

**Sports Medicine
EXS 3500-01
Course Syllabus
Spring 2015**

Instructor: Jared White M.Ed., ATC
Office: Moore PE Building/Athletic Training Room
Classroom: Moore PE 102
Meeting Time: T/Th 10:45-12
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Textbook: *Principles of Athletic Training*, William Prentice, McGraw-Hill Publishers. (required)

“Student Learning Outcomes”:

- 1) Students will gain an understanding of basic anatomy and physiology concepts, kinesiology principles and medical terminology associated with Sports Medicine
- 2) Students will understand the basic management concepts of a Sports Medicine facility
- 3) Students will learn basic injury management, evaluation techniques, and rehabilitation strategies.

Course Topics:

- Sports Medicine Health Care Providers
- Organization and Administration
- Legal Concerns and Issues
- Conditioning Techniques
- Nutrition and Supplementation
- Protective Equipment
- Bandaging and Taping
- Musculoskeletal and Nerve Trauma
- Tissue Response to Injury
- Psychosocial Intervention
- On-field care and Emergency Procedures
- Injury Evaluation
- Therapeutic Modalities
- Rehab
- Pharmacology
- Anatomy, Injuries, and Management of the musculoskeletal system

Course Requirements:

- A. Exams: Up to 4 tests (100 points each)
- B. Weekly Quizzes (10 points each)
- C. Practical Exam (100 points total)
- D. Comprehensive Final Exam (100 points total)

- E. Class attendance

Class Policies:

- A. Don't be late
- B. Attendance: After the 5th absence, your final grade will drop by one letter grade for each additional absence. **You will NOT be able to make up quizzes that are missed!!** If your team is out of town, you need to let me know ahead of time.
- C. If you miss class, YOU ARE RESPONSIBLE for finding out what you missed prior to returning to class.
- D. There are no dropped grades, so don't miss any exams or quizzes!!!!

Grading Scale:

A+	100-96%	A	95-93%	A-	92-90%
B+	89-86%	B	85-83%	B-	82-80%
C+	79-76%	C	75-73%	C-	72-70%
D+	69-66%	D	65-63%	D-	62-60%
F	59% and below				

Academic Honesty

Academic honesty is expected of all students at Trevecca Nazarene University. It is an integral part of the educational process where learning takes place in an atmosphere of mutual trust and respect. Each student is responsible to maintain high standards of academic ethics, personal honesty, and moral integrity. Dishonest academic behavior will be dealt with fairly and firmly.

The following types of infractions may result in course failure and/or program termination:

1. Plagiarism, using another's statements or thoughts without giving the source appropriate credit.
2. Cheating on an exam.
3. Unauthorized multiple submissions of papers.
4. Submitting for credit a borrowed or purchased paper.
5. Defacing or unauthorized removal of course materials either from the classroom or library.
6. Dishonesty in reporting reading.
7. Signing the roll for someone who is not present in class.
8. Falsifying documentation.
9. Students who manifest behavior disruptive to the learning process will be subject to program termination. This behavior includes non-professional conduct toward University personnel or students, violent conduct, harassment, or any type of threat to personal well being.

Disability Accommodations: Trevecca Nazarene University provides disability support services. Anyone who feels they may need an accommodation based on the impact of a disability and who would like to receive accommodations must register with Disability Services, located in the Center for Leadership, Calling, and Service, room 212.

Credit Hours:

Exam Preparation	8 hours/exam/4 exams	32 hours
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Preparatory Reading
Practical Preparation

4 hours/week/ 16 weeks
16 hours

64 hours
16 hours