



MEMOREhab <https://www.memorehab.com.au/> is a web-based application that aims to teach strategies to improve everyday memory over a three-month period. It includes educational videos, computer-based exercises, homework and notifications. There are also (one-on-one or small-group) weekly meetings with a clinician, which can be held face-to-face or via videoconferencing. In the weekly, 60-90 min meetings, strategies are taught and practiced and discussion is encouraged. Group Meetings are held at the same time for each of the first six weeks of the program.

The following clinicians have been trained and are available to offer MEMOREhab. See their details below. Please contact them directly to discuss involvement in the program.

### Clinician Register (in Alphabetical Order)



**Dr Paul Gertler** is a Clinical Psychologist based in Sydney. He has expertise in supporting people with traumatic and other acquired brain injuries, intellectual disabilities, spinal injuries and other neurological conditions. He runs sessions for individuals, dyads or small groups by appointment.

[paul@gertlerpsychology.com.au](mailto:paul@gertlerpsychology.com.au)



**Dr Molly Schafer** is a clinical neuropsychologist with a private practice at St Vincent's Clinic in Darlinghurst. She specialises in working with adult clients who have experienced an acquired brain injury from neurological illness (including stroke, epilepsy, traumatic brain injury), alcohol or other drug dependence or developmental disorders (including learning disabilities, ADHD, Autism

Spectrum Disorder). She is an authorised health practitioner under the NSW SIRA Workers Compensation Scheme and is registered with the DVA to provide neuropsychology services. She runs sessions for individuals or small groups by appointment.

[mclarkschafer@gmail.com](mailto:mclarkschafer@gmail.com)



**Ashley Young** is a Clinical Neuropsychologist and General Psychologist who practices in Northern Beaches, NSW. Ashley is most passionate about helping individuals across the lifespan - from late adolescents, adults and older adults - to develop an understanding of their own internal resourcefulness, in the presence of brain injury and/or mental health problems. Her expertise lies in the neuropsychological assessment and therapeutic treatment of adults and older adults across a broad range of neurological, medical and psychiatric conditions (i.e., stroke, traumatic brain injury, epilepsy, neurodegenerative disease, substance abuse, depression, PTSD and schizophrenia). She is approved for NDIS self-managed or plan managed clients as well as DVA clients. She is available to run sessions for individuals, dyads or groups on either Mondays or Tuesdays late mornings or early afternoons.

[ashley@nbneuro.com.au](mailto:ashley@nbneuro.com.au)