



Bernards Township School District

COVID-19 Protocols

STAY HOME WHEN SICK: The general guidance for all communicable diseases is to stay away from others when you are experiencing illness. Keeping our school community healthy is our objective. Any individual, student or staff member, who is experiencing respiratory illness, should stay home. Please see the [BTSD Child Sickness Guidelines](#) for general guidelines related to illness and returning to school.

If your symptoms are consistent with COVID-19, testing should be performed to confirm or rule out COVID-19 infection. Common symptoms of COVID-19 include sore throat, fatigue, congestion, aches, headache, fever, cough and sometimes diarrhea.

Illness in School: Individuals that are experiencing symptoms of illness will be evaluated by the school nurse. Students may be sent home related to illness, at the discretion of the school nurse.

CDC Guidance related to COVID Infection:

If you test positive for COVID and have symptoms of illness, you should stay home.

- You can go back to your normal activities when, for at least 24 hours, **both** are true:
 - Your **symptoms are getting better** overall, and
 - You **have not had a fever** (and are not using fever-reducing medication).

If you still feel sick, stay home.

****An antigen test may be used to evaluate if you remain infectious or not. A positive test result indicates that you are infectious. A negative test result indicates that your viral level has dropped and you are no longer contagious. School nurses may be able to provide antigen tests.**

There are some test kits available to families in the District Office at 101 Peachtree Rd.

- When you go back to your normal activities, take added precaution over the **next 5 days**. Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better:
 - Wear a mask
 - Wash your hands frequently
 - Keep a distance from other people
 - Use a HEPA air purifier when possible in shared spaces