

evsjv`k | wek!cwiPq

wkÿK cÖwkÿY g`vbyqvj

iPbvq:-

‡gvt Rûiæj nK, we‡klÁ, †bc, gqgbwmsn
gvndzRv LvZzb, wkÿv Awdmvi, cÖv_wgK wkÿv Awa`ßi
%mq`v †di‡`Šwm †eMg, BÝU^av±i, Lyjbn wcvUAvB
nxivgb miKvi, BÝU^av±i, h‡kvi wcvUAvB

m^aúv`bvq-

‡eMg bvwmgv Lvb
DccwiPvjK (cÖwkÿY)
cÖv_wgK wkÿv Awa`ßi

mvwe©K ZËjveavq‡b:
Rbve k`vgj KwšÍ †Nvl
gnvcwiPvjK
cÖv_wgK wkÿv Awa`ßi

gyLeÜ:

th †Kvb †ckvRxexi `ÿZv Dbœq̄b Ges m†e@v”P †mev cÖ`vb wbwðZKi†Yi Rb” Zv†K cÖ†qvRbxq cÖwkÿY cÖ`vb AZ”šÍ ‚æZ;c~Y@| cÖv_wgK we”vj†qi wkÿKM†Yi †ckvMZ Ávb e„w× I `ÿZv Dbœq̄†bi Rb” AvbyôvwbKfv†e GK eQi †gqv`x wm-Bb-GW cÖwkÿY †Kvm© cÖPwjZ i†q†Q, hv mKj wkÿ†Ki Rb” eva”Zvg~jK| wkÿKMY mvaviYZ PvKwi Rxe†bi cÖ_gw`†KB G cÖwkÿYwU MÖnY K†i _v†Kb| cieZx@†Z Zv†`i †ckvMZ Ávb I `ÿZv†K mg†qvc†hvwm K†i ivLvi Rb” wKQz wKQz cÖwkÿ†Yi Av†qvRb Kiv n†j| wkÿK†`i cÖ†qvR†bi Zyjbvq Zv LyeB mxwgZ| ZvB evsjv†`†ki cÖv_wgK wkÿKM†Yi mve@ÿwbK cÖwkÿY Pwn`v c~i†Yi jÿ`gvlv wb†q cÖv_wgK wkÿv Dbœq̄b Kg@m~wP-1 Gi AvlZvq BDAviwm cÖWZôv Kivi ci cÖv_wgK wkÿv Dbœq̄b Kg@m~wP-2 Gi AvlZvq †`†ki mKj wkÿK†K cÖv_wgK wkÿvi 5wU g~j wel†qi Dci welqfwËK cÖwkÿY cÖ`vb Kiv n†qWQj| m†ú`wZ wm-Bb-GW †Kv†m@i `†j wWwcGW †Kvm© Pvjy nevi †cÖwÿ†Z evsjv†`†ki cÖv_wgK wkÿKM†Yi cÖwkÿ†Yi †ÿ†Í GKwU ^ecøweK cwieZ@b G†m†Q|

be cÖewZ@Z wWwcGW †Kvm©wU cÖv_wgK `Í†ii wkÿKM†Yi Rb” AZ”šÍ mg„× GKwU †Kvm© †hLv†b wkÿKM†Yi †ckvMZ Dbœq̄†bi Rb” wkÿYweÁvb mspvšÍ Ávb (Pedagogical Knowledge), welqÁvb (Subject Knowledge) I wbw`có welqe` Dc`vc†bi Rb” wkÿYweÁvb (Pedagogical Content Knowledge)-G wZbwU wel†qi Ac~e© mgš^q N†U†Q| m½Z Kvi†YB GLv†b wL†bi b~Zb b~Zb ZËi, wLb †kLv†bvi c×wZ I †KŠkj, b~Zb welqe` Ges Dnv †kÖwY†Z Dc`vc†bi Rb” mswkøó welqÁvb BZ`vw`i mswgkÖY N†U†Q| wWwcGW †Kvm©wU wL†bi msMVbg~jK Z†Ëi Dci wfwË K†i wWRvBb Kiv n†q†Q| d†j wLb †kLv†bvi †ÿ†Í wkÿv_@x†Kw`^aK wLb †kLv†bv wbwðZ n†e, hv wkÿv_@xi mvwe©K weKv†ki mv†_ m½wZc~Y@| bewbhy³ wkÿKMY wWwcGW †Kvm© Aa`q†bi my†hvM †c†j| B†Zvc~†e© wmBbGW cÖwkÿY MÖnY Kiv wkÿKM†Yi Rb” †m my†hvM †bB| m½Z Kvi†YB Kg©iZ wkÿKM†Yi Rb” wWwcGW Gi evZ@v †cuŠ†Q †`qv AZ”šÍ Riæix|

mgmvgwqK mg†q evsjv†`†ki cÖv_wgK wkÿv †ÿ†Í Avi GKwU hy†Mvc†hvwm cwieZ@b n†jv 2013 mvj †_†K becÖewZ@Z KwviKzjv†gi ev`levq̄b| becÖewZ@Z KwviKzjvg h_vh_fv†e we`Í†Yi Rb” wkÿK cÖwkÿY Acwinvh© n†q c†o†Q| BDAviwm KZ@„K B†Zvcy†e© †`qv welqfwËK cÖwkÿY wkÿKM†Yi eZ@gvb cÖwkÿY Pwn`v c~i†Y mÿg bq| m½Z Kvi†YB MYcÖRvZš¿x evsjv†`k miKvi cÖv_wgK wkÿv Dbœq̄b Kg@m~wP-3 Gi AvlZvq evsjv†`†ki cÖv_wgK we”vj†qi mKj wkÿ†Ki Rb” mÄxebg~jK welqfwËK cÖwkÿ†Yi Av†qvRb Ki†Z hv†”Q| G cÖwkÿ†Yi Ask wn†m†e evsjv†`k I wek`cwiPq wel†q wkÿKM†Yi cÖwkÿ†bi Rb” G gW`yjwU e`eüZ n†e|

D†jøl` cÖv_wgK `Í†ii be cÖewZ@Z KwviKzjv†g Ôcwi†ek cwiwPwZ mgvRÖ welqwUi bvg cwieZ@b K†i Ôevsjv†`k I wek`cwiPqÖ bvgKiY Kiv n†q†Q| m½Z Kvi†YB Gi welqe`†ZI e`vcK cwieZ@b G†m†Q| eZ@gvb gW`yjwU †m w`KwU we†ePbvq ††L

wWwcGW fveavivi Dci wfwĚ Kfi iwPZ nřqřQ| hv Kg©iZ mKj wkyřKi cÖwkýY
Pvwn`v c~iřY mg_© nře eřj Avkv Kwil

G g`vbyqvjwUi cÖYqb I cwigvR©řb huviv cÖZ`ÿ I cřivřvře Ae`vb řiřLřQb Zvuř`i
mKjřK RvbvB AvřwiK Awfb`b I K...ZÁZv| GwU ev`řevqřbi mvř_ AvMvgxřZ huviv
máú,³ nřeb Zvuř`i RvbvB AwMÖg mvayev`|

(k`vgj Kwšř řNvl)
gnvcwiPvjK
cÖv_wgK wkyřv Awa`ři

cÖwkýřKi Rb` wbř`©kbv

cÖv_wgK we`vjřq cwVZ welq,řjvi gřa` bvvv KviřY Ôcwiřek cwiwPwZ-mgvRÖ
welqwU weřkl ,iæZj;c~Y©| G welřq wkyřv_x©ř`i Ávb, `ÿZv I `„wófw¹/₂ AR©b
weřklfvře wbf©i Křil GRb` Ab`vb` cÖavb welřqi gZ Ôcwiřek cwiwPwZ-mgvRÖ
welřq wkyřKř`i welqfwĚK cÖwkýY Kg©m~wP nvřZ řbqv nřqřQ| G cÖwkýY
Kvh©µg c×wZMZFvře cwiPvjbvi Rb` Ôevsjvř`k I wek`cwiPqÖ wkyřK cÖwkýY
g`vbyqvjwU cÖYxZ nřqřQ| cÖwkýY Kvh©µg myôzfvře cwiPvjbvi ga` w`řq cÖwkýřYi
Kvw`LZ jÿ` I Dřřk` AR©řb cÖřZ`K cÖwkýřKi g`vbyqvjwU h_vh_fvře Aa`qb Kiv
cÖřqvRb| cÖwkýY g`vbyqvřj ewb©Z I DwjşwLZ cÖwµqv, řKřkj I `„wófw¹/₂ Abyhvqx
cÖwkýY Kvh©µg cwiPvjbv KiřZ me©`v mřPó _vKřeb|

g`vbyqvjwUi `ewkó`:

1. g`vbyqvjwU becÖewZ©Z wWwcGW fveavivq iwPZ| welqe` wbe©vPřb
wWwcGW-G wba©wviZ wkyřKřhvM`Zvi welqwU weřePbv Kiv nřqřQ|
2. wkyřKMřYi eZ©gvb Pvwn`vi K_v weřePbvq řiřL řhvM`ZvfwĚK řUó AvBřUg
cÖ`Z msřvřř Awařekb mshy³ nřqřQ|
3. Qq w`řbi Kvh©µřgi wfwĚřZ g`vbyqvjwU cÖYxZ|
4. cÖwZwU Awařekřbi řkřl cÖřqvRbxq Z`cř msřhvwrZ nřqřQ|
5. cÖwZwU Awařek mywbw`©ó Dřřk` řKw`^aK|
6. wba©wviZ Kvh©vewj I cÖwµqvi gva`řg Dřřk`/ Dřřk`mg~n AwR©Z nlqvi lci
weřkl ,iæZj Avřivc Kiv nřqřQ|
7. Dřřk`vewj AR©řb Gme KvřR ev cÖwµqvq cÖwkýYv_x©i mwµq AskMÖnřYi
lci řRvi ř`qv nřqřQ|
8. Awařekb cwiPvjbvq cÖwkýYv_x© řKw`^aK c×wZ I řKřkřji lci ,iæZj Avřivc Kiv
nřqřQ|
9. cÖwkýY Kvh©µg cwiPvjbvq cÖwkýK I cÖwkýYv_x©i eÜzZj;c~Y© řhvMvřhvM
Ges Avb`gq cwiřek m„wóřK weřkl ,iæZjř`qv nřqřQ|
10. cÖwkýřYi cÖwZwU welqe` Dc`vcřb DcKiY e`enviřK DrmvwnZ Kiv nřqřQ|

11. cÖfZ`K Awaþekb þkþl g~j`vqb l ^-AbywPšÍb þ`l hv nþqþQ|

cÖwkýþKi KiYxq:

cÖwkýþYi cÖwZwU ch©vþq cÖwkýþKi ,jæZ;c~Y© wKQz KiYxq KvR iþqþQ|
cÖwkýþYi ch©vq Abyhvqx Gme KvR DþjØL Kiv nj-

cÖwkýY iiaei AvþM-

1. cÖwkýYKÿ cwi©(vi-cwi)Qbœ wKbv Zv hvPvB Kiv| cÖþqvRþb cwi©(vi-cwi)Qbœ Kivi e`e`v þbqv|
2. cÖwkýYKþÿ Avmb web`vm wVK AvþQ wKbv ch©þeyY Kiv| cÖþqvRþb Avmb web`vm wVK Kiv| Avmb BD AvK...wZi Kiv fvj|
3. Awaþekb Dc`vcþb j`vþc l gvwëwgvWqvi e`envi bwðZ Kiv|
4. cÖwkýYKþÿ cÖþqvRbxq weþkl mvgMÖx þhgb: KvMR, þcbwmj, cþq,Uvi, cykwcb BZ`vw` iþqþQ wKbv hvPvB Kiv|
5. BþjKwU^aK l Bþj^awbK hš¿cvwZ wVKgZ KvR Kþi wKbv Zv AvþM þ_þKB hvPvB Kþi wVK Kþi þbqv|
6. cÖwkýY w`þbi Rb` cÖþqvRbxq wkÿv DcKiþYi ZvwjKv AvþMi w`b cÖYqb Kiv| cÖþqvRþb ZvwjKv Abyhvqx DcKiY `Zwi l msMÖn Kþi ivLv|
7. wewfbœ mvgMÖx l wkÿv DcKiY Awaþekþbi Kg©m~wP Abyhvqx mvwRþq ivLv|
8. w`þbi cÖwkýY Kg©m~wPi GKwU mswÿß cwiKíbv cÖYqb Kiv|

cÖwkýY PjvKvþj-

1. cÖwkýY cwiPvjbvq mKj aiþYi AvbyôvwbKZv eRvq ivLv|
2. c^awkÿK l cÖwkýYv_x AZ`šÍ eÜzZ;c~b© l mym^aúK© eRvq ivLv|
3. cÖwZwU cÖwkýY Awaþekb cÖvYešÍ ivLvi Rb` Avb>`vqK wKQz Kiv|
4. cÖwkýþYi wbqgvewj þcv÷vi þccvþi wjþL Kþÿ UvwOþq ivLv|
5. cÖwkýY Kg©kvjvi wbqgvewj myôzfvþe cvjþbi e`e`v Kiv|
6. eo Aÿþi þjLv þbg KvW© wbqwgZ e`envi Kiv|
7. cwiKíYv Ayhvqx Awaþekb cwiPvjbv Kiv|
8. me©ÿY cÖwkýYv_x©þ`i mwµq ivLv|
9. `j MVþb AvKl©Yxq wewfbœ þKšKj Aeja^ab Kiv|
10. `j MVþb cÖwkýYv_x©þ`i wewfbœ %œewkó`i mgZv iRvq ivLv, þhgb; Kgq eq`< l AwaK eqþ`i wgk^aY, bvix-cyæþli wgk^aY BZ`vw`|
11. h_vh_ l KvH©Kifvþe mgq e`envþi ,jæZi þ`qv|
12. me©`v nvwm-Lywk_vKv|
13. K_v ejv, nuvUv-Pjv Ges Dc`vcþbi gvWR©Z ÓkvixwiK fvlvÖ cÖþqvM Kiv|

14. cÖwkÿYv_x©†i k^aeY†hvM^ˆ ^†i Ges ĩ× D^ˆPvi†Y PwjZ ixwZ†Z K_v ejv|
15. hveZxq Dc^ˆvcb c×wZ I †KŠk†j cÖwkÿYv_x©/AskMÖnYKvix†i mv†_`„wóms†hvM eRvq ivLv|

w`†bi cÖwkÿY Kg©m~wP †k†l-

1. cÖwkÿYKÿ cwi©v_i-cwi^ˆQbœ ivLvi e^ˆe^ˆv MÖnY Kiv|
2. cieZx© w`†bi Rb^ˆ Avmb web^ˆvm Kiv|
3. cÖ†qvRbxq mvgMÖx mvwR†q ivLv|
4. cÖwkÿY g^ˆvbyqvj Abyhvqx cieZx© w`†bi Rb^ˆ DcKiYvw^ˆ cÖ^ˆZ I msMÖn Kiv|
5. w`†bi cÖwkÿY Kv^h©μ†gi ch©v†jvPbvcl^ˆ Zix Kiv|

cÖwkÿY †Kvm© †k†l-

1. mycvwikgvjv mn-cÖwkÿ†Yi mvims†ÿc ^Zwi K†i KZ...©cÿ†K cÖwZ†e^ˆb cÖ^ˆvb Kiv|
2. cieZ©x cÖwkÿ†Yi †ÿ†^ˆ eZ©gvb cÖwkÿ†Yi cÖwkÿYv_©xMY KZ...©K †`q mycvwik ev^ˆlevqb|

m~wPc^ˆ:

cÖ_g w`b

Awa†ekb	welq	c ^ˆ „ôv b ^ˆ ^i
Awa†ekb-1	D†Øvab	12

	cwiwPwZ I RoZvgy ³ KiY, cÖwkÿY c~e© g~j"vqb, cÖwkÿ†Yi jy" I D†Ík", cÖwkÿY Kg©kvjvi wbqgvewj	
Awa†ekb-2	evsjv†`k I wek cwiPq : wkÿvµg : cÖvwsÍK †hvM"Zv , AR©b-Dc†hvMx †hvM"Zv I wKLbdj	19
Awa†ekb-3	evsjv†`k I wek cwiPq : †k ^a wY wfwËK AR©b Dc†hvMx †hvM"ZvÔ	25
Awa†ekb-4	evsjv†`k I wek cwiPq: wKLb-†kLv†bv mvgMÖx chv©†jvPbv (wkÿK mnvwqKv - 1g I 2q †k ^a wY)	42

wØZxq w`b

Awa†ekb	welq	c„ôv bœ^i
Awa†ekb-1	evsjv†`k I wek cwiPq : wKLb-†kLv†bv mvgMÖx chv©†jvPbv (cvV"cy"ÍK I wkÿK ms"iY - 3q -5g †k ^a wY)	45
Awa†ekb-2	evsjv†`k I wek cwiPq : wKLb †kLv†bv c×wZ I †KŠkjmg~n	49
Awa†ekb-3	evsjv†`k I wek cwiPq : wbe©vwPZ cvV"vs†ki wKLb †kLv†bv c×wZ I †KŠkj wbe©vPb Ges Abykxjb (gvB†µvwUwPs)	53
Awa†ekb-4	evsjv†`k I wek cwiPq: wKLb †kLv†bvi Rb" wewfbœ ZËj I G"v†cÖv†Pi e"envi (msMVb ZËj I eûg~Lx wKLb ZËj BZ"vw`)	56

Z...Zxq w`b

Awa†ekb	welq	c„ôv bœ^i
Awa†ekb-1	evsjv†`k wek cwiPq : wKLb †kLv†bvi Rb" wewfbœ ZËj I G"v†cÖv†Pi e"envi (GwiKm†bi g†bvmvgwvRK Dbœeqb ZËj)	63
Awa†ekb-2	evsjv†`k I wek cwiPq : wKLb †kLv†bvi Rb" mswkøð DcKiY mbv ³ KiY , cÖYqb , e"envi Ges msiÿY	67
Awa†ekb-3	evsjv†`k I wek cwiPq : wKLb †kLv†bvi Rb" mswkøð AvBwmwU e"envi†hvM" DcKiY mbv ³ KiY, wWwRUvj Kb†U>U ^Zwi I e"envi	71

Awaʔekb-4	evsjvʔ`k I wek cwiPq : g~j`vqʔbi Dʔik̄, cÖKviʔf I ʔKŠkj	74
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PZz_© w`b

Awaʔekb	welq	c„ôv bʔ^i
Awaʔekb-1	evsjvʔ`k I wek cwiPq : wkLbdjwfwĚK `be©`w³K I KvVvʔgvMZ Afxÿv cÖYqb ʔKŠkj (ZvwĚ;K)	79
Awaʔekb-2	evsjvʔ`k I wek cwiPq: wkLbdjwfwĚK `be©`w³K Afxÿv cÖYqb (e`envwiK)	89
Awaʔekb-3	evsjvʔ`k I wek cwiPq: ʔhvM`ZvwfwĚK cÖkæcĭ cÖYqb I DĚicĭ g~j`vqb ʔKŠkj	92
Awaʔekb-4	evsjvʔ`k I wek cwiPq : ʔk ^a wY e`e`vcbv (aviYv, Dcv`vb I ʔKŠkj)	97

cĀg w`b

Awaʔekb	welq	c„ôv bʔ^i
Awaʔekb-1	evsjvʔ`k I wek cwiPq welʔqi cvV cwiKÍbv cÖYqb I Dbœqb (1g I 2q ʔk ^a wY)	101
Awaʔekb-2	evsjvʔ`k I wek cwiPq : cvV cwiKÍbv cÖYqb I Dbœqb (3q - 5g ʔk ^a wY)	108
Awaʔekb-3	cÖYxZ cvV cwiKÍbvi AvʔjvʔK wkLb ʔkLvʔbvi Kvh©vewji Rb` cÖ`wZ MÖnY, cvV Dc`vcv (cÖ`k©b cvV) I ch©vʔjvPbv (1g-2q ʔkÖwY)	114
Awaʔekb-4	evsjvʔ`k I wek cwiPq : cÖYxZ cvV cwiKÍbvi AvʔjvʔK wkLb ʔkLvʔbv Kvh©vewj cwiPvjv (cvV Abykxjb) I ch©vʔjvPbv (1g- 2q ʔkÖwY)	116

lô w`b

Awaʔekb	welq	c„ôv bʔ^i
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Awaþekb-1	cÖYxZ cvV cwiKÍbvi AvþjvþK wkLb þkLvþbvi Kvh©vewji Rb¨ cÖ¯wZ MÖnY, cvV Dc¯vcb (cÖ`k©b cvV) ch©vþjvPbv (3q-5g þkÖwY)	118
Awaþekb-2	evsjvþ`k wek cwiPq : cÖYxZ cvV cwiKÍbvi AvþjvþK wkLb þkLvþbv Kvh©vewj cwiPvjbv (cvV Abykxjb) ch©vþjvPbv (3q-5g þkÖwY)	120
Awaþekb-3	evsjvþ`k wek cwiPq : wkLb-þkLvþbv KvþR wkyþKi mgvRþeva gvbweK g~j`þevþai cÖfve	122
Awaþekb-4	evsjvþ`k wek cwiPq : mgvRm`m`þ`i mvþ_ we`vjþqi mym¸úK© m,,wói þKŠkj	125
Awaþekb-5	cÖwkÿY DËi g~j`vqb mgvcbx Awaþekb	128

cÖwkÿY Kg©m~wP:

cÖ_g w`b

mgq	welq/Kvh©µg
8:30 - 9:30	þiwRþ`akb DþØvab
9:30 - 11:00	cwiwPwZ RoZvgy³KiY, cÖwkÿY c~e© g~j`vqb, cÖwkÿþYi jÿ¨ Dþÿk¨, cÖwkÿY Kg©kvjvi wbqgvewj
11:00 - 11:30	Pv weiwZ
11:30 - 1:00	evsjvþ`k wek cwiPq : wkyvµg : cÖvwsÍK þhvM¨Zv , AR©b-DcþhvMx þhvM¨Zv wkLbdj
1:00 - 2:00	ga`vÿ weiwZ
2:00 - 3:30	evsjvþ`k wek cwiPq : þkªwYwfwËK AR©b DcþhvMx þhvM¨ZvÔ
3:30 - 3:45	Pv weiwZ
3:45 - 5:15	evsjvþ`k wek cwiPq: wkLb-þkLvþbv mvgMÖx chv©þjvPbv (wkyK mnvwqKv - 1g 2q þkªYx)

wØZxq w`b

mgq	welq/Kvh©µg
9:00 - 11:00	evsjvþ`k I wek cwiPq : wkLb-þkLvþbv mvgMÖx chv©þjvPbv (cvV`cy`ÍK I wkÿK ms`iY - 3q -5g þk ^a wY)
11:00 - 11:30	Pv weiwZ
11:30 - 1:00	evsjvþ`k I wek cwiPq : wkLb wkLþbv c×wZ I †KŠkjmgn
1:00 - 2:00	ga`vÝ weiwZ
2:00 - 3:30	evsjvþ`k I wek cwiPq : wbe©vwPZ cvV`sþki wkLb †kLvþbv c×wZ I †KŠkj wbe©vPb Ges Abykxjb (gvBþµvwUwPs)
3:30 - 3:45	Pv weiwZ
3:45 - 5:15	evsjvþ`k wek cwiPq: wkLb †kLvþbvi Rb` wewfbœ ZËj I G`vþcÖvþPi e`envi (msMVb ZËj I eûg~Lx wkLb ZËj BZ`vw`)

Z...Zxq w`b

mgq	welq/Kvh©µg
9:00 - 11:00	evsjvþ`k wek cwiPq : wkLb †kLvþbvi Rb` wewfbœ ZËj I G`vþcÖvþPi e`envi (GwiKmþbi gþbvmvgvwRK Dbœqb ZËj)
11:00 - 11:30	Pv weiwZ
11:30 - 1:00	evsjvþ`k I wek cwiPq : wkLb †kLvþbvi Rb` mswkøó DcKiY mbv³KiY , cÖYqb , e`envi Ges msiyY
1:00 - 2:00	ga`vÝ weiwZ
2:00 - 3:30	evsjvþ`k I wek cwiPq : wkLb †kLvþbvi Rb` mswkøó AvBwmwU e`enviþhvM` DcKiY mbv³KiY, wWwRUvj KbþU>U `Zwi I e`envi
3:30 - 3:45	Pv weiwZ
3:45 - 5:15	evsjvþ`k I wek cwiPq : g~j`vqþbi DþÏk`, cÖKviþf I †KŠkj

PZz_© w`b

mgq	welq/Kvh©µg

9:00 - 11:00	evsjvꝥ`k wek cwiPq : wkLbdjwfwĒK ^be©`w³K KvVvꝥgvMZ Afxÿv cÖYqb †KŠkj (ZvwĒjK)
11:00 - 11:30	Pv weiwZ
11:30 - 1:00	evsjvꝥ`k wek cwiPq : wkLbdjwfwĒK ^be©`w³K Afxÿv cÖYqb (e`enwvwiK)
1:00 - 2:00	ga`vÿ weiwZ
2:00 - 3:30	evsjvꝥ`k wek cwiPq : ꝥhvM`ZvwfwĒK cÖkœcĬ cÖYqb DĒicĬ g~j`vqb †KŠkj
3:30 - 3:45	Pv weiwZ
3:45 - 5:15	evsjvꝥ`k wek cwiPq : ꝥkªwY e`e`vcbv (aviYv, Dcv`vb †KŠkj)

cĀg w`b

mgq	welq/Kvh©µg
9:00 - 11:00	evsjvꝥ`k wek cwiPq welꝥqi cvV cwiKÍbv cÖYqb Dbœaqb (1g 2q †kªwY)
11:00 - 11:30	Pv weiwZ
11:30 - 1:00	evsjvꝥ`k wek cwiPq : cvV cwiKÍbv cÖYqb Dbœaqb (3q - 5g †kªwY)
1:00 - 2:00	ga`vÿ weiwZ
2:00 - 3:30	cÖYxZ cvV cwiKÍbvi AvꝥjvꝥK wkLb †kLvꝥbvi Kvh©vewji Rb` cÖ`wZ MÖnY, cvV Dc`vcv (cÖ`k©b cvV) ch©vꝥjvPbv (1g-2q †kÖwY)
3:30 - 3:45	Pv weiwZ
3:45 - 5:15	evsjvꝥ`k wek cwiPq : cÖYxZ cvV cwiKÍbvi AvꝥjvꝥK wkLb †kLvꝥbv Kvh©vewj cwiPvjbv (cvV Abykxjb) ch©vꝥjvPbv (1g-2q †kÖwY)

lô w`b

mgq	welq/Kvh©µg
9:00 - 11:00	cÖYxZ cvV cwiKÍbvi Av†jv†K wkLb †kLv†bvi Kvh©vewji Rb` cÖ`wZ MÖnY, cvV Dc`vcb (cÖ`k©b cvV) ch©v†jvPbv (3q-5g †kÖwY)
11:00 - 11:30	Pv weiwZ
11:30 - 1:00	evsjv†`k wek cwiPq : cÖYxZ cvV cwiKÍbvi Av†jv†K wkLb †kLv†bv Kvh©vewj cwiPvjv (cvV Abykxjb) ch©v†jvPbv (3q-5g †kÖwY)
1:00 - 2:00	ga`v`y weiwZ
2:00 - 3:00	evsjv†`k wek cwiPq : wkLb-†kLv†bv Kv†R wky†Ki mgvR†eva gvbweK g~j`†ev†ai cÖfve
3:00 - 4:00	evsjv†`k wek cwiPq : mgvRm`m`†`i mv†_ we`vj†qi mymµúK© m,,wói †KŠkj
4:00 - 4:15	Pv weiwZ
4:15 - 5:00	cÖwkÿY DËi g~j`vqb mgvcbx Awa†ekb

w`b-1

Awa†ekb-1

**1| wk†ivbvg: cwiwPwZ, cÖvK g~j`vqb, cÖwkÿ†Yi D†Ík` | cÖwkÿ†Yi
wbqgvewj:**

2| **g~jwelq:** cÖwkÿ†Y cÖwkÿYv_x©†`i ^Z:úZ© AskMÖnY GKw`†K †hgb cÖwkÿY
Kvh©µg†K myôz,my`i | mvewjfv†e cwiPvjv Kiv mnR nq Aciw`†K cÖwkÿ†Yi D†Ík`
AR©†b cÖwkÿYv_x©MY DØyx | m†Pó nb| cÖwkÿ†Yi cÖ_g w`b wewfbœ cÖwZôvb
†_†K AvMZ AskMÖnYKvixM†Yi †ekxifvMB wb†R†`i g†a` cwiPq ev †PbvRvbv _v†K
bv| d†j A†b†Ki g†a` wKQyUv RoZv weivR K†i | GB RoZv h_vmµøe `~i Kivi gva`†g
Avb>`Nb cÖwkÿY cwi†ek m,,wó Ki†Z cvi†jB cÖwkÿbv_x©†`i mwµq | AvšÍwiK
&&AskMÖnY Avkv Kiv hvq| gwR©Z nvm`im m,,wó ev Avb>`vqK †Kvb Kv†Ri gva`†g
cÖwkÿYv_x©†`i mv†_ fve wewbgq | cwiPq NU†j Avb>`Nb | AvšÍwiK cwi†ek m,,wó nq|
ZvQvov cÖwkÿ†Yi jÿ` | D†Ík` AR©†b cÖwkÿYvw©_†`i Ávb, `ÿZv | `,,wófw½ Rvbvi Rb`
cÖwkÿYc~e© g~j`vqb Lye ,iyZ;c~Y©| GKB mv†_ cÖwkÿ†Yi iiy†Z cÖwkÿ†Yi jÿ` ,

Dþík I wbqgvejx mʳúþK© mýúó aviYv jvf Kiþj AskMÖnYKvixMY cÖwkýY MÖnþb mþPó, AvšlwiK I wbðvevb nþq lþVb | GþZ cÖwkýYwU nþq lþV mv_©K I djcÖm~|

3| mgq: 1 N›Uv 30 wgwbu

4| **wkLb dj:** G Awaþekb þkþl AskMÖnYKvixMY-

- wbþRþ`i gþa` cwiwPZ nþeb| RoZvgý³ nþq cÖwkýþY AskMÖnY KiþZ cviþeb|
- cÖwkýþYi Dþík` e`vL`v KiþZ cviþeb|
- cÖwkýþYi wbqgvewj ejþZ cviþeb|

5| **DcKiY:** þbgKvW©, gvK©vi, gvwëgwWqv/þcv÷vi þccvi, mvBbþcb, cykwcb, cÖvK-g~j`vqbcî cÖkœcî, c,,_Kfvþe cÖwkýþYi Dþík` þjLv PvU©, cÖwkýþYi wbqgvewj þjLv PvU©, j`vcUc, gvwëgwWqv BZ`vw`|

6| **c×wZ/þKŠkj:** þeªBb ÷w©g©s, cÖþkœvËi,AvþjvPbv, GKK I `jxq KvR, þcøbvwiþZ AvþjvPbv|

7| **Awaþekþbi weeiY:**

KvR-1 RoZvgý³ cwiþek m, wói gva`þg cÖwkýYv_x©þ`i cwiPq

mgq-30 wgwbu

- 1.1 cÖwkýY Kþý cÖþek Kþi iyyþZ mKjþK `^vMZ Rvbvb I Kzkj wewbgq Kiyb|
- 1.2 Gevi mKj AskMÖnYKvixþK cÖwkýYKþý e,,ËvKvþi `vuovþZ ejyb| mKjþK ejyb AskMÖnYKvixMY wbþRiv hvi gvþS meþPþq þewk wj LyuþR cvb (þhgb: GKB iKg þcvkvK, GKB isþqi kvox wKsev bwKqv þgvevBj þmU e`envi Kþib wKsev GKB iKg RyZv cþiþQb ev GKB iKg AjsKvi cþiþQb Ggb) GKRB m½x/eÜz þeþQ wbþZ nþe|
- 1.3 Gevi GKRB AskMÖnYKvixþK e,,þËi gvþS AvmþZ ejyb Ges ZvþK GKRB m½x/eÜz þeþQ wbþZ ejyb hvi gvþS wZwb meþPþq þewk wj LyuþR cvb |
- 1.4 eÜz/m½x evQvB þkl nþj Zvþ`i cvkvcvkw/þRvovq emþZ ejyb|
- 1.5 Gfvþe cÖþZ`KþK eÜz/m½x LyþR wbþZ ejyb| hw` Kvþiv þRvov bv þgþj wZwb cÖwkýK/mnvqþKi mvþ_ þRvov þgvþeb|
- 1.6 þRvovq wbþRiv wbþRþ`i mʳúþK© 2 wgwbu e`w³MZ þLvurLei (þhgb: wbþRi bvg ,cÖwZðvþbi bvg, PvKwii eqm BZ`vw`) wbþZ ejyb|
- 1.7 Gevi cÖþZ`K þRvovþK Zviv wbþRþ`i gþa` Kx wj LyuþR þcþqþQ Zv DþjØL Kþi Zvui eÜzi cwiePq w`þZ ejyb|
- 1.8 Gfvþe cwiPq cþe© þh þRvovq meþPþq þewk wj cvlqv þMþQ Zvþ`i Rb` mvgvb` Dcnvþii e`ve`v Kiv þþZ cvþil cwiPq ce© þkl nþj cieZx© KvH©µg iyy Kiyb|

KvR: 2 cÖwkÿY c~e© g~j"vqY
wgwbU

mgq-20

- 2.1 cÖþZ"KþK GKwU Kþi cÖwkÿY c~e© g~j"vqb cÖkæcÎ mieivn Kiyb|
- 2.2 cÖþZ"KþK GKvKx wPšÍv Kþi DËi wjLþZ ejyb|
- 2.3 DËi tjlV tkl nþj tm,þjv msMÖn Kiyb Ges w`þbi cÖwkÿY tþkþl DËicÎ AbymiþY tm,þjv g~j"vqb Kiyb|

KvR: 3 cÖwkÿþYi Dþík" eY©bv Kiv
mgq-20 wgwbU

- 3.1 cÖþZ"KþK GKwU wfc KvW© mieivn Kiyb| Gevi Óevsjvþ`kl wek| cwiPqÓ welqwfWËK cÖwkÿþY Avgiv tKb GþmwQ Zv cÖþZ"KþK wPšÍv KiþZ ejyb|
- 3.2 Gevi cÖþZ"KþK 3wU kþã GKwU Kþi Dþík" wfc KvþW© wjLþZ ejyb|
- 3.3 AskMÖnYKvixþ`i mnvqZvq KvW©,þjv msMÖn Kþi tevþW© cyk wcb w`þq cici jvwMþq w`b|
- 3.4 c~þe© `ZwiK...Z PvU©/ ¯øvBþWi mnnvþh" cÖwkÿþYi Dþík" Dc`vcb Kiyb| AZtci AskMÖnYKvixþ`i tjlV KvW©,þjvi mvþ_ mgš^q Kþi þcøbvwiþZ AvþjvPbv Kiyb|
- 3.5 Dþík" mþúwK©Z PvU© cÖwkÿY Kþyi GKwU wbw`©ó RvqMvq UvwOþq ivLyb|

KvRt 4 cÖwkÿþYi wbqgvewj wba©viY Kiv
mgq-20 wgwbU

- 4.1: cÖwkÿþY Kx Kx wbqg tþgþb Pþjþ cÖwkÿY myðzfvþe cwiPvwjZ nþe Zv cÖwkÿYv_x©þ`i KþþQ RvbþZ Pvb|
- 4.2 cÖþZ"KþK GKwU Kþi wbqg tevþW© wjLþZ ejyb|
- 4.3 þcøbvwiþZ c~þe© tZwi Kiv cÖwkÿþYi wbqgvewj msþvšÍ PvU©/gvwëwgwWqvq cÖ`k©b Kiyb| tevþW©i tjlV wbqg,þjvi mvþ_ mgš^q Kiyb|
- 4.4 cwiþkþl cÖwkÿþYi wbqgvewji c~b©v½ PvU© GKRBþK tRvþi tRvþi coþZ ejyb| Gici mKjþK Dþík" Kþi ejyb cÖwkÿþY Avgiv GmKj wbqg tþgþb PþeÓ|

cwiwkó:
mnvqK Z_-1: g~j"vqbcí
Ôevsjv`k I wek| cwiPq Ô

Zwilt
bvg t
‡iwRt bs:
c~Y©gvb: 20

mgq:20 wgwbu

[wet`at cÖkœc‡îi wbw`©ó `v‡b DËi wjLyb| mKj cª‡kœi gvb mgvb]
1.cÖwšÍK †hvM`Zv Kv‡K e‡j?

