

Hands-On Music with Marianna

Instructions:

Check out this sample lesson plan and activity ideas for inspiration, ideas, and more. Feel free to edit, delete, or highlight to make it your own! These notes are yours to customize. They will not be published anywhere such that you're held to teaching exactly what's here.

Topics

Music instruments, crafts, music writing

Lesson Ideas

Lesson Title

Hands-On Music

Duration

1 hour

Lesson Plan

1. Introduction to Music and Instruments (10 minutes)

- Briefly introduce the concept of music and various musical instruments.
- Show images and examples of common musical instruments such as drums, guitars, and flutes.
- Discuss the role of music in daily life and its cultural significance.

2. Crafting Simple Musical Instruments (20 minutes)

- Guide students in creating simple musical instruments using craft supplies:
 - Option 1: Make shakers using paper cups and rice or beans.
 - Option 2: Create drums from oatmeal containers and balloons.

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- Allow time for decoration using markers, stickers, and other craft materials.

3. Music Writing and Rhythm Practice (15 minutes)

- Introduce basic music notation and rhythm.
- Provide worksheets with simple beats and let students practice clapping or drumming them out.
- Encourage students to create their own short rhythm patterns and share with the group.

4. Group Jam Session (10 minutes)

- Use the crafted instruments for a group jam session.
- Allow students to experiment with sounds and rhythms together.
- Encourage taking turns leading the session with their instrument.

5. Conclusion and Sharing (5 minutes)

- Discuss what the students learned about music and instruments.
- Allow time for students to share their instrument creations and play a short rhythm if they wish.

Materials List

- Paper cups
- Rice or dried beans
- Oatmeal containers
- Balloons
- Markers, stickers, and other decoration supplies
- Basic music notation worksheets

Adaptations for Different Ages

- Younger Children: Simplify the crafting process and provide pre-decorated elements.
- Older Children: Introduce more complex rhythms and music notation. Allow them to experiment with more advanced instrument construction techniques.

Movement Break

- "Freeze Dance": Play a lively music track. Have children dance and freeze when the music stops. This adds an energy boost and a fun break in between activities.

Bonus Activities

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- Instrument Exploration Station: Set up a table with a variety of real musical instruments for students to explore during free time.
- Music Story Time: Read a short story or picture book about music or famous musicians.

Series Outline

****Week 1: Introduction to Music & Sounds****

- Explore diverse sounds in nature and everyday life using a sound scavenger hunt
- Create a "sound diary" capturing and describing different types of sounds over a week
- Discuss the concept of vibration and experiment with creating sound using everyday objects

****Week 2: Percussion Instruments****

- DIY project: Make simple percussion instruments like shakers or drums using recycled materials
- Learn and practice basic rhythms and patterns using body percussion
- Host a mini percussion ensemble performance with group-created instruments

****Week 3: Strings & String Instruments****

- Create simple string instruments using boxes and rubber bands
- Demonstrate how string length and tension affect pitch using a homemade monochord
- Listen to and analyze different string instruments from the orchestra

****Week 4: Wind Instruments****

- Craft wind instruments such as straws or pan flutes out of straws of different lengths
- Experiment with creating and changing pitch using air and different pipe lengths
- Group activity: Perform a simple melody using homemade wind instruments

****Week 5: Electronic Music****

- Use simple software or apps to compose electronic music
- Explore basic sound synthesis and how electronic sounds are produced
- Create a digital soundscape or remix using recorded sounds from the environment

****Week 6: Crafting with Music Themes****

- Design and decorate music-themed journals or sketchbooks

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- Create visual art inspired by classical and modern music listening sessions
- Craft musical storyboards illustrating favorite songs or musical pieces

****Week 7: Writing Music****

- Introduce basic music notation and symbols
- Compose original short melodies using keyboards or other melodic instruments
- Group project: Write the lyrics for a class song together

****Week 8: Rhythm and Movement****

- Learn simple dances from different cultures with distinct rhythmic styles
- Choreograph a short group dance based on a selected piece of music
- Conduct a rhythm relay game to develop timing and coordination skills

****Week 9: World Music Exploration****

- Listen to and identify music from various cultures around the globe
- Research and present on a specific country's traditional instruments and musical styles
- Create cultural masks or costumes reflecting the music's origin

****Week 10: Music Celebration & Reflection****

- Organize a class concert featuring group and individual performances
- Host a "music gallery walk" to display crafts and compositions created throughout the course
- Reflect on personal progress and favorite activities via a class discussion or individual journal entries

For additional support, reference this [experience outline template](#) which includes tips and prompts to help you develop and lead an excellent Grasshopper Kids experience.

Note: This lesson plan outline was drafted by Hopper. If you would like to see different results, you can [submit another idea](#), or text us with feedback so we can work to make the algorithm better. We built this tool to help save you time in bringing more kids enrichment experience ideas to life!

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