

Fruit jam

Ingredients

3 cups of chopped fruit.

½ weight of the fruit of sugar

2 tablespoons lemon juice

What to do

1. Weight the fruit and half to add the amount of sugar.
2. Place chopped fruit, sugar and lemon juice in a heavy based saucepan.
3. Stir constantly, especially the base of the pot.
4. Cook until the jam sets to the back of a wooden spoon.
5. Place into sterilised jars.