2.Ôevsjv`k I wek| cwiPq Ôwel‡qi `yÔwU cÖwšÍK †hvM`Zv wjLyb|
K.

L.

3. Ôevsjv`k I wek| cwiPq ÔwkÿK mnvwqKv Ges wkÿK ms`i‡Yi `yÔwU K‡i
`ewkó" wjLyb|

3.1 wkÿK mnvwqKv
K.

L.

3.2 wkÿK ms`iY

K.

L.

4. Ôevsjvţ`k l wek! cwiPq Gi wkLb-ţkLvţbv KvR cwiPvjbvi Rb" thţKvb `yÔwU wkÿv_x©ţKw>`aK c×wZi bvg wjLyb|

K.

L.

5. GwiK GwiKmţbi mvgvwRKxKiY cÖwµqvi avcmg~n wjLyb|

1 .		5.	
2 .		6.	
3 .		7.	
4 .		8.	

6. Ôevsjvţ`k l wek! cwiPqÔ welţqi wkLb ţkLvţbv Kvh©µg cwiPvjbvi ţÿţÎ tk^awY e^evcbvi PviwU ţKŞkj wjLyb|

K.

L.

M.

N.

7. cÂg ţkw^aYi ÔAvgvţ`i gyw³hy×Ô cvVwU Dc[̄]vcţb Kx Kx wkLb-ţkLvţbv c×wZ l ţKŞkj e^eenvi Kiv hvq?

(AşÍZ PviwU DţjØL Kiæb)

K.

L.

M.

N.

8. Ôevsjvţ`k l wek! cwiPqÔ welţqi wkLb ţkLvţbv Kvh©µg cwiPvjbvi ţÿţÎ cÖavb ţKvb& ţKvb& w`K weţePbvq ţiţL DcKiY wbe©vPb Kiţeb ?

K.

L.

9. MvVwbK g~j`vqb I mvgwóK g~j`vqb KvþK eþj?

10. wkýþKi mgvRþeva I gvbweK g~j`þevþai cÖfve we´lvþii 4wU þKŠkj wjLyb|

mnvqK Z_-2: g~jvqb DĚicĤ **Ôevsjvþ`k I wek| cwiPqÕ**

1. cÖv_wgK ´li þkþl wkýv_x© KZ©,K AR©b DcþhvMx Ávb, `ýZv I `„wófw½i mgš^q nj cÖvwsĤK þhvM´Zv|
2. þ`k I wek| cwiPqÕ welþqi þh þKvb `yÖwU cÖvwsĤK þhvM´Zv DþjØL KiþZ cviþjB DĚi mwVK eþj weþewPZ nþe|
3. 3.1 wkýK mnvwqKvi %ewkó`-
 - K. evsjvþ`þk cÖv_wgK we´´vjþq cÖ_g I wØZxq þk^awYþZ Ôevsjvþ`k I wek| cwiPqÕ Gi þKvb cvV´cy´ĤK þbB| Ôevsjvþ`k I wek| cwiPqÕ wkýK mnvwqKv weKí wnþmþe cÖavb wbþ`©kbv mvgMÖxi f~wgKv cvjb Kþi|
 - L. GþZ Ôevsjvþ`k I wek| cwiPqÕ welþqi cÖvwsĤK þhvM´Zv, wkLbdj, welqe´, wkLb-þkLvþbv KvH©vej I wkýv_x© g~j`vqþbi we´lvwiZ weeiY iþqþQ|
- 3.2 wkýK ms´ciþYi ^ewkó` -

K. cvV`cy`IK c×wZMzfve e`envþii gva`þg ,YMZ gvbmaúboe
 wkLb-þkLvþbvi KvR cwiPvjvbi Rb` wkýK ms`ciY cÖYqb Kiv nq|
 L. Ôevsjvþ`k I wek! cwiPqÖ wewfbœ þk^aYxþZ AR©b DcþhvMx
 þhvM`Zv I wkLbdj AR©b Ges wkýv_x© g~j`vqþþ wkýþKi mwwe©K
 w`K wbþ`©kbv wkýK ms`ciþY DþjØL iþqþQ|

4. K. c^aþR± c×wZ
 L. Awfbq cÖ×wZ|
5. GwiKmfþbi mvgvwRKxKiY cÖwµqvi 8wU avc wb^aœifc:
1| þgŠwjK wek!vm ebgv Awek!vm (Basic Trust versus Basic Mistrust)
2| ^vaxbZv ebgv j³/v I mþ`nþeva (Autonomy Versus Shame & doubt)
3| Drmvn ebgv Acivaþeva (Initiative Versus Guilt)
4| Aa`emvq ebgv nxbg`Zv (Industry Versus Inferiority)
5| AvZ×cwiPqþeva ebgv f~wgKvi ØÛ (Identity Versus Role confusion)
6| NwbôZv I msnwZ ebgv GKvKxZi (Intimacy and solidarity Versus Isolation)
7| Drcv`bkxjZv ebgv wbðjZv (Generativity Versus Self-Absorption)
8| c~Y©Zv ebgv nZvkv (Integrity Versus Despair)

6. K. Avmb web`vm
 L. `jMZ wkLb
 M Ôevsjvþ`k I wek! cwiPq welqfwËK DcKiY w`þq þk^aYxKy mw³/4ZKiY
 N. weþklPvwn`vmaúboe wkiþ`i cÖwZ weþkl bRi ivLv|

7. c×wZ I þKŠkj
 K. gyw³hyþxi Qwe msMÖn Kþi cÖ`k©bxi gva`þg
 L. gyw³hyþxi Kvwnbxi Dci wfwË Kþi f~wgKvwfbq
 M. gyw³hyþxi kwn`þ`i Qwe msMÖn Kþi ZvwjKv ^Zix Kiv
 N. K~vþm `vbxq gyw³þhv×vþK Avgš¿b Rvwbþq Zvui AwfÁZv þkvbv|

8. K. wkLbdj
 L. c×wZ/þKŠkj

1. wkLb þkLvþbv KvþR mnvqZv þ`qvi Rb` cÖwZw`b cvV PjvKvjxb mgþq
 wkýv_©xi cvV AMÖMwZi þh g~j`vqb Kiv nq þmUv nj MvVwbK gyj`vqb| Avi
 GKwU wbw`©ó mgþqi cVb-cvVb þkþl þh g~j`vqb Kiv nq ZvþK mvgwóK
 g~j`vqb eþj| þhgb: evwl©K cixýv, Uvg© dvBbvj cixýv|
2. wkýþKi mgvRþeva I gvbweK g~j`þevþai cÖfve we`Ívþii 4wU þKŠkj wb^aœifc-
 - fvj KvþRi Rb` wkiþK cÖksmv Kiv
 - wkiþK fvj AvPiY wkLþZ AbycÖvwYZ Kiv
 - wbRþK AbyKiYxq Av`k© e`w³Zi wnþmþe Dc`vcb Kiv
 - wkiþK wbivc` cwiþek cÖ`vb Kiv

- Abyjfc DËi

mnvqK Z_-3: cÖwkÿtYi Dtłk

wmBbGW l wWwcGW cÖwkÿY MÖnŁYi ci cÖv_wgK wkÿKŁi cÖK...ZcŁtÿ Avi ŁKvb cÖvWZövwBk cÖwkÿY MÖnŁYi myŁhvM _vŁK bv| wKš' ŁkÖwYKŁtÿi wKlb c×wZ l ŁKškj wek!e"vcx cÖwZwbqZ cwiewZ©Z nŁ"Q| RvZxq RxeŁbi jÿ" l DŁk" Ges bvMwiKŁi RxebŁeva l RxebvPiY mgŁqi mvŁ_ mvŁ_ e'Łj hvŁ"Q| m„ó l cwiewZ©Z G bZzb bZzb a"vb-aviYv Ł_ŁK AvgvŁi wkÿKMY hvŁZ wcvQŁq bv _vŁKb Łm jŁtÿ" cÖv_wgK wkÿv Dbœqb Kg©m~wP-3 Gi AvlZvq wkÿKŁi cÖwkÿY-Pvwn"vi AvŁjvŁK welqfwËK cÖwkÿY ev"evqb Kiv nŁe| cÖv_wgK wkÿv Dbœqb Kg©m~wP-1, cÖv_wgK wkÿv Dbœqb Kg©m~wP-2, AvBwWqvj l Gw÷g cÖKŁi AvlZvq welqfwËK cÖwkÿY cÖ"vb Kiv nq|wKš' wkÿvµg cwigvR©b l bZzbvV"cy"İK cÖYqb wWŁcøvgv Bb cÖvBgwi GWzŁKkb (wWcGW), wkÿYweÁvwelqK Ávb AR©Łbi jŁtÿ" welqfwËK cÖwkÿY bZzb Avw"½ŁK cÖ"vŁbi cwikÍbv MÖnY Kiv nŁqŁQ| **ÖevsjvŁk l wek! cwiPqÖwelqK cÖwkÿY mgvwŁi ci AskMÖnYKvixMY-**

- 1.ÖevsjvŁk l wek! cwiPqÖ-wkÿvµŁgi cÖavb w`K,Łjv DŁjØL KiŁZ cviŁeb|
- 2.evsjvŁk l wek! cwiPqÖwelŁqi wewfbœ wKlb-ŁkLvŁbv mvgMÖxi aiY, ^ewkó" l Zvrch© eY©bv KiŁZ cviŁeb|
- 3.ÖevsjvŁk l wek! cwiPqÖ- wKlb-ŁkLvŁbv KvŁRi DcŁhvMx/Kvh©Ki cvVwfwËK c×wZ l ŁKškj wbe©vPb KiŁZ cviŁeb|
4. evsjvŁk l wek! cwiPq: wKlb ŁkLvŁbvi Rb" wewfbœ ZËj l G"vŁcÖvŁPi e"envi (msMVb ZËj l eûg~Lx wKlb ZËj GwiKmŁbi gŁbvµvgwRK Dbœqb ZË BZ"vw") KiŁZ cviŁeb|
- 5.evsjvŁk l wek! cwiPq : wKlb ŁkLvŁbvi Rb" mswkøó DcKiY mbv³KiY , cÖYqb , e"envi Ges msijŁYi ŁKškj AvqZj KiŁZ cviŁeb|
6. evsjvŁk l wek! cwiPq : wKlb ŁkLvŁbvi Rb" mswkøó AvBwmwU e"enviŁhvM" DcKiY mbv³KiY, wWwRUvj KbŁU>U ^Zwi l e"envi KiŁZ cviŁeb|
7. ÖevsjvŁk l wek! cwiPqÖwelŁqi cÖ_g Ł_ŁK cÂg ŁkªYxi welqe" mªúŁK© aviYv jvf KiŁZ cviŁeb|
- 8.ÖevsjvŁk l wek! cwiPqÖwelŁqi DcŁhvMx Av`k© ŁkªYx e"e"vcbvi aviYv AR©b KiŁZ cviŁeb|
- 9.ÖevsjvŁk l wek! cwiPqÖ welŁq wkÿv_x©Łi ŁhvM"Zv/wKlbDj AR©Łbi h_vh_ c×wZ l ŁKškj DŁjØL KiŁZ cviŁeb| Gme c×wZ l ŁKškj `ÿZvi mvŁ_ cÖŁqvM KiŁZ cviŁeb|
- 10.ÖevsjvŁk l wek! cwiPqÖ wkÿŁKi cÖ"wiZi w`K DŁjØL KiŁZ cviŁeb|
- 11.ÖevsjvŁk l wek! cwiPqÖ welŁqi cvV cwikÍbv cÖYqb KiŁZ cviŁeb|
- 12.%oZwiK...Z cvV cwikÍbv Abyhvqx wKlb- ŁkLvŁbv Kvh©µg cwiPvjbv KiŁZ cviŁeb|
- 13.ÖevsjvŁk l wek! cwiPqÖ welŁqi wKlb-ŁkLvŁbv wewfbœ cÖwµqv AvqËj KŁi Zv djcÖm~fvŁe cÖŁqvŁMi BwZevPK `„wófw"½ l `ÿZv AR©b KiŁeb|
14. evsjvŁk l wek!cwiPq : g~j"vqŁbi DŁk", cÖKviŁf DŁjØL KiŁZI wKlbDjwfwËK ^be©"w³K l KvVvŁgvMZ Afxÿv cÖYqb KiŁZ cviŁeb|

15. evsjv`k l wek! cwiPq: þhvM`ZvwfwËK cÖkœcÎ cÖYqb l DËicÎ g~j`vqb †KŠkj AvqZ; Kþi Kg@þÿþÎ cÖþqvM KiþZ cviþeb|

16. evsjv`k l wek! cwiPq : wkLb-þkLvþbv KvþR wkyþKi mgvRþeva l gvbweK g~j`þevþai cÖfve eySþZ mÿg nþeb|

17. mgvR m`m`þ`i mvþ_ we`vjþqi mymœúK© m„wói †KŠkj †Rþb Zv KvþR jvMvþZ cviþeb|

mnvqK Z_-3: cÖwkÿYKþÿi wbqgvewj:

- cÖwZw`b h_vmgþq cÖwkÿYKþÿi AvMgb l Ae`vb|
- mgq †gþb Pjv|
- mKj Kg@KvþÛ DØy× nlqv , gþbvþhvMx_vKv l BwZevPK gþbvfe †cvlb Kiv|
- mnvqþKi KvþR cÖþqvRbxq mnvqZv Kiv|
- &Awaþekb wfwËK wewfbœ KvþR mwµq AskMÖnY Kiv|
- cÖ`Ë wewfbœ KvR `vwqþZji mvþ_ mœúv`b Kiv|
- mKþj GKmvþ_ cÖkœ bv Kþi cÖkœ KiþZ nvZ †Zvjv|
- `^Zt`d~Z©fvþe cÖkœ Kiv l cÖþkœi DËi †`qv|
- Aþb`i K_v ejvi mgq wbþR K_v bv ejv|
- Aþb`i gZvgZþK ,iyZi †`qv|
- mywPwšÍZ gZvgZ cÖ`vb Kiv|
- cÖwkÿYKþÿi cwiþek cwi`Qbœ ivLv|
- cvþki AskMÖnYKvixi mvþ_ Ah_v K_v bv ejv ev Mí bv Kiv|
- cÖþqvRbxq †dvivi, c`vW, Kjg BZ`vw` cÖwZw`b cÖwkÿYKþÿi mvþ_ wbþq Avmv |
- þgvevBj †dvb eÜ ivLv|

w`b 1
Awaʔekb-2

1| **Awaʔekʔbi wkʔivbvq: evsjvʔ`k I wek! cwiPq wkÿvµg**

2| **g~jwelq:** wkÿvµg nʔjv ʔKvb ʔiʔii wkÿvi GKwU mvwe©K cwiKíbv| wkii wkÿv jvʔfi mvgwMÖK AvʔqvRʔb wkÿvµʔgi ,jæZic~Y© f~wgKv iʔqʔQ| wkÿvµʔg wkÿvi jÿ", Dʔík", wkLbdj, welqe", wkLb-ʔkLvʔbv cÖwµqv, g~j"vqY c~wZ BZ"vw` DʔjØL _vʔK| evsjvʔ`ʔki cÖv_wgK ʔiʔi eZ©gvʔb ʔhvM"ZvwfwËK wkÿvµg Pvjy iʔqʔQ| wkii Rxeʔbi Ávb, `ÿZv, `„wóf½x AR©ʔbi gva"ʔg ZvʔK mgvʔRi ʔhvM" m`m" wnʔmʔe Mʔo ʔZvjvi jʔÿ" 1992 mvʔj cÖ_g ʔhvM"Zv wfwËK wkÿvµg cÖeZ©b Kiv nq| cieZx©ʔZ 2002 mvʔj wkÿvµg cwigvR©b Kiv nh| 2012 mvʔj cybivq wkÿvµg cwigvR©b nq| 2012 mvʔj cwigvwR©Z wkÿvµʔg cÖv_wgK wkÿv jÿ", Dʔík", cÖvšÍKʔhvM"Zv BZ"vw` Rvbvi mvʔ_ mvʔ_ evsjvʔ`k I wek!cwiPq welʔqi wkÿvµʔgi GKwU mg"K aviYv jvf Kiv wkÿʔKi Rb" Riæix| KviY wkii mvgvwRK weKvk AR©ʔbi gva"ʔg Zvi e"vʔZj c~Y©-weKvk mvab I AvRxeb wkLʔbi wfwË `Zwi Kiv evsjvʔ`k I wek!cwiPq wkÿʔKi `vwqZj| wkʔK mgvʔR `vwqZj| m„Rbkj bvMwiK wnʔmʔe `vwqZj I KZ©e" cvjʔbi gva"ʔg ZvʔK Dcʔhvwm Kʔi Mʔo ʔZvjv evsjvʔ`k I wek! cwiPq wkÿvi Dʔík"| Avi djcÖm~ wkLb ʔkLvʔbv Kvh©µg cwiPvjvbi gva"ʔgB G jÿ" AR©b Kiv mæʔe| KvrwU ev"levqʔb ʔ^"Q I cwic~Y© aviYv _vKv evsjvʔ`k I wek!cwiPq welʔqi wkÿʔKi Rb" AZ"šÍ cÖʔqvRb| G mKj KviY weʔePbv Kʔi G Awaʔekʔbi AvʔqvRb|

3| **mgq: 1 N»Uv 30 wgwbu**

4| **wkLb djt**

- cÖv_wgK wkÿvi jÿ I Dþÿk mæúþK© aviYv jvf KiþZ cviþeb |
- cÖv_wgK wkÿvi cÖvšÍK þhvM"Zv,þjv Rvbþeb I cÖv_wgK wkÿvi cÖvšÍK þhvM"Zv þ_þK Ôevsjvþ`k I wek|cwiPqÖ mswkøó cÖvšÍK þhvM"Zv,þjv wPwýZ KiþZ cviþeb|
- evsjvþ`k I wek|cwiPq welqwUi cÖvšÍK þhvM"Zv DþjØL KiþZ cviþeb|
- þhvM"ZvfwËK wkÿvµg mswkøó Ôkãmg~nÖ e"vL"v KiþZ cviþeb|

5| **DcKIY:** gvK©vi, gvwëwgwWqv, þcv÷vi, mvBbþcb, cykwcb, j"vcUc BZ"vw`|

6| **c×wZ/þKŠkj:** þe^aBb ÷w©gs, cÖþkœvËi, AvþjvPbv, GKK I `jxq KvR, þcøbvwi|

7| **Awaþekþbi weeiY:**

KvR-1 cÖv_wgK wkÿvi jÿ I Dþÿk mæúþK© aviYv jvf Kiv

mgq: 30 wgwbu

- 1.1 Avb>`vqK KvþRi gva`þg Awaþekþbi m~Pbv Kiæb| Gici AskMÖnYKvixþ`i wbKU wbþPi cÖkœwU Kiæb|
ÔcÖv_wgK wkÿvi jÿ Kx?Ö
- 1.2 GK wgwbu wPšÍv KiþZ ejyb| 4/5 Rþbi wbKU þ_þK DËi ïbyb|
- 1.2 Gevi c~þe© cÖy"ZK...Z cÖv_wgK wkÿvi jÿ þjLv PvU©/gvwëwgwWqvq Dc"vcb Kiyb|
- 1.3 cÖwÿYv_x©þ`i aviYv cwi"vi Kivi jþÿ Zvþ`iþK cÖkœ KiþZ DrmvwnZ Kiyb|
- 1.4 AskMÖnYKvixþ`i 4/5wU `þj fvM Kiæb Ges mnvqK Zþ_" ewY©Z c~þe© dþUvKwc Kiv Dþÿk",þjv cÖwZ `þj weZiY Kiyb|
- 1.5 `þj KvR Kivi Rb" wbœ ewY©Z Kg©cÍ þevþW© wjþL w`b|

Kvh©cÍ-1

1. cÖv_wgK wkÿvi Dþÿk KqwU?
2. Dþÿk",þjvi gþa" KqwU evsjvþ`k I wek|cwiPq mswkøó?
3. evsjvþ`k I wek|cwiPq mswkøó Dþÿk",þjvi µwgK bœ^imn Dþÿk",þjv wK wK ?

1.6 `jxq KvR þcøbvwiþZ AvþjvPbv Kiæb| `jxq Dc"vcbvvi þKvb cv_©K" cwijwýZ nþj AvþjvPbvi gva`þg aviYv cwi"vi Kiæb|

cwigvwR©Z wkÿvµþg cÖv_wgK "Íþii Rb" 13wU
Dþÿk" wba©viY Kiv nþqþQ| Gi gþa" 9wU evsjvþ`k
I wek|cwiPq mswkøó| G,þjv nþjv
1,6,7,8,9,10,11,12,13

KvRt 2 evsjvþ`k I wek| cwiPq welqwUi cÖvšÍK þhvM"Zv wPwýZ Kiv

mgq: 30 wgwbu

2.1 wbþPi cÖkœwUi gva`þg AvþjvPbvi m~ÍcvZ Kiæb

cÖvšÍK †hvM"Zv ej†Z Kx †evSvq?

2.2 %øPq†bi wfwĚ†Z 2/3 R†bi wbKU †_†K DĚi ĩbyb Ges Z_`c†ĭi mnvqZvq
cÖvšÍK †hvM"Zvi PvU©wU gvwĕwgqvq cÖ`k©b Kiæb|

2.1 AskMÖnYKvix†`i 5wU `†j fvM Kiæb| `j fv†M wewfbœ †KŠkj Aeja^b Kiæb| `†ji
bvgKi†Y b`x/dzj/cvwL A_ev cwi†e†ki wewfbœ Dcv`vb e`envi Kiæb|

2.2 cÖ†Z`K `††K c~†e© weZiYK...Z cÖv_wgK wkÿvi cÖvšÍK †hvM"Zvi ZvwjKv
†_†K Ôevsjv†`k | wek!cwiPqŎ welqwUi cÖvšÍK †hvM"Zv mbv³ Ki†Z ejyb|

2.3 `jxq cÖwZ†e`b Dc`vcb †k†l †ev†W© †cvóvi †ccvi,†jv cvkvcvwk UvwO†q ivL†Z
ejyb, Gevi mKj `†ji wPwýZ cÖvšÍK †hvM"Zvi b^i †g†v†Z ejyb| Gfv†e Av†jvPbvi
mwVK b^i,†jvi AskMÖnYKvix†`i AewnZ Kiæb|

KvR - 3: †k^Yx wfwĚK AR©b Dc†hvMx †hvM"Zv | wkLbdj Gi aviYv |

mgq: 25 wgwbu

3.1 AskMÖnYKvix†`i ejyb cÖvšÍK †hvM"Zv m^ú†K© B†Zvc~†e© Zviv †R†b†Qb|
Gevi wb†Pi cÖkœ,†jv Kiæb

- †k^YxwfwĚK AR©b Dc†hvMx †hvM"Zv Kx?
- wkLbdj Kx?

†k^YxwfwĚK AR©b Dc†hvMx †hvM"Zv: cÖ_g †kÖYx †_†K cĀg
†kÖYx ch©šĭ av†c av†c cÖwZ †kÖYx†Z cÖvšÍK †hvM"Zvi hZUzKz
AwR©Z n†e e†j cÖZ`vkv Kiv n†q†Q, Zv†K ejvnq †k^YxwfwĚK AR©b
Dc†hvMx †hvM"Zv | A_@vr cÖvšÍK †hvM"Zvi †kÖwYwfwĚK
wefwRZ ifc†K ejv nq, **†k^YxwfwĚK AR©b Dc†hvMx †hvM"Zv|**

wkLbdjt †Kvb GKwU cvV †k†l wkÿv_x© †h Ávb, `ÿZv | `„wóf½x AR©b Ki†e,
†m m^ú†K© my@úó | mywbw`ó wee...wZ ev evK` nj wkLbdj|

3.3 wkLbdj ꝥKv_vq AvꝥQ Zv RvbꝥZ Pvb | AskMÖnYKvixꝥ`i aviYv AewnZ nlqvi ci Z_`cꝥi mnvqZvq welqmg~n AvꝥjvPbv Kiæb |

3.4 DËi iꝥb mnvqK Zꝥ_`i mnvqZvi AskMÖnYKvixꝥ`i e`vL`v Kꝥi eywSꝥq ejyb|

3.5 Gevi 2/1 wU D`vniꝥYi mnvꝥꝥh` ꝥk^YxwfwËK AR©b DcꝥhvMx ꝥhvM`Zv I wkLbdj e`vL`v Kiæb|

3.6 meꝥkꝥl Kvwikzjvg cÖevnwPÍwU gvwëgwWqvq cÖ`k©b Kꝥi cÖwkÿYv_©xꝥ`i aviYv my®úó Kiæb (mnvqK Z_`-3 ꝥ`Lyb)|

8| g~j`vqb :

mgq: 5

wgwbU

(K) cÖvšÍK ꝥhvM`Zv Kx I KZwU?

(L) evsjvꝥ`k I wek|cwiPq welꝥq ꝥgvU KZwU cÖvšÍK ꝥhvM`Zv iꝥqꝥQ? 2wU Dꝥjøl Kiæb|

9| ^-AbywPšÍb:

K) AwaꝥekbwU KZUv `ÿZvi mvꝥ_ cwiPvjbv KiꝥZ mÿg nꝥqꝥQb, wPšÍv Kiæb|

L) `jxq KvꝥR mevi AskMÖnY wQj wK? ꝥKD wbw®œq_vKꝥj Zvi KviY fveyb|

M) wkLbdj AR©ꝥb Abym„Z KvR hꝥ_ó wQj wK? bv_vKꝥj bZzb Kx KvR Kiv ꝥhꝥZ cvꝥi wPšÍv Kiæb|

N) mKꝥj wkLbdj AR©b KiꝥZ ꝥcꝥiꝥQb wK? bv KiꝥZ cviꝥj Zvi Rb` Kx c`ꝥÿc ꝥbqv cÖꝥhvRb wQj Zv ejyb|

O) Awaꝥekb AskMÖnYg~jK wQj wK?

mnvqK Z_` : 1

cÖv_wgK wkÿvi cwigvwR©Z jÿ`, DꝥÍk` I cÖvšÍK ꝥhvM`Zv

cÖv_wgK wkÿvi jÿ` t

wkii kvixwiK, gvbwmK, mvgvwRK, ^bwZK, gvbweK, bv>`wbK, Ava`vwZ¥K I AvꝥewMK weKvk mvab Ges Zvꝥ`i ꝥ`kvZ¥ꝥevꝥa, weÁvbgb`<Zvq m„RbkxjZvq I DbœZ Rxeꝥbi ^cœ`k©ꝥb DØy× Kiv|

cÖv_wgK wkÿvi DꝥÍk` t

1. Avjœvn ZvÖqvjv/m„wóKZ©vi cÖwZ wek|vm I wkii gꝥa` ^bwZK I gvbweK g~j`ꝥeva m„wó Kiv Ges mKj ag© I ag©vej^xꝥ`i cÖwZ kÖ×vkxj nlqv|

2. ꝥkLvi cÖwZ BwZevPK gꝥbvfe m„wó gva`ꝥg wkii Kíbv-kw³, m„RbkxjZv I bv>`wbKꝥevꝥai Dꝥb¥ꝥl mnvqZv Kiv|

3. weÁvꝥbi bxwZ-c×wZ I cÖhyw³i Ávb AR©b, mgm`v mgvavꝥb Zvi e`envi Ges weÁvbgb`< I AbymwÜrmy Kꝥi Mꝥo ZzjꝥZ mnvqZv Kiv|

4. fvlv I ꝥhvMvꝥhvM `ÿZvi weKvk Ges wbꝥRꝥK cÖKvk KiꝥZ mnvqZv Kiv|

5. MvwYwZK aviYv, ꝥhŠw³K wPšÍv I mgm`v mgvavꝥbi ꝥhvM`Zv AR©ꝥb mnvqZv Kiv|

6. mvgvwRK I mybvMwiK nlqvi ,Yvewj Ges wek|Rbxb `„wófw½ AR©ꝥb mnvqZv Kiv|

7. fvþjv-gþ`i cv_@K" Abyaveþbi gva`þg mwVK cþ_ PjþZ DØy× Kiv|
8. Ab`þK AMÖvwaKvi þ`lqv, cigZmwnòzZv, Z`vþMi gþbvfe I wgþjwgþk evm Kivi gvbwmKZv m,,wó Kiv|
9. cÖwZK~jZv þgvKvþejvi gva`þg wkii AvZ¥wek|vm m,,wó Kiv|
10. wbþRi KvR wbþR Kivi gva`þg kÖþgi gh@v`v Dcjwä I AvZ¥gh@v`v weKvþk mnvqZv Kiv|
11. cÖK...wZ, cwiþek I wek|RMr m¸úþK© RvbþZ I fvjevþZ mnvqZv Kiv Ges cwiþek msijþY DØy× Kiv|
12. wbivc` I ^v`"m¸§Z Rxebhvcþb mþPó Kiv|
13. RvZxq BwZnm, HwZn", ms`...wZ, þ`kþcÖg I gyw³hyþxi þPZbvq DØy× Kivi gva`þg evsjvþ`kþK fvþjevþþZ mnhv` Kiv|

cwigvR©Z wkÿvþg cÖv_wgK `Íþii Rb" 13wU Dþík" wba@viY Kiv nþqþQ| Gi gþa" 9wU evsjvþ`k I wek|cwiPq mswkó | G ,þjv nþjv 1,6,7,8,9,10,11,12,13

cÖv_wgK wkÿvi cÖwšÍK þhvM"Zv t

1. me@kw³gvb Avjovn ZvÖqvjv/m,,wóKZ©vi cÖwZ Av`v I wek|vm `vcb, mKj m,,wói cÖwZ fvþjevþmq DÍxß nlqv|
2. wbR wbR ag© cÖeZ©þKi Av`k© Ges ag©xq Abykvmb Abykxþbi gva`þg `bwZK I PwwiWÍK ,Yvejw AR©b Kiv|
3. mKj ag© I ag@vej¸xþ`i cÖwZ m¸§vb cÖ`k©b I ávZ...Ziþevþai DÍxß I kÖ×vkxj nlqv|
4. Kíbv, þKŠZ~nj, m,,RbkxjZv I eywxi weKvþk AvMÖnx nlqv|
- 5.msMxZ, Pviæ I KviæKjv BZ`vw`i gva`þg m,,RbkxjZv, þmŠ`h© þPZbv, myKzgvie,,wË I bv`wbKþevþai cÖKvk Ges m,,RbkxjZvi Avb` I þmŠ`h© DcþfvþM mvg_@` AR©b Kiv|
6. cÖK...wZi wbqg,þjv Rvbvi gva`þg weÁvþbi Ávb AR©b Kiv|
7. weÁvþbi bxwZ I c×wZ Ges þhŠw³K wPšívi gva`þg mgm`v mgvavþbi Af`vm MVb Ges weÁvbgb`cZv AR©b Kiv|
8. cÖhyw³ Ges Z_` I þhvMvþhvM cÖhyw³ m¸úþK© Rvbv I cÖþqvþMi gva`þg RxebhvÍvi gvb Dbæqb Kiv|
9. evsjv fvlvi þgŠwjK `ÿZv AR©b Ges Rxeþbi me@þÿþÍ Zv KvH©Kifvþe e`envi Kiv|
10. weþ`wk fvlv wnþmþe BsþiwR fvlvi þgŠwjK `ÿZv AR©b I e`envi Kiv|
11. MvwYwZK aviYv I `ÿZv AR©b Kiv|
12. þhŠw³K wPšívi gva`þg MvwYwZK mgm`vi mgvavþ KiþZ cviv|
13. gvbevwaKvi, AvšíR©vwZKZvþeva, wek|ávZ...Zi I wek|ms`...wZi cÖwZ AvMÖnx I kÖ×vkxj nlqv|
14. ^vaxb I gy³wPšílvq DrmvwnZ nlqv Ges MYZvwš¿K ixwZbxwZ Abykxjb Kiv|
15. `bwZK I mvgvwrK ,Yvejw AR©þbi gva`þg fvþjv- gþ`i cv_@K" wbiþcY Ges Zv ev`Íe Rxeþb cÖþqvM Kiv|
16. e`w³MZ, cvwievwiK, mvgvwrK I ivó¸xq m¸úþ`i myôz e`envi I msijþY hZækj nlqv|

