

# YOGA CLUB

STUDENTS LEADING YOGA CLASSES FOR ALL LEVELS

## IMPORTANT LINKS:

- ★ [facebook](#) (check for all class updates and announcements!)
- ★ [presence page](#)
- ★ [yoga@middlebury.edu](mailto:yoga@middlebury.edu) (email with any questions!)

## ZOOM INFO

SUNDAYS 10-11:15am

WAKE UP WITH **ISABELLA MAUCERI**

Meeting ID: 929 2240 0046

Password: 494867

MONDAYS 5-6pm

KICK OFF YOUR WEEK WITH **EVA SHAW\***

Due to an injury, this class has been canceled until further notice. Students looking to receive PE credit with Eva Shaw may continue taking classes with Bella Burke for the remainder of the semester.

WEDNESDAYS 5-6pm **CANCELED TODAY**

REJUVENATE WITH **BELLA BURKE\***

Meeting ID: 996 5094 3205

Password: 973769

\*Attend 8 classes with this certified instructor to receive P.E. credit



# Yoga Club Schedule

## Fall 2020

### SUNDAY

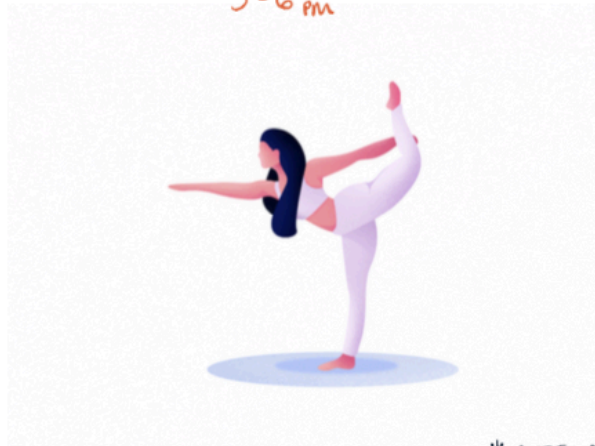
Morning Yoga Wake-Up  
w/ Isabella Mauceri  
10 AM - 11:15 AM

### MONDAY

Vinyasa Flow Yoga  
w/ Eva Shaw\*  
5-6 pm

### WEDNESDAY

Vinyasa Flow Yoga  
w/ Bella Burke\*  
5-6 pm



go /middyoga

\*ATTEND 8 CLASSES WITH  
THIS INSTRUCTOR TO RECEIVE P.E.  
CREDIT.  
CONTACT BELLA BURKE WITH  
QUESTIONS - iburke@middlebury.edu