



North Star Charter Middle School

Girls Basketball 2025-26

Athletes must submit the following paperwork before the first day of competition.

If you have not participated in any school sports at North Star Middle, please complete the following:

- New athletes must submit a Sport Physical and additional required forms below.
- If you participated in '25 Fall Sports, you've completed all forms; please pay your athlete basketball fee.
- Athlete forms must be submitted annually.
- **Sports Physical Form** (First time participant Grades 6-8 or any new student-athlete to North Star) *You can print & take this form to the sports physical appointment (Dr. appt/quick care appt.) but often they will provide the form.*
- **Interim Health Update Form** (Required for returning athletes only with a sports physical currently on file. We use exact form required in HS)
- [Participation Release Form](#)
- [Code of Conduct Form](#)
- [Emergency Contact Form](#)
- [Concussion Form](#) / [Review Info.](#)
- [Transportation Form/ Passenger \(Optional\)](#)
- [Pay Sport Fee \(25-26 MS Basketball- Girls\)](#)

*All athletic forms are available on the North Star Middle School [Athletics page](#) and can be submitted digitally.

Be prepared for practice! Please bring the following items:

- Athletic clothing/ Shorts & T-shirt
- Socks
- Athletic gym shoes, non-marking.
- Water bottle
- Hair tie to hold your hair back. (Hair must be out of your face for both practice and games, also no earrings)
- You will be assigned a game uniform, top and bottom, which must be returned at the end of the season.

PRACTICE SCHEDULE: @ North Star Middle School Gym

1st practice is Tuesday, October 7th 3:00 - 5:00 and will remain 3:00 - 5:00pm on the 8th and 9th. No practice on Friday, Oct. 10th.

(CANCELLED) Fall Break October 13 - 17, No School- Optional practice on Tue. Oct. 14 & Thur. Oct. 16 3:00 - 4:30pm

Practice will resume on Monday, October 20th and will remain M - F 3:00 - 4:30pm.

****Parents must pick up your athlete promptly when practice ends as coaches cannot leave until all athletes have been picked up.**

Friday practices will be dependent on the team and coach. Attendance may impact playing time, please communicate with your coaches in advance.

You must have 8 practices completed before you can compete in a game. Attendance will be taken at all practices.

Sport lockers: Athletes can check out a locker from Mrs. Hodsdon or Coach Davis. Athletes are responsible for keeping their locker clean and tidy throughout the season. Locker rooms will also be checked daily after practices and home games.

Attendance:

Student athletes are required to be in attendance the entire day on game or performance days. Medical appointments, family emergencies or special circumstances will require approval of the Athletic Director or the Principal to practice or participate in a game. A student suspended from school may not participate during the time of suspension.

Transportation:

Transportation to sporting events is not provided and is the responsibility of the athlete's parents.

You may have your athlete picked up and transported to an event by another parent if a [Transportation Waiver form](#) is filled out, in advance, and given to the coach or athletic director.

Students may be picked up at the location after away games by their parent/guardian but must sign out with their coach before leaving. If athletes leave the host school (away) location without checking out with the coach, they can be suspended from playing in the next competition.

Activity Eligibility:

North Star Middle School Academic Probation: Grades will be checked before practice begins for each sports season or when a student joins a team. If a student is academically ineligible, probation will be effective immediately.

Each week grades will be submitted to the athletic director for review. During the first week of probation, he/she will be required to practice and compete in games and performances on non-tutorial days. There will be no exceptions. If, after the first week and second grade check, the athlete's grades are still not passing, he/she will be removed from probation and be subject to the "beyond the second two-week-no pass period procedures.

Beyond the Second Two-week No-pass Period:

If the athlete has not raised his/her grade within the required time (one week for middle school), he/she will not be allowed to compete in games, but will still be required to practice. There will be **no exceptions**. At the middle school level, students will be allowed to participate in competitions when their grades are acceptable. This will be verified by the principal or athletic director.

Coach Contact:

Head Girls Basketball Coach: [Matt Davis](#)

Athletic Director: [Janell Hodsdon](#)