17. weþkl Pvwñ`vmáúþœ wkĩmn bvix-cyiael, RvwZ-ag@-eY@ wbwe@þkþl mKþji mþ½
máú^axwZ I kvwšíc~Y@ mn-Ae[̄]vþbi gvbwmKZv AR@b Kiv|
18. Ab[̄]þK AMÖvwaKvi †`lhvi gva[̄]þg Z[̄]vþMi gþbvfe AR@b Kiv|
19. mvgvwRK Kg@KvþÛ mwµq AskMÖnY Ges wbþRi `vwqZi I AwaKvi máúþK@
mþPZb nlqv|
20. cÖwZK~jZv I `yþh@vM máúþK@ Rvbv Ges Zv †gvKvþejvq `ÿ I AvZi;cÖZ`qx nlqv|
21. wbþRi KvR wbþR Kiv Ges kÖþgi gh@v`v †`lqv|
22. cÖK...wZ, cwiþek I wek| RMr máúþK@ Rvbv I fvþjvevmv Ges cwiþeþki Dbœqb I
msiyþY DØy× nlqv|
23. Avenlvqv I Rjevqyi cwieZ@b RbK mgm`v †gvKvþejvq BwZevPK f~wgKv MÖnY|
24. gvbyþli †gŠwjK Pvwñ`v I cwiþeþki Ici RbmsL`vi cÖfve Ges Rbmáúþi ,iæZi
máúþK@ Rvbv|
25. kixiPP@v I †Ljvayjvi gva[̄]þg kvixwiK I gvbwmK weKvk mvab Ges †bZ...þZji
,Yvej AR@b Kiv|
26. wbivc` I [̄]^v[̄]“Ki Rxeb hvcþbi Af`vm MVb Kiv|
27. gyw^ahyþxi †PZbvq †`kþcÖg I RvZxqZvþevþa Dīxβ nlqv Ges Z[̄]vþMi gþbvfe MVb
I †`k Movi KvþR mwµq AskMÖnY Kiv|
28. RvZxq BwZnm, HwZn` I ms[̄]˘...wZ máúþK@ Rvbv Ges G,þjvi cÖwZ kÖ×vkxj
nlqv|
29. evsjvþ`kþK Rvbv I fvþjvevmv|

**cÖv_wgK wkÿvµþg cÖv_wgK [̄]þi cÖwšlK †hvM[̄]Zv 29wU wba@viY Kiv nþqþQ|
G,þjvi gþa[̄] evsjvþ`k I wek|cwiPq welq mswkøó cÖwšlK †hvM[̄]Zv 16wU| cÖwšlK
†hvM[̄]Zvi µwgK b^aʼi,þjv nþjv: 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 27, 28,
29 |**

evsjvþ`k I wek|cwiPq welþqi †gvU cÖwšlK †hvM[̄]Zv 16wU|

1. mgvR, cwiþek I cwiþeþki wewfbœ Dcv`vb máúþK@ Rvbv Ges G,þjvi cvi[̄]úwiK
máúþK@i ,iæZi Dcjwä Kiv|
2. weþkl Pvwñ`vmáúþœ wkĩmn (bvixcyiyl, †kÖwY, RvwZ-ag@-eY@ BZ[̄]vw`
wbwe@þkþl) mKþji mvþ_ mnþhvwmZv I máú^axwZi gvbwmKZv AR@b Kiv|
3. þgŠwjK Pvwñ`v I gvbevwaKvi máúþK@ aviYv AR@b Ges ev[̄]le Rxeþb Abykxjb
Kiv|
4. mgvR I ivþó^ai m`m[̄] wnþmþe wbþRi AwaKvi, `vwqZi-KZ@e[̄] I wbivcËv máúþK@
Rvbv Ges G,þjv AR@b I cvjþb mþPZb nlqv|
5. e[̄]w^aMZ, cvwiewwiK, mvgvwRK I ivó^axq máúþ`i cwiPq, h_vh_ e[̄]envi, msiyY I AcPq
þiva Kiv|
6. mKj †ckvþK mgvb ,iæZi †`lqv I KvwqK kÖþgi cÖwZ AvMÖnx nlqv|
7. cigZmwñðzZv cÖ`k@b I MYZvwš¿K ixwZbxwZ Abykxjb Kiv|
8. [̂]bwZK I mvgvwRK ,Yvej AR@þbi gva[̄]þg fvþjvgþ[̂]i cv_@K[̄] wbifcY KiþZ cviv Ges
Zv ev[̄]le Rxeþb c^aþqvM Kiv|
9. wewfbœ aiþbi mvgvwRK Dbœqbg~jK Kg@KvþÐ AskMÖnY Kiv Ges G,þjvi ,iæZi
Dcjwä Kiv|
10. `yþh@vM máúþK@ Rvbv Ges `yþh@vM †gvKvþejvi `ÿZv AR@b Kiv|
11. cwiþek [̂]~lþYi KviY Rvbv Ges cwiþek msiyY I Dbœqþb AskMÖnY Kiv|

12. RbmsL`v mgm`v I maφvebv maúþK© Rvbv|
13. c„w_exi gnvþ`k I gnvMvMi,þjv maúþK© cÖv_wgK aviYv AR©b|
14. gyw³hyþxi BwZnm Rvbv I Gi þPZbvq þ`kþcÖg I RvZxqZvþevþa Dïxß nlqv |
15. evsjvþ`þki BwZnm, HwZn`, ms`...wZ, þšþMvwjK I A_©%bwZK Ae`v maúþK© Rvbv Ges G,þjvi cÖwZ kªxvkxj nlqv I fvþjvevmv|
16. AvšíR©vwZKZvþeva, wek| ávZ...Zi I wek| ms`...wZi cÖwZ AvMªnx I kÖxvkxj nlqv|

mnvqK Z`":2

þhvM`Zv (Competency) t cVb-cvVþbi ga` w`þq þKvb Ávb, `ÿZv ev `„wófW½ cwic~Y©fvþe AvqZi Kivi ci ev`le Rxeþb cÖþqvRþbi mgþq Zv KvþR jvMvþZ cviþj þm Ávb, `ÿZv ev `„wófW½þK þhvM`Zv ejv hvq|

■ **cÖvšíK þhvM`Zv (Terminal competency)** t cuvP eQi þgqv` cÖv_wgK wkÿv þkþl wkiiv þh þhvM`Zv,þjv AR©b Kiþe eþj Avkv Kiv hvq þm,þjvþK **cÖv_wgK wkÿvi cÖvšíK þhvM`Zv** ejv nq | mvaviYZt þh þKvb þhvM`Zv AR©þbi cÖwµqv ïiæ nq cÖ_g þkÖwY þ_þK Ges Zv PjþZ _vþK cÂg þkÖwY ch©ší| Zþe þKvb þKvb cÖvšíK þhvM`Zvi `ewkó` Abyhvqx Gi ïiæ I þkl nlqvi ch©vq wfboeZil nþZ cvþil ZvB cÖ_g þkÖwY þ_þK cÂg þkÖwY ch©ší ev ïiæ þ_þK þkl nlqvi ch©vq ch©ší AwR©Z þhvM`Zvi mgwóB nj **cÖvšíK þhvM`Zv**|

welqwfWÉK cÖvšíK þhvM`Zv (Subject Based Terminal Competency): 11wU welþqi gva`þg cÖv_wgK `íþii wkÿv þkþl 29wU cÖvšíK þhvM`Zv AwR©Z nq| G 29 wU cÖvšíK þhvM`Zv AR©þbi Rb` cÖþZ`K welþqi Rb` c„_K þhvM`Zvmg~n wba©vwiZ iþqþQ hv wkÿv_©x þKvb wbw`©ó welq 1g þ_þK 5g þkªYx ch©ší Aa`qb þkþl AR©b Kþil A_©vr cÖvšíK þhvM`Zvi welqwfWÉK wefwRZ ifcþK welqwfWÉK cÖvšíK þhvM`Zv eþj|

■ **þkÖwYwfwÉK AR©b DcþhvMx þhvM`Zv (Classwise attainable competency)** t 1g þ_þK 5g þkÖwY ch©ší avþc avþc cÖwZwU þkÖwYþZ cÖvšíK þhvM`Zv KZUzKz AwR©Z nþe, ZvþK ejv nq **þkÖwYwfwÉK AR©b DcþhvMx þhvM`Zv**|

■ **wkLbµg (Learning Continua)** t þKvb GKwU cÖvšíK þhvM`Zv AR©þbi Rb` þkÖwYwfwÉK cÖviwªφK ch©vq þ_þK P~ovší ch©vq ch©ší H þhvM`Zvi wefwRZ Asþki µgweb`vmþK **wkLbµg** ejv nq| cÖv_wgK we`vjþqi mKj wkiB 11wU welþqi cÖYxZ wkLbµþgi gva`þg cyþivcywifþe 29wU cÖvšíK þhvM`Zv AR©þbi myþhvM cvþe| G Rb` wkLbµg ,þjvþK Avek`Kxq wkLbµg ejv nq|

þkÖwYwfwÉK AR©b DcþhvMx þhvM`Zv AR©þbi myweavþ_© G,þjvþK wkLbdþj wefvRb Kiv nþqþQ| cÖwZwU wkLbdj cwigvcþhvM`| þhvM`Zvi mswkøó wkLbdj ,þjv AwR©Z nþj þkÖwY I welqwfWÉK þmB AR©b DcþhvMx þhvM`Zv AR©b nþe eþj Avkv Kiv hvq|

wkÿvµg (Curriculum):

wewfbœ gbxlx wkÿvµ†gi wewfbœ ai†Yi msÁv w`†q†Qb| me†k†l evsjv†`ki wkÿvwe`MY e†j†Qb †h- Ò†Kvb we†kl ††ii wkÿv mœúwK©Z KvH©µg | AwfÁvZvi c~Y©v½ `wj hv †Kvb `vwqZ|kxj msMVb Øviv M„nxZ | cwiPvwjZ nq, Zv†KB wkÿvµg e†j|Ó wkÿvµ†gi KZK,†jv avc Av†Q| †hgb-

- wkÿvi jÿ` | D†k` wba©viY|
- wkÿvi KvVv†gv wba©viY|
- cvV` welq | welqe` wba©viY|
- cvV`m~wP wba©viY|
- wkLb †kLv†bv KvH©vewj wba©viY|
- wkLbdj wba©viY|
- DcKiY wba©viY|
- g~j`vqb †KŠkj wba©viY|
- cwiKwíZ KvR wba©viY|

□ wkÿvµg | wkLbµ†gi cvi`úwiK mœúK© t

wkÿvµg e`vcK| wkÿvµ†g wkÿvi jÿ`, D†k`, KvVv†gv, cvV` welq, welqe`, cÖvšÍK †hvM`Zv, wkLbdj BZ`vw` D†jØL _v†K, wKš` wkLbµ†gi cwimi mxwgZ| wkLbµ†g iaygvÍ †hvM`Zvmg~n av†c av†c mwbœ†ewkZ _v†K| cÖ†Z`K wkÿv_©x†K cÖwZwU †hvM`Zv av†c av†c AR©b Ki†Z n†e|

mnavqK Z_-3: †hvM`ZwfwËK wkÿvµg cÖevn wPÍ:

jÿ`

D†k`

cÖvšÍK †hvM`Zv

welqfwËK cÖvšÍK †hvM`Zv

†k^aYxwfwËK AR©b Dc†hvMx †hvM`Zv

wkLbdj

welqe⁻

w`b-1

Awaṭekb-3

1| wkṭivbvg : evsjvṭ`k I wek!cwiPq welqK cÖvšÍK ṭhvM`Zv, ṭk^awYwfwĚK AR©b DcṭhvMx ṭhvM`Zv I wkLbdj

2| g~jwelq: cÖv_wgK ṭii cÖvšÍK ṭhvM`Zvi wfwĚṭZ evsjvṭ`k I wek!cwiPq Gi 16wU cÖvšÍK ṭhvM`Zv wba©viY Kiv nṭqṭQ|Gme cÖvšÍK ṭhvM`ZvṭK wefvRb Kṭi cÖ_g ṭ_ṭK cĀg ṭk^aYx ch©šÍ cÖwZ ṭk^aYxi Rb` ṭk^awYwfwĚK AR©b DcṭhvMx ṭhvM`Zv wPwýZ Kiv nṭqṭQ| A_v©r cÖvšÍK ṭhvM`Zvi wfwwRZ ifcB nṭjv ṭk^awYwfwĚK AR©b DcṭhvMx ṭhvM`Zv, wkṭṭK ṭhvM`Zv, ṭjv wewfbœ ṭk^awYṭZ avṭc avṭc AR©b Kivṭbvi ṭṭy` evsjvṭ`k I wek!cwiPq Ges welqwfweĚK AR©b DcṭhvMx ṭhvM`Zv mywbw`ó Kiv nṭqṭQ| mnR ṭ_ṭK KwVb, Rvbv ṭ_ṭK ARvbv, mxwgZ ṭ_ṭK we⁻...Z BZ`vw` gṭb%eÁvwbK bxwZi wfwĚṭZ G wefvwRZ μgweb`vm Rvbv evsjvṭ`k I wek!cwiPq welqK wkṭṭK Rvbv LyeB Riywi| Avek`Kxq wkLbμg e`envi Kṭi ṭk^aYxwfwĚK AR©b ṭhvM`Zv G Awaṭekṭbi gva`ṭg aviYv jvf Kiṭe| wkṭy_v_x©i AvPiṭYi A_©vr Ávb, `yZv, `„wóf½xi wKQy Kvw•LZ cwieZ©b wba©viY Kṭi ṭk^awYṭZ

wkLb-þkLvþbv Kvh©µg cwiPvjbv KiþZ nq| wkÿv_x©i wkLþbi gva`þg AvPiþYi G
cwieZ©b nq eþj GþK eþj wkLbdj| wkLbdj þk^awYwfwËK AR©b DcþhvMx
þhvM[~]Zv, þjvþK þþ½ %oZwi Kiv nq| wkLbdjþK wfwË KþiB wkLb-þkLvþbv Kvh©µg
cwiPvjbv l g~j`vqb KiþZ nþe| wkÿv_x© hw` me, þjv wkLbdj þgvUvgywUfvþe AR©b
KiþZ cvþi ZþeB ejv hvþe cÖv_wgK wkÿvi cÖvwsÍK þhvM[~]Zv, þjv AR©b KþiþQ| G
KviþYB þk^aYxwfwËK AR©b DcþhvMx þhvM[~]Zv þ_þK wkLbdj l welqe⁻ wba©viþYi
welqmg~n wkÿþKi my⁻úo aviYv _vKv Aek⁻B cÖþqvRb|

3| mgq: 1 NþUv 30 wgwbu

4| **wkLbdjt** GB Awaþekb þkþl AskMÖnYKvixMY-

- evsjvþ`k l wek|cwiPq welqK cÖvwsÍK þhvM[~]Zv l þk^awYwfwËK AR©b DcþhvMx þhvM[~]Zvi m^aúK© wba©viY KiþZ cviþeb|
- evsjvþ`k l wek| cwiPq- Gi þk^awYwfwËK AR©b DcþhvMx þhvM[~]Zv, wkLbdj mswkøó welqe⁻i aviYv jvf KiþZ cviþeb|

5| **DcKIY:** gvK©vi, gvwëwgwWqv, þcvþvi, mvBbþcb, cykwcb, wfcKvW©, j[~]vcUc BZ[~]vw`|

6| **c^xwZ/þKŠkj:** þe^aBb ÷w©g©s, cÖþkøevËi, AvþjvPbv, GKK l `jxq KvR, þcøbvwi|

7| **Awaþekþbi weeiY:**

KvR - 1: evsjvþ`k l wek|cwiPq welqK cÖvwsÍK þhvM[~]Zv l þk^aYxwfwËK AR©b DcþhvMx þhvM[~]Zv m^aúK© wba©viY

mgq: 45 wgwbu

1.1 AskMÖnYKvixþ`i Dþlþk⁻ wbþPi wee...wZ PvþU©/gvwëwgwWqvq Dc⁻vcb Kiyb|

cÖv_wgK ⁻lþii cÖvwsÍK þhvM[~]Zv msL[~]v 29wU Gi gþa⁻ evsjvþ`k l wek|cwiPq, mswkøó cÖvwsÍK þhvM[~]Zvi msL[~]v 16wU| GB welqfwËK cÖvwsÍK þhvM[~]Zv, þjv cÖvwsÍK þhvM[~]Zvi wfwËþZB [^]Zwi Kiv nþqþQ| Gme cÖvwsÍK þhvM[~]ZvþK Avevi wefvRb Kþi cÖ_g þ_þK c[^]g þk^aYx ch©sí cÖwZ þkÖYxi Rb⁻ þk^awYwfwËK AR©b DcþhvMx þhvM[~]Zv wPwýZ Kiv nþqþQ|

1.2 DcwiwjøwLZ wee,,wZwU 01 Rb AskMÖnYKvixþK coþZ ejyb| G welþq cÖkøe Avnevb Kiyb|

1.3 cÖþkøevËþii gva`þg mKþji aviYv my[@]úo Kiyb|

1.4 Gevi AskMÖnYKvixþ`i 5wU `þj fvM Kiyb|

1.5 cÖwZ `þj c~þe© wjwLZ evsjvþ`k l wek|cwiPq Gi 2wU cÖvwsÍK þhvM[~]Zvi wfc KvW© w`b|

1.6 Gevi cÖþZ⁻K `þjK cÖvwsÍK þhvM[~]Zv þ_þK þk^awYwfwËK AR©b DcþhvMx þhvM[~]Zv Kxfvþe wefvwRZ nþqþQ wPwýZ KiþZ ejyb|

1.7 `jxq KvR þkl nþj cÖþZ⁻K `þj Avek⁻Kxq wkLbµg w`b (**mnvqK Z⁻-1 þ`Lyb**) A_ev gvwëwgwWqvq Avek⁻Kxq wkLbµg þ`Lvb Ges cÖþZ⁻K `þjK `jxq KvR þgvþþZ ejyb| cÖþkøevËþii gva`þg mKþji aviYv cwi[@]vi Kiæb|

**KvR Ñ 2 wklbdþji mvþ_ evsjvþ`k I wek|cwiPq cvV`cy`lþKi welqe`i m¸úK© wbY©q|
mgq: 35 wgwbU**

2.1 AskMÖnYKvixþ`i wbþPi welqmg~n `šiy Kwitþq w`b-

cÖwZwU cvþVi mywbw`©ó wklbdj iþqþQ|
þk^aYxwfwËK þhvM`Zv þ_þK wklbdj wPwýZ
Kiv nþqþQ| Avi wklbdjþK wfwË Kþi þjLv
nþqþQ welqe`|

2.1 AskMÖnYKvixþ`i Avil ejyb wklbdj þKv_vq wjwce× AvþQ BþZvc~þe© Zv
þRþbwQ| Gevi G welqwu ev`lþe ch©vþjvPbv Rb` KvR Kie|

2.3 þm jþÿ` AskMÖnYKvixþ`i c~þe©i `þj wdþi þþZ ejyb| cÖþZ`K `þj c~þe© þh `ywU
cÖvšlK þhvM`Zv þ`qv nþqwQj þm `ywU cÖvšlK þhvM`Zv wjwLZ wfc KvW© cÖ`vb
Kiæb| 5wU `þj 5wU þk^awYi evsjvþ`k I wek| cwipq cvV`cy`lK I mnvwqKv cÖ`vb Kiæb|

2.4 Kxfvþe þk^awYwfwËK AR©b DcþhvMx þhvM`Zv þ_þK wklbdj mswkøó cvV`
cy`lþKi welqe` wPwýZ Kiv nþqþQ Zv ch©vþjvPbv KiþZ ejyb (mnvqKZ`-2 G bgybv
wnþmþe KþqKwU mshy^s Kiv nþjv)|

2.5 `jxq ch©vþjvPbv þcøbvwiþZ `þji cy` þ_þK GKRBþK Dc`vcb KiþZ ejyb|

2.6 AvþjvPbv I cÖþkøevËþii gva`þg mKþji aviYv cwi©kvi Kiæb|

8| g~j`vqb :

mgq: 5

wgwbU

(K) evsjvþ`k I wek|cwiPq welþqi þkÖwYwfwËK cÖvšlK þhvM`ZvMyþjv DþjØL Kiæb|

(L) Kxfvþe þk^aYxwfwËK AR©b DcþhvMx þhvM`Zv þ_þK wklbdj mswkøó cvV`
cy`lþKi welqe` wPwýZ Kiv nþqþQ Zv mstþÿþc ejyb|

9| ^-AbywPšlb:

K) AwaþekbwU KZUv `ÿZvi mvþ_ cwipvjbv KiþZ mýg nþqþQb, wPšlv Kiæb|

L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw©œeq_vKþj Zvi KviY fveyb|

M) wklbdj AR©þb Abym„Z KvR hþ_ó wQj wK? bv_vKþj bZzb Kx KvR Kiv þþZ
cvþi wPšlv Kiæb|

N) mKþj wklbdj AR©b KiþZ þcþiþQb wK? bv KiþZ cviþj Zvi Rb` Kx c`þÿc þbqv
cÖþhvRb wQj Zv ejyb|

O) Awaþekb AskMÖnYg~jK wQj wK?

mnvqK Z_-1:
evsjv`k I wek|cwiPq
Avek`Kxq wkLbꞡg

welqfwĚK cÖvšĹK †hvM`Zv	†kÖwYwfwĚK AR©b Dc†hvMx †hvM`Zv				
	cÖ_g †kÖwY	wØZxq †kÖwY	Z...Zxq †kÖwY	PZz_© †kÖwY	cĀg †kÖwY
1. mgvR, cwi†ek I cwi†e†ki wewfbœ Dcv`vb mꞡú†K© Rvbv Ges G,†jvi cvi`úwiK mꞡú†K©i ,iæZj Dcjaw Kiv	1.1 we`vjq, evwo/ev mv I Av†kcv†k i cwi†ek ch©†eÿY Ki†e Ges wewfbœ Dcv`v†bi bvg ej†Z cvi†e	1.1 Pvicv†ki cwi†e†ki mvgvwRK I cÖvK...w ZK Dcv`vb,†j v mꞡú†K© Rvb†e 1.2 cwi†e†ki wewfbœ Dcv`v†bi cvi`úwiK wbf©ikxjZ v Dcjaw Ki†e	1.1 mgvR I cwi†ek mꞡú†K© Rvb†e 1.2 mvgvwRK I cÖvK...wZK cwi†e†ki wewfbœ Dcv`vb Ges G†`i KvR I ,iæZj mꞡú†K© Rvb†e	1.1 cÖvK...wZ K I mvgvwRK cwi†e†ki wewfbœ Dcv`v†bi cvi`úwiK mꞡúK© Rvb†e Ges Dcjaw Ki†e	-

welqwfweK cÖvšÍK †hvM"Zv	†kÖwYwfwEK AR©b Dc†hvMx †hvM"Zv				
	cÖ_g †kÖwY	wØZxq †kÖwY	Z...Zxq †kÖwY	PZz_© †kÖwY	cÂg †kÖwY
<p>2. we†kl-Pvwn`v máúböe wkímn (bvix-cyiyl, †kÖwY, RvwZ-ag©-eY © BZ`vw` wbwe©†k†l) mK†ji mv†_ mn†hvwMZv l máú^axwZi gvbwmKZv AR©b Kiv </p>	<p>2.1 evwo l we`vj†q mK†ji m†½ wg†jwg† k Pj†el </p> <p>2.2 evwo l we`vj†q mK†ji m†½ mn†hvw MZvg~jK AvPiY Ki†e l cÖ†qvR †b wb†Ri e`envh© mvgMÖx w`†q mn†hvw MZv Ki†el </p>	<p>2.1 evwo, we`vjq Ges Av†kcv†k mK†ji m†½ wg†jwg†k Pj†e l mn†hvwM Zv Ki†el </p> <p>2.2 wewfböe Rxebaviv Ges a†g©i Abymvix mncvVx†`i ag©xq Drm†ei bvg Rvb†e h_vmaøel </p>	<p>2.1 mgv†R mK†ji m†½ máú^axwZ l kvwšÍc~Y© mnve`v†bi ,iæZj Abyaveb Ki†el </p> <p>2.2 we†kl- Pvwn`vmaú böe wki mn bvix-cyiael, †kÖwY, RvwZ-ag©- eY©, †QvU-eo wbwe©†k†l mK†ji m†½ fv†jv AvPiY Ki†el </p> <p>2.3 wewfböe Rxebaviv l a†g©i Abymvix</p>	<p>2.1 we†kl- Pvwn`vmaú böe wkkymn bvix-cyiyl, †kÖwY, RvwZ-ag©- eY© BZ`vw` wbwe©†k†l mK†ji m†½ máú^axwZ l kvwšÍc~Y© mn- Ae`v†bi gvbwmKZv AR©b Ki†el </p> <p>2.2we†kl-P vwn`vmaú böe wki l e`vw³i Pvwn`v eyS†e l cÖ†qvRbxq mn†hvwMZ v Ki†el </p>	<p>2.1 mgv†Ri m`m` wn†m†e bvix cyia†li mg-gh©v`v eyS†e Ges cwievi l we`vj†q wewfböe my†hvM-mywe av l AwaKv†ii †y†Í bvix-cyia†li mgZvi ,iæZj Dcjawä Ki†el </p> <p>2.2 AwURg Kx eyS†Z cvi†e Ges AwUw÷K wki†`i we†kl `ewkó` Rvbv l Pvwn`v Abyave†bi gva`†g Zv†`i cÖwZ BwZevPK AvPiY cÖ`k©†bi</p>

<p>welqfwĚK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwfwĚK AR©b Dc†hvMx †hvM"Zv</p>				
	<p>cÖ_g †kÖwY</p>	<p>wØZxq †kÖwY</p>	<p>Z...Zxq †kÖwY</p>	<p>PZz_© †kÖwY</p>	<p>cÂg †kÖwY</p>
			<p>mncvVx†`i wewfbœ ag©xq Drm†ei bvg Rvb†e, kÖ×v†cvlY Ki†e </p>	<p>2.3 evsjv†`†ki K†qKwU ÿz`^a RvwZmĚvi Rxebaviv m¸ú†K© Rvb†e </p>	<p>g†bvfve AR©b Ki†e </p>
<p>3. †gŠwjK Pvwn`v gvbevwaKvi m¸ú†K© aviYv AR©b Ges ev`Íe Rxe†b Abykxjb Kiv </p>	<p>-</p>	<p>-</p>	<p>3.1 wkii K†qKwU †gŠwjK AwaKvi m¸ú†K© Rvb†e </p> <p>3.2 wkii wb†Ri AwaKvi cÖwZôvq m†PZb n†e A†b`i AwaKv†ii cÖwZ kÖ×vkxj n†e </p>	<p>-</p>	<p>3.1 gvbevwaKvi m¸ú†K© Rvb†e </p> <p>3.2 gvbevwaKvi ev`Íevqb m¸ú†K© m†PZb n†e </p>

welqwfWĚK cÖvšÍK †hvM"Zv	†kÖwYwfwĚK AR©b Dc†hvMx †hvM"Zv				
	cÖ_g †kÖwY	wØZxq †kÖwY	Z...Zxq †kÖwY	PZz_© †kÖwY	cĀg †kÖwY
4. mgvR iv†ó ^a i m`m` wn†m†e wb†Ri AwaKvi, `vwqZj-KZ©e` wbivcĚv m ^a ú†K© Rvbv Ges G,†jv AR©b cvj†b m†PZb nlqv	4.1 cwiev†ii ,iæZj ej†Z cvi†e 4.2 wb†Ri wbivcĚv m ^a ú†K© m†PZb n†e	4.1 wkii cÖwZ cwiev†ii m`m`†`i `vwqZj Ges cwiev†ii cÖwZ wkii `vwqZj ej†Z cvi†e	4.1 wkii cÖwZ cwiev†ii cwiev†ii cÖwZ wkii `vwqZj ej†Z cvi†e	4.1 bvMwiK wn†m†e iv†ó ^a i KvQ †_†K cÖvc` AwaKvi,†jv m ^a ú†K© Rvb†e 4.2 wb†Ri AwaKvimn A†b`i AwaKvi cÖwZôvq m†PZb n†e A†b`i AwaKvi†K kÖ×v Ki†e	4.1 mgvR iv†ó ^a i cÖwZ wbR `vwqZj KZ©e` m ^a ú†K© Rvb†e cvjb Ki†e 4.2 wb†Ri wbivcĚv m ^a ú†K© m†PZb n†e
5. e`w ³ MZ, cvwievwiK, mvgvwRK ivó ^a xq m ^a ú†`i cwiPq, h_vh_ e`envi, msiÿY AcPq †iva Kiv	-	5.1 wkii e`w ³ MZ e`envh© mvgMÖx (e`vM, eB, LvZv, †cbwmj, RyZv, weQvbv, covi †Uwej,	-	5.1 mvgvwRK ivó ^a xq m ^a ú†`i cwiPq, e`envi, iÿYv†eÿY, Dbœaqb Ges ms`_vi Kv†R h_vm ^a çe	-

<p>welqwfweK cOvšIK thvM"Zv</p>	<p>tkÖwYwfwEK AR©b Dc†hvMx †hvM"Zv</p>				
	<p>cÖ_g †kÖwY</p>	<p>wØZxq †kÖwY</p>	<p>Z...Zxq †kÖwY</p>	<p>PZz_© †kÖwY</p>	<p>cÂg †kÖwY</p>
		<p>†Ljv BZ"vw`) h_vh_fv†e e"envi Ges msiyY Ki†Z cvi†e l AcPq †iva Ki†e 5.2 cwievi l we"vj†qi wewfbœ mvgMÖx h_vh_ e"envi l msiyY Ki†e Ges AcPq Kiv †_†K weiZ _vK†e </p>		<p>AskMÖNY Ki†e </p>	
<p>6. mKj †ckv†K ,iæZi †`lqv l KvwqK kÖ†gi cÖwZ AvMÖnx nlqv </p>	<p>6.1 evwo†Z l we"vj† q †K †K KvR K†i ch©†ey</p>	<p>6.1 evwo†Z wb†Ri e" w³MZ KvR,†jv h_vmæe</p>	<p>6.1 mgv†Ri wewfbœ †ckvRxex†`i mæú†K© Rvb†e Ges Zv†`i Kv†Ri</p>	<p>6.1 kÖ†gi gh©v`v eyS†e 6.2 mgv†R †ckvRxex†`</p>	

<p>welqfwĚK cÖvšĪK †hvM"Zv</p>	<p>†kÖwYwfwĚK AR©b Dc†hvMx †hvM"Zv</p>				
	<p>cÖ_g †kÖwY</p>	<p>wØZxq †kÖwY</p>	<p>Z...Zxq †kÖwY</p>	<p>PZz_© †kÖwY</p>	<p>cĀg †kÖwY</p>
	<p>Y Ki†e Kv†Ri bvg ej†Z cvi†e </p>	<p>wb†R Ki†e 6.2 evwo†Z we"vj†qi wewfbœ Kv†R mvg_©" Abyhvqx AskMÖnY Ab"†`i mn†hvwM Zv Ki†e </p>	<p>„iæZi eyS†e </p>	<p>i Ae`vb Rvb†e 6.3 K†qK ai†bi †ckvRxexi Kv†Ri eY©bv w`†Z cvi†e Ges mK†ji KvR†K kÖ×v Ki†e </p>	<p>-</p>
<p>7. cigZmwnòzZv cÖ`k©b MYZvwšĵK ixwZbxwZ Abykxjb Kiv </p>	<p>-</p>	<p>-</p>	<p>-</p>	<p>7.1 evwo†Z †kÖwYK†yi wewfbœ Kv†R wel†q wbR^ gZvgZ cÖKvk Ki†e 7.2 A†b"i gZvgZ ^ah©mn</p>	<p>7.1 MYZ†šĵi g~j K_v Abyaveb Ki†e 7.2 MYZšĵ†K kÖ×v Ki†e Ges evwo we"vj†qi wewfbœ Kv†R MYZvwšĵK ixwZbxwZ PP©v Ki†e </p>

