symptoms
- Headache, when in combination with other symptoms
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies), when in combination with other symptoms

If your child has symptoms of COVID (see above), they must have a negative test in order to come to school.

Please remember to let the front office staff know when your child is going to be absent. Call 978-582-4115	
If you have any questions, please ask to speak to your school nurse or dial x 2120	
I hope everyone has a great weekend,	
Tim	
Timothy Santry, Principal	
Lunenburg Middle- High School	