



Rockford Public Schools

Quality Community – Quality Schools
Together Building a Tradition of Excellence

September 12, 2025

Dear Parent/Guardian:

Rockford Public Schools is committed to creating a safe and supportive school culture that focuses on supporting the needs of the whole child. One way we are addressing the whole child is by administering a Wellness Survey. The Wellness Survey is a brief survey designed to identify students who may be at-risk for developing social-emotional and/or mental health concerns. We will be administering this survey to 4th and 5th grade students on September 25. It is estimated that the survey will take 5-7 minutes for students to complete.

The results from the Wellness Survey will be used to connect students identified as at-risk with appropriate resources, such as support and services from the Mental Health Liaison and/or the School Social Worker. Our staff will also provide parents/guardians with additional resources to assist in accessing and navigating community resources. If your child scores in the high risk category, you will be contacted directly by the school social worker or mental health liaison to discuss the results.

A copy of the survey questions can be viewed in advance [here](#). Lastly, we have included a [resource guide](#) which will provide you with information regarding mental health and community agencies that can support you and your family should it be needed.

We appreciate your partnership as we work together to ensure our students have the support and services they need to be successful. Should you have any questions regarding the Wellness Survey, please contact myself or Colton Cnossen, our Mental Health Liaison. If you would like to opt your child out of the survey please submit the form linked [here](#).

Sincerely,

Larinda Fase
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