<p>welqfwĒK cÖvwšÍK †hvM"Zv</p>	<p>†kÖwYwfwĒK AR©b Dc†hvMx †hvM"Zv</p>				
	<p>cÖ_g †kÖwY</p>	<p>wØZxq †kÖwY</p>	<p>Z...Zxq †kÖwY</p>	<p>PZz_© †kÖwY</p>	<p>cÂg †kÖwY</p>
				<p>ïb†e kÖ×v Ki†e 7.3 MYZvwš¿K g~j†eva AR©b Ki†e </p>	
<p>8. ^bwZK mvgvwRK ,Yvej AR©†bi gva"†g fv†jv-g†>`i cv_©K" wbifcY Ki†Z cviv Ges Zv ev¯Íe Rxe†b cª†qvM Kiv </p>	<p>-</p>	<p>8.1 evwo†Z we"vj†q wewfbœ ai†bi mvgvwRK ^bwZK ,Yvej PP©v Ki†e </p>	<p>8.1 K†qKwU mvgvwRK ^bwZK ,Yvej ZvwjKv ^Zwi Ki†e 8.2 evwo†Z we"vj†q wewfbœ ai†bi mvgvwRK ^bwZK ,Yvej PP©v Ki†e </p>	<p>8.1 ^bwZK mvgvwRK ,Yvej AR©b Kivi ,iæZi eyS†e G,†jv AR†©b m†Pó n†e ev¯Íe Rxe†b †m,†jv cÖ†qvM Ki†e </p>	<p>-</p>

welqfwĒK cÖwšĪK †hvM"Zv	†kÖwYwfwĒK AR©b Dc†hvMx †hvM"Zv				
	cÖ_g †kÖwY	wØZxq †kÖwY	Z...Zxq †kÖwY	PZz_© †kÖwY	cĀg †kÖwY
9. wewfbœ ai†bi mvgvwRK Dbœqbg~jK Kg©Kv†Đ AskMÖnY Kiv Ges G,†jvi ,jæZj Dcjwä Kiv	-	-	9.1 cwievi l we"vj†qi wewfbœ Dbœqbg~jK KvR wPwnèZ Ki†Z cvi†e Ges G,†jv†Z AskMÖnY Ki†e	9.1 wbR GjvKvi wewfbœ Dbœqbg~j K Kg©KvĐ wPwýZ Ki†Z cvi†e l G,†jv†Z AskMÖnY Ki†e	-
10. `y†h©vM mᵃú†K© Rvbv Ges `y†h©vM †gvKv†ejvi `ÿZv AR©b Kiv	-	-	-	10.1 evsjv†`†k NUgvb wewfbœ ai†bi `y†h©vM Ges mgvR- Rxe†b G†`i cÖfve mᵃú†K© Rvb†e 10.2 cÖwZK~jZv l `y†h©vM †gvKv†ejvi	10.1 evsjv†`†k Avenlvq l Rjevqy cwieZ©b l mvgvwRK Kvi†Y m„ó `y†h©vM mᵃú†K© Rvb†e Ges Zv †gvKv†ejvi cÖ†qvRbxq Ávb l `ÿZv AR©b Ki†e 10.2 cÖvK...wZK

<p>welqfwĒK cÖvšĪK †hvM"Zv</p>	<p>†kÖwYwfwĒK AR©b Dc†hvMx †hvM"Zv</p>				
	<p>cÖ_g †kÖwY</p>	<p>wØZxq †kÖwY</p>	<p>Z...Zxq †kÖwY</p>	<p>PZz_© †kÖwY</p>	<p>cĀg †kÖwY</p>
				<p>Dcvq Rvb†e Ges cÖ†qvR†b e"envi Ki†Z cvi†e </p>	<p>fvimvg" bó nq Ggb Kg©KvĐ Kiv †_†K wbe„Ē _vK†e </p>
<p>10. cwi†ek `~††Yi KviY Rvbv Ges cwi†ek msiyY I Dbœq†b AskMÖnY Kiv </p>	<p>11.1 we"vjq I M„n"vjxi cwiZ"3 `ae"vw` w`†q wKfv†e cwi†ek bó nq Zv Rvb†e I G ai†bi KvR Kiv †_†K weiZ _vK†e </p>	<p>11.1 we"vjq Ges M„n"vjxi cwiZ"3 `ae"vw` w`†q Kxfv†e cwi†ek bó nq ch©†eÿY Ki†e I G ai†bi KvR Kiv †_†K weiZ _vK†e 11.2 evwo I we"vj†qi cwi†ek iyvi Kv†R</p>	<p>11.1 cwi†ek `~††Ygy3 ivLvi jæZj eyS†e 11.2 cwi†ek `~††Y RwbZ K†qKwU mvgvwRK mgm"v wPwnèZ Ki†Z cvi†e 11.3 cwi†e†ki Dbœqb I msiy†Y AskMÖnY Ki†e </p>		<p>-</p>

welqfwĚK cÖvwšĪK †hvM"Zv	†kÖwYwfwĚK AR©b Dc†hvMx †hvM"Zv				
	cÖ_g †kÖwY	wØZxq †kÖwY	Z...Zxq †kÖwY	PZz_© †kÖwY	cĀg †kÖwY
		AskMÖnY Ki†e			
12. RbmsL"v mgm"v l mæφvebv mæú†K© Rvbv	12.1 †QvU cwievi l eo cwievi mæú†K© aviYv jvf Ki†e 12.2 cwiev†i AwaK RbmsL"v Kxfv†e cwi†e†ki Dci cÖfve †d†j Zv ej†Z cvi†e	12.1 †QvU cwievi l eo cwievi mæú†K© aviYv jvf Ki†e 12.2 cwiev†i AwaK RbmsL"v Kxfv†e cwi†e†ki Dci cÖfve †d†j Zv ej†Z cvi†e	12.1 evsjv†`†ki RbmsL"v cwiw" wZ mst†y†c eY©bv Ki†Z cvi†e	12.1 evsjv†`†ki RbmsL"v cwiw" wZ mæú†K© Rvb†e 12.2 evsjv†`†k RbmsL"v `æZ e,,wxi KviY mæú†K© Rvb†e	12.1 gvby†li †gŠwjK Pvwn`vi lci RbmsL"v e,,wxi cÖfve mæú†K© Rvb†e 12.2 evsjv†`†ki gvby†li Rxebhvîvi gv†bi lci RbmsL"v e,,wxi cÖfve mæú†K© Rvb†e 12.3 evsjv†`†ki e"vcK Rb†Mvôx†K Rbmæú†` icvšĪ†ii ,jæZ; l Dcvq Rvb†e

welqwfweK cÖvwšÍK †hvM"Zv	†kÖwYwfwEK AR©b Dc†hvMx †hvM"Zv				
	cÖ_g †kÖwY	wØZxq †kÖwY	Z...Zxq †kÖwY	PZz_© †kÖwY	cÂg †kÖwY
13. c,,w_exi gnv†`k gnvmvMi,†jv mªú†K© cÖv_wgK aviYv AR©b	-	-	13.1 gnv†`k gnvmvMi,†j vi bvg ej†Z cvi†e gwbwP† G,†jvi Ae`vb †`Lv†Z cvi†e 13.2 evsjv†`k †Kvb gnv†`k Aew`Z Zv ej†Z cvi†e	13.1 Gwkqv gnv†`ki mswÿß eY©bv w`†Z cvi†e	
14. gyw³hy†xi BwZnm Rvbv Gi †PZbvq †`k†cÖg RvZxqZv†ev† a Dïxß nlqv	14.1 RvZxq cZvKvi †gŠwLK eY©bv w`†Z cvi†e 14.2 gy³nv†Z RvZxq cZvKv	14.1 RvZxq cZvKv e`env†ii wbqg Rvb†e mªšvb Ki†e	14.1 RvwZi wcZvi Rxebx evsjv†`ki `^vaxbZv AR©†b Zuvi Ae`vb mš†y†c Rvb†e Zuvi Av`†k©	14.1 gyw³hy†xi cUf~wg Rvb†e (fvlv Av†`vjb †_†K 1971 Gi 25 gvP© ch©šÍ) 14.2 wewfbœ	14.1 gyw³hy†xi mswÿß eY©bv (25gv†P©i ci †_†K 16 wW†mª^i ch©šÍ) w`†Z cvi†e Gi Rb` Me©†eva Ki†e 14.2 mvaviY gvbyl

welqfwĚK cÖvšĪK †hvM"Zv	†kÖwYwfwĚK AR©b Dc†hvMx †hvM"Zv				
	cÖ_g †kÖwY	wØZxq †kÖwY	Z...Zxq †kÖwY	PZz_© †kÖwY	cĀg †kÖwY
	AvuK†Z cvi†e 14.3 RvZxq msMx†Zi cÖ_g Pvi jvBb ĩx K†i ej†Z MvB†Z cvi†e RvZxq cZvKv†K mᵃšvb Ki†e	14.2 RvZxq Kwe RvZxq msMx†Zi iPwqZvi bvg Rvb†e 14.3 RvZxq msMxZ MvB†Z Ges RvZxq msMxZ RvZxq cZvKv†K Kxfv†e mᵃšvb Ki†Z nq ej†Z cvi†e 14.4 gyw³hyx †š†Y wewfbœ RvZxq w`em	AbycÖvwY Z n†e 14.2 Avgv†`i RvZxq cZvKv RvZxq msMxZ †h gyw³hy†xi gva`†g AwR©Z n†q†Q Zv Rvb†e Me© Abyfe Ki†e 14.3 RvZxq cZvKvi is bKkvi mwVK AbycvZ Ges wewfbœ w`em †y†Ī Gi e`envi Rvb†e	†y†Ī ZrKvjxb c~e© cwðg cvwK`Īv†bi g†a` %œlg` mᵃú†K© Rvb†e 14.3 evsjv†`†ki †^vaxbZvi †PZbvi K_v Rvb†e 14.4 1971 Gi 25 gvP© iv†Z evOvwj†`i lci cvwK`Īvwb %œmb` evwnbxi Avµg†Yi NUbv ej†Z cvi†e 14.5 1971 Gi 26 gvP©	gyw³hv×v†`i AvZŹZ`v†Mi K_v Rvb†e Zv†`i cÖwZ kÖ×v cÖ`k©b Ki†e 14.3 gyw³hy†xi †PZbvq †`k†cÖg RvZxqZv†ev†a DĪxß n†e Ges Z`v†Mi g†bvfe MvB †`kMovi Kv†R mwµq AskMÖnY Ki†e

welqwfweK cÖvšÍK †hvM“Zv	†kÖwYwfwEK AR©b Dc†hvMx †hvM“Zv				
	cÖ_g †kÖwY	wØZxq †kÖwY	Z...Zxq †kÖwY	PZz_© †kÖwY	cÂg †kÖwY
		D`&&hvcb Dcj†ÿ Abyôv†b AskMÖnY Ki†e		¯^vaxbZvi †NviYv gyw³hy†xi D†jØL†hvM “ BwZnvm Rvb†e	
15. evsjv†`†ki BwZnvm, HwZn“, ms¯<...wZ, †fŠ†MvwjK A_©%bwZK Ae¯v máú†K© Rvbv Ges G,†jvi cÖwZ kªxvkxj nlqv fv†jvevmv	15.1 RvZxq cZvKv RvZxq msMxZ†K fv†jvevmvi gva`†g †k†cÖ†g Dïxß n†e 15.2 ¯^vaxbZv w`em, weRq w`em, kwn` w`em Gi ZvwiL D†jØL/ej†Z cvi†e 15.3 we¯vjq KZ...©K Av†qvwRZ wewfbœ	15.1 kwn` w`em, ¯^vaxbZv w`em, weRq w`em, evsjv bee†l©i ZvwiL ej†Z cvi†e G,†jvi Zvrch© Dcjwä Ki†e 15.2 K†qKwU †jvK Kvwnbx Qov ej†Z cvi†e	15.1 evsjv†`†ki RvZxq w`em,†jv máú†K© Rvb†e 15.2 evsjv†`†ki D†jØL†hvM“ mvgvwRK Drme,†jv máú†K© Rvb†e 15.3 evsjv†`†ki mxgv†iLv AvqZb Rvb†e	15.1 cÖvPxb ga` hy†Mi evsjvi BwZnvm ms†ÿ†c Rvb†e 15.2 evsjv†`†ki †fŠ†MvwjK Ae¯v máú†K© cÖv_wgK aviYv AR©b Ki†e 15.3 evsjv†`†ki HwZn“ ms¯<...wZ máú†K©	15.1 weªwUk Jcwb†ewkK kvmbKvj máú†K© cÖv_wgK aviYv AR©b Ki†e 15.2 evsjv†`†ki K†qKwU HwZnvwmK wb`k©b mswkó BwZnvm ms†ÿ†c Rvb†e 15.3 evsjv†`†ki K„wLRvZ `ªe“, wkí Avg`vwb-ißvwb

<p>welqfwĒK cÖwšĪK †hvM"Zv</p>	<p>†kÖwYwfwĒK AR©b Dc†hvMx †hvM"Zv</p>				
	<p>cÖ_g †kÖwY</p>	<p>wØZxq †kÖwY</p>	<p>Z...Zxq †kÖwY</p>	<p>PZz_© †kÖwY</p>	<p>cĀg †kÖwY</p>
	<p>RvZxq w`e†mi Abyôvb Dc†fvM Ki†e 15.4 evsjv†`†ki gvbwPĪ †`†L wPb†Z cvi†e 15.5 evsjv bee†l©i gv†mi bvg ZvwiL ej†Z cvi†e 15.6 evsjv†`†ki K†qKwU RvZxq cÖZx†Ki (dj, dzj, gvQ, cĭ, cvwL) bvg Rvb†e </p>	<p>15.3 gyw³hy†xi NUbv Rvbvi gva`†g Avgiv wKfv†e RvZxq cZvKv RvZxq msMxZ AR©b K†iwQ Zv ej†Z cvi†e 15.4 evsjv†`†ki gvbwP†Ī w`K wPwýZ Ki†Z cvi†e 15.5 RvZxq cÖZxK,†jvi Qwe AvuK†Z cvi†e </p>	<p>15.4 Qvc w`†q evsjv†`†ki gvbwPĪ AuvK†Z cvi†e 15.5 evsjv†`†ki gvbwPĪ †`†L Gi mxgvbv wb†`©k Ki†Z cvi†e 15.6 gvbwP†Ī evsjv†`†ki ivRavbx wefvMxq kni Ges cÖavb cÖavb b`x †`Lv†Z cvi†e </p>	<p>cÖv_wgK aviYv jvf Ki†e kÖ×v Ki†e </p>	<p>mαú†K© Rvb†e </p>

<p>welqfwĚK cÖvšĪK †hvM"Zv</p>	<p>†kÖwYwfwĚK AR©b Dc†hvMx †hvM"Zv</p>				
	<p>cÖ_g †kÖwY</p>	<p>wØZxq †kÖwY</p>	<p>Z...Zxq †kÖwY</p>	<p>PZz_© †kÖwY</p>	<p>cĀg †kÖwY</p>
	<p>15.7 Avgv†`i ivó^aflvi bvg ej†Z cvi†el 15.8 RvZxq cÖZxK,†jvi Qwe AvuK†el</p>	<p>15.6 RvZxq cÖZxK,†jvi Qwe AvuK†el 15.7 Avgv†`i ivó^aflvi bvg ej†Z cvi†el</p>			
<p>16. AvšĪR©wZK Zv†eva, wek åvZ...Zj wek ms⁻„wZi cÖwZ AvMÖnx kÖ×vkxj nlqv </p>	<p>-</p>	<p>-</p>	<p>-</p>	<p>16.1 Gwkqv gnv†`†ki ms⁻„wZ mæú†K© cÖv_wgK aviYv AR©b Ki†el </p>	<p>16.1 we†k i wewfbœ †`k RbM†Yi g†a" eÜyZj åvZ...†Zji ,iæZj eyS†el 16.2 mvK© mæú†K© mst†y†c Rvb†el 16.3 RvwZmsN mæú†K© cÖv_wgK</p>

<p>welqfwĚK cÖvšÍK †hvM"Zv</p>	<p>†kÖwYwfwĚK AR©b Dc†hvMx †hvM"Zv</p>				
	<p>cÖ_g †kÖwY</p>	<p>wØZxq †kÖwY</p>	<p>Z...Zxq †kÖwY</p>	<p>PZz_© †kÖwY</p>	<p>cÂg †kÖwY</p>
					<p>aviYv AR©b Ki†e </p>

mnvqK Z_-2
 evsjv`k | wek!cwiPq
 cÂg †kÖwY

<p>welqfw ÈK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wÈK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
<p>1. mgvR, cwi†ek cwi†e† ki wewfb œ Dcv`vb m¸ú†K © Rvbv Ges G,†jvi cvi`úwi K m¸ú†K ©i ,iæZi Dcjwä Kiv</p>	<p style="text-align: center;">-</p>	<p style="text-align: center;">-</p>	<p style="text-align: center;">-</p>	<p style="text-align: center;">-</p>	<p style="text-align: center;">-</p>

<p>welqfw ĒK cÖwšĪK †hvM"Zv</p>	<p>†kÖwYwf wĒK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe^ˉ,</p>	<p>cwiKwĪZ KvR/cixŷY/c Ö`k©b</p>	<p>†jLK A¼b wkĪx†`i Rb" wb†`©kbv</p>
<p>2. we†kl- Pvwn`v mꝱúbœ wkĪmn (bvix-cy iyl, †kÖwY, RvwZ-a g©-eY © BZ`vw` wbwe© †k†l) mK†ji mv†_ mn†hv wMZv mꝱcÖx wZi gvbwm KZv AR©b Kiv </p>	<p>2.1 mgv† Ri m`m" wn†m †e bvix-c yiæ†li mggh ©v`v eyS† e Ges cwiev i we`vj †q wewf bœ my†h vM-m ywea v AwaK v†ii</p>	<p>2.1.1 mgv†R i wewfb œ †ŷ†Ī (evwo, we`vjq Ab`vb` †ŷ†Ī) bvix-cy iæ†li mnve^ˉ, v†bi ,iæZi ej†Z cvi†e </p> <p>2.1.2 mgv†R bvixi Ae`vb D†jØL</p>	<p><u>Avgiv gvbyl</u> - bvix cyiæ†li mgvb gh©v`v - mgv†R bvixi Ae`vb - bvix wbh©vZb †bwZevP K cÖfve - mgAwaKv †ii ,iæZi - bvix-cyiæ wbwe©†k †l mK†ji wbivc†` wbwe©†N</p>	<p>†eªBb =wg©s Gi gva`†g wkŷv_©xiv wewfbœ ag© ŷz`ª RvwZmĒv†i bv†gi ZvwjKv `Zwi Ki†e Awfbq, D`vni†Yi gva`†g bvix-cyiæ†li mgZv wbivc` wbwe©†Nœ PjvP†ji ,iæZi Zz†j ai†e AwUw=K wkĪx`i</p>	<p>1. wkLbdj, welqe^ˉ cwiKwĪZ KvR Abyhvqx welqe^ˉ Dc`vcb Ki†Z n†e </p> <p>2. wkĪ Dc†hvMx K†i mnR †QvU †QvU ev†K` wewfbœ g†bv%œĀvwb K c`xwZ (Rvbw †_†K ARvbw, mnR †_†K KwVb BZ`vw`) Aejª^b K†i welqe^ˉ wjL†Z n†e </p> <p>3. RwUj evK` kª cwinvi Ki†Z n†e </p>

<p>welqwf ĖK cÖwšĪK †hvM"Zv</p>	<p>†kÖwYwf wĖK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻,</p>	<p>cwiKwĪZ KvR/cixŷY/c Ö`k©b</p>	<p>†jLK A¼b wkĪx†`i Rb" wb†`©kbv</p>
	<p>†ŷ†Ī bvix-c yia†li mgZv i ,iæZi Dcŷw ä Ki†e </p> <p>2.2 AwU Rg Kx eyS† Z cvi†e Ges AwU w÷K wkĪ†`i we†kl ^ewkó .. Rvbv</p>	<p>Ki†Z cvi†e </p> <p>2.1.3 bvix wbh©v Z†bi †bwZe vPK cÖfve ej†Z cvi†e </p> <p>2.1.4 evwo, we"vjq Ab"vb" †ŷ†Ī wewfb œ my†hv M mywea v AwaKv †ii †ŷ†Ī</p>	<p>œ PjvP†ji ,iæZi wbðqZv </p> <p>- RvwZ, ag©, eY©, †kÖwY wbwe©†k †l mK†ji g†a" mæú^axwZ </p> <p>- Mv†iv, Lvwmqv, gyis, wĪcyiv luiv††`i ms⁻ <...wZ </p> <p>- mgv†R mK†ji mn-Ae⁻v b kvwšĪc~Y</p>	<p>^ewk†ó`i ZvwjKv ^Zwi </p> <p>AwUw÷K wkĪ†`i mv†_ eÜzmyjf AvPi†Yi f~wgKvwfbq</p>	<p>4. welqe⁻†Z Ávb AR©†bi cvkvcwk `ŷZv `w,óf^w½ AR©†bi cÖwZ ,iæZi w`†Z n†e </p> <p>5. welqe⁻ Dc⁻vc†b nv†Z-Kj†g KvR D" PZi wPšĪvi my†hvM _vK†Z n†e </p> <p>6. cÖ†qvRb Abyhvqx wewfbœ ai†bi PvU©, QK, MÖvd ms†hvRb Ki†Z n†e </p> <p>7. g~j"vq†bi cÖkœ,†jv</p>

<p>welqwf ĒK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĒK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻,</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK I A¼b wkíx†`i Rb" wb†`©kbv</p>
	<p>I Pvwn `v Abya ve†bi gva`† g Zv†`i cÖwZ BwZe vPK AvPi Y cÖ`k ©†bi g†bvf ve AR©b Ki†el</p>	<p>bvix-cy iæ†li cÖwZ mgvb AvPi† Yi ,iæZi ej†Z cvi†el</p> <p>2.1.5 evwo I we`vj† qi wewfb æ Kv†R †Q†j-† g†q wg†jw g†k _vKvi cÖ†qv RbxqZ v e`vL`v</p>	<p>© mgvR MV†bi cÖ†qvRbx qZv </p> <p>Avgiv mevb mgvb</p> <p>- wki†`i cÖwZfvi †ÿ†Í wewfbœZ v</p> <p>- AvPi†Yi w`K w`†q wewfbœZ v</p> <p>- AwURg Gi aviYv</p> <p>- AwUw÷K wki†`i ^ewkó`</p>		<p>wkLbdjwfwĒK n†el</p> <p>8. ev⁻Íe Rxe†bi wewfbœ NUbv I D`vni†Yi mynv†h` welqe⁻, wjL†Z n†el</p> <p>9. welqe⁻i mv†_ msMwZc~Y© wPÍ, Qwe AšÍf©y³ Ki†Z n†el †hLv†b mæœe Qwe wPÍ w`†Z n†el Qwe,†jv iwOb I eo AvKv†ii n†el</p> <p>10. welqe⁻, Dc⁻vc†b mK†ji g†a` cvi⁻úwiK</p>

<p>welqfwf ĖK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĖK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK I A¼b wkíx†`i Rb" wb†`©kbv</p>
		<p>Ki†Z cvi†el 2.1.6 †Q†j-† g†q wbwe ©†k†l mevi wbivc` PjvP†ji ,iæZi Dcjawä Ki†e Ges eY©bv Ki†Z cvi†el 2.1.7 RvwZ, †kÖwY , ag©, eY©, †Mvôx, †QvU-</p>	<p>- AwUw÷K wkí†`i cÖwZ mngwg©Z v I mn†hvwM Zv cÖ`k©b</p>		<p>mn†hvwMZv, máú^axwZ I mn-Ae⁻vb†K ,iæZi w`†Z n†el 11. evsjv†`k †h GKwU eú RvwZ I a†g©i †`k Zv we†klfv†e ej†Z n†el 12. cwievi I mgvR Rxe†b bvix-cyiæ†li mgZvi ,iæZi Zz†j ai†Z n†el 13. bvix-cyiæ†li wbivcĖv, úk©KvZi wel†q, †hgb A†kvfb AvPiY (K_vq I</p>

<p>welqfw ĖK cÖwšĪK †hvM"Zv</p>	<p>†kÖwYwf wĖK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwĪZ KvR/cixŷY/c Ö`k©b</p>	<p>†jLK I A¼b wkĪx†`i Rb" wb†`©kbv</p>
		<p>eo wbwe ©†k†l mevB† K mgvb ghv©`v w`†e I wg†jw g†k Pj†e </p> <p>2.1.8 Mv†iv, Lvwmq v, gyis, wĪcyiv luivl†`i ms⁻˘... wZ eY©bv Ki†Z cvi†e </p>			<p>e`env†i), ifp†v†e bv ejv G welq,†jv†K we†klfv†e ,iæZi w`†q wjL†Z n†e </p> <p>14.bvix wbh©vZ†bi wewfbœ w`K (†hgb- wbwe©†Nœ PjvP†j evav cÖ`vb,A†kvfb AvPiY Kiv, KUzw³, kvixwiK I gvbwmK wbh©vZb BZ`vw`) Zz†j aivi gva`†g G,†jv e†Ü m†PZb Ki†Z n†e </p>

<p>welqfw ĚK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĚK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
		<p>2.2.1 wkí†`i cÖwZf vi g†a" cv_©† K`i wewfb œ w`K D†jøL Ki†Z cvi†el</p> <p>2.2.2 AwUR g Kx ej†Z cvi†el</p> <p>2.2.3 AwUw ÷K wkí†`i ^ewkó" eY©bv</p>			

<p>welqfw ĚK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĚK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
		<p>Ki†Z cvi†el</p> <p>2.2.4 AwUw ÷K wki†`i cÖwZ mngg© xZv cÖ`k© b Ki†el</p> <p>2.2.5 AwUw ÷K wki†`i cÖ†qv Rbxq mvmvh " mn†hv wMZv Ki†el</p>			

<p>welqfw ĚK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĚK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
		<p>2.2.6gvby†li wewfb æZv m†Ěj mevB †h mgvb Zv ej†Z cvi†el</p>			

<p>welqfwf ĒK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĒK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe^ˉ</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK I A¼b wkíx†`i Rb" wb†`©kbv</p>
<p>3. †gŠwjK Pvwn`v I gvbevwaKvi máú†K © aviYv AR©b Ges ev^ˉÍe Rxe†b Abykxj b Kiv </p>	<p>3.1 gvbe vwaK vi máú† K© Rvb† e 3.2 gvbe vwaK vi ev^ˉÍe vqb máú† K© m†P Zb n†e </p>	<p>3.1.1 gvbev waKvi Kx Zv ej†Z cvi†e 3.1.2 †gŠwj K gvbev waKvi, †jv D†j∅L Ki†Z cvi†e 3.1.3 gvbev waKv†i i ,jæZj e^ˉvL^ˉv Ki†Z cvi†e </p>	<p><u>gvbyl</u> <u>wn†m†e</u> <u>Avgv†i</u> <u>AwaKvi</u></p> <ul style="list-style-type: none"> • gvbevwaKv†ii aviYv • K†qKwU cÖavb gvbevwaKvi I gvbevwaKv†ii ev^ˉÍevqbl • wki kÖg, wki cvPvi máú†K© m†PZb 	<p>wkÿv_©xiv gvbevwaKv†ii Ici †cv=vi ^Zwi Ki†e I †kÖwY†Z/w e^ˉvj†q cÖ`k©b Ki†e gvbevwaKvi jsNb nq G ai†bi Kv†Ri ZvwjKv ^Zwi Ki†e I G,†jv †_†K weiZ _vKvi A½xKvi Ki†e `jMZ Awfb†qi g^ˉva^ˉ†g gvbevwaKvi</p>	<p>1-9 Dc†ii Abyifc 10. wek gvbevwaKv†ii †NviYvi Av†jv†K gvbevwaKvi máú†K© Av†jvPbv Ki†eb G Av†jvPbvq wkii gvbevwaKv†ii Ici ,jæZj w`†eb 11. evsjv†`†k gvbevwaKvi jsN†bi D`vniY (we†kl K†i wkí†i) G†b G,†jv †_†K weiZ _vKvi Rb" m†PZbZvg~jK</p>

<p>welqfw ĚK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĚK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
		<p>3.2.1 †gŠwj K gvbev waKvi ÿzYæ nq Gifc welq (wkí kÖg, wkí wbh©v Zb, wkí cvPvi gRywi Ab"vb" my†hv M mywea vi †ÿ†Í) wPwnè</p>		<p>mªú†K© m†PZb n†ej</p>	<p>welqe⁻ Dc⁻vcb Ki†ej 12. wkíkÖg, wkkycvPv†ii Ici Qwe/wPÍ w`†Z n†ej </p>

<p>welqfw ĚK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĚK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
		<p>Z Ki†Z cvi†el 3.2.2 †gŠwj K gvbev waKvi ÿzYœ nq G ai†bi welqM y†jv mαú†K © m†PZb n†el 3.2.3 gvbev waKvi iÿvi Kv†R AskM</p>			

<p>welqfwf ĖK cÖwšĪK †hvM"Zv</p>	<p>†kÖwYwf wĖK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwĪZ KvR/cixŷY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
		<p>ÖnY Ki†el</p>			
<p>4. mgvR iv†ó^{ai} m`m" wn†m †e wb†Ri AwaK vi, `vwqZ j-KZ© e" wbivc Ėv m^{au}† K© Rvbv Ges G,†jv AR©b cvj†b</p>	<p>4.1 mgvR iv†ó^{ai} cÖwZ wbR `vwq Zj KZ©e " m^{au}† K© Rvb† e cvjb Ki†el 4.2 wki wb†R i wbivc Ėv m^{au}†</p>	<p>4.1.1 mgv†R i cÖwZ `vwqZj KZ©e", †jv wPwnè Z Ki†Z cvi†el 4.1.2 iv†ó^{ai} cÖwZ `vwqZj KZ©e" ej†Z cvi†el 4.2.1 wki wb†Ri wbivcĖ</p>	<p>Avgv†`i `vwqZj KZ©e"</p> <ul style="list-style-type: none"> • `vwqZj KZ©†e" aviYv • `vwqZj KZ©e" cvj†bi cÖ†qvRb xqZv • mgv†Ri cÖwZ `vwqZj KZ©e" • iv†ó^{ai} cÖwZ `vwqZj KZ©e" 	<p>†e^aBb ≠wg©s-Gi gva`†g mgvR iv†ó^{ai} cÖwZ `vwqZj KZ©†e" ZvwjKv `Zwi Ki†el wky†Ki wb†`©kbvq wkyv_©xiv `†j we^f n†q evwoi Av†kcv†k we`vj†q 2/1wU `vwqZj cvjb Ki†el †kÖwY†Z wi†cvU© Ki†el</p>	<p>1-9 lc†ii Abyjfc 10. `vwqZj KZ©e" m^{au}†K© Av†jvPbvi cvkvcvwk wkyv_©x†`i G,†jv wPwnèZ Ki†Z nv†Z Kj†g `vwqZj cvj†bi lci ,iæZj w`†Z n†el 11. iv`Ív cvivcv†ii mwVK wbqg, U^avwdK wmMbvj, †Re^avµwms, dzUlfi, Ifviwe^aR,AvŪvi cvm,dzUcv_</p>

<p>welqfw ĖK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĖK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixŷY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
<p>m†PZ b nlqv </p>	<p>K© m†PZ b n†e </p>	<p>vi K†qKw U Dcvq máú†K © ej†Z cvi†e (AcwiwPZ e`w³i mv†_ †Kv_vl bv hvlqv bv Lvlqv, wbqg †g†b iv⁻Ív cvi nlqv †hgb lfvi we^aR †Re^av</p>	<p>wb†R†K wbivc` ivLv • AcwiwPZ e`w³i mv†_ †Kv_vl bv hvlqv Ges Zv†`i †`lqv wKQz bv Lvlqv • iv⁻Ív cvivcv†i U^avwdK wbqg †g†b Pjv • dzUlfvi we^aR †Re^avµw ms e`envi Kiv </p>	<p>wbivc` ivLvi Dcvq,†jv máú†K© Qwe/ wPÍ Øviv aviYv †`lqv `jMZfv†e wb†R†K wbivc` ivLvi Dcv†qi ZvwjKv ^Zwi Ki†e Awfb†qi gva`†g wbivc` ivLvi Dcvq cÖ`k©b Ki†e </p>	<p>BZ`vw` e`env†ii Qwe w`†Z n†e </p>

<p>welqfw ĚK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĚK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
		<p>µwms l dzUcv Z w`†q cvi nlqv)</p> <p>4.2.2 wki wb†Ri wbivcĚ v iÿvq m†PZb n†q wb†R† K wbivc` ivL†ej</p>			

<p>welqfwf ĔK cÖwšÍK †hvM"Zv</p>	<p>†kÖwYwf wĔK AR©b Dc†hvMx †hvM"Zv</p>	<p>wkLbdj</p>	<p>welqe⁻;</p>	<p>cwiKwíZ KvR/cixÿY/c Ö`k©b</p>	<p>†jLK A¼b wkíx†`i Rb" wb†`©kbv</p>
<p>5. e" w³M Z, cwwie vwiK, mvgv wRK ivó^axq m^aú†` i cwiPq , h_vh_ e"envi , msiyY AcPq †iva Kiv </p>	<p>-</p>	<p>-</p>	<p>-</p>	<p>-</p>	<p>-</p>

w`b-1

Awaʔekb-4

1| wkʔivbvg: evsjvʔ`k I wekʔcwiPq wkLb-ʔkLvʔbv mvgMÖx chvʔʔjvPbv (wkÿK mnvwqKv: 1g I 2q ʔk`Yx)

2| g~jwelq: cÖv_wgK ʔiʔii wkÿvq wkLb-ʔkLvʔbv KvRʔK KvHʔKifvʔe cwiPvjbv Kivi ʔÿʔI wkLb-ʔkLvʔbv mvgMÖx AZ`šI ʔiyZic~Yʔ f~wgKv cvjb KʔiI wkLb-ʔkLvʔbvi ʔÿʔI GKw`ʔK ʔhgb wkÿʔKi AvšIwiK cÖʔPóv I GKvMÖZv _vKv Riyix Aciw`ʔK cÖʔqvRb wkLb-ʔkLvʔbv mvgMÖxi mvʔeʔvrK...ó e`envil cvVʔK mim, djcÖm~ Kivi jʔÿ` wkLb-ʔkLvʔbv mvgMÖxi cÖʔqvRbxqZv Ab`^xKvhʔ| cÖv_wgK ʔiʔi Öevsjvʔ`k I wekʔcwiPqÖÖ cvV`vʔbi Rb` wewfbæ aiʔYi wbʔ`ʔkbv mvgMÖx ʔhgb cvV`cy`K, wkÿK ms`iY, wkÿK mnvwqKv, cÖkæcyw`ÍKv BZ`vw` we`gvb iʔqʔQ|

cÖ_g I wØZxq ʔk`awYi wkiʔ`i eqm gvbwmK `~iZi Lye ʔewk bq eʔj Zvʔ`i Rb` mgvR I weÁvb mʔúwKʔZ welqe` mgwʔ^Z fvʔe Dc`vcb Kiv nʔqʔQ| G welqwUi Rb` 1g I 2q ʔk`awYʔZ ʔKvb cvV`cy`K ʔbB| wkÿKʔK mnvqZv Kivi Rb` c`Yqb Kiv nʔqʔQ ÔÔwkÿK mnvwqKvÖÖ| wkÿK mnvwqKvq cÖwZwU Aa`vʔqi Rb` ARʔʔbvcʔhvMx ʔhvM`Zv, wkLbdj iʔqʔQ| ZvQvov cÖwZwU cvʔVi Rb` DcKiY, wkLb-ʔkLvʔbv KvHʔvej I g~j`vqb mwboeʔewkZ nʔqʔQ| wkÿKMY G,ʔjv AvqZi Kʔi ʔk`awYʔZ Dc`vcb Kiʔeb| GwU wVK ʔh, cÖʔZ`K wkÿʔKi wbR`^ wkÿY c`wZ I ʔk`awYʔZ cvV Dc`vcʔKi cwiKíbv I ʔKŠkj iʔqʔQ| wkÿK Zuvi wbR`^ wPšÍv-fvebv I wkÿK mnvwqKvi wbʔ`ʔkbv cy`Lvbycy`Lfvʔe weʔkøY Kʔi KvHʔKi wkLb-ʔkLvʔbv KvHʔvejx cwiKíbv I AvqZi Kʔi Zv ʔk`awYʔZ cÖʔqvM Kiʔeb| GUvB cÖZ`vkv|

3| mgq: 1 N>Uv 30 wgwbu

4| wkLbdj:

- wkLb-ʔkLvʔbv mvgMÖx Kx Zv eʔjZ cviʔeb|
- wkLb-ʔkLvʔbv mvgMÖxi ʔiæZi I cÖKviʔf DʔjøL KiʔZ cviʔeb|
- Öevsjvʔ`k I wekʔcwiPqÖ welʔqi wkLb-ʔkLvʔbv mvgMÖx mʔúʔKʔ aviYv jvf Kiʔeb|
- 1g I 2q ʔk`Yxi wkÿK mnvwqKvi Dʔĭk, %ewkó I welqe` mʔúʔKʔ aviYv jvf Kiʔeb|

5| DcKiY: gvKʔvi, gvwëgwWqv, ʔcv=vi ʔccvi, mvBbʔcb, cykwcb, j`cUc, 1g I 2q ʔk`Yxi wkÿK mnvwqKv BZ`vw`|

6| c`wZ/ʔKŠkj: ʔe`Bb ÷wʔgs, cÖʔkœvËi, AvʔjvPbv, GKK I `jxq KvR, ʔcøbwi BZ`vw`|

7| Awaʔekʔbi weeiY:

KvR-1: wkLb-þkLvþbv mvgMÖxi aviYv jvf Kiv|

mgq: 15 wgwbu

1.1 Avb`´`vqK KvþRi gva`þg Awaþekþbi m~Pbv Kiyb|Gici AskMÖnYKvixþ`i wbKU wbþPi cÖkœwU Kiæb|

wkLb-þkLvþbv mvgMÖx ejþZ Kx eywS Ges Gi ,iæZi Kx?

