

Telos Workshop – Meaning, Magic & Miracles

Sibiu, Romania | 26–28 September 2025

Overview

Join us for an immersive, in-person retreat to uncover and work with your own **Telos** — your “True North” - Your Inner Compass. In Greek, *Te/los* means “the end in mind” — the ultimate meaning and purpose of any thing. For each of us, it is the guiding star that informs every decision, action, and experience in life.

In this workshop we will explore:

- Why are we here?
- What is the meaning and purpose of my life?
- How does it all work?
- How can I best express my purpose in my daily life?

Why it matters:

Clarity about your Telos supports you to live a healthy, fulfilled, and meaningful life.

What You Will Experience

During this unique Telos Workshop, you will:

- Uncover your own Telos
- Gain a practical understanding of how it works and why it matters
- Use it to explore your most pressing questions
- Solve real problems in your life
- Experience the power of Telos in your daily life through **Systemic Constellation**
- Leave with a practical, lifelong tool for clarity, purpose, and alignment

Format & Approach

We will work together as a group throughout the weekend. You can expect:

- Guided visualisation and meditation
- Individual work with Dr. Kim Jobst and Mgr. Clara Vavrova
- Deep exploration in a supportive group environment
- The magic of **Systemic Constellation**, applied directly to your Telos
- Insights and tools to apply immediately in your daily life

Language: English

Venue

Dor de Ardeal

Str. Principală, nr.453, Porumbacu de Sus, Jud. Sibiu, Romania

[Venue Website](#) | [Google Maps](#)

Located just 40 minutes from Sibiu, with accommodation and meals included as part of the event.

Accommodation & Catering

- Accommodation is included for two nights (Fri–Sun)
- Shared double rooms (most with queen sized beds) are included in the cost of the retreat. Single occupancy rooms are possible to arrange by request and at an extra cost.
- Contact us if attending with a friend or partner to arrange room sharing.
- All meals freshly prepared on site.
- All meals from Friday supper through Sunday afternoon snacks are included in the cost.
- Vegetarian and non-vegetarian options available.

Dates & Times

- **Friday 26 Sept:** 17:00 – 21:00
- **Saturday 27 Sept:** 09:30 – 20:00 (*Telos journey & uncovering your individual Telos*)
- **Sunday 28 Sept:** 09:30 – 18:00 (*Group constellation work with Telos — the whole group is involved in each constellation*)

Investment

- **€699** per person (includes accommodation & catering)

[Pay Here >](#)

[Register Here >](#)

Contact for Enquiries

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Facilitators

Dr. Kim Jobst — Physician, medical visionary, and pioneer in integrative medicine with over three decades of experience helping individuals and organisations align health, meaning, and purpose.

Mgr. Clara Vavrova — Facilitator, coach, and systemic constellation practitioner who guides people to reveal hidden patterns, restore flow, and connect with their deepest purpose.

We look forward to welcoming you,

Dr. Kim Jobst & Mgr. Clara Vavrova

www.constelos.com