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Functional Improvement Data Policy

Program: Behavioral Health Day Treatment / Partial Hospitalization Program

Effective Date: March 15, 2026

Review Date: March 15, 2027

Responsible Party: Director of Medical & Clinical Services / Quality Improvement Coordinator

Purpose

To establish procedures for collecting, monitoring, and analyzing functional improvement data for individuals participating in the Day Treatment Program. Functional improvement data help evaluate treatment effectiveness and support measurement-informed care.

Policy

The Day Treatment Program collects and reviews functional improvement data to evaluate participant progress and overall program effectiveness. Functional outcomes focus on improvements in daily functioning, coping ability, social participation, and treatment engagement.

Definition of Functional Improvement

Functional improvement refers to measurable positive changes in an individual's ability to manage daily life responsibilities, emotional regulation, interpersonal relationships, and engagement in treatment or recovery activities.

Functional Domains Monitored

Functional improvement may be evaluated across several domains including:

- Emotional regulation and coping skills
- Ability to participate in structured programming
- Social interaction and communication
- Self-care and daily living skills
- Treatment engagement and attendance
- Reduction in crisis behaviors or safety concerns

Data Collection Methods

Functional improvement data may be collected through:

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- Clinical observation and progress notes
- Standardized symptom tracking tools
- Treatment plan goal progress reviews
- Attendance and participation monitoring
- Participant self-report measures
- Staff assessment of functional abilities

Measurement Points

Functional improvement data are typically reviewed at key intervals including:

- Admission or intake assessment
- Treatment plan development
- Periodic treatment plan reviews
- Multidisciplinary case reviews
- Program discharge

Use of Functional Data

Functional improvement data are used to:

- Evaluate individual treatment progress
- Guide treatment plan updates
- Identify additional service needs
- Support step-up or step-down care decisions
- Monitor program effectiveness

Documentation

Functional improvement findings must be documented within the clinical record through treatment plan updates, progress notes, or outcome measurement documentation systems.

Program-Level Analysis

Aggregated functional improvement data may be reviewed by program leadership and quality improvement staff to evaluate trends, identify service gaps, and guide program development.

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Quality Improvement Integration

Functional improvement outcomes are incorporated into the organization's performance improvement processes and may be reviewed periodically by quality committees or program leadership.