1.2 GK wgwbu wPšÍv KiþZ ejyb| 4/5 Rþbi wbKU þ_þK DËi ïbyb|

1.3 Gevi c~þe© cÖ`´ZK...Z ÔwkLb-þkLvþbv mvgMÖx KxÖ? - þjLv PvU©wU gvwëwgwWqvi mnnvþh` Dc`´vcb Kiyb|

1.4 wkÿv_x©þ`i aviYv cwi©xvi Kivi jþÿ` wkÿv_x©þ`i cÖkœ KiþZ DrmwvwnZ Kiyb|

KvR-2: evsjvþ`k l wek!cwiPq wkLb-þkLvþbv mvgMÖxi cÖKviþf maúþK© aviYv jvf Kiv|

mgq: 30 wgwbu

2.1 AskMÖnYKvixþ`i wbKU wbþPi cÖkœwU Kiæb-

ÔcÖv_wgK we`´vjþq **evsjvþ`k l wek!cwiPq** welþqi wkLb-þkLvþbv Kvh©vewj cwiPvjbvq Kx Kx mvgMÖx e`envi Kwi?Ö

2.2 DËi iþb þevþW© wjLyb| þjLvi ci AvþjvPbvi gva`þg mwVK DËi,þjv evQvB Kiæb|

2.3 evsjvþ`k l wek!cwiPq welþq cÖavbZt þh mg`Í wkLb-þkLvþbv mvgMÖx e`envi Kiv nq Zv þjLv PvU© gvwëwgwWqvi mnnvþh` Dc`´vcb Kiyb|

KvR-3: 1g l 2q þk`awYi wkÿK mnnvwqKvi %œwkó´, cwimi l e`envi þKŠkj e`vL`v Kiv|

mgq: 40 wgwbu

3.1 AskMÖnYKvixþ`i `ywU `þj fvM Kiæb|

3.2 GKwU `þj cÖþZ`KþK 1g þk`awYi wkÿK mnnvwqKv Ges Aci 1wU `þji cÖþZ`KþK 2q þk`awYi mnnvwqKv weZiY Kiæb|

3.3 Gevi AskMÖnYKvixþ`i wkÿK mnnvwqKvi Aa`vq, welqe`´, c,,ôv msL`v ch©vþjvPbv KiþZ ejyb| covi Rb`´ 4/5 wgwbu mgq w`b|

3.4 cÖwZ `þji 2/3 RbþK m~wPcÍ miþe coþZ w`b Ges Ab`þ`iþK ïbþZ ejyb|

3.5. Gevi wbþPi cÖkœmg~n Kiæb:

- _ 1g þk`awYi wkÿK mnnvwqKvi KZwU Aa`vq iþqþQ l c,,ôv msL`v KZ?
- _ 1g þk`awYi wkÿK mnnvwqKvi welqe`´,þjv Kx Kx?
- _ 2q þk`awYi wkÿK mnnvwqKvi KZwU Aa`vq l c,,ôv msL`v KZ?
- _ 2q þk`awYi wkÿK mnnvwqKvi welqe`´,þjv Kx Kx?

3.6 Gevi AskMÖnYKvixþ`i 4wU `þj fvM Kiæb l wba©vwiZ RvqMvq emþZ ejyb|

3.7 `jMZ KvþRi wbþ`©kbv w`b|

K `j-1g/2q †k^aYxi wkÿK mnvwqKvi ^ewkó` †jLv

L `j 1g/2q †k^awYi wkÿK mnvwqKvi Kx Kx Qwe i†q†Q Zvi ZvwjKv ^Zwi

M `j- mnvwqKvi Abykwjb,†jv†Z Kx Kx Afxÿv/cÖkœ Av†Q Zvi ZvwjKv †jLv

N `j- Aa`vq wfwËK Kx Kx QK i†q†Q Zvi ZvwjKv Kiv

2.8 †cøbvwi†Z `jxq KvR ch©vqµ†g Dc`vcb Ki†Z ejyb Ges Ab`vb`†`i gZvgZ w`†Z ejyb| †Kvb Am^á~Y©Zv _vK†j mgš[^]q Kiæb|

8| g~j`vqb :

mgq: 5

wgwbU

(K) evsjv†`k | wek|cwiPq wkLb-†kLv†bv mvgMÖxi cÖKvi†f` D†jØL Kiæb|

(L) 1g | 2q †k^awYi wkÿK mnvwqKvi 2wU ^ewkó` ejyb|

9| ^-AbywPšÍb:

K) Awa†ekbwU KZUv `ÿZvi mv†_ cwiPvjbv Ki†Z mÿg n†q†Qb, wPšÍv Kiæb|

L) `jxq Kv†R mevi AskMÖnY wQj wK? †KD wbw©œEq _vK†j Zvi KviY fveyb|

M) wkLbdj AR©†b Abym„Z KvR h†_ó wQj wK? bv _vK†j bZzb Kx KvR Kiv †h†Z cv†i wPšÍv Kiæb|

N) mK†j wkLbdj AR©b Ki†Z †c†i†Qb wK? bv Ki†Z cvi†j Zvi Rb` Kx c`†ÿc †bqv cÖ†hvRb wQj Zv ejyb|

O) Awa†ekb AskMÖnYg~jK wQj wK?

Z_`cÍ-1:

†h mvgMÖxi gva`†g wkÿK wkLb-†kLv†bv KvR c×wZMZfv†e | djcÖm~if†c K†ib Zv†K wkLb †kLv†bv mvgMÖx e†j|

evsjv†`k | wek|cwiPq wel†q cÖavbZ †h mg`Í wkLb †kLv†bv mvgMÖx e`envi Kiv nq Zv wbæifc|

- | |
|-----------------|
| K. wkÿK mnvwqKv |
| L. cvV`cy`ÍK |
| M. wkÿK ms`iY |
| N. bgyb |
| cvVcwiKíbv |
| O. cÖkœ cyw`ÍKv |
| P. Z_` cyw`ÍKv |

wkÿK mnvwqKv: cÖv_wgK `Í†i evsjv†`k | wek|cwiPq Ges cÖv_wgK weÁvb GKwU AZ`všÍ ,jæZic~Y© welq| 1g | 2q †k^awYi evsjv†`k | wek|cwiPq | cÖv_wgK weÁvb mgwš[^]Zfv†e GKwU Avek`Kxq welq wn†m†e cÖv_wgK `Í†ii Aa`v†q i†q†Q| G welqwUi Rb` 1g | 2q †k^aYx†Z †Kvb cvV`cy`K †bB| 1g †k^aYxi wkÿK mnvwqKvi ...13wU Aa`vq i†q†Q | Gi g†a`.....wU Aa`vq evsjv†`k | wek|cwiPq Gi welqe`i wfwË†Z cÖYxZ n†q†Q| wØZxq †kw^aYi wkÿK mnvwqKvi.....

†k^awY wkÿY Kv†R bZzb †KŠkjMZ c^xwZil D™øveb Ki†eb hv†Z cÖwZwU wkÿv_x©
 cvV^ˆwel†qi bZzb Ávb, `ÿZv I `„wóf^w½ AR©b Ki†Z mÿg nq| wkÿK Aek^ˆB g†b ivL†eb †h,
 Zvui ^ˆ^v_©K cvV- cwiPvj^bvi cÖavb Aej^a^b n†”Q wkÿK ms^ˆˆiY| ÔÔ evsjv†`k I
 wek|cwiPqÖÖ wel†qi wkÿK†i wewfbœ †k^awY†Z djcÖm~ cvV cwiPvj^bvi Ki†Z n†j
 cÖwZwU †k^awYi cvV^ˆ cy^ˆ†K†i welq^ˆ I wkLb mvgMÖx m^aú†K© aviYv _vK†Z n†e|
 wkÿK cvV-cwiPvj^bvi c~†e© Aek^ˆB gvbwmKfv†e cÖ^ˆwZ I welqÁvb m^aúwK©Z cÖ^ˆwZ
 wb†eb| wkÿv_x©iv wkÿ†Ki KvQ †_†K mnR, mü`q Ges Ašlí½ m^aúK© Avkv K†i| wkÿ†Ki
 cÖ^ˆwZ †k^awYK†ÿi cwi†ek†K mnR I AvšlíwK K†i Zzj†Z mnvnh^ˆ K†i| ÔÔ evsjv†`k I
 wek|cwiPqÖÖ wel†q wewfbœ ai†bi wkLb mvgMÖx _vK†j| GB Awa†ek†b cvV^ˆcy^ˆ†K I
 wkÿK ms^ˆˆiY m^aú†K© Av†jvPbv Kiv n†jv|

3| mgq: 1 N›Uv 30 wgwbu

4| wkLbdj: GB Awa†ekb †k†i wkÿv_x©MY-

1. wkLb †kLv†bv mvgMÖx ej†Z Kx eySvq Zv ej†Z cvi†eb|
2. ÔÔ evsjv†`k I wek|cwiPqÖÖ wel†qi wkLb †kLv†bv mvgMÖxi (cvV^ˆcy^ˆ†K I wkÿK
 ms^ˆˆiY) welq^ˆ m^aú†K© ch©v†jvPbv Ki†Z cvi†eb|
3. ÔÔ evsjv†`k I wek|cwiPqÖÖ wel†q †k^awY†Z cvV cwiPvj^bvi Kv†R wkLb-†kLv†bv
 mvgMÖxi cÖ†qvRbxqZv e^ˆvL^ˆv Ki†Z cvi†eb|

5. c^xwZ/ †KŠkj: †e^aBb ÷wgs, GKvKx wPšív, †Rvovq KvR `jxq KvR, cvlqvi c†qU
 cÖ`k©b|

6.DcKiY: cvV^ˆcy^ˆ†K, †cv÷vi †ccvi, wfc KvW©, mvBb †cb/ gvK©vi, j^ˆvcUc,
 gvwëwgwWqv|

7| Awa†ek†bi weeiY:

KvR-1: wkLb †kLv†bv mvgMÖx ej†Z Kx eySvq Zv ej†Z civ|
 10 wgwbu

- mnvqK †k^awY K†ÿ cÖ†ek K†i cÖwkÿYv_x©†i mv†_††f”Qv wewbgq Kiæb| Ges
 Avb^ˆ`vqK Kv†Ri gva^ˆ†g wkLb Dc†hvMx cwi†ek ^ˆZwi Kiæb|
- mnvqK Awa†ek†bi wk†ivbvg I wkLbdjwU wkÿv_x©†i AewnZKi†Yi gva^ˆ†g
 Awa†ek†bi cÖ_g KvR ïiæ Kiæb|
- Ô wkLb mvgMÖxÖ ej†Z Kx †evSvq? mnvqK cÖkœwU ^ˆøvB†W cÖ`k©b K†i
 cÖwkÿYv_x©†i cÖkœ m^aú†K© 1 wgwbu wPšív Ki†Z ejyb| wPšíbK...Z aviYv
 cÖwkÿYv_x©†i wBR LvZvq wjL†Z ejyb| †jLvi Rb^ˆ Zv†i 3/4 wgwbu mgq w`b|
- G†KK Rb cÖwkÿYv_x©†i †K Zv†i aviYv ej†Z DrmwvwnZ Kiæb Ges DËi,†jv
 †ev†W© wjLby| †cøbvwi†Z G m^aú†K© aviYv ^ˆúó Kiæb| me†k†i wkÿK g^ˆvbyqv†j
 cÖ`Ë 1bs PvU©wU gvwëwgwWqvi gva^ˆ†g cvlqvi c†q†U Dc^ˆvcb Kiæb Ges
 ÔwkLb mvgMÖxÖ m^aú†K© cÖwkÿYv_x©†i aviYv ^ˆúó Kiæb|

KvR-2: Ôevsjv†`k I wek|cwiPqÖÖ wel†qi wkLb †kLv†bv mvgMÖx m^aú†K© ch©v†jvPbv
 Ki†Z civ| mgq: 40 wgwbu

- mnvqK cÖwkÿYv_x©†i D†İ†k cÖkæ Kiæb †h Avgiv cÖv_wgK we`vj†q Ôevsjv†k I wek|cwiPqÕ wel†q cvV cwiPvjvbi Rb Kx Kx wkLb mvgMÖx e`envi K†i _wK? cÖkæwU wb†q †Rvovq 1 wgwbU Av†jvPbv Ki†Z ejyb| Av†jvPbv †k†l †Rvov †_†K GKwU K†i wkLb †kLv†bv mvgMÖxi bvg ej†Z ejyb Ges Ab`vb cÖwkÿYv_x©†i g†bv†hvm mnKv†i İb†Z ejyb|
- Gevi mnvqK cÖwkÿYv_x©†i 6 wU `†j fvM Kiæb| 3wU `†j 3q †_†K 5g †k^awYi 1 wU K†i Ô evsjv†k I wek|cwiPqÕ Gi cvV`cy`ÍK w`b| Avi Ab` 3wU `†j 3q †_†K 5g †k^awYi GKwU K†i wkÿK ms`ciY w`b| cÖwkÿYv_x©†i g†bv†hvm mnKv†i cÖvB cvV`cy`ÍK,†jv co†Z ejyb| covi Rb` 10 wgwbU mgq w`b|
- cov †k†l cvV`cy`ÍK `j I wkÿK ms`ciY `j wgwj†q 3 wU `j Kiæb| wb†Pi KvR,†jv 3 wU `†j eywS†q w`b|

1 bs `j: wkÿK ms`ci†Yi we†kl w`Kmg~n D†jØL Kiv|

2bs `j: cvV`cy`Í†Ki ^ewkó`,†jv D†jØL Kiv|

3 bs `j: cvV`cy`Í†Ki welqe`i mv†_ †k^awYwfwËK AR©b Dc†hvmx †hvm`Zv I wkLbd†ji wjv Kiv|

- mnvqK `jxq Kv†R mK†ji AskMÖnY wbdöZ Kiæb Ges wb†k©bv Abymv†i KvR n†Q wK bv Zv Z`viKx Kiæb| †jLv †kl n†j cÖ†Z`K `j †_†K 1 Rb†K Zv Dc`vcb Ki†Z ejyb| G†KK R†bi Dc`vcb †kl n†j `yB `j †_†K `yB Rb†K Zv†i `†ji †Kvb e³e`_vK†j Zv ej†Z ejyb|
- AZtci mnvqK cvlqvi c†q†Ui gva`†g g`vbyqv†j cÖ`Ë PvU©,†jv avivevwnKfv†e Dc`vcb Kiæb I e`vL`v Kiæb|
- G ch©v†q mnvqK g`vbyqv†j cÖ`Ë Pv†U©i mv†_ `jxq Kv†Ri mgš^q K†i mvi ms†yc K†i Zv 4/5 Rb cÖwkÿYv_x©†K Dc`vcb Ki†Z ejyb| cÖ†qvR†b wb†Ri aviYv ms†hvrB Kiæb| GQvovl Av†iv A†bK wkLb mvgMÖx Av†Q hv wkÿ†Y mnvqZv K†i| †hgb- Z_`cÍ-2, 3 I 4|

KvR-3: ÔÔ evsjv†k I wek|cwiPqÕÖ wel†q †k^awY†Z cvV cwiPvjvbi Kv†R wkLb-†kLv†bv mvgMÖxi cÖ†qvRbxqZv e`vL`v Ki†Z civ| mgq: 35 wgwbU

- ÔÔ †k^awYK†y cvV cwiPvjvq Gme mvgMÖxi cÖ†qvRbxqZv Kx?ÕÕ mnvqK cvlqvi c†q†Ui gva`†g cÖkæwU cÖwkÿYv_x©†i mvg†b cÖ`k©b Kiæb| 1 wgwbU cvkvcwk Av†jvPbv Ki†Z ejyb|
Gevi cÖ†Z`K wkÿv_x©†K 1 wU K†i wfc KvW© w`b I 1 wU Kv†W© 1 wU cÖ†qvRbxqZv wjL†Z ejyb|
- †jLv †k†l KvW©,†jv msMÖn Kiæb| KvW©,†jv c†o †kvbvb Ges cÖwkÿYv_x©†i gZvgZ wb†q Zv†i mn†hvwMZvq Zv cykwcb †ev†W© jvwM†q w`b| Gevi

cÖwkyYv_x©†i ga` †_†K 1 Rb†K mαú~Y©UzKz c†o †kvbv†bvi Rb` Avnevb Rvbvb|

- me†k†l g`vbyqv†j cÖ`È PvU© cvlqvi c†q†Ui gva`†g cÖ`k©b Kiæb| c†q>U,†jv cÖwkyYv_x©†i mn†hvwmZvq Av†jvPbv Kiæb| †Kvb A`úóZv bv _vK†j mKj†K ab`ev` Rvwb†q Awa†ekb †kl Kiæb|

8| g~j`vqb: wgwbu

mgq: 05

- mnvqK cÖ†kœvÈ†ii gva`†g g~j`vqb KvR Kiæb Ges AvR†Ki Awa†ekb †_†K †Kvb †Kvb welq aviYv †c†q†Q mnvqK Zv cÖwkyYv_x©†i wbKU †_†K †R†b wbb|
- cvV` cy`††Ki 5wU `ewkó` ejyb|
- wkÿK ms`††Yi we†kl w`K,†jv D†jØL Kiæb|
- me†k†l mevB†K ab`ev` Rvwb†q Awa†ek†bi mgvwß †NviYv Kiæb|

9| ^- AbywPšlb: wbgœwjwLZ cÖkœ,†jvi gva`†g wkÿK Awa†ekbwUi cÖwZdjB Kiæb|

- cv†Vi cÖ`wZ Abymv†i †k^awY†Z Dc`vcb Ki†Z †c†iwQ wK?
- KvR Kivi wb†`k©bv wVK wQj wK?
- mwVKfv†e DcKiY e`envi Ki†Z †c†iwQ wK?
- me,†jv cÖkœ mwVKfv†e K†iwQjvg wK?
- mK†ji AskMÖnY wbdZ Ki†Z †c†iwQjvg wK? mnvqK cÖvß Abyaveb | KiYxq cieZx© Awa†ek†b Kv†R jvMv†bvi cwiKíbv Ki†eb|

Z_`c†-1: wkLb mvgMÖx

†h mvgMÖxi mnvqZvq †k^awY†Z cvV cwiPvjBvi KvR c×wZMZfv†e | djcÖm~fv†e Dc`vcb Kiv nq Zv†K wkLb mvgMÖx e†j|

Z_`c†-2

cvV` cy`††K | wkÿK ms`††Y Qvovl Av†iv Ab`vb` wkLb mvgMÖx Av†Q †hgbt

cvV`cy`††K

mnvwqKv

cÖkœ cyw`††Kv

wkLb mvgMÖx

bgybv cvV cwiKíbv

Z_`cyw`††Kv

wkÿK ms`††Y

Z_“cŕ -3: wkÿK ms̄ci†Yi we†kl w`Kmg~n

wkÿK ms̄ciY cvV“cyŕK,†jv†Z cÖ†Z“KwU cv†Vi Rb“ wkÿK†K mnvqZv Kivi D†††k“
wb†gœi we†kl w`K mœúwK©Z wb†`©kbv i†q†Q-

- cvV“ cyŕ†Ki welqeŕ‘
- cÖwšŕK †hvM“Zv
- AR©b Dc†hvMx †hvM“Zv
- cvV wefvRb
- wcwiqW msL“v
- cvV wefvwRZ As†ki wkLbdj
- DcKiY
- wkLb †kLv†bv KvH©vewj
- ,jæZjc~Y© aviYvmg~n
- g~j“vqb
-

Z_“cŕ: 4

3q - 5g †kÖwYi cvV“cyŕ†Ki ^ewkó“

- cvV“cyŕ†Ki welqeŕ‘,†jv wkLbdj AR©†bi mnvqK|
- cvV“ cyŕK,†jv†Z cÖvmw½K iwOb Qwe, PvU©, QK I gvbwPŕ mwbœ†ewkZ Av†Q|
- wbR cwievi, mgvR lcvw†ek mœú†K© wkŕ†i aviYv †`lqvi Rb“ welqeŕ‘ mwbœ†ekb
Kiv n†q†Q Ges GjvKvi Dbœq†b wkŕi f~wgKv, bvMwiK wn†m†e `vwqZi,
mvgvwRK ,Yvewj AR©†bi Rb“ wg†jwg†k _vKv, Dbœq†b g~jK Kv†R AskMÖnY Kiv,

wewfbœ †ckvi cÖwZ k^av†eva RvMÖZ Kivi Rb^ˆ welqe^ˆ Avbv n†q†Q| †^ˆk†cÖ†g DØy× Ki†Z Av†iv Av†Q Avgv†^ˆi RvwZi wcZv, gyw^ahy×, evsjv†^ˆk | ewnwec†k| m^aú†K© welqe^ˆ BZ^ˆvw^ˆ|

- 3q †k^awY†Z 12 wU Aa^ˆvq, 4_© †k^awY†Z 16 wU Aa^ˆvq | 5g †k^awY†Z 13 wU Aa^ˆvq ms†hvRb Kiv n†q†Q|

Z_ˆcĬ - 5

- wkÿvµg †_†K †k^awYwfwËK AR©b Dc†hvMx †hvM^ˆZv | wkLbd†ji PvU© ms†hvRb (w^ˆb-1, Awa†ekb-3 Gi Z_ˆcĬ-1 †^ˆLyb)|

Z_ˆcĬ-6 : evsjv†^ˆk | wek†cwiPqÖÖ wel†qi cvV cwiPvjvbi Kv†R wkLb mvgMÖxi cÖ†qvRbxqZv

- †k^awY†Z cvV cwiPvjbvq c~e© cÖ^ˆwZ MÖn†Y mnvqK†K mnvqZv K†i|
- †k^awY†Z †hvM^ˆZv wfwËK cvV cwiPvjbvq mnvqZv K†i|
- cvV†K AvKl©Yxq, Avb^ˆvqK | djcÖm~ Ki†Z mnvqZv K†i|
- wkÿK †k^awY†Z cvV cwiPvjbvq mwVK w^ˆK wb†^ˆ©kbv jvf K†ib|
- wkÿ†Ki †ckvMZ ^ˆÿZvi Dbæqb NUvq|
- wkÿv_x©†^ˆi wewfbœ †KŠk†j g~j^ˆvqb Ki†Z mnvqZv K†i|

w^ˆb 2

Awa†ekb-2

1| wk†ivbvg: evsjv†^ˆk | wek†cwiPq : wkLb †kLv†bv c×wZ | †KŠkj mg~n|

2| g~jwelq: †k^awY K†ÿi wkLb †kLv†bv Kv†R c×wZ | †KŠk†ji f~wgKv AZ^ˆšĬ ,jæZjc~Y©| wkÿvi mKj ^ˆ†iB wkLb †kLv†bv KvR GKwU RwUj cÖwµqv| †k^awY†Z ÖÖevsjv†^ˆk | wek†cwiPqÖÖ welq cvV cwiPvjvbi †ÿ†Ĭ wkÿKMY †Kvb †Kvb c×wZ | †KŠkj e^ˆenvi Ki†eb Zv wb†RB eyS†Z cv†ib bv| cÖv_wgK ^ˆ†i ÖÖevsjv†^ˆk | wek†cwiPqÖÖ GKwU eûgwwĬK welq| G†Z i†q†Q QqwU wel†qi welqe^ˆi mgvni| GB eûgwwĬK cÖwšĬK †hvM^ˆZv †jv wki†^ˆi AR©b Kiv†bv GKwU KwVb KvR| GKwU †hvM^ˆZv AR©†bi Rb^ˆ cÖ†qvRb GKvwaK c×wZ | †KŠkj cÖ†qvM| Avi wkÿ†K G wel†q ^ˆ^”Q aviYv _vK†Z n†e| ÖÖevsjv†^ˆk | wek†cwiPqÖÖ wel†qi Dc†hvMx c×wZ | †KŠk†ji wewfbœ w^ˆK wb†q G Aa^ˆv†q Zz†j aiv n†jv, hv wkÿ†Ki Ávb | ^ˆÿZv AR©†b mnvqK n†e|

3| mgq: 1 N>Uv 30 wgwbu

4| wkLbdj: GB Awa†ekb †k†l wkÿv_x©MY-

1. c×wZ | †KŠkj Kx G m^aú†K© aviYv jvf K†i Zv ej†Z cvi†eb|

2. Ôevsjvþ`k I wek|cwiPqÕ welþqi welqe`i wkLb wkLvþbv Kvh©µg cwiPvjbvq wewfbœ c×wZ I †KŠkþji bvg Dþjøl KiþZ cviþeb|
3. c×wZi mvþ_ mvgÄm` þiþL evsjvþ`k I wek|cwiPq welþqi welqe`i mbv³ KiþZ cviþeb|

5| c×wZ/ †KŠkj: þeªBb ÷wgs, cvV` cy`ÍK cVb, `jxq KvR, cvlqvi cþqþU cÖ`k©b|

6| DcKiY: cvV`cy`ÍK, þcv÷vi †ccvi, mvBb †cb/ gvK©vi, j`vcUc, gvwëwgvWqv|

7. Awaþekþbi weeiY:

**KvR-1: c×wZ I †KŠkj Kx G mªúþK© aviYv jvf Kþi Zv ejþZ civ|
mgq: 25 wgwbu**

- mnvqK †kªwYKþÿ cÖþek Kþi cÖwkÿYv_x©þ`i mvþ_ iþf`Qv wewbgq Kiæb Ges GB Awaþekþbi wkLbdj,þjv AewnZKiþYi gva`þg AvRþKi KvR iiaæ Kiæb|
- Ôc×wZ ejþZ Kx þevSvqÕ? cÖkœwU cvlqvi cþqþUi gva`þg `øvBþW cÖ`k©b Kiæb|
- cÖkœwU wbþq †Rvovq AvþjvPbv KiþZ ejyb| AvþjvPbv †kþl †Rvov †_þK GKRþbi LvZvq DËi,þjv wjLþZ ejyb|
- Gevi cÖwkÿYv_x©þ`i GK GK Kþi DËi,þjv ejþZ ejyb Ges wkÿK DËi,þjv †nvqvBU þevþW© wjLyb|
- mnvqK GKRb cÖwkÿYv_x©þ`K cþo †kvbvþZ ejyb Ges cÖþkœvËþii gva`þg AvþjvPbv Kiæb I c×wZ mªúþK© aviYv `úó Kiæb|
- Gevi cÖwkÿYv_x©þ`i Dþiþk` cÖkœ Kiæb Ô†KŠkjÕ ejþZ Kx þevSvq?
- Zvþ`i 1 wgwbu fveþZ w`b Ges fvebv †kþl DËi,wj ejþZ ejyb|
- cÖvß DË,wj þevþW© gvBÛ g`vwcs AvKvþi wjLyb I AvþjvPbv Kiæb|
- meþkþl g`vbyqvþj cÖ`Ë PvU© cvlqvi cþqþUi gva`þg cÖ`k©b Kiæb I eywSþq ejyb|
- cÖwkÿYv_x©iv mwVKfvþe eySþZ †cþiþQ Kx bv Zv 2/3 RbþK wRÁmv Kþi wbwðZ nDb|
- þKvb A`úóZv bv _vKþj mevBþK ab`ev` Rvwþq Awaþekþbi KvR †kl Kiæb|

**KvR-2: ÔÔ evsjvþ`k I wek|cwiPqÕÕ welþqi welqe`i wkLb þkLvþbv Kvh©µg cwiPvjbv
wewfbœ c×wZ I †KŠkþji bvg Dþjøl KiþZ civ|
mgq: 20 wgwbu**

- cÖwkÿYv_x©þ`i 2 wU `þj fvM Kiæb| Gevi KvR eywSþq ejyb I mgq wba©viY Kþi w`b|
- GK `þj evsjvþ`k I wek| cwiPq welþqi welqe`i wkLb þkLvþbv Kvh©µg cwiPvjbvq wewfbœ Ôc×wZÕ I Ab` `þj ÔþKŠkjÕ Gi bvg wjLþZ ejyb|
- þjLvi Rb` wfcKvW© I Kjg mieivn Kiæb| þjLv †kþl KvW©,wj msMÖn Kiæb|

- mnvqK `yBwU KvþW© Ôc×wZÖ I ÔþKŠkjÖ wkþivbvg wjþL wfcþevþWi© gvSvqvwS jvwMþq w`b Ges cÖwkÿYv_x©þ`i tjLv þkþl wbR wbR KvW©,þjv wkþivbvþgi Pvicvþk gvBÛ g`vwcs AvKvþi jvMvþZ wbþ`k© w`b| þkþl GKRb cÖwkÿYv_x©þK cþo þkvbvþZ ejyb|
- mnvqK cÖþkœvËi AvþjvPbvi gva`þg welqwu`úó Kiæb|
- meþkþl mnvqK eB þ_þK c~þe©B `ZwiK...Z PvU©wU (mnvqK Z_-1 þ`Lyb) gvwëwgwWqvi gva`þg cÖ`k©b Kiæb Ges cÖwkÿYv_x©þ`i mvþ_ AvþjvPbvi gva`þg Zv c~iY Kiæb|

KvR-3: c×wZi mvþ_ wjþ Kþi evsjvþ`k I wek'cwiPq welþqi welqe`´, mbv³ KiþZ civl| mgq: 40 wgwbu

- mnvqK cÖwkÿYv_x©þ`i 5wU `þj fvM Kiæb| 1g `þj 1g þk`awYi mnvwqKv, 2q `þj 2q þk`awYi mnvwqKv Ges Aci 3wU `þj 3q þ_þK 5g þk`awYi evsjvþ`k I wek'cwiPq welþqi 1wU Kþi eB w`b|
- mnvqK cÖwZ `þji Rb` 2/3 wU c×wZ wba©viY Kþi w`b|
- evsjvþ`k I wek'cwiPq welþqi cvV` cy`þKi welqe`´ nþZ c~e© wba©vwiZ c×wZþZ þKvb þKvb welqe`´ Dc`vcb Kiv hvq Zv wbe©vPb KiþZ ejyb|
- bgybv QK (Z_`c¹ -1 þ`Lyb) cvlqvi cþqþU cÖ`k©b Kiæb Ges QK Abymvþi KvR KiþZ wbþ`©k w`b|
- `jxq KvþRi þkþl me `þji KvR,wj tgþSþZ þiþL GK`jþK Ab`þji KvR,þjv ch©þeÿY KiþZ ejyb Ges c×wZi mvþ_ wjþ þiþL wbe©vwPZ welqe`´ wVK AvþQ wKbv Zv mbv³ Kþi AvþjvPbv KiþZ ejyb|
- mnvqK mKþji mnvþhvwMZvq AvþjvPbv mg,× Kiæb Ges welqe`´ `úó Kiæb|

8| g~j`vqb: mgq: 5 wgwbu

- mnvqK cÖþkœvËþii gva`þg g~j`vqb KvR Kiæb|
- cÖwkÿYv_x©þ`i AvRþKi Awaþekb þ_þK þKvb þKvb welþq Zvþ`i aviYv mg,× KþiþQb mnvqK Zv Zvþ`i wbKU þRþb wbb|
- þKvþbv aviYv A`úó _vKþj Zv cviM cÖwkÿYv_x©þ`i gþa` AvþjvPbv Kþi ejvi myþhvM Kþi w`b|
- weþkl Kþi cÖwkÿYv_x©iv c×wZ I þKŠkj m`úþK© aviYv þcþqþQ wK bv Zv Zvþ`i wbKU þRþb mnvqK wbdZ nDb|
- meþkþl mevBþK ab`ev` Rvwþþq Awaþekþbi mgvwß þNviYv Kiæb|

9| ^-AbywPšÍb:

Awaþekb mgvwßi ci mnvqK wbR Kþÿ eþm wbþPi cþqU,þjvi AvþjvþK Awaþekb m`úþK© Zvi wbþRþK g~j`vqb Kþi WvqixþZ þbvU ivLyb|

- G Awaþekþbi wLbdj AwR©Z nþqþQ wK bv?
- cwiKíbvqþZv AvRþKi Awaþekb m`úþœe KiþZ þcþiþQ wK bv?

