

SOLO EMAIL

Speakers: Please insert your unique tracking link from the promotion center where indicated on this document

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Promotion dates: March 1st - March 11th

Subject: FREE Event - 'Conscious Grief Series 4'

Dear XXXX,

Have you ever thought about what it means to grieve consciously?

Tara Nash reached out and asked me to be a speaker on her upcoming series of interviews and this phrase, Conscious Grief grabbed my intention.

The inspiration for putting together these online series of interviews is to see the benefit of grieving consciously. Grief is a heavy topic, but actually there is so much we can learn from it.

This is why I have partnered with Tara for this free online series **'Conscious Grief - How to navigate through grief to find joy, connection and happiness again.'** There are 19 other speakers who are part of this series who have all experienced grief in different forms.

Grief is as unique as our fingerprint, but there are layers of other people's experience we can relate to which can be so helpful to listen and observe.

Here are a few things that will be covered in the interviews:

- Suicide Loss
- Sibling Grief
- The Grief Recovery Method
- Grieving the loss of a child
- Grieving the loss of a spouse
- Grieving the loss of a parent
- How mediums can support the grief process
- Pet loss & how animals grieve as well
- The grief of divorce
- The mother wound
- Why codependency can delay the grieving process
- The healing power of music

I have a complimentary ticket for you to attend. [Click here to register <<< \(INSERT YOUR TRACKING LINK\)](#)

The event launches on Saturday 11th March.. You will receive 1 email a day with 2 interviews to watch, so you can participate in the event from your bed, in your car or while you exercise!

This FREE event is for compassionate hearts. I know this information will be so valuable for you and others. Sadly our world continues to present us with devastating circumstances and collective grief.

Our pain and sadness is not something to be dismissed and overcome, it is something to be held and nurtured.

Please don't miss out on all this amazing wisdom! [Register here for this free event <<< \(INSERT YOUR TRACKING LINK\)](#)

With Love
XXXXX