## <u>Dance Project protocol for contagious illness, including respiratory illnesses such as</u> COVID-19, Flu, and RSV

One of Dance Project's core values is Community, and we see these policies as an important way that we can care for all of the members of our community. Thank you in advance for your diligence outside of class and in class, for your communication with us, and for your cooperation.

## **Dance Project's Mask Policy:**

We believe that masks are a valuable tool for minimizing the spread of illness, and protecting those members of our community who are immunocompromised. While masks are not currently required on a regular basis, any member of our staff/student community is welcome to mask for their own safety or peace of mind, and staff/students may be requested to mask for the safety of others in the situations below.

Please note that all procedures below are subject to change by the discretion of the Dance Project staff depending on what is being recommended by health officials, each individual situation, current conditions in our area, etc. We will make decisions that we feel keep our staff, teachers, dancers, and community the safest.

## If DP students are sick:

If you suspect you have a contagious respiratory or other viral or bacterial illness (including but not limited to COVID-19, flu, RSV, strep) based on symptoms (fever, sore throat, new and significant congestion or cough, etc) or known contact with someone who has/had a contagious illness, please take the following actions to minimize the risk of spreading the illness to fellow students or staff:

- 1. You are strongly encouraged to take a COVID-19 test or visit a healthcare provider for a test to determine what kind of illness you may have.
- 2. Plan to stay home until you are at least 24 hours post-fever with no fever-reducing medicine AND your other symptoms are resolving (i.e. you are feeling better). We encourage you to follow the latest CDC advice for any known illness regarding likely contagion and isolation period. If your illness is treatable with antibiotics, plan to stay home until cleared to return by your healthcare provider, usually 24 hours after starting antibiotics.
- 3. Please contact the DP office if you will be missing class, so we can work with you to schedule a make-up class if needed. It is also helpful to know when contagious illnesses may be circulating in our community, so other staff/students can take protective measures. Your health information will be kept confidential.
- 4. To minimize the risk of getting others sick upon your return to the studio, plan to mask in the studio until 1) a COVID-19 test comes back negative (please send pic of negative covid test to Magalli); 2) the CDC-defined contagion period has passed; OR 3) significant symptoms have resolved.

If you were in close contact with someone who has a contagious respiratory or other viral or bacterial illness (including but not limited to COVID-19, flu, RSV, strep), please monitor your symptoms closely. If your close contact tested positive for COVID-19, you are strongly encouraged to take a COVID test on day 5 after exposure, whether or not you have developed symptoms. Please plan to mask in the studio between your exposure and testing, to minimize the risk of spreading anything to students or staff.