- cÖwkÿYv_x©†`i wklb AwakZi djcÖm~ Kivi Rb` †Kv_vq Avi Kx Ki†j fv†jv n†Zv?
- AvR†Ki Awa†ekb mej l `~e©j w`K,†jv Kx wQj?
- cÖwkÿYv_x©†`i AskMÖnY h†_ó l mwVK wQj wK bv?
- AvMvgx Awa†ek†bi bZzb wPŠlv fvebv Kv†R jvMv†bvi cwiKíbv Kiæb|

Z_`cĀ -1: c×wZ l †KŠkj

c×wZt †Kvb cv†Vi wba©vwiZ wklbdj l †hvM`Zv AR©†bi j†ÿ` †k^awYi wklb †kLv†bv KvR my>`i l myôyfv†e cwiPvjbvi Rb` mvgMÖxKfv†e †h cÖavb Dcvq Aeja[^]b Kiv nq ZvB n†jv c×wZ|

†KŠkjt c×wZi GKUv Ask n†`Q †KŠkj| djcÖm~ wklb-†kLv†bv †Kej GKwU c×wZ†Z mæe bq| wewfbœ c×wZ l †KŠk†ji mgš[^]†qB GKwU welqe[¯], djcÖm~fv†e cvV cwiKíbv Kiv mæe| †KŠkj n†jv GKwU c×wZ†K mv_©Kfv†e cÖ†qv†Mi Rb` wewfbœ ai†Yi †h Kg©KvŪ|

c×wZ n†jv GKwU cv†Vi wewfbœ Kg©KvŪ| Z†e †ÿĪ we†k†l Ôc×wZÖ †KŠkj wn†m†e Avevi †KŠkj| Ôc×wZÖ wn†m†e e[¯]eüZ n†Z cv†i| †hgbt ÔcÖ†kœvĒiÓ GKUv c×wZ Avevi Av†jvPbv c×wZ†Z cvV Dc[¯]vcbvq ÔcÖ†kœvĒiÖ GKUv †KŠkj|

c×wZ	welqe [¯]
ch©†eÿY c×wZ Av†jvPbv c×wZ cÖ†kœvĒi c×wZ Awfbq c×wZ	Avgv†`i mgvR l cwi†ek (3q †k ^a wY, Aa [¯] vq-1) MYZvwšĵK g†bvfe (5g †k ^a wY, Aa [¯] vq-10)
GKUv welqe [¯] , GKvwaK c×wZ†Z Dc [¯] vcb Kiv hvq Z†e wkyK wb†Ri AwfÁZv †_†K Dchy ³ c×wZ l †KŠkj wbe©vPb K†i wb†eb	

c×wZi D`vniY wb‡Pi Pv‡U© †`qv n‡jv:

Av‡jvPbv

cÖ‡kœvËi

cÖ`k©b

c×wZ

ch©‡eÿY

e³...Zv

cÖ‡R±

Awfbq

cÖ`k©b

Míejv

†KŠk‡ji D`vniY wb‡Pi Pv‡U© †`qv n‡jv:

‡KŠkj

w`b 2
Awaṭekb-3

1| wkṭivbvg: evsjvṭ`k I wek!cwiPq : wbevṭwPZ cvV`vsṭki wkLb-ṭkLvṭbv c×wZ I ṭKŠkj wbeṭvPb Ges Abykxjb (gvBṭμvwUwPs)|

2| g~jwelq: wkÿvṭṽṭí cÖwZwbqZ MṭelYvi dṭj D™ṭvwmZ nṭ”Q AvaywbK I weÁvbmṭšZ Kjv-ṭKŠkj| wkÿKṭK Aek`B G mKj c×wZ I KjvṭKŠkj mṭúṭK© ṭRṭb wkLb ṭkLvṭbvi KvṭR Dnvi h_vh_ cÖṭqvM KiṭZ nṭel wkÿvμg hZB DĒg nDK bv ṭKb, Dchy³ wkLb-ṭkLvṭbv c×wZ I ṭKŠkj e`envṭii Afvṭe Zv Avmj Dṭík` e`_© nṭZ cvṭil cÖv_wgK ṭíṭi Òevsjvṭ`k I wek!cwiPqÓ GKwU eúgvwÍK welq| GṭZ iṭqṭQ QqwU welṭqi welqe`i mgvni| GB eúgvwÍK cÖvšÍK ṭhvM`Zv,ṭjv wkiṭ`i AR©b Kivṭbv GKwU RwUj KvR| wkÿK welqe`i Abymvṭi c×wZ I ṭKŠkj wbevṭPb I cÖṭqvM Kiṭeb| Avi wkÿKṭK G welṭq ṭ^”Q aviYv _vKṭZ nṭel Òevsjvṭ`k I wek!cwiPqÖ welṭqi welqe`i wkLb ṭkLvṭbvi Dcṭhvwm c×wZ I ṭKŠkj wbevṭPb Ges Zv wkLb ṭkLvṭbvi KvṭR Kxfvṭe cÖṭqvM Kiv hvq Zv G Aa`vṭq Zzṭj aiv nṭjv hv wkÿṭKi ṭckvMZ Ávb I `ÿZv AR©ṭb mnvqK nṭel

3| mgq: 1 N>Uv 30 wgwbu

4| wkLbdj: GB Awaṭekb ṭkṭl cÖwkÿYv_x©MY -

1. evsjvṭ`k I wek!cwiPq welṭqi wbeṭvwPZ cvV`vsṭki wkLb-ṭkLvṭbvi Rb` Dchy³ c×wZ I ṭKŠkj wbeṭvPb KiṭZ cviṭeb|
2. wbeṭvwPZ c×wZ I ṭKŠkj wkLb ṭkLvṭbvi KvṭR h_vh_fvṭe cÖṭqvM KiṭZ cviṭeb|

5| c×wZ/ ṭKŠkj: ṭeªBb ÷wg©s, cvV`cy`ÍK cVb, `jxq KvR, cvlqvi cṭqU cÖ`k©b|

6| Dckiyt cvV`cy`ÍK, ṭcv÷vi ṭccvi, mvBb ṭcb/ gvK©vi, j`vcUc, gwëwgvWqv ṭnvqvBU ṭevW©|

7| Awaṭekṭbi weeiY:

KvR-1: wkÿv_©xiv evsjvṭ`k I wek!cwiPq welṭqi wbeṭvwPZ cvV`vsṭki wkLb-ṭkLvṭbvi Rb` c×wZ I ṭKŠkj wbeṭvPb KiṭZ civ|

mgq: 35 wgwbu

- mnvqK ṭkªwY Kṭÿ cÖṭek Kṭi cÖwkÿYv_x©ṭ`i mvṭ_ ṭṭ”Qv wewbgq Kiæb Ges cÖwkÿYv_x©ṭ`i w`ṭq Avb>`vqK ṭKvb KvR Dc`vcb Kiæb|
- GB Awaṭekṭb wkLbdj,ṭjv AewnZ KiṭYi gva`ṭg mnvqK AvRṭKi KvR ii Kiæb|

- mnvqK cÖ_#gB wewfbœ c×wZ I †KŠkj mα^wjZ PvU©wU cÖ`k©b Kiæb| cÖwkÿYv_x©†`i g†bv†hvM mnKv†i †`L†Z ejyb|
- wkÿv_©x†`i 5wU `†j fvM Kiæb| 1 I 2 bs `†K mnvwqKv Ges cieZ©x 3wU `†K 3q †_†K 5g †k^awYi Ôevsjv†`k I wek|cwiPqÓ wel†qi 1wU K†i eB w`b| eB †_†K GKwU welqe` wbe©vPb Ki†Z ejyb Ges wbe©vwPZ cvV`vskUzKz fv†jv†e co†Z ejyb|
- wkÿvµg †_†K cvV mswkøó †k^awYwfwĚK AR©†bvc†hvMx †hvM`Zv I wkLbdj wba©viY Ki†Z ejyb|
- †k^awYwfwĚK AR©†bvc†hvMx †hvM`Zv I wkLbdj AR©†bi Rb` cÖ`wk©Z PvU© †_†K welqe` Dc†hvMx c×wZ I †KŠkj_wj wPwýZ Ki†Z ejyb|
- Gevi †k^awY†Z wkLb-†kLv†bv KvR cwiPvjvvi Rb` wPwýZ c×wZ I †KŠkj_wji mgš^†q GKwU mswÿß cvVcwiKíbv Kiæb (gvB†µvwUwPs Gi Rb`)|
- `jxq KvR †kl n†j `†bZv†K `jxqKvR Dc`vcb Ki†Z ejyb| Ab`vb` `†ji m`m`†`i G KvR mαú†K© gZvgZ w`†Z ejyb| bZzb †Kvb c×wZ I †KŠkj_vK†j Zv ms†hvRb Ki†Z ejyb|
- me †k†l `jxq KvR Dc`vcbvi Rb` me `†K ab`ev` Rvwb†q Awa†ek†bi KvR †kl Kiæb|

cÖwkÿYv_x©†`i **D†l†k` ejyb, Ôwewfbœ c×wZ I †KŠk†ji mswgkÔ†Y cvV Dc`vcb Ki†j cv†V ^ewPíZv Av†m Ges wkÿv_©x†`i wbKU cvV Avb>`vqK nqÔ|**

**KvR-2: wbe©vwPZ c×wZ I †KŠkj cÖ†qvM Ki†Z cviv|
mgq: 45 wgwbu**

- mnvqK c~†e©i `j wVK ††L `j †bZv wbe©vPb Kiæb Ges `†ji mK†ji mn†hvwMZvq cvV Dc`vcbvi Rb` cÖ`wZ wb†Z ejyb| `†ji GKRb wkÿK I Ab`vb` m`m`iv n†eb QvÍ (cÖ†qvR†b Ab` `j †_†K K†qKRb†K G†b wkÿv_©x msL`v 8 Rb Kiæb) Ges Aci 4wU `j n†eb ch©†eyK| wkÿv_©x†`i ejyb †h cvV Dc`vcbvi Rb` mgq 7wgbu|
- 1g `j 1g †k^awYi Ôevsjv†`k I wek|cwiPqÓ mnvwqKv †_†K cvV wbe©vPb K†i ÔAv†jvPbvÔ c×wZ†Z cvV Dc`vcb Ki†Z ejyb| Dc`vcb †k†l welqe` Abymv†i c×wZ I †KŠkj wVK Av†Q wK bv, Avi Kx †KŠkj n†j fv†jv nZ Zv †m mαú†K© gZvgZ w`†Z ejyb|
- 2q `j 2q †k^awYi Ôevsjv†`k I wek|cwiPqÓ mnvwqKv †_†K cvV wbe©vPb K†i ÔcÖ†kœvĚiÔ c×wZ†Z cvV Dc`vcb Ki†Z ejyb| ch©†eyK†`i LvZvq †bvU Ki†Z ejyb| cvV cÖ`k©†bi ci wkÿv_©x†`i wRÁvmv Kiæb †Kvb c×wZ I †Kvb †Kvb †KŠk†j cvV Dc`vcb n†q†Q? welqe` Abymv†i c×wZ wVK Av†Q wK bv? Kx Kx †KŠkj wQj? Av†iv †Kvb †KŠkj e`envi Kiv †hZ wK wK bv, ÔcÖ†kœvĚiÔ c×wZ†Z cvV Dc`vcbvq Kx ai†Yi cÖkœ wQj Zv Av†jvPbv Kiæb BZ`vw`|
- 3q †k^awYi cvV`cy`K †_†K Ômgv†Ri wewfbœ †ckvÔ Aa`vq †_†K GKwU cvV ÔAwfbqÔ c×wZ†Z Dc`vcb Ki†Z ejyb| Dc`vcb †k†l ejyb -†K Kx†mi Awfbq

KþiþQb? Awfbq †_þK Kx †evSv †MþQ? welqe´wU Avi †Kvb c×wZþZ Dc´vcb Kiv þhZ? Kx Dcvq Awfbq Avþiv fvþjv Kiv þhZ? BZ´vw`|

- 4_© †kªwY †_þK ÔGjvKvi Dbœqb Kg©KvÛÕ welþqi Ici cÖ`k©b c×wZþZ cvV Dc´vcb KiþZ ejyb| Dc´vcb †kþl cÖ`k©b c×wZ Kx? cÖ`k©b c×wZþZ cvV Dc´vcb Kxfvþe eySþZ †cþiþQb Zv wkyv_xþ`i wbKU RvbþZ Pvb| cÖ`k©b I ch©þeÿY c×wZi cv_©K´ Kx Zv ejþZ ejyb|
- 5g †kªwY †_þK evsjvþ`þki gyw³hy× msµvšl GKwU cvV`vsk wbe©vPb Kþi Zv ÔMiejvÕ c×wZþZ Dc´vcb Kiæb| ch©þeÿYKþ`i ch©þeÿY KiþZ ejyb| Dc´vcb †kþl AvþjvPbv Kiæb Míejv c×wZþZ Avi †Kvb welqe´ Dc´vcb Kiv hvq? G c×wZi DcKvwiZv Kx? Gifc wewfbœ welq wbþq mnvqK wbþR AskMÖnY Kþi AvþjvPbv mg,× Kiæb|
- meþkþl AvþjvPbv Kþi welqe´ mªúþK© aviYv ´úó Kiæb| †Kvb cÖkœ ev bv_vKþj mevBþK ab`ev` Rvwbþq Awaþekb †kl Kiæb|

8| g~j`vqb:

mgq: 10

wgwbU

- cÖwkýYv_x©iv AvRþKi Awaþekþb †Kvb †Kvb welþq Zvþ`i aviYv mg,× KþiþQb mnvqK Zv Zvþ`i wbKU †Rþb wbb|
- þKvþbv aviYv A´úó _vKþj Zv cviM cÖwkýYv_x©þ`i mvþ_ AvþjvPbv Kþi ejvi myþhvM Kþi w`b|
- weþkl Kþi cÖwkýYv_x©þ`i c×wZ I †Kškj mªúþK© aviYv †cþqþQ wK bv Zv †Rþb mnvqK wbdZ nDb|
- meþkþl mevBþK ab`ev` Rvwbþq Awaþekþbi mgvwß †NviYv Kiæb|

9| ^- AbywPšlþ:

Awaþekb mgvwßi ci mnvqK wbR Kþÿ eþm wbþPi cþqU,þjvi AvþjvþK Awaþekb mªúþK© Zvi wbþRþK g~j`vqb Kþi WvqwiþZ þbvU ivLyb|

- G Awaþekþbi wkLbdj AwR©Z nþqþQ wK bv?
- cwiKíbvqþZv AvRþKi Awaþekb mªúbœe KiþZ †cþiþQ wK bv?
- cÖwkýYv_x©þ`i wkLb AwaKZi djcÖm~ Kivi Rb` †Kv_vq Avi Kx Kiþj fvþjv nþZv?
- AvRþKi Awaþekb mej I`~e©j w`K,þjv Kx wQj?
- cÖwkýYv_x©þ`i AskMÖnY hþ_ó I mwVK wQj wK bv?
- AvMvgx Awaþekþbi bZzb wPšlv fvebv KvþR jvMvþbvi cwiKíbv Kiæb|

Z_`cŕ t

wkÿvµg †_‡K †hvM"Zv, AR©b Dc†hvMx †hvM"Zv I wkLbdj -Gi PvU© ms†hvRb|
c×wZ I ‡KŠk†ji (w`b-2,Awa-2 Gi †_‡K msMÖn) PvU© ms†hvRb|

w`b-2

Awa†ekb-4

1| wk†ivbg: evsjv†`k I wek'cwiPq: wkLb-†kLv†bvi Rb" wewfbœ ZËj I G"v†cÖv†Pi e"envi :

- msMVbg~jK ZËj (Constructivist Theory)
- eûgyLx eyw×gËv ZËj (Multiple Intelligence Theory)

2| g~jwelq: evsjv†`k I wek'cwiPq welq wkLb-†kLv†bvi Rb" wewfbœ AvaywbK ZËj I G"v†cÖv†Pi cÖPjb i†q†Q| eZ©gvb wkLbµ†gi avivevwnKZv n†"Q- Rvbv †_‡K ARvbv, wbKU †_‡K `~†i, mnR †_‡K KwVb | AvaywbKKv†j cÖ†Z"KwU ZËj I G"v†cÖv†Pi †Rvi †`lqv n†q†Q wkÿv_@x†`i Ôwb†R K†i †kLviÖ (learning by doing) Dci| evsjv†`k I wek'cwiPq welq wkLb-†kLv†bvi Rb" ‡h mKj ZËj I G"v†cÖvP Av†Q †m,†jvi g†a" Ab"Zg nj: Ávb weKvkg~jK ZËj (Theory of Cognitive Development), mvgvwRK mvs`c...wZK ZËj (Socio-cultural Theory), msMVbg~jK ZËj (Constructivist Theory),mvgvwRK wkLb ZËj

(Social Learning Theory), cwiþekev`x ZËj (Environmentalist Theory), eûgyLx eyw×gËv ZËji (Multiple Intelligence Theory), GwiKmþbi gþbvmvgwRK Dbœqb ZËj (Erikson's Theory of Psycho-Social Development) Ges W`vc G`vþcÖvP (Developmentally Appropriate Practices (DAP) Approach) cÖf...wZ| Avgiv G Awaþekþb msMVbg~jK ZËj (Constructivist Theory) Ges eûgyLx eyw×gËv ZËj (Multiple Intelligence Theory) m¸úþK© AvþjvPbv Kie|

3| mgq: 1 N¸Uv 30 wgwbu

4| wkLbdj:

GB Awaþekþb þkþl AskMÖnYKvixMY-

4.1 Ô evsjvþ`k l wek|cwiPqÖ welq wkLb-þkLvþbvi KvþR AvaywbK ZËj l G`vþcÖvþPi bvg ejþZ cviþeb |

4.2 msMVbg~jK ZþËji (Constructivist Theory) cÖþqvþMi þKŠkjmg~n ejþZ cviþeb |

4.3 eûgyLx eyw×gËvi (Multiple Intelligence) jÿYmg~n evsjvþ`k l wek|cwiPq welþqi wkLb þkLvþbv þÿþl þk^aYxKþÿ eûgyLx eyw×gËv ZþËji cÖþqvM m¸úþK© ejþZ cviþeb|

5| c×wZ/þKŠkj: GKvKx wPšlv, AvþjvPbv, cÖþkœvËi, Dc`_vcb |

6^ Dckiy: þcv=vi þccvi, gvK©vi, þevW© wcb, j`vcUc, gvwëwgwWqv BZ`vw` |

7| Awaþekþbi weeiY:

KvR-4.1 AvaywbK ZËj l G`vþcÖvP m¸úþK© Rvbw

mgq: 20 wgwbu

- cÖkœ Kiæb-Ô evsjvþ`k l wek|cwiPqÖ welq wkLb-þkLvþbvi Rb` Avcbviv Kx Kx ZËj l G`vþcÖvP e`envi Kþib? GKRb AskMÖnYKvixþK DËi,þjv þevþW© /wdøcPvþU© wjLþZ ejþeb Ges cþi coþZ ejþeb |
- mnvqK Ôevsjvþ`k l wek|cwiPqÖ welq wkLb-þkLvþbvi Rb` AvaywbK ZËj l G`vþcÖvP (cwiwkó:PvU©-1 þ`Lyb) m¸úþK© cvlqvi cþqU þcÖþRþUkþbi gva`þg AskMÖnYKvwiMþYi aviYv `úó Kiæb |

KvR-4.2 msMVbg~jK ZþËji cÖþqvM þKŠkj

mgq:30 wgwbu

- cÖkœ Kiæb-wkLþbi þÿþl msMVbg~jK ZËj Kx Kx welqe`i mvþ_ m¸ú,,³ ? GKvKx wPšlv l þRvovq AvþjvPbv Kþi ejþZ mnvqZv Kiæb |
- DËi,þjv AvþjvPbvi gva`þg wbþRi aviYv Zuvþ`i wbKU `úó Kiæb |

_ cÖþZ`K wki GKRb Abb` (unique) e`w³

_ wkLb wkyv_©xi Ae`v l ms`r...wZi Dci wbf©ikxj

- _ wkLþb wkÿv_©xi f~wgKvB g~L"
- _ wkLb AvþjvPbv cÖm~Z
- _ wkÿv_©xi AvMÖn I þcÖIYv wkLþbi Rb" ,iæZ;c~Y©

- cÖkœ Kiæb -Ôevsjvþ`k I wek|cwiPqÖ welþqi welqe`i wkLb-þkLvþbvi Rb" Kx Kx þKŠkj Aeþ^b Kþi msMVbg~jK ZþËji cÖþqvM Kiþeb (cwiwkó:PvU©-2 þ`Lyb)?
- GKvKx wPšÍv I þRvovq AvþjvPbv Kþi DËi,þjv ejþZ mnvqZv Kiæb| GKRb AskMÖnYKvixþ`K DËi,þjv þevþW©/wdøcPvþU© wjLþZ ejþeb |
- AskMÖnYKvixþ`i mnvqZvq cÖþkœvËþi gva`þg Zvuþ`i wjwLZ DËþi msþM mæúwK©Z Kþi welqwU `úó Kiæb Ges þKŠkj,þjv wbR wbR LvZvq wjLþZ ejyb |

KvR-4.3 eûgyLx eyw×gËvi bvg, jÿY I kw³kvjx Kivi mæçve" Dcvq mgq:30wgwbU

1. cÖkœ Kiæb- cÖþdmi nvlqvW© MvW©bvþii ZËj Abymvþi wkiþ`i eyw×gËv KZ cÖKvi ? GKvKx wPšÍv Kþi I þRvovq AvþjvPbv Kþi DËi ejþZ mnvqZv Kiæb Ges G welþq Zuvþ`i aviYv `úó Kiæb|
2. AskMÖnYKvixþ`i AvUwU `þj fvM Kþi cÖþZ`K `þþK c~þe© cÖ`ZK...Z GKwU Kþi eyw×gËvi bvg, jÿY I kw³kvjx Kivi mæçve" Dcvq mæ^wjZ n`vÛ AvDU w`b|
3. PvþU© ewY©Z Z`mg~n cÖþZ`K `þþK cþo AvKI©Yxq I Kvþ©Kifvþe Dc`vcb KiþZ ejþeb Ges Ab`þ`i gþbvþhvM mnKvþi `þþZ ejyb|
4. mKj `þji Dc`vcb þkþl cÖþkœvËþi AvþjvPbv Kþi eyw×gËvi jÿYmg~n I evsjvþ`k I wek|cwiPq welþqi wkLb þkLvþbv þÿþl þk^YxKþÿ eûgyLx eyw×gËv ZþËji cÖþqvM mæúþK© `úó aviYv w`b|

Z`cÍ-1: AvaywbK ZËj I G`vþcÖvP

- 1.Ávb weKvkg~jK ZËj (Theory of Cognitive Development),
- 2.mvgvwRK mvs`ç...wZK ZËj (Socio-cultural Theory),
- 3.msMVbg~jK ZËj (Constructivist Theory),
- 4.mvgvwRK wkLb ZZj (Social Learning Theory),
- 5.cwiþekev`x ZËj (Environmentalist Theory),
- 6.eûgyLx eyw×gËjv ZËj (Multiple Intelligence Theory),
- 7.GwiKmþbi gþbvmvgvwRK Dbœqb ZËj (Erikson's Theory of Psycho-Social Development)
- 8.W`vc G`vþcÖvP (Developmentally Appropriate Practices (DAP) Approach) cÖf...wZ

Z_cí-2: evsjv`k I wek|cwiPq wel`qi welqe` tklv`bvi tÿtÿ msMVbg~jK ZtËji cÖtqvM tKŠkj

MVbg~jK ZËj (Constructivist Theory) wklb cÖwµqvq GwU GKwU ,iæZic~Y© gþWj| MVbg~jK ZtËji eûgvwÍK e`vL`v i`q`q- thgb: wcuqv`Rwkqv MVbg~jK n`Z i`vwWK`vj MVbg~jK (Radical Constructivism), A_ev mvgvwRK MVbg~jK (Social Constructivism) n`Z ÔmvgvwRK mvs`...wZK G`v`cÖvPÕ| **MVbg~jK ZvwËjKt`i g`Z ÔÁvb** memgqB Ávb hv GKRb e`w³ MVb Kt|l th Kvi`Y wkyv_@x`i AskMÖn`Yi gva`tg h_vh_ Ávb Drcv`b Kiv mæe| MVbg~jK ZvwËjKiv g`b Kt|b hw` wkyv_@xi wPšív ev aviYv cÖKv`ki tÿtÿ Drmnv cÖ`vb Kiv nq Zvn`j wkyv_@xiv wkyv Kvh@µtg A`bK t`ewk ýgZvqB/AR©b Ki`Z cvi`e| hvi d`j t`kÖwYKÿ ev t`kÖwYKtÿi evBt`i Zv`i `„wófwi`i cÖKvk cv`te Ges th t`Kvb wel`q GKwU A_@c~Y© e`vL`v t`qv mæe n`e| Rb wWDB (John Dewey, 1938) mvgvwRK MVbg~jK ZvwËjKt`i g`a` Ab`Zg| wZwb g`b Kt|b, mvgvwRK cwiw`wZi cwi`cÖwÿt`Z wkyv_@xi ýgZvq`bi djvdj nj wkyv| mgv`Ri GKRb m`m` wn`m`te wkyv_@x Zvi wb`R`K we`køIY Ki`Z cvi`e| `zj mvgvwRK m`ú`v`qi GKwU Abym`½ hv wkyv_@x`K mvgvwRK Ávb MVb I m`ú`v`qi GKRb m`PZb bvMwiK wn`m`te `Zix Ki`Z m`vnh` Kt|l mvgvwRK we`Áv`b MVbg~jK ZtËji cÖtqvM MyiæZic~Y©| wbæewjwLZ t`KŠkj mgyn cÖtqv`Mi gva`tg MVbg~jK ZtËji c`tqvM Kiv mæe|

- t`kÖwYKtÿ wkyv_@x`i Drmnv cÖ`vb I Zv`i gZvgZ cÖKv`ki my`hvM cÖ`vb Kiv|
- wkyv_@x`i wb`R`i g`a` I wky`Ki mv`_ Kt`_vcK_b/gZwewbg`qi my`hvM cÖ`vb Kiv|
- wkyv_@x`i wPšívkxj I Db`y³ cÖkæ Kiæb Ges Zv`i wewfbæ cÖkæ Ki`Z Drmnv cÖ`vb Kiv|
- wkyv_@x`i t`t`Kvb cÖv_wgK aviYvi we`lvwiZ e`vL`v cÖ`vb Kiv|
- wkyv_@x`i mv`_ AwfÁZv wewbgq Kiv|

Z_cí-3 : eûgyLx eyw`gËv ZËj

nvlqvW© MvW©bvi A`v`gwiKvi nvf©vW© wek|we`v`j`qi GKRb L`vZbvgv wkyv g`bvwweÁvb|x| eyw`gËv m`ú`K© Zvi ZËj m`acÖwZK Kv`j wkyv g`bvwweÁv`b GKwU `ecøweK Avwe@kvi wn`m`te `^xK...wZ t`c`q`Q Ges wkyv`tÿtÿ e`vckfv`te G ZtËji cÖtqvM Kiv n`Q| MvW©bvi Zuvi weL`vZ eB `Frames of Mind: The Theory of Multiple

Intelligences” ተZ wkLቱbi ተሃቱ 8 aiቱbi eyw×gĚv KvR Kቱi eቱj DቱjፀL KቱiቱQb, eyw×gĚv, ቱjv nቱjv-

- 1| ቱgŠwLK I fvlve,,Ěxq eyw×gĚv
- 2| ቱhŠw³K I MvwYwZK eyw×gĚv
- 3| `„wó I Ae`vbg~jK eyw×gĚv
- 4| Q>` I msMxZ eyw×gĚv
- 5| Abyf~wZ I kixie,,Ěxq eyw×gĚv
- 6| AšÍte`w³K eyw×gĚv
- 7| AvšÍte`w³K eyw×gĚv
- 8| cÖvK...wZK eyw×gĚv

eyw×gĚvi jÿYmg~n I wkLb cÖwµqvi eY©bv-

eyw×gĚv	jÿY	evsjvቱ`k I wek!cwiPq welቱqi wkLb ተkLvቱbv ተሃቱ ተkªYxKቱሃ eúgyLx eyw×gĚv ZቱĚji cÖቱqvM ቱhfvቱe Kiቱeb-
<p>ቱgŠwLK I fvlve,,Ěxq eyw×gĚv</p> <p>G eyw×gĚv hvቱ`i cÖej Zviv ተkvbv, ejv I covi gva`ቱg mnቱR ተkቱL </p>	<p>ibቱZ cQ>` Kቱi ejቱZ cQ>` Kቱi coቱZ cQ>` Kቱi wjLቱZ cQ>` Kቱi mnቱR evbv Kቱi Mí eቱj, Mí ተjቱL mvejxj fvlvq welqe` Dc`vcb Kቱi káfVúvi ተewk I Zv h_vh_ e`envi Kቱi ,wQቱq K_v eቱj `šiy kw³ ተewk nq fvቱjv e³...Zv ተ`q</p>	<p>– wewfbœ aiቱbi covi DcKiY ተhgb eBcĪ, g`vMvwRb, msev`cĪ, ቱjLvi wewfbœ DcKiY, kªeYg~jK DcKiY ተhgb AwWI ተUc, kªeY-`k©bg~jK ተhgb ተUwjwfbk BZ`vw` ተkªwYKቱሃ e`envቱii myweav wbwðZ Kiቱeb </p> <p>– ቱgŠwLKfvቱe fve cÖKvቱk wkiቱK DrmvwnZ Kiቱeb </p> <p>– fvlv mª^Üxq eyw×gĚvቱK cÖwZðv Kivi Rb` wkiቱK AvቱjvPbvq AskMÖnY Kivቱbvi Rb` wewfbœ ተKŠkቱj cÖkœ Kiቱeb (ተhgb, ተZvgvi gቱa` Kx Kx</p>

