



Cambridge Autumn Regatta

Cambridge '99 Rowing Club, The Boat House, Kimberley Road, Cambridge, CB4 1HJ

Website: <https://www.cambridge99.org/events/autumn>

Facebook: <https://www.facebook.com/Cambridge99RC>

Information and Briefing for Competitors

1. Before arrival:

In addition to this document, please also read the following documents before you arrive at the regatta:

- **Overall Safety Plan - CAR 2026 1.0**
 - This document also details the boat circulation pattern and the Thunderstorm plan
- **Event Emergency Response Plan - CAR 2026 4.1**
 - This document also details emergency instructions

The documents are available online at <https://www.cambridge99.org/events/cambridge-autumn-regatta>, and can also be found at race control.

2. Location

- Details of directions and parking can be found in the document entitled **CAR 2026 5.1 - Notes for Drivers - Location and parking**. Signs are posted from the Fen Ditton crossroads.
- **Ditton Field, Fen Ditton, CB5 8ST**
- **what3words: ///update.mixers.forklift**

3. On arrival:

- Check race times - <https://www.raceleader.co.uk/CAR25>
- Club numbers will not be released without full payment through BROE.
- Ensure a contact for your crew is recorded and accurate.
- Report any substitutions so that they can be registered. Crews found to have raced with undeclared substitutions will be disqualified under Rules 8-4 and 8-5.
- Participating crews should collect their racing numbers from Race Control
 - To reduce queues at race control, please only collect numbers no earlier than 45 minutes prior to the club's first race.
 - Each set of numbers clearly has event, name, and club marked on them,
 - Ensure you have the correct number for your event.
- Send coxes to weigh in (with equipment – lifejacket and race kit, but not cox box).
 - Coxes are responsible for providing their own dead-weight if required.
 - Each cox will be given a wristband to wear for the duration of the racing day which will also state any deadweight that needs to be carried. RoR 7.2.7 e&f

4. Getting on the water:

All crews must report to the Pairing Marshal in the pairing off area (Noah's Gateway) between the trailer park and the Regatta Control tent **30 minutes** before the time of their race.

- Please find your opposition and move through Noah's Gateway together to the control commission umpire for boat inspection.
- Having reported to the Pairing Marshal, crews must **embark in pairs no later than 20 minutes** before the time of their race. Any crew that fails to do so will be deemed to have withdrawn.
 - Crews will not be permitted to boat without their opposition or prior permission.
 - There will be automatic permission granted if your opposition is a crew coming from Cambridge as they may have chosen to meet you in the pre-start area.
 - Marshals will be able to advise you and grant permission for this.

When going afloat follow the marshals' instructions and be prepared to be held at mid-point marshal stations 1 and 2. In order for the regatta to keep to time, a steady flow of crews coming on and off the water is essential.

Crews going to the start should keep close to the Meadow (boating) side of the river until asked to come through the start area. **Please watch out for crews going wide as they race and stay tucked well into the bank if you are stationary.**

5. Race times

Should there be a clash of race times due to equipment or some other reason you must contact your opponents and agree a new time and report the change agreed to race control. We reserve the right to enforce the timetable.

If you wish to boat from the town boathouses and therefore off the regatta field, we expect you to have an 'agent' on site with a mobile phone, and the contact numbers entered in BROE. Please read the document **CAR 2026 3.1 - Notes to Cambridge Clubs** for further details.

6. Results, Schedule and Draw

Results and race timetable will be updated at Regatta Control throughout the day.

Race results are updated live on the results website: <https://www.raceleader.co.uk/CAR25>

We will also Tweet the results of each race (@Cambridge99RC).

7. British Rowing Umpires

The race will be run according to British Rowing Rules of Racing.

If your crew is unaware or new to British rowing events, please review the rules of racing here:

<https://www.britishrowing.org/wp-content/uploads/2025/03/2025-British-Rowing-Rules-of-Racing.pdf>

8. Protests

If you disagree with a race outcome, you must raise your hand and call the Umpire immediately after the race has finished.

9. Racing Licences & Prize winners

Competitors must make their race licence available at all times for checking by officials.

In accordance with the Rules of Racing, BR racing licences for the whole crew must be produced before any prizes will be awarded. Prizes can be claimed for a maximum period of 1 month after the date of the regatta by producing any missing racing licences to the Regatta Secretary. Prize tankards can be collected by the winners at race control from noon and come with a complimentary beverage (available from the Bar).

10. Refreshments

There will be a range of food and drinks available for sale. There will also be a bar serving alcoholic beverages and soft drinks. Vegetarian, vegan as well as non-dairy, and non-gluten containing options will also be provided.

11. Toilets

Toilets, including one with disabled access, are situated behind the main marquee to the back of the regatta field (i.e. the opposite side of the field to the river). Please contact race control if you encounter any issues with the toilets.

12. Litter

Competitors and supporters are asked to dispose of litter responsibly. Rubbish bags will be available from race control or the bar. The regatta field must return to pasture after the weekend. Please ensure that nothing is left behind that will cause damage to livestock or wildlife.

13. First Aid and Water Safety

We have professional First Aid and paramedics on site from 8 AM for the entire day. Please report any incidents on or off the water to Race Control. The First Aid station is in the Marquee.

In the event of capsize: Crews should remain with their boat and proceed to the Meadow bank (bow side when rowing downstream) which is quite shallow. The river is about 2.5 metres deep in the middle. A launch will be positioned in one of three locations (start, mid-point and finish), but safety lines and direction will come from the Umpires and Marshals on the bank. It is sufficiently narrow to have good contact through the extent of the marshalling area this way.

The **River Cam** is a documented source of **Weils Disease**, so precaution and awareness of its symptoms are important. <https://www.britishrowing.org/2010/10/leptospirosisweils-disease/>

To mitigate the risks of this very serious disease, the following actions are requested from the Committee:

- All competitors going on the water advised to take care not to swallow water
- Ensure open wounds are covered with waterproof plasters.
- Competitors advised against swimming or throwing coxes in t

- Capsized competitors (and parents / coaches) will be advised of the symptoms of Weil's disease via race control and can change in the First Aid section of the marquee.

13. Problems

If you have any enquiries before the day, please contact autumn@cambridge99.org.

Messages on the day of the regatta can be phoned through to the Regatta Chair Keith Garrett on 07976 696407.
Additionally, on the day, we will do our best to help you at Race Control.