

MHESA Minutes

Issue No. 3 | February 4th, 2025



MHESA

MICHIGAN HEALTHCARE EXECUTIVE STUDENT ASSOCIATION

Camaraderie | Achievement | Relationships | Education | Service

UPCOMING EVENTS / ANNOUNCEMENTS

Burger Thursday @ Charley's

Thursday, February 6th
6:30-8pm, 1140 S University

- \$5.99 burger and fries where you choose the toppings, served with a Coke!

February GBM

Wednesday, February 12th
5:00 - 6:00 pm, SPH I 1680

- Join us to hear from alum, Shreya Dhananjaya, Feb's MFA!

Valentine's Day Game Night <3

Saturday, February 15th
7-9pm, 1910 Geddes Ave

- Join us for games, Valentine-themed snacks & beverages, and fun with friends!
- Note: Parking is limited, look for street parking on Oswego or Oxford, or uber!

Alumni Spotlight(s)



Sydney Prochaska

Sydney is currently an Administrative Fellow at Kaiser Permanente, Southern California.

At our December GBM, she shared very lovely advice, including her experience with gaps in US healthcare system's accessibility through translating ASL in various care settings.

Here are some highlights:

- First level of networking comes from your cohort! Be sure to take advantage of this

DEI Updates

DEI Summit + Case Competition Recap



The *DEI in Healthcare Summit & Mini-Case Competition* was a success! With students from diverse backgrounds coming together to engage in discussions to tackle real-world DEI challenges in healthcare, the event fostered collaboration, creativity, and skill-building.

Participants competed for exciting prizes while engaging in thought-provoking discussions during the Health Equity Panel.

The event not only highlighted the importance of diversity, equity, and inclusion in healthcare but also provided a

**MHESA President & VP
application open 2/26 - 3/12**

**2025 ACHE Congress on
Healthcare Leadership**

- March 24–27, 2025 |
Houston, Texas

Member Spotlight



Emma Breslin

Congrats to Emma for being our Fall Semester Points Winner! Thank you for your continuous engagement with MHESA. Points reset this semester, so be sure to engage!

Philanthropy Updates

Please fill out [this form](#) to better inform us on what other Philanthropy events you want to see!

Connect With Us!

MHESA-execboard@umich.edu

Instagram: @mhesa_um

opportunity and show up for your classmates.

- Always send your thank you emails!



At our January GBM, we heard from Alexandra Padnos, Administrative Fellow at Providence Clinical Network. We learned about her roots in the healthcare field and passion for mitigating healthcare disparities, and MHESA's impact on their career journey - from personalized resources and unmatched networking opportunities.

Here are some highlights:

- Data drives everything - from telling stories to driving process improvement.
- The importance of elevator pitch: Leverage it in connections throughout all stages of your career!
- Don't be afraid to utilize your University of Michigan alumni base - they want to help and give back. Utilize the entirety of Michigan, not just SPH.

If you missed the GBMs, be sure to listen to the recordings in the GBM slides to hear more of their wonderful advice!

valuable platform for students to apply their knowledge and connect with industry experts.

We're excited to see the continued impact of this event on future leaders in healthcare!

A big thank you to all participants, speakers, and sponsors who made this event possible.

*A special shout out to the DEI Committee: Aarush, Anjali, Elle, Hana, Hannah, Kieu Anh, Lily, and Nidhi **AND** student orgs: MHESA, HPSA, La Salud, MESAPH, MSPH, PHSAD.*



Congratulations to our 1st place winners! Kaitlyn Bowie, Sydney Gurecki, and Keshav Ramesh.

Social Updates

At our January GBM, members gathered to destress with a fun Social activity! We had so much fun watercolor painting with MHESA members!

Member Resources:

- [MHESA calendar](#)
- [PD Tools](#)