		<p>mvgvwRK ,Yvewj iṭqṭQ?)</p> <ul style="list-style-type: none"> _ e`w³, `vb ev e`i bvg `ṣiY Kṭi ejvi cÖwZṭhvwMZv Kiv _ ṭ`qvj cwĴKv mṗúv`bv Kiv _ Rxeṭbi `bw`b NUbv wjṭL ivLv _ mgm`v ev NUbv eY©bv Kiv _ ṭKvb welqe` wbṭq AvṭjvPbv Kiv _ Kvṭiv mvjvrKvi MÖnY Kiv
<p>ṭhŠw³K I MvwYwZK eyw×gĒv</p> <p>G eyw×gĒv hvṭ`i cÖej Zviv msL`v I bKkvi mnnvṭh` mnṭR ṭkṭL </p>	<p>ṭṭZ Avb>` cvq e`i mnnvh` QvovB ṭKvb welṭq mnṭR aviYv jvf Kṭi mswÿßZv cQ>` Kṭi hyw³ w`ṭq wePvi-weṭePbv Kṭi avu avu I Aṭ¼i ṭLjv cQ>` Kṭi mvwRṭq ,wQṭq ivLṭZ cQ>` Kṭi mgm`v mgvavṭb Avb>` cvq </p>	<ul style="list-style-type: none"> _ ṭkÖwYṭZ bvbv aiṭbi eØK (block), wewfbœ AvK...wZi, isṭqi, Av`ṭji, MVb web`vṭmi e` ,vKṭe _ wkÿK Ggb wKQz KvR cwiKíbv Kiṭeb hvṭZ wkÿv_©xiv cwigvc I wnmve wbKvk KvṭR mṗú,,³ Kivi Rb` gvbwPĴ, MÖvd ṭccvi, Kṗúvm, _vṭg©vwgUvi BZ`w` e`envi KiṭZ cvṭi ṭhgb PZz_© ṭk`wYi Öevsjvṭṭk RbmsL`v e,,w×i cÖfveÖ Aa`vṭqi Rb` weMZ Pwjøk eQṭi RbmsL`vi e,,w× ṭ`LvṭZ ejṭeb _ Z` eY©bv Kivi mvg_©` evovṭbvi Rb` PvU© e`envi Kiṭeb _ wkÿv_©xi mnnvqZvq ṭKvb wKQz cixÿv wbixÿv Kiv

		<ul style="list-style-type: none"> _ wkÿv_©xi mnvqZvq mgm̄v mgvavb Kiv _ GKvwaK ē'i ḡtā mv̄,k̄ ^emv̄,k̄ Lyu†R †ei Kiv _ RxeRš' I MvQcvjv †k^awYKiY Kiv
<p>„wó I Aē'vbg~jK eyw×gĚv</p> <p>G eyw×gĚv hv†'i cÖej Zviv Qwe, †iLvwpĪ I ifc†iLvi mnv†h̄ mn†R †k†L </p>	<p>Qwei welqē' m^a†Ü wPšÍv K†i </p> <p>Qwei mnv†h̄ g†b iv†L </p> <p>Qwe AvuK†Z I is Ki†Z fvjev†m </p> <p>cÖwZK...wZ evbv†Z cQ>' K†i </p> <p>gvbwPĪ, PvU© Ges bKkv mn†R eyS†Z cv†i </p> <p>†Kvb wKQzi wPĪ mn†R KÍbv K†i </p> <p>ifcK kã I evK̄ †ewk ē'envi K†i </p>	<ul style="list-style-type: none"> _ Z_ Dc̄'vc†bi mgq Z_ ,†jv†K `k©bg~jKfv†e ev Qwei gva††g Dc̄'vcb Ki†eb †hgb cÂg †k^awYi Ôevsjv††ki †š†MvwjK cwi†ekÖ AāvqwU Avcwb evsjv††ki mnv†q̄ Dc̄'vcb Ki†j me†P†q mdj n†eb Power Point Slides, gvbwPĪ, PvU©, MÖvd, g†Wj, KvUz©b, wfwWI, OHP BZ'vw' ē'envi Kiæb _ wkÿv_x©†'i GKK ev `jMZ KvR `k©bg~jKfv†e Dc̄'vcbv Kiv †hgb: †cv÷vi, mgq †iLv, g†Wj, Power Point Slides, gvbwPĪ, PvU©, aviYv gvbwPĪ I ē'vL̄vg~jK Qwe ē'envi Kivi g†Zv Dchy³ KvR `jMZfv†e Ki†Z w'†eb _ cvV mswkøó wewfbœ cÖKvi Qwei ē'envi Kiv
<p>Q>' ev msMxZg~j K eyw×gĚv</p> <p>G eyw×gĚv hv†'i cÖej Zviv Qov, Q>' I aŸwbi</p>	<p>Zvj I j†qi cÖwZ †ewk AvKI©Y _v†K </p> <p>myi I Q>' mn†R g†b cÖfve wē'Ívi K†i </p> <p>Mvb cQ>' K†i KweZv I Qov Zv†j Zv†j Ave„wĚ Ki†Z cQ>' K†i </p> <p>cÖK...wZi wewfbœ kã i†b mn†R AvK...ó nq </p>	<ul style="list-style-type: none"> _ wkÿv_x©†'i welqē' g†b ivLvi Rb̄ Q>'gq Qov ^Zwi I ē'envi Kiv _ welqē' w'†q †KvbQov, Q>', Mvb ev myi ^Zwi Kiv hv†Z cÖ†qvR†b mn†R †š'iY Kiv hvq

<p>Zvþj Zvþj mnþR þkþL </p>		
<p>AbyfywZ kixie„Ëxq eyw×gËv</p> <p>G eyw×gËv hvþ`i cÖej Zviv kvixwiK KjvþKŠkj A½ cÖZ`þ½i mynvþh` mnþR þkþL </p>	<p>þLjvayjv cQ>` Kþi þKvb wKQz mnþR `úk© KiþZ Pvq nvþZ Kjþg KvR KiþZ cQ>` Kþi n`Í wkþí `ÿ nq kixi A½ cÖZ`þ½i Dci wbþRi hþ_ó wbqšÿY _vþK AskMÖnY Kþi mnþR þkþL e` mnþR wbqšÿY Kþi ïþb þ`þL þkLvi þPþq wbþR Kþi þkþL þewk gþb ivþL </p>	<ul style="list-style-type: none"> _ ZvB þk^awYKþÿ kvixwiK mÁvjb~jK wKQz KvþRi cwiKÍbv Kiþeb hvþZ Giv DcK...Z nq þhgb `jMZ KvR Dc`vcb, bvP, Mvb, Qwe AvuKv, cvRj, eþK, KvþVi gwUi ^Zwi wRwbmcl e`envi KiþZ w`b _ e`w³MZ AwfÁZvi K_v ejþZ DrmvwnZ Kiæb cwiKÍbv Kþi cÖZ`ÿ AwfÁZv AR©þbi Rb` þk^aYxKþÿi evBþi wbþq hvb _ Awfbþqi gva`þg þkLvb þhgb:Ówe`vjþq Avgvþ`i KvRÖ
<p>Avšíte`w³K eyw×gËv</p> <p>G eyw×gËv hvþ`i cÖej Zviv Aþb`i mþ½ `þj KvR Kþi mnþR þkþL </p>	<p>Aþb`i gþbi K_v mnþR eySþZ cvþi Aþb`i mþ½ m³úK© Mþo AþbK eÜy evÜe _vþK SMov þgUvþZ cQ>` Kþi Aþb`i KvþR mynvh` Kþi `þj KvR KiþZ cQ>` Kþi mvgvwRK cwiw`wZ mnþR eySþZ cvþi </p>	<ul style="list-style-type: none"> _ G aiþbi wkÿv_©xþ`i Rb` mnþhvwmZvg~jK wkLb Kvh©µg cwiKÍbv Kiþeb _ þk^aYxþZ Ggb wKQz KvR w`þeb þhLvþb mevB AskMÖnY KiþZ cvþi, mevB gZvgZ w`þZ cvþi Ges hyw³ w`þZ cvþi _ wkÿv_©xþ`iþK fvþjv KvþRi Rb` DrmvwnZ (Reinforce) Kiæb hvþZ GþK Acþii gZvgZþK k^axv KiþZ wkþL _ mnþhvwmZvg~jK þLjvi e`e`v Kiv

<p>Ašite`w³K eyw×gĒv</p> <p>G eyw×gĒv hv`i cÖej Zviv GKvKx wPšív I KvR Kfi mn`R †k†L </p>	<p>GKvKx _vK†Z cQ>` K†i Kg K_v e†j AwaK wPšív K†i wb†R wb†R wkL†Z Pvq wb†Ri mα^†Ü m†PZb _v†K †Kvb NUbvi c~e©vfv m†R Abygvb Ki†Z cv†i GKvKx Kv†R Drmvnx nq wb†Ri mejZv I `~e©jZv m†R eyS†Z cv†i mvgvwRK Kg©KvŪ †_†K wb†R†K `~†i iv†L </p>	<p>_ wbR wbR KvR cwiKíbv Ki†Z w`b Kv†Ri ci AvZ¥ cÖwZdj†bi my†hvM K†i w`b </p> <p>_ †jLvi wfZi w`†q Zv†`i Awfe`w³i BwZevPK cÖKvk†K DrmvwnZ Kiæb </p> <p>_ e`w³MZ Wvqwi e`env†i DrmvwnZ Kiæb wb†Ri Rxeb K_v ev NUbv, wb†Ri wkLb AwfÁZv BZ`vw` Wvqwi†Z wjL†Z DrmvwnZ Kiæb </p> <p>_ cvV †k†l Kx wkL†Z Amyweav n†q†Q wR†Ám Kiæb </p>
<p>cÖvK...wZ K eyw×gĒv</p> <p>G eyw×gĒv hv`i cÖej Zviv cÖK...wZi MvQcvjv, cïcwwL mαú†K© wewfbœ Z_` msMÖn K†i mn`R †k†L </p>	<p>MvQcvjv I cïcwwL ch©†eyY Ki†Z cQ>` K†i cïcwwL I MvQcvjvi ^ewkó` wb†q wPšív Ki†Z cQ>` K†i MvQcvjv I cïcwwL mαú†K© Z_` msMÖn Ki†Z cQ>` K†i MvQ jvMv†Z Ges hZœ Ki†Z fvjev†m Rxe RM†Zi wewfbœ Z_` we†køIY Ki†Z cQ>` K†i cÖvYx I Dw™ϕ` wb†q M†elYv Ki†Z cQ>` K†i </p>	<p>_ wkLb †kLv†bvi mgq wkÿv_x©†`i†K †kÖwYK†yi evB†i wb†q hvb hv†Z wkiiv cvVMÖn†Yi cvkvcvwk cÖK...wZ†K Dc†fvM Ki†Z cv†i </p> <p>_ cÖK...wZ†Z hv wKQz ^ewPî` Av†Q (†hgb : MvQcvjv, Avenlvq BZ`vw`) Zvi mv†_ welqe`i mαúK© `vcb Ki†Z mnvqZv w`b </p> <p>_ wdí wU^c Gi e`e`v Kiæb </p> <p>_ G`vKzwiqv†g wewfbœ cÖRvwZi gv†Qi msMÖn ivLyb </p>

eûgyLx eyw×gĒvi cÖ†qv†M wkLb †kLv†bv KvH©µg cwiPvjv nq AvKI©Yxq, G†Z
wkii myß cÖwZfvi `^xK...wZ †`lqv nq Ges cÖwZwU wkii g†a` †Rviv†jv eyw×gĒv†K

wkLþbi KvþR e`envi Kiv hvq| dþj wkLb cÖwµqv Avb>`vqK nq| Ab`w`þK þKvþbv wkii
þhme eyw×gËv Kg, Ab`þ`i þRvivþjv eyw×gËvi mþ½ wg_w`Æeqvq þm,þjvl kw³kvjx nq|
8| g~j`vqb: mgq: 10

wgwbU

K) 8 aiþbi eyw×gËvi bvg ejyb? evsjvþ`k l wek|cwiPq welþqi wkLb þkLvþbv þÿþÎ
þk^aYxKþÿ eûgyLx eyw×gËv ZþËji cÖþqvþRi 1wU Kþi D`vniY w`b|

L) wkLb þkLvþbv Kvh©Îþg me©vwaK msL`K eyw×gËvi mwbœþek NUvþbv cÖþqvRb
þKb?

9| ^-AbywPšÍb:

K) AwaþekbwU KZUv `ÿZvi mvþ_ cwipvjv KiþZ mÿg nþqþQb, wPšÍv Kiæb|

L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw®Æeq_vKþj Zvi KviY fveyb|

M) wkLbdj AR©þb Abym„Z KvR hþ_ó wQj wK? bv_vKþj bZzb Kx KvR Kiv þþþZ cvþi
wPšÍv Kiæb|

N) mKþj wkLbdj AR©b KiþZ þcþiþQb wK? bv KiþZ cviþj Zvi Rb` Kx c`þÿc þbqv
cÖþhvRb wQj Zv ejyb|

O) Awaþekb AskMÖnYg~jK wQj wK?

w`b-3

Awaþekb-1

1| wkþivbvg: evsjvþ`k l wek|cwiPq: wkLb þkLvþbvi Rb` wewfboe ZËj |

G`vþcÖvþPi e`envi: GwiK GwiK mþbi gþbvmvgvwRK Dbœqb ZËj |

2| g~jwelq: evsjvþ`k l wek|cwiPq welq wkLb-þkLvþbvi Rb` gþbvwPwKrmK GwiK

GwiK mþbi gþbvmvgvwRK Dbœqb ZËj LyeB ,iæZjc~Y© | GB ZþËji g~jK_v nþ`Q wkiþ`i
Ges eq:mwÜKvþji þQþjþgþqþ`i mvgvwRK l AvþewMK weKvk cwibZ eqm ch©šÍ PjþZ

_vþK | Zuvi gþZ mvgvwRKxKiY cÖwµqv AvUwU Ae`vi wfZi w`þq MwVZ nq | evsjvþ`k l
wek|cwiPq welþqi wkÿK wnþmþe gþbvmvgvwRK weKvþki Rb` þkÖwYKþÿ l þkÖwYKþÿi
evBþi wZwb Kxfvþe wkÿv_©xþ`i wkLþb mnvqZv KiþZ cvþib GB cvþV ZviB AvþjvPbv Kiv

þkþl þcv=vi þccvi ,þjv gvþK©U þcøm Kþi mKjþK Nyþi Nyþi þ`LþZ ejþeb | wbR `þj ev` hvlqv Z_ ,þjv `þþbZvþK LvZvq wjLþZ ejþeb|

3. cwiþkþl mnvqK AskMÖnYKvixþ`i msþM cÖþkœvËþii gva`þg mvgvwRK `ÿZv Dbœqþbi Dcvqmg~n (cwiwkó: Z_`cĭ -2 þ`Lyb) mæúþK©`úó aviYv þ`þeb |

8| g~j`vqb:

mgq: 10

wgwbU

(K) mnvqK AskMÖnYKvixþ`i GwiK GwiKmþbi mvgvwRKxKiY cÖwµqvi avcmg~þni bvg ejyb|

(L) wkÿv_©xþ`i mvgvwRK `ÿZv Dbœqþbi Dcvq,þjv ejyb|

9| ^-AbywPšĭb:

K) AwaþekbwU KZUv `ÿZvi mvþ_ cwiPvjbv KiþZ mÿg nþqþQb, wPšĭv Kiæb|

L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw@œq_vKþj Zvi KviY fveyb|

M) wkLbdj AR©þb Abym,,Z KvR hþ_ó wQj wK? bv_vKþj bZzb Kx KvR Kiv þþþZ cvþi wPšĭv Kiæb|

N) mKþj wkLbdj AR©b KiþZ þcþþQb wK? bv KiþZ cviþj Zvi Rb` Kx c`þÿc þbqv cÖþhvRb wQj Zv ejyb|

O) Awaþekb AskMÖnYg~jK wQj wK?

cwiwkó:

Z_`cĭ -1: GwiK GwiKmþbi mvgvwRKxKiY cÖwµqvi avcmg~n

gþbwe` d«þqþWi cÖZ`ÿ Qvĭ Rvg©vb gþbweÁvbx E.H. Erikson Zuvi Childhood & Society (1950) bvgK MÖþš` gþbvmvgvwRK ZþËji e`vL`v weþkøY Zzþj aþþQb| wZwb G ZþËj kvixixK, gb`lvwËjK I mvgvwRK NUBvewji Ici wfwË Kþi gvbyþli e`w³Zi weKvþki weeZ©bg~jK cÖwµqvi e`vL`v cÖ`vb KþþQb| g~jZ Zuvi G gZvgZwU 8wU ch©vþqi Dci wfwË Kþi cÖwZwðZ eþj GwUþK `Eight Stages of Man` eþj AwfwnZ Kiv nq| GwiKmb cÖwZwU ch©vþqK ÔgþbvmvgvwRK msKUKvjÖ eþj AwfwnZ Kþi `ywU wecixZag©x djvdþji K_v DþþL KþþQb|

gþbvmvgvwRK weKvþki 8wU avc nj :

1| þgšwjK wekÿvm eavg Awekÿvm (Basic Trust versus Basic Mistrust): wkii e`w³Zi weKvþki cÖviwæçK ch©vq wnþmþe G`liwU Rb¥ þ_þK cÖvq 18 gvm eqm ch©šĭ e`vc,,Z| G`ĭþi wkiiiv `^vfvweKfvþe Amnvq I gvZvwcZvi Dci mæú~Y© wbf©ikxj_vþK| wkĭ hw` Av`i fvþjvevm I cÖþqvRbxq hZœ cvq Zþe Zvi gþa` wekÿvm bvgK `ewkó`wU my`úó nq Ges þm c,,w_exþZ wbþRþK wbivc` gþb Kþi| hw` Av`i fvþjvevmv I hZœ bv cvq Zþe þm wbþRþK Awbivc` gþb Kþi Ges mevi cÖwZ Zvi Awekÿvm Rþb¥| wkii my` weKvþk cÖ_g avcwU `^v_©Kfvþe AwZµþgi Rb` AwffveþKi hZœevb nlqv DwPr|

2| ^vaxbZv eavg j¼v I mþ`nþeva (Autonomy Versus Shame & Doubt) : G`ĭþii e`w³B 18 gvm þ_þK 3 eQi eqm A_©vr cÖvK `kkeKvj ch©šĭ| evev gvþqi fvþjv hZœ wkĭþ`i GB mgq e`w³MZ wbqšÿþY `ÿ Kþi þZvþj| A_©vr cieZ©x ch©vþq wkii AvZ¥wbqšÿþYi cÖeYZv Z_v `^wbf©ikxjZv G ch©vq þ_þKB Mþo lþV| wkĭ wbþRþK wPbþZ cvþi, wbþRþK wbþq

Me© þeva Kþil cývšlþi Awffveþki hZœ bv tçþj, wKsev wki ^vaxbfvþe KvR Kivi tþþl gv-evev wKsev Aþb'i Øviv evavMÖÍ nþj wki wbþRi Dci mw>`nvb nþq çþo Ges j¼v I AcgvwbZ þeva Kþil ZvB KþVvi wbqš¿Y I kvmb Aþcýv wkiþ'i cQ>` I ^vaxbZvi wþK ,iæZj t`qv DwPZl

3| Drmvn eavg Acivaþeva (Initiative Versus Guilt): G Íþii e`vwß 3 eQi eqm t_þK iæKþi we`vjþq hvlqvi AvM ch©šl A_çvr 5 eQi eqm nlqv ch©šl| G Íþi AwffveKþ'i mwVK cwiPh©v cÖvß wkiiv mwµq tLjvi gva`þg Zvþ'i wPšlv I Kíbví weÍ...wZ NUvq, Ab`þ'i mnvqZv KiþZ þkþL Ges tþZ...Zi w`þZ I tþZ...Zi tþgþb PjþZ tþkþL| mwVK cwiPh©vi Afvþe wki nq fxZz, `þji m`m`þ'i Øviv nq GKNþi, eoþ'i Dci m¸ú~Y©fvþe wbf©ikxj Ges tLjv I wPšlb `ýZv evav cÖvß nq|

4| Aa`emvq eavg nxbgb`Zv (Industry Versus Inferiority): G Íþii e`vwß 6 t_þK 12 ermi ch©šl| G Íþi wkiiv cwiþeþki wewfbœ welþqi mvþ_ m½wZweavb I eÜzevÜe Ges mncvVxþ'i mvþ_ mvgvwRK wg_w`Çeqvi gva`þg wbZ`bZzb AvPiY I AwfÁZv AvqZi Kþil Gfvþe bZzb KvH© m¸úv`b I AwfÁZv AvqZi Kivi dþj wkii gþa` cwikÖgx nlqvi cÖeYZv e,,w× cvq Ges Zvi gþa` mš`wóþeva I mvdj` DçþfvM Kivi B`Qv `,,p nq| þh me wki Zvþ'i wcZvgvZv Ges wkýK KZ...©K DrmvwnZ I cwiPvwjZ nq Zviv Zvþ'i `ýZvi Dci wek'vm `vcb Kþi I þhvM`Zvi Dbœeqb NUvq| hviv Zvþ'i wcZvgvZv, wkýK A_ev mZx_çþ'i KvQ t_þK Drmvn cvq bv Zviv Zvþ'i mvg_`© wbþq mþ>`n cÖeY nþq lþV| ZvB G ch©vþq wkii KvH© m¸úv`þbi mvg_çþi h_vh_fvþe DrmvwnZ I AbycÖvwYZ KiþZ nþe|

5| AvZçcwiPqþeva eavg f~wgKvi ØØ (Identity Versus Role confusion): G Íþii e`vwß nj eqtmwÜKvj A_çvr 13 eQi t_þK 19 eQi eqm nlqv ch©šl| G avþc wkýv_x©iv Zvþ'i ^KxqZv I wbr`^Zvi Dçjw× Kþil ÓAvwg tKÓ GB cÖkœwUi mþšlvIRbK DËi w`þZ Rvþb| hviv e`w³Mzfþe AbymÜvþbi gva`þg h_vh_ Drmvn I eje,,w×KiY cvq Zviv G avc t_þK weKvk jvf Kþi, kw³kvjx e`w³KiY Ges ^vaxbZv I wbqš¿Y Abyfe Kþil hviv Gfvþe cwiPvwjZ nq bv Zviv wbþRi Dci wbqš¿Y ivLþZ e`_© nq| wbþRi m¸úþK©l `úó aviYv þcvlY KiþZ cvþi bv| Zviv fwel`Z m¸úþK© tKvb cwiKíYv MÖnþY, GgbwK mgvþRi KvQ t_þK h_vh_ cwiwPwZ jvþf e`_© nq|

6| NwbðZv I msnwZ eavg GKvKxZi (Intimacy abd solidarity Versus Isolation): G Íþii e`vwß 20-24 eQi eqm ch©šl nlqvq GwiKmb GwUþK cÖv_wgK eq`Kvj eþj AwfwnZ KþiþQb| G ch©vþq e`w³i gþa` Ansþeva cwic~Y© AvKvi aviY Kþil hvi dþj Mfxi fvevbyf~wZ I eÜZZjmyjf gþbvfe Mþo DþV| ZvB gvbyl G avþc Gþm mgwj½ wKsev wecixZ wjþ½i mvþ_ cÖK...Z Nwbó m¸úK© Mþo tZvþj| G m¸úK© evKx Rxeþbi cÖK...Z eÜy wnþmþe AUzU _vþK| GgbwK tKvb tKvb m¸úK© weþqi gva`þg `vqx nq| c~þe©i avc,þjvþZ _vKv wewfbœ m¼U tgvKvþejvq e`_© gvbyþliv cÖK...Z Nwbó m¸úK© `ZwiþZ mdj nq bv| GgbwK cvi`úwik tçvSvcovi Afvþe cwiewwik Rxeþbl mgm`v `Zwi nq|

7| Drcv`bkxjZv eavg wbðjZv (Generativity Versus Self-Absorption-Care) : e`w³þZji G gþbvmvgwRK weKvþki G ga` cÖvß eq`Kvj 25 -64 eQi ch©šl weÍ...Z| G ch©vqþK Drcv`bkxjZvi mþe©vrK...ó mgqKvj wnþmþe weþePbv Kiv nq| G Drcv`bkxjZv nþZ cvþi weþqi gva`þg mšlvb Drcv`b A_ev fvþjv KvþRi gva`þg tKvb wKQz m,,wó Kiv (m,,wóKxj

KvR)| Drcv`bKxjZvi G cÖwµqv ^vfwweK nþj e`w³ t`k I mgvþRi cÖwZ h_v_© Ave`vb ivLþZ mg_© nq| Ab`w`þK G ch©vþq e`w³i ^vfwweK Kvþh©i e`wZµg NUþj Drcv`bKxjZvi cwieþZ© nZvkv I `weiZv Rb¥ þbq|

8| c~Y©Zv eavg nZvkv (Integrity Versus Despair) : 65 ermi t_þK Gi ci t_þK g„Z`y ch©šf nj G `þii e`vwßKvj| G ch©vþq Anþgi c~Y©Zv Avþm eþj GwUþK Ego Integrity ejv nq| gvbyl G avþc þcQþb þdþj Avmv Rxeþbi cÖwZdjb Kþi _vþK| c~þe©i wewfbœ avþci m¼Umg~n ^v_©Kfvþe w`i KiþZ cviv gvbyþliv mgvþR AwfþhvRþbi mþe©v”P P,ovq wbþRþ`iþK t`LþZ cvq| Rxeþbi mKj KvþRi wnþme wbþKk Kþi wbþRþK GKRB myLx gvbyl wnþmþe fveþZ cvþil hw` tKvb e`w³ c~e©eZx© 8wU avþci GKwU ev GKvwaK m¼U mgvavþb e`_© nq Zþe tþm wbþRþK GKRB e`_© gvbyl wnþmþe Avwe®kvi Kþi Ges nZvkvq wbgw¾Z nq|

wkii e`w³Zi weKvþki cÖwZwU avþcB AwffveK, wkýK I NwbðRþbi weþkl mnvqZvi cÖþhvRb iþqþQ| cwievþi wkii Rþb¥i ci t_þK wcZvgvZvi `vwqZi wkii gþbvmvgvwRK weKvþki gva`þg e`w³Zi MVþb mnvqZv Kiv| tZgwb we`vjþq wkýþKi KZ©e` wkiþ`i Dchy³ gvbwMk weKvþk mnvvh` Kiv hvþZ mgvþR AwfþhvRþb mdj nq|

wkiþ`i tklvi GKwU gva`g nþ”Q tLjv| ZvB wkýK ev AwffveKMY wkiþK Zvi Pvicvþki cwieþek, gvbyl mþúþK© aviYv tþZ tLjvi mnvþh` wbþZ cvþib| wkii gþbvmvgvwRK Dbœqb NUvþbvi Rb` mg` tLjvþK 5wU tþÖYxþZ fvM Kiv hvq| h_v:

- wbtká tLjv (Quiet Play)
- m„Rbkxj tLjv (Creative Play)
- mwµq tLjv (Active Play)
- mgþeZ ev `jMZ tLjv (Co- operative Play)
- Awfbq RvZxq tLjv (Dramatic Play)

Z`cĭ - 2: wkýv_©xþ`i mvgvwRK `ýZv Dbœqþbi Dcvqmg~n

wkiþ`i mvgvwRK `ýZv þhgb- tþŠwLK þhvMvþhvM `ýZv, HK`gþZ`i tþcuŠQvþbvi Rb` Avjvc AvþjvPbvi `ýZv, KvH©Kix tþkvbi `ýZv, Awfe`w³i gva`þg þhvMvþhvM `ýZvmg~n AR©þbi Rb` wkýKMY wbgœwjwLZ Dcvq Aeja`b KiþZ cvþib| h_v:

- **K~vk wgwUs (Class Meetings):** mßvþn 1w`b mKj wkýv_©þK wbþq wkýK wgwUs KiþZ cvþib| mgm`v mgvavþbi Rb` mKþji gZvgZ wbþeb| mgm`v mgvavþbi Dcvq,þjv mKþji mvþ_ tþkvi Kiþe| Gi gva`þg tþÖYxKý e`ve`vcbv, k„s•Ljv I Avšíte`w³K þhvMvþhvM `ýZv e„w× cvq|
- **þgŠwLK Awfe`w³ Abyaveb Kiv (Real Facial Expression):** þgŠwLK Awfe`w³i Qwe wkýv_©þ`i t`wLþq þh tKvb 1wU cQ` KiþZ eþþeb Gi Dci wfwË Kþi Mí wjLþZ eþþeb

MYbv wjLte| GLvb t_#K wkyv_x@iv tgsSwLK Awfe`w³ tevSv I mngwg©Zvi aviYv jvf Ki#e|

- **Av#ewMK gyKvwfbq (Emotional charade):** wkyK wkyv_x@i Kv#b Kv#b #h tKvb 1wU Av#e#Mi bvg ej#e| wkyv_x@x #m Abyhvqx Awfbq K#i t`Lv#e| GwU tKvb ai#bi Av#ewMK cÖKvk, Ab`iv Zv ey#S DËi w`#e|
- **mwa\$wjZfv#e wm#všl MÖnY(Decision in Democratic way):** #hgb- #fv#Ui gva`#g, cÖwZw`b wfbœ wfbœ wkyv_x@#K wm#všl t#qvi my#hvM w`#q|
- **Awfbq (Role Play):** #hgb tkaYxK#y k,,sLjvi mv#_ Kv#Ri Af`vm MV#bi Rb` Avcb wewfbœ tKŠkj Aeja^b Ki#Z cv#ib| #hgb: Kv#Ri mgq tkaYxK#yi Ae`v tKgb nlqv DwPr Zv Awfbq K#i t`Lv#Z ejv Ges wkyK KZ©,,K dxWe`vK cÖ`vb|
- **mvgvwRK Mí ejv (Social Stories):** wkyK cvV mswkøó GKwU Mí ej#Z ej#Z tKvb mgm`vg~jK GKwU RvqMvq G#m _vg#e| Gevi #m mgm`vwUi mgvavb Kx n#Z cv#i ev GB Ae`v t_#K DËi#Yi Rb` wK c`#yc MÖnY Kiv t#Z cv#i Zvi Dci wjL#Z #`qv/gZvgZ t#qv|

w`b-3

Awa#ekb-2

1| w#tivbvg: evsjv#`k I wek#cwiPq: wLb #kLv#bvi Rb` mswkøó DcKiY mbv³KiY, cÖYqb, e`envi Ges msi#Y

2| g~jwelq: wLb t#Lv#bv Kv#vewj#Z kZ kZ k#ai tP#q GKwU wkyv DcKiY tawk ,iæZ; enb K#i| GKRb `y wkyK Ôevsjv#`k I wek#cwiPqÕ wel#qi cvV Dc`vc#b cvV#K mnR, AvKI©Yxq, Avb>`vqK I djcÖm~ Kivi Rb` cvV mswkøó wewfbœ w#yvcKiY e`envi K#ib | cv#V `,,wó wbf@i, kÖæwZ wbf@i, I `k@b-kÖeY wbf@i DcKiY e`envi Ki#j wkyv_x@xi wLb `vqx, cÖvYešl I ü`qMÖvnx nq | ZvB cvV wfwËK DcKiY wbe@vPb GKvšl cÖ#qvRb| cvV wfwËK wewfbœ DcKiY AwZ mn#RB l#qe mvBU t_#K cvlqv hvq | cvV wfwËK DcKiY mbv³ KiY, tKvb tKvb Drm t_#K DcKiY msMÖn I `Zwi Kiv hvq Zvi tKŠkj G Awa#ek#b Av#jvPbv Kiv n#q#Q|

3| mgq: 1 N>Uv 30 wgwbu

4| wkLbdj:

GB Awaþekb þkþl AskMÖnYKvixMY-

4.1 wkÿv DcKiY Kx Zv ejþZ cviþeb|

4.2 cvVmswkøó DcKiY mbv³ KiþZ cviþeb|

4.3 cvVmswkøó DcKiY cÖYqb KiþZ cviþeb|

4.4 cvVwfwËK DcKiþYi e"envþii þKŠkj ejþZ cviþeb|

4.5 DcKiY h_vh_fvþe msiÿY KiþZ cviþeb|

5| þKŠkj: cÖþkœvËþi AvþjvPbv, `jqKvR,Dcövcb |

6| DcKiY:þcv÷vi þccvi, gvK@vi, mvBb þcb, wkÿK mnvwqKv, wkÿK ms`ciY, cvV`cy`ÍK, j`vcUc, gvwëgwWqv BZ`vw`|

7| Awaþekþbi weeiY:

KvR-7.1 wkÿv DcKiþYi aviYv

mgq: 15

wgwbU

7.1.1 mnvqK AskMÖnYKvixþ`i cÖþZ`KþK GK mxU Kþi KvMR w`þq hv B"Qv Zv AvuKþZ ejþeb |

7. 1.2 mnvqK AskMÖnYKvixþ`i mnvqZvq Qwe,þjv cykwcb þevþW© cÖ`k©b Kþi RvbþZ PvBþeb-þKvb Qwe,þjv Ôevsjvþ`k l wek|cwiPqÖ wkLb-þkLvþbv KvþR e"envi Kiv hvq ?

7.1.3 Ôevsjvþ`k l wek|cwiPqÖ wkLb-þkLvþbv KvþR e"eüZ Qwe,þjvþK Kx ejv hvq ?

