Dr. Carolina Flores is a Professor of Music at CT State Community College Manchester (formerly known as Manchester Community College), where she teaches a wide variety of courses in the only two-year nationally accredited music program in CT. In addition, she is the Interim Director of Choral Activities at The Hartt School, University of Hartford.

She has been awarded the 2015 Excellence of Teaching Award at MCC, the 2016 National NISOD Excellence in Teaching Award, and the 2018 National Hispanic Heritage MCC Employee Award (State of CT). For over 15 years, she has served in many capacities at the Connecticut chapter of the American Choral Directors Association (CT-ACDA) including as president from 2013 to 2015. Currently, Dr. Flores serves on the board of CANE (Choral Arts New England).

A native of Spain, Dr. Flores is a frequent lecturer, adjudicator, and clinician. She has previously held teaching positions at the University of Rhode Island, The Hartt School, Choate Rosemary Hill (Wallingford, CT), and Notre Dame High School (West Haven, CT). Currently, she is the Artistic Chorale director of the Manchester Symphony Orchestra and Chorale (MSOC). She has also been the assistant director and accompanist for the New Haven Chorale in CT, and the artistic director of the Pioneer Valley Cappella Choir in Northampton, MA. She has led choirs on tours of Austria, The Czech Republic, Hungary, Italy, and Spain.

Dr. Flores has held church positions as organist, choir master and as music director in several churches in New York City and CT, directing choirs of all ages. After 23 years as Music Director at St. Theresa Church in Trumbull, she retired in 2020 to pursue her research interests and to be able to spend more time with her family and return to singing professionally with choral groups. She is currently a member of Alchemy and CONCORA.

As a pianist, Dr. Flores has been a prize-winner in several international and national piano competitions. In New York she performed at Carnegie Hall's Weill Recital Hall, Cami Hall, Rockefeller Center, and has performed as concerto soloist with the Manhattan Symphony Orchestra under the baton of Maestro Sixten Ehrling. Before becoming a choral conductor, she taught piano and chamber music, in Spain, NY, and CT.

Dr. Flores obtained degrees in music education and piano pedagogy at the Superior Conservatory of Music in Zaragoza and the Royal Superior Conservatory of Music in Madrid, respectively. In addition, she earned BM and MM degrees in piano performance at the Manhattan School of Music in New York, and a D.M.A. in choral conducting at The Hartt School, University of Hartford, CT.