



The OT Centre

Helping adults and children with independence and quality of life
through Occupational Therapy

" Passion, Integrity, Quality & Expertise "



Zoe Edmondson

BSc Occupational Therapy (1st Class Hons)

Curriculum Vitae



Zoe Edmondson

MAKE AN ENQUIRY ...

01550 537 537

Occupational Therapy for children and young adults, including Developmental Delay, Acquired Brain Injury, Profound and Multiple Learning Difficulties, Progressive neurological conditions, Autistic Spectrum Disorder, Sensory Processing Disorder, Cerebral Palsy . . .



Conditions

Acquired Brain Injury
Developmental Delay
Profound and Multiple Learning Difficulties
Progressive Neurological conditions
Cerebral Palsy
Coordination Difficulties
Autistic Spectrum Disorder
Sensory Processing Disorder
Cortical Visual Impairment

Specialist skills

Paediatrics
Neurorehabilitation
Functional Vision
Fatigue management
Posture & Seating
Aids & Equipment
Assistive Technology
PMLD Cognitive Assessment

Languages

English

Regulation/M'rship

HCPC: [OT68692](https://www.hcpc-uk.org/OT68692)
BAOT: BT0809164

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[from a google map](#)

Zoe is an experienced Occupational Therapist who is motivated to provide high quality therapy to children and young people. In addition to her work with The OT Centre, Zoe practices at the National Star College, a leading specialist college for young adults with complex physical and learning disabilities. She has previously worked within a Community Paediatric Occupational Therapy Service providing complex assessments and reports for parents, schools and paediatricians. Zoe has a passion for promoting Occupational Therapy and sharing knowledge with others, through training for multi-disciplinary teams and guest lecturing at Coventry University to undergraduates.

Zoe has years of experience in effectively assessing, planning, implementing and evaluating client-centred therapy programmes for clients with a range of disabilities including ASD, Profound and Multiple Learning Difficulties, Sensory Processing Disorder, Acquired Brain Injury and Cerebral Palsy. Zoe strives to make all therapeutic input creative and meaningful to ensure clients engage to the best of their ability and reach their full potential. Zoe's focus for provision is on increasing independence and participation in activities of daily living, whether this relates to making a choice or becoming independent within community environments. She is confident with contributing to Educational Health and Care Plans, Continuing Health Care assessments and multi-disciplinary meetings.

Zoe has a varied toolbox of skills covering 24 hour postural management, functional vision, upper limb rehabilitation, community access, fatigue management, engagement and participation, sensory-based learning/cognition and adapted equipment provision.

Zoe has experience with assessing learning environments from a variety of perspectives including sensory processing, vision, posture/seating and adapted equipment to increase and promote autonomy and independence. In addition, Zoe has successfully supported clients to transfer independence strategies learnt within OT sessions into a work environment and provided training for workplace staff. Zoe has developed excellent communication skills and is able to liaise effectively with parents, carers, professionals and external agencies.

Zoe is considered a confident and calm individual who brings a proactive and creative approach to her practice, quickly getting to grips with a client's functional needs and understanding challenges from their perspective.

Zoe has a 1st Class Honours degree in Occupational Therapy and is Sensory Integration Level 1 trained. This enables Zoe to support clients, parents, teachers and other professionals to further understand sensory processing and how this may be impacting on the client's ability to learn and thrive in their meaningful occupations. Zoe is registered with the Health & Care Professions Council, is a member of the British Association of Occupational Therapists and Royal College of Occupational Therapists Specialist Section in Independent Practice.

Find out more about our team
www.theotcentre.co.uk/team

EDUCATION & PROFESSIONAL QUALIFICATIONS

University of Derby

Bachelor of Science in Occupational Therapy First 2013

EMPLOYMENT HISTORY

November 2018 – Today: **Occupational Therapist, The OT Centre**

September 2016 – Today: **National Star College, Cheltenham**
Independent Specialist College for young adults with complex disabilities

Post Held: **Senior B Occupational Therapist**

Responsible for providing assessments and high quality, client-centred therapy programmes for a caseload of 16-25 year olds with complex physical and learning disabilities to promote independence. Caseload consists of wide range of conditions and disabilities, including ASD, Profound and Multiple Learning Difficulties, Sensory Processing Disorder, Acquired Brain Injury and Cerebral Palsy. Required to produce complex therapy reports, liaise with the multidisciplinary team/external agencies and contribute to Educational Health and Care Plans, Continuing Health Care assessments and Transition meetings. Programmes delivered focus on increasing independence and participation in activities of daily living, whether this relates to making a choice or becoming independent within community environments. Experience with equipment provision and 24 hour postural management for young people with complex postural needs. Specialism in working with students with Profound and Multiple Learning Difficulties at the college and in providing Sensory Processing advice and guidance to staff to best support students with Sensory Processing Difficulties (Sensory Integration Level 1 trained). Supervise a junior therapist and frequently promote the future generation of Occupational Therapists by mentoring University students and being a Guest Lecturer at Coventry University.

April 2014 – August 2016: **National Star College, Cheltenham**
Independent Specialist College for young adults with complex disabilities

Post Held: **Junior Occupational Therapist**

Responsible for providing assessments and high quality, client-centred therapy programmes for a caseload of 16-25 year olds with complex physical and learning disabilities to promote independence. Caseload consists of wide range of conditions and disabilities, including ASD, Profound and Multiple Learning Difficulties, Sensory Processing Disorder, Acquired Brain Injury and Cerebral Palsy. Required to produce complex therapy reports, liaise with the multidisciplinary team/external agencies and contribute to Educational Health and Care Plans, Continuing Health Care assessments and Transition meetings. Programmes delivered focus on increasing independence and participation in activities of daily living, whether this relates to making a choice or becoming independence within community environments. Experience with equipment provision and 24 hour postural management for young people with complex postural needs.

November 2013 – March 2013: **Community Paediatric Occupational Therapy Service, Solihull**
Heart of England NHS Foundation Trust

Post Held: **Band 5 Occupational Therapist**

Responsible for prioritising and managing a rolling caseload of 10 children (0-18 years) within an Assessment and Advice Service. Within a clinic setting, implemented standardised assessments including The Movement Assessment Battery for Children, Sensory Profiles, Test of Visual Motor Integration and Detailed Assessment of Handwriting Speed, and functional non-standardised assessments. Required to analyse the data from the assessments together with information gathered from parents/teachers to create a client centred, functional and complex report with appropriate and practical advice for all involved with the children. Advise included compensatory strategies, physical activities to develop motor coordination and core strength, environmental adaptations and strategies for sensory processing difficulties. Commonly were requested to provide evidence from assessments for Paediatricians to make a diagnosis of Dyspraxia and Sensory Processing Difficulties. Advice and guidance also provided within schools on specialist seating and assessments completed for identifying appropriate provision. Within this role, created and completed outcome measures by interviewing service users/parents/carers about the impact of the service.

CONTRIBUTIONS, ARTICLES AND AWARDS

2018 Sensory Integration Level 1: Foundation and Neuroscience

2018 Guest Lecturer at Coventry University - 'The OT Process at National Star College'

2017 Guest Lecturer at Coventry University - 'The OT Process at National Star College'

REGULATION & MEMBERSHIPS

- Health and Care Professions Council (HCPC).
 - Member of the British Association of Occupational Therapists: BT0809164
 - Member of the College of Occupational Therapists Specialist Section for Independent Practice
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PERSONAL PROFILE

I am very creative and when I am not working, I enjoy making textile art and cake decorating. I take pride in my home and enjoy learning more about interior design from creators with scandi influences. I am very family orientated and regularly provide respite care for my cousin who has profound and multiple learning disabilities. I also enjoy socialising with friends.

REFEREES

References are available on request.