7.1.4 AskMÖnYKvixþ`i cÖkœ Kiyb, Ôwkÿv DcKiY/cÖ`xcb ejþZ Kx þevSvqÖ? cÖþkœi DËi wbR wbR LvZvq þjLvi ci coþZ ejþeb Ges wkÿv DcKiY/cÖ`xcb mþúþK© AskMÖnYKvixþ`i aviYv `úó Kiþeb |

þhgb: þKvb cvþVi wkLbdj `^í mgþq, Avbþ`i mvþ_,mnRfvþe l AwaKZi `vqxfvþe AR©þbi Rb" cvV mswkøó þh mKj DcKiY e"envi Kiv nq ZvþK wkÿv DcKiY eþj| Ab" K_vq, cvþVi AvPiwYK Dþík" ev wkLbdj h_vh_fvþe AR©þb þh DcKiY wkLb-þkLvþbv KvþR mnvqK f~wgKv cvjb Kþi ZvþK wkÿv DcKiY eþj |

7.1 5 AskMÖnYKvixþ`i mnvqZvq cÖþkœvËþii gva`þg wkÿv DcKiþYi cÖKviþf` (cwiwkó: Z_`cÍ-1 þ`Lyb) mþúþK© aviYv þ`þeb Ges G mspvší c~þe© cÖ`ZK...Z `øvBW mvnvþh" welqwU my@ú÷ Kiæb|

KvR-7.2 cvVwfwËK DcKiY mbv³ Kiv

mgq:

15 wgwbU

7.1.1. AskMÖnYKvixþ`i msþM cÖþkœvËþii gva`þg cvVwfwËK DcKiY mbv³KiþYi ,jæZj mþúþK© `úó aviYv w`b |

7.1.2. cvVwfwËK DcKiY mbv³Kiþbi þÿþl þKvb þKvb welþqi cÖwZ jÿ" ivLþZ nþe Zv cÖþkœvËþii gva`þg AvþjvPbv Kþi wbþœi welq,þjvi cÖþqvRbxqZv AskMÖnYKvixþ`i wbKU e"vL`v Kiþeb |

- _ cvVwU fvþjvfvþe coþeb |
- _ cvþVi wkLbdj AbymiY Kiþeb |
- _ cvþVi avc,þjv wba©viY Kiþeb |
- _ wkLbdj | Kvh©vewj Abyhvx DcKiY mbv³ Kiþeb |

7.1.3 AskMÖnYKvixþ`i cuvPwU `þj fvM Kþi Öevsjvþ`k | wek|cwiPqÖ welq Gi wkyK mnvwqKv/ wkyK ms`iY/cvV` cy`IK w`b Ges cÖwZwU `jþK GKwU eB Gi GKwU wbw`©ó welqe`´, þ`þK cvVwfwËK DcKiY mbv³ KiþZ ejyb |

7.1.4 cvVwfwËK DcKiY mbv³ Kivi ci, cÖþZ`K `j þ`þK GKRbþK `þji cþy `jxqKvR Dc`vcb KiþZ ejyb Ges Ab`þ`i gþbvþhvM mnKvþi þ`LþZ, `ibþZ ejþeb | cÖkœ KiþZ ejyb |

7.1.5 Avcwb cÖþqvRbxq gZvgZ w`b|

KvR-7.3 DcKiY cÖYqb

mgq: 25

wgwbU

7.3.1 cÖkœ Kiþeb- cvV mswkøó DcKiY Kxfvþe cÖYqb Kiv hvq ? cÖ`þg GKvKx wPšÍv | þRvovq AvþjvPbv Kþi ejþZ ejyb Ges GKRb AskMÖnYKvixþK DËi,þjv þevþW© wjLþZ ejyb |

7.3.2 DcKiY cÖYqb þKŠkj mæúþK© AskMÖnYKvixþ`i aviYv þbþeb Ges wbþRi aviYv `úó Kiþeb|

7.3.3 AskMÖnYKvixþ`i cuvPwU `þj fvM Kþi wbþæei QK AbymiY Kþi þkÖwY, welqe`´ | AR©b DcþhvMx þhvM`Zv/wkLbdj Abyhvx cvV mswkøó DcKiY cÖYqb KiþZ ejyb Ges cÖþZ`K `jþK cÖþqvRbxq cvV` cy`IK, wkyK mnvwqKv, wkyK ms`iY Ges Avek`Kxq wkLbµg w`b | cwþkþl cÖYqbK...Z DcKiY `jxqfvþe gvþK©U þcøm KiþZ ejyb |

DcKiY cÖYqþbi wbþ`©kbv QK:

`j	þkÖwY	AR©b DcþhvMx þhvM`Zv/wkLbdj	welqe`´	DcKiY
1	cÖ`g þkÖwY			
2	wØZxq þkÖwY			
3	Z...Zxq þkÖwY			
4	PZz_© þkÖwY			
5	cÂg þkÖwY			

KvR-7.4 cvVfwĚK DcKiŕYi e"envi †KŠkj

mgq: 20 wgwbu

7.4.1 AskMÖnYKvixŕ`i cÖkœ Kiæb-†kÖwYKŕŕ DcKiY Kxfvŕe e"envi KiŕZ nq? GKvKx wPŠÍv Kŕi DĚi w`b |

7.4.2 GKRb AskMÖnYKvixŕK DĚi,ŕjv †evŕW©/wd-ŕPvŕU© wjLŕZ ejŕeb Ges †jLv †kŕl DĚi,ŕjv coŕZ ejyb |

7.4.3 †evŕW©/wd-ŕPvŕU© †jLv DĚi,ŕjvi msŕM mgš^q Kŕi cÖ†kœvĚŕii gva"ŕg DcKiŕYi e"envi †KŠkj (**cwiwkó: Z_`cÍ:2**) ŕúó Kiæb|

KvR-7.5 DcKiY msiŕY

mgq: 10

wgwbu

7.5.1 AskMÖnYKvixŕ`i cÖkœ Kiæb- DcKiY Kxfŕe msiŕY Kiv hvq (Z_`cÍ-3) ? GKvKx wPŠÍv Kivi ci, cÖŕZ`KŕK `yÖwU Kŕi cŕqU LvZvq wjLŕZ ejyb |

7.5.2 AskMÖnYKvixŕ`i cŕqU,ŕjv coŕZ ejyb Ges wbŕRi aviYv ŕúó Kiæb |

8| g~j"vqb :

mgq: 05

wgwbu

(K) †Kvb †Kvb Dm †_ŕK DcKiY msMÖn Kiv hvq Zv mnvqK AskMÖnYKvixŕ`i ejŕZ ejŕeb |

9| ŕ^AbywPŠÍb:

K) AwaŕekbwU KZUv `ÿZvi mvŕ_ cwiPvjbv KiŕZ mÿg nŕqŕQb, wPŠÍv Kiæb|

L) `jxq KvŕR mevi AskMÖnY wQj wK? †KD wbw®œEq _vKŕj Zvi KviY fveyb|

M) wkLbdj AR©ŕb Abym„Z KvR hŕ_ó wQj wK? bv _vKŕj bZzb Kx KvR Kiv †hŕZ cvŕi wPŠÍv Kiæb|

N) mKŕj wkLbdj AR©b KiŕZ †cŕiŕQb wK? bv KiŕZ cviŕj Zvi Rb" Kx c`ŕŕc ŕbqv cÖŕhvRb wQj Zv ejyb|

O) Awaŕekb AskMÖnYg~jK wQj wK?

cwiwkó:

Z_`cÍ -1: wkÿv DcKiŕYi cÖKviŕŕ

1. `„wó wbf©i DcKiY

* **ev`Íe DcKiY** : MvQ, cvZv, RvZxq cZvKv, eB, †cbwmj BZ`vw` |

* **gŕWj**: knx` wgbvi, ŕ_„wZŕmŠa, †mZz, †Møve, dj BZ`vw` |

* **PvU©**: RvZxq cÖZxK, ag©xq Abyôvb, Drme, gnvŕ`k, RbmsL`vi PvU© BZ`vw` |

* **Qwe**: cÖvK...wZK `„k", knx` wgbvi, ŕ_„wZŕmŠa, we`vjq, †ckvRxwe gvbyl BZ`vw` |

* **gvbwPÍ:** c,,w_exi, gnvþ`þki, †`þki, †Rjvi, DcþRjvi, BZ`vw` |

* **þcv+vi:** `^v`", wkyv, cwiþek, RbmsL`v BZ`vw`i þcv+vi |

2. **kÖæwZ wbf©i DcKiY :** †iwWI, K`vþmU †cøqvi, †Uwjþdvb BZ`vw` |

3. **`k©b-kÖeY wbf©i DcKiY:** wUwf, wfwmAvi, wfwmwW, KwæúDUvi BZ`vw` |

Z_`cÍ -2: cvVwfwĚK DcKiþYi e`envi †KŠkj

- mKþji `,,wóþMvPi Kþi DcKiY cÖ`k©b KiþZ nþe
- cÖ_þg ev`Íe I cþi Aa©ev`Íe DcKiY cÖ`k©b KiþZ nþe
- †h DcKiY hLbB cÖþqvRb ZLbB cÖ`k©b KiþZ nþe
- †h DcKiY hZyY cÖþqvRb Zv ZZyY cÖ`k©b KiþZ nþe
- †kÖwYi mKj wkyv_@xi Pvwn`vi cÖwZ jy †iþL DcKiY cÖ`k©b KiþZ nþe
- DcKiY wnþmþe wkyv_@xþ`i e`envi Kivi welqwU gþb ivLþZ nþe
- wkyv_@xþ`i cÖþkœvĚþii gva`þgB DcKiþYi welqe`´´úó KiþZ nþe
- cÖ_g I wØZxq †kÖwYi cvþVi †yþÍ DcKiY e`envþi AwaK ,iæZi w`þZ nþe

Z_`cÍ -3 : DcKiY msijY þKŠkj

- _ þkÖwY, welq I cvVwfwĚKfvþe Avjv`v Kþi DcKiY msijY KiþZ nþe
- _ PvU©,þcv+vi, gvbwPÍ, Qwe DcKiY Szwjþq ivLþZ nþe
- _ þQvU †QvU Roe`´´ ev gþWj AvjgwiþZ ivLþZ nþe
- _ DcKiY iKþbv RvqMvq ivLþZ nþe
- _ `vng hš¿cvwZ cÖavb wkyþKi AvjgwiþZ ivLþZ nþe
- _ DBþcvKv I Bu`yþii Dc`aegy³ `´vþb DcKiY ivLþZ nþe
- _ gvþS gvþS KxUvkkK ev b`vc_wjb RvZxq Jla w`þq DcKiY msijY KiþZ nþe

w`b-3 Awaʔekb-3

1.wkʔivbvg: evsjvʔ`k | wekʔcwiPq: wkLb-ʔkLvʔbvi Rb` mswkøó AvBwmwU e`enviʔhvM` DcKiY mbv³KiY, wWwRUvj KbʔU>U ^Zwi | e`envi |

2. g~jwelq: eZ©gvb hyM Z_` cÖhyw³i hyM | ʔMøvejvBʔRkb aviYvq AvBwmwU (ICT-Information and Communication Technology) Z_` cÖevʔn GK ,iæZi c~Y© f~wgKv cvjb KiʔQ | AvBwmwU(ICT) evsjvq Z_` | ʔhvMvʔhvM cÖhyw³ bvʔg cwiwPZ | evsjvʔ`k miKvʔii GKʔmm Uz Bbdiʔgkb (A2I)-cÖKí KZ©,,K D™ ʔvweZ ÔgvwëgwWqv K~vmiægÕ | ÔwkÿKʔ`i Øviv wWwRUvj KbʔU>U ^ZwiÕ-Kg©m~wP wkÿvi gvʔbvæqʔb GKwU DʔjØLʔhvM` cÖʔPón |evsjvʔ`k mKj cÖv_wgK we`vjʔq ch©vqµʔg ÔgvwëgwWqv K~vmiægÕ `vcʔbi c`ʔyc MÖnY Kiv nʔqʔQ | evsjvʔ`k miKvʔii my`~icÖmvix G c`ʔyʔci gva`ʔg mviv ʔ`ʔk GKʔhvʔM wkÿvq Z_` | ʔhvMvʔhvM cÖhyw³i (ICT in Education) e`envi wbwðZ nʔe eʔj Avkv Kiv hvq | ICT wkÿv DcKiY nʔ`Q-KwæúDUvi Ges Ab`vb` cÖhyw³i gva`ʔg ^Zwi gvwëgwWqv ev wWwRUvj wkÿv DcKiY ʔh,ʔjv e`envʔii gva`ʔg wkLb-ʔkLvʔbv Kvh©µgʔK mnR,Avb>`vqK, AvKI©Yxq Ges Kvh©Ki Kiv hvq |

3.mgq: 1 NÈv 30 wgwbu

4.wkLbdj:

GB Awaʔekb ʔkʔl AskMÖnYKvixMY-

4.1 AvBwmwU (ICT) Kx Zv ejʔZ cviʔeb |

4.2 AvBwmwU (ICT) e`enviʔhvM` DcKiY mbv³ KiʔZ cviʔeb |

4.3 wWwRUvj KbʔU>U %oZwi | e`envi KiʔZ cviʔeb

5. ʔKŠkj: cÖʔkœvÈʔi AvʔjvPbv, `jxqKvR, Dc`vcb |

6. DcKiY: ʔcv=vi ʔccvi, gvK©vi, ʔevW© ʔcb, j`vcUc, gvwëgwWqv BZ`vw` |

7. Awaʔekʔbi weeiY:

KvR-7.1 AvBwmwUi (ICT) aviYv

mgq:

15 wgwbu

7.1.1 huvʔ`i ʔmjʔdvb AvʔQ Zuvʔ`i nvZ ZzjʔZ ejʔeb | Gi ci cÖkœ Kiʔeb Ôʔmjʔdvb Avgvʔ`i Kx Kx KvʔR e`eüZ nq?Õ AskMÖnYKvixʔ`i cÖʔZ`KʔK ejʔZ mnvqZv Kiʔeb |

7.2.2. cÖkœ Kiæb- AvBwmwU (ICT) ejþZ Kx þevþSb ? GKvKx wPšÍv Kþi cÖþZ"KþK wbR wbR LvZvq wjLþZ ejþeb| cÖvß Z_ ,þjv GKRb AskMÖnYKvixþK þevþW©/wd~cPvþU© wjLþZ ejþeb | G welþq cÖvß Z_ ,þjvi AvþjvþK

AvþjvPbvi gva"þg AskMÖnYKvixþ"i AvBwmwU (ICT) m¸úþK© ¯c¸o aviYv þ`þeb |

ICT- nþPQ Information and Communication Technology- Gi mswýß ifc (Acronym), evsjvq hv Z_ | þhvMvþhvM cÖhyw³ bvþg cwiwPZ |

KvR-7.2 AvBwmwU (ICT) e"enviþhvM" DcKiY mbv³KiY

mgq: 20 wgwbu

7.2.1. AskMÖnYKvixþ"i cuvPwU `þj fvM Kþi AvBwmwU (ICT) e"enviþhvM" DcKiY mbv³ Kþi þcv=vi þccvþi wjLþZ ejþeb Ges `j wfwËK Dc`vcb KiþZ ejþeb |

7.2.2. GLb GKRb AskMÖnYKvixþK `jxq cuvPwU þcv=vi þccvi þevþW© cvkvcwk Uv½vþZ ejyb | Ab" AskMÖnYKvixþ"i mnvqZvq DËþii wj LuyþR wPwýZ KiþZ mnvqZv Kiæb Ges AvþjvPbvi myþhvM w`b |

7.3.3. GLb AvBwmwUi e"enviþhvM" DcKiY (cwiwkó: Z_ "cÍ-1) m¸úþK© cÖþkœvËþii gva"þg AskMÖnYKvixþ"i wbKU wbþRi aviYv ¯úó Kiæb |

KvR-7.3 wWwRUvj KbþU>U %Zwi I e"envi

mgq: 50 wgwbu

7.3.1. AskMÖnYKvixþ"i cÖkœ Kiæb- wWwRUvj KbþU>U %Zwii þKškj Kx? GKvKx wPšÍv I þRvovq AvþjvPbv Kþi ejþZ mnvqZv Kiþeb |

7.3.2. PZy_© þkÖwYi evsjvþ`k I wek'cwiPq cvV" eB Gi mvgvwRK I ivóaxq m¸ú` þ_þK ÔmvgvwRK m¸ú` Ö Gi Dci GKwU wWwRUvj KbþU>U %Zwi KiþZ Kx Kx ch©vq AbymiY KiþZ nþe Zv cÖþkœvËþii gva"þg AvþjvPbv Kþi ev`le aviYv w`þZ mnvqZv Kiyb|

7.3.3. cvVmswkøð þh mKj DcKiY cÖþqvRb, þm,þjv wewfbœ lþqe mvBU (Google, Ytube cÖf...wZ) þ_þK c~þe©B Kx fvþe msMÖn Kþi þcbWavBf, þW`<Uc I WKzþgþ>U ivLv hvq þm e`vcvþi aviYv w`b||

7.3.4. Microsoft Office þ_þK Kxfvþe Microsoft Office Power Point G wMþq Slide %Zwi KiþZ nq þm e`vcvþi cÖþkœvËþii gva"þg ¯úó aviYv w`b|

- Microsoft Office Power Point Gi Click to add title G Kxfvþe weRq KxþevW© þ_þK jvj þMvjvþci iþf"Qv wjLþZ nq Ges Click to add subtitle G jvj þMjvc Kxfvþe copy Kþi paste KiþZ nq Zv wLþZ mnvqZv Kiyb Ges slide Kxfvþe þQvU eo KiþZ þm m¸úþK© aviYv w`b|
- Slide `yBWU Animation þ_þK Transition w`þZ mnvqZv Kiyb|
- Quick Styles þ_þK Shape w`þZ mnvqZv Kiyb Ges Shape Outline þ_þK Theme colour/Standard colour mn Outline w`þZ mnvqZv Kiyb|

- Slide „þjv Animation þ_þK Custom Animation Gi gva``þg Add Effect G wMþq Kxfvþe Entrance, Emphasis, Exit I Motion Paths e``envi Kþi wewfboe Effect þ`lqv hvq þm mþúþK© ev`le aviYv w`b|
- cÖþqvRbþevþa Transition Sound I Transition Speed msþhvM Kxfvþe w`þZ nq þm mþúþK© aviYv w`b|
- Laptop Gi gva``þg cÖwZwU Slide Gi þýþl A_ev mKj Slide cÖ`Z Kivi ci Kxfvþe Save KiþZ nq þm mþúþK© `úó aviYv w`b Ges hw` Desktop nq Zþe cÖwZwU Slide `Zwii mgq Kxfvþe Save KiþZ nq þm mþúþK©| aviYv w`b|

7.3.5. bZzb Slide þblqvi Rb`` New Slide G Kxfvþe Click KiþZ nq þm mþúþK© aviYv w`b|

7.3.6. Click to add title A_ev Click to add subtitle Gi GKwU hw` cÖþqvRb nq, Zþe Kxfvþe Drug Kþi Ab`wU Delete ev Cut KiþZ nq þm mþúþK© `úó aviYv w`b|

7.3.7. Dcþiv³ þKŠkj e``envi Kþi ch©vqmuþg

- Dc`vcbvq: bvg, c`ex I cÖwZôvþbi bvg
- welq, þkÖwY, cvþVi wkþivbvg, A``Kvi cvV
- cÖ`wZ, AvþeMm„wó
- Dc`vcb: cvV þNvlbv, Qwe þ`þL Qwei welqe` ejv, e`msþýc AvþjvPbv, wbie cvb
- g~j`vqb
- cwiKwíZ KvR cÖ`vb
- þkÖwYKý Z`vM
- ab`ev` Ávcb BZ`vw`

Slide G Kxfvþe wjLþZ nq þm mþúþK© `úó aviYv w`b|

7.3.8. Digital Content wU Power Point G Kxfvþe e``envi Kiv hvq þm mþúþK©

AskMÖnYKvixþ`i msþM cÖþkœvEþii gva``þg AvþjvPbv Kþi ch©vqmuþg `úó aviYv w`þZ mnvqZv Kiæb|

8| g~j`vqb:

mgq: 05

wgwbU mnvqK (K) cÖþZ`K AskMÖnYKvixþK AvBwmwUi GKwU Kþi e``envi ejþZ ejþeb |

9| `^ AbywPšlb:

- K) AwaþekbwU KZUv `ÿZvi mvþ_ cwiPvjbv KiþZ mýg nþqþQb, wPšlv Kiæb|
- L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw@œeq _vKþj Zvi KviY fveyb|
- M) wkLbdj AR©þb Abym„Z KvR hþ_ó wQj wK? bv _vKþj bZzb Kx KvR Kiv þhþZ cvþi wPšlv Kiæb|
- N) mKþj wkLbdj AR©b KiþZ þcþiþQb wK? bv KiþZ cviþj Zvi Rb`` Kx c`þýc þbqv cÖþhvRb wQj Zv ejyb|
- O) Awaþekb AskMÖnYg~jK wQj wK?

cwiwkó

Z_“cĭ-1: AvBwmwU (ICT) e“enviþhvM” DcKiY	wKQz ,iæZic~Y ©Iþqe mvBU nþjv:	
<ul style="list-style-type: none"> ❖ j“vcUc ❖ þW“<Uc ❖ þcbW^avBc ❖ gvwëwgw Wqv ❖ gþWg ❖ BDGmwe gþWg ❖ mvDÛ e· ❖ þcvþUej nvW©wW “< 	<ul style="list-style-type: none"> ❖ wmwW ❖ Kx þevW© ❖ wcÖ>Uvi ❖ “<“vbvi ❖ BDwcGm ❖ Iþqe K“vþgiv ❖ wWwRUvj K“vþgiv BZ“vw` 	<ul style="list-style-type: none"> www.ebook.gov.bd www.infokosh.gov.bd www.ictinedubd.ning.com www.teachersdomain.org http://www.thinkfinity.org/ www.maps.google.com

w`b- 3

Awaþekb- 4

1| wkþivbvg: g~j“vqb: Dþĭk“, cÖKviþf I þKŠkj

2| **g~jwelq:** wkLb-þkLvþbv Kvh©vewji GKwU Aweþ“Q” Ask nj g~j“vqb (Assessment) GKwU mdj wkLb-þkLvþbv Kvh©vewj cwiPvjvbi Rb“ wkÿK I wkÿv_©x Dfþqi Rb“ g~j“vqb AZxe ,iæZic~Y©| g~j“vqþbi gva“þg GKrb wkÿv_©xi þKvb GKwU welq mæúþK© Ávb/ÿZv/„wófw½ Z_v þhvM“Zvi gvb hvPvB Kiv hvq| wewfbœ `„wóþKvY þ_þK g~j“vqbþK wewfbœfvþe fvM Kiv nþqþQ| MvVwbK I mvgwóK g~j“vqb nþjv g~j“vqþbi meþPþq DþjþLþhvM“ þkÖwYwefvM| wkÿv_©xþK wkLþb mnvqZv Kivi Rb“ wkLb þkLvþbv PjvKvjxb þh g~j“vqb Kiv nq, DnvB nþjv MvVwbK gyj“vqb (Formative Assessment); Avi wkÿv_©x hv wkþLþQ Dnv g~j“vqb KivþK ejv nq mvgwóK g~j“vqb (Summative Assesment)| evsjvþ`þk cÖPwjZ þhvM“ZvwfwËK wkÿvµþgi þÿþĭ wkÿv_©xþ`i AwR©Z þhvM“Zv mv_©Kfvþe cwigvþci Rb“ MvVwbK g~j“vqþbi Ici þRvi w`þZ nþe| GRb“ MvVwbK g~j“vqþbi þKŠkj,þjv fvfvþe þRþb wkLb þkLvþbvi KvþR h_vh_fvþe cÖþqvM Kiv þMþj wkLb þkLvþbvi cÖPón mdj nþe eþj aþi þbqv hvq|

3| **mgq:** 1 NËv 30wgbU

4| **wkLbdj:** G Awaþekb þkþl cÖwkÿYv_x©MY -

K) g~j“vqb (Assessment) Kx Zv ejþZ cviþeb|

L) g~j“vqþbi Dþĭk“ ejþZ cviþeb|

M) g~j`vq#bi cÖKvi#f eY@bv Ki#Z cvi#eb|

N) MvVwbK I mvgwóK g~j`vq#bi cÖ#qvM †KŠkj e`vL`v Ki#Z cvi#eb|

5| c#wZ I †KŠkj: †e^aBb ówg@s, `jxq KvR, †cøbvix, †Rvovq KvR, Av#jvPbv, cvlqvi c#qU †cÖ#R#Ukb BZ`vw`|

6| mnvqK mvgMÖx: †cv#vi †ccvi, gvK@vi, †jLv KvW©, gvwëwgwWqv cÖ#R±i BZ`vw`|

7| Awa#ek#bi weeiY:

KvR-1: g~j`vqb (Assessment) Kx Zv ej#Z cviv

mgq:

15 wgwbu

- AskMÖnYKvix#`i mv#_ Kzkj wewbgq Kiæb| mKj#K wb#q Avb#`vqK †Kvb KvR Kiæb|
- Ôg~j`vqb (Assessment) Kx?Ö- †m m#ú#K© AskMÖnYKvix#`i aviYv wbR wbR LvZvq wjL#Z ejyb|
- %`ePq#bi wfwË#Z 5/6 Rb#K ej#Z ejyb Ges cÖvß DËi, #jv GKRb AskMÖnYKvixi mnvqZvq †ev#W© wjLyb|
- msM,,nxZ DËi, #jvi Av#jv#K g~j`vqb (Assessment) Kx- Zv e`vL`v Kiæb Ges g~j`vq#bi GKwU c~Y@v½ msÁv ¯øvB#W cÖ`k@b Kiæb|

KvR-2: g~j`vq#bi D#k` ejv|

mgq: 15

wgwbu

- AskMÖnYKvix#`i#K cÖkæ Kiæb- Ôg~j`vq#bi D#k` Kx n#Z cv#iÖ?
- cÖvß DËi, #jv †ev#W© wjLyb|
- c~#e© cÖ`ZK...Z ¯øvB#Wi mnnv#h` g~j`vq#bi D#k` cÖ`k@b Kiæb Ges cÖ#qvRbxq e`vL`v/eY@bvi mnnv#h` AskMÖnYKvixM#Yi wbKU g~j`vq#bi D#k` cwi@vi Kiæb|

KvR-3: g~j`vq#bi cÖKvi#f eY@bv Ki#Z cviv|

mgq: 20 wgwbu

- Ôg~j`vqb KZ cÖKvi n#Z cv#iÖ? cÖkæwU ¯øvB#Wi mnnv#h` AskMÖnYKvix#`i#K D#k` cÖ`k@b Kiæb|
- cÖvß DËi, #jv †ev#W© wjLyb|
- cÖvß DËi, #jvi m~Á a#i ejyb wewfbæ `„wó#Kvb †_#K g~j`vqb#K wewfbæfv#e fvM Kiv n#q#Q| #hgb: AvbyøvwBK g~j`vqb (Informal Assessment) I AvbyøvwBK g~j`vqb (Formal Assessment), . MvVwbK (Formative) I mvgwóK g~j`vqb (Summative), avivevwnK g~j`vqb (Continuous Assessment) I cÖvš#K g~j`vqb (Terminal Assessment), wbY@vqK g~j`vqb ev `ye@jZv mbv³KiY g~j`vqb (Diagnostic Assessment), gvbwfwËK g~j`vqb (Norm Referenced Assessment), D#k`wfwËK

(Criterion Referenced Assessment) | ^wfwEK g~j~vqb (Self-Referenced Assessment)
BZ`vw`|

- c~te© cÖ`ZK...Z `øvB†Wi mvnv†h` g~j~vq†bi cÖKvi†f` cÖ`k©b Kiæb Ges cÖ†qvRbxq e`vL`v/eY©bvi mvnv†h` AskMÖnYKvixM†Yi wbKU g~j~vq†bi cÖKvi†f` cwi©vvi Kiæb|

**KvR-4: MvVwbK g~j~vqb | mvgwóK g~j~vq†bi cÖ†qvM †KŠkj mæú†K© Rvbv
mgq: 30 wgwbu**

- AskMÖnYKvix†`i†K 5wU `†j fvM Kiæb|
- cÖ`E msÁv | %ewk†ó`i Av†jv†K MvVwbK | mvgwóK g~j~vq†bi †KŠkj Kx n†Z cv†i `†j Av†jvPbv K†i Zv c†q†U AvKv†i wjL†Z ejyb|
- †cøbvix†Z `jxq KvR Dc`vcb Ki†Z ejyb| AskMÖnYKvixM†Yi gZvgZ wbb|
- c~te© cÖ`ZK...Z `øvB†Wi mvnv†h` MvVwbK | mvgwóK g~j~vq†bi †KŠkj AskMÖnYKvixM†Yi wbKU cwi©vvi Kiæb|
- cÖkœ Kiæb, Ôwkÿv_©x†`i g~j~vq†b †Kvb ai†Yi g~j~vqb †KŠkj MÖnY Ki†eb?Ö AskMÖnYKvixM†Yi gZvgZ wbb Ges Av†jvPbvi gva`†g Dcmsnvi Uvbyb, ÔwLb-†kLv†bv KvR PjvKvjxb wkÿv_©x†`i m†e©v`P wLb wbwðZ Kivi Rb` †hgb MvVwbK g~j~vq†bi cÖ†qvRb i†q†Q, †Zgwb wkÿv_©x†`i cÖ†gvkb mn wewfboe Kv†R mvgwóK g~j~vq†bil cÖ†qvRb i†q†Q| GB `yÖai†bi g~j~vqb †KŠk†ji g†a` †KvbwUiB ,jæZi Kg bq|

**8| g~j~vqb:
wgbu**

mgq: 5

- K) wkÿv†ÿ†i g~j~vqb †Kb Kiv nq?
- L) wLb †kLv†bv KvH©vej cwiPvjbi †ÿ†i UvVwbK | mvgwóK g~j~vq†bi g†a` †KvbwU Awak KvH©Ki? †Kb?

9| ^-AbywPšÍY:

- K) Awa†ekbwU KZUv `ÿZvi mv†_ cwiPjv†v Ki†Z mÿg n†q†Qb, wPšÍv Kiæb|
- P) `jxq Kv†R mevi AskMÖnY wQj wK? †KD wbw©Eq _vK†j Zvi KviY fveyb|
- Q) wLbdj AR©†b Abym„Z KvR h†_ó wQj wK? bv _vK†j bZzb Kx KvR Kiv †h†Z cv†i wPšÍv Kiæb|
- R) mK†j wLbdj AR©b Ki†Z †c†i†Qb wK? bv Ki†Z cvi†j Zvi Rb` Kx c`†ÿc †bqv cÖ†hvRb wQj Zv ejyb|
- S) Awa†ekb AskMÖnYg~jK wQj wK?

mrvqK Z`-1: g~j~vqb

wkLb-þkLvþbv cÖwµqvi GKwU ,iæZjc~Y© Ask/Dcv`vb nþjv wkyv_@x g~j`vqb
(assessment) hv wkyv_@xi wkLb AMÖMwZ wbifcþYi Rb` e`envi Kiv nq| cÖþZ`K wkyþKi
þckvMZ `vwqþZji Ask nþjv þkÖwYKþÿ wkyv_@xiv Kx wkLþZ cviþQ, Kx gvÎvq Ges KZUv
fvþjvfvþe wkLþZ cviþQ þm múþK© AewnZ nþq mþe©v`P wkLb wbdZKiþYi jþÿ`
cÖþqvRbxq e`e`v MÖnY Kiv|

mvaviYfvþe g~j`vqb ejþZ þKvb wKQzi Dci g~j` Avþivc KivþK eySvq| Gronlund & Linn
(1990) Gi gþZ, wkyY DþÏþk`i KZUzKz wkyv_@xiv AR©b KiþZ þcþiþQ Zv wbY©þqi Rb`
Z_` msMÖn, weþkøY I e`vL`vi avivevwnK cÖwµqv nj g~j`vqb| Freeman Ges Lewis (1998)
Gi gþZ g~j`vqþbi gva`þg wkyv_@xi wkLb - Gi gvÎv ev `li hvPvB Kiv nq| Gi KvR nþ`Q
wkyv_@x Kx Rvþb, ev Kx KiþZ mÿg Zv wbifcY Kiv| A_@vr, g~j`vqb nþjv GKwU DcKiY ev
þKþkj hvi Øviv wkyv_@xiv Zvþ`i Rb` wba©vwiZ wkLb dj (learning outcome) KZUv fvþjvþe
AR©b KiþZ þcþiþQ Zv wbifcY Kiv ev gvcv hvq| Zþe wkLb g~j`vqb GKwU cÖwµqv,
þhLvþb wkyv_@xi wkLb múþK© Z_` msMÖn Kiv, Zv ch©vþjvPbv Kiv Ges ch©vþjvPbvi
dmj wkyv_@xþ`i wkLb gvb Dbœqþbi Rb` e`envi Kiv nq|

mvaviYfvþe wkyvµg I welqe` mswkó þhvM`Zv wkyv_@x KZLvwb AR©b KiþZ þcþiþQ,
ev KZUv AMÖmi nþqþQ Zv hvPvB Kiv nq g~j`vqþbi gva`þgl A_@vr, þKvb welþqi mvþ_
mswkó wkyv_@xi Ávb, þevaMg`Zv, `ÿZv, m,,RbkxjZv BZ`vw` g~j`vqb Kiv nq| Avi Zv
KiþZ nþe wba©vwiZ wkLb DþÏþk`i (learning intention) wfwËþZ|

g~j`vqþbi jÿ`/DþÏk`:

g~j`vqþbi cÖavb jÿ` nþjv cvþVi welqe` þkLvi þÿþÏ wkyv_@xþK DrmvwnZ ev DØy× Kiv|
GwU cÖavbZ wkyv_@xi wkLb gvb Dbœqþbi þÿþÏ mnvqZv Kþi| wkyv_@xþ`i wkLb
AwfÁZv AR©þb g~j`vqb ZvB ,iæZjc~Y© f~wgKv cvjb Kþi|

(K) g~j`vqþbi GKwU ,iæZjc~Y© DþÏk` nþjv wkyv_@xi wkLb AMÖMwZ múþK© Z_`
cÖ`vb| wkyv_@x KZLvwb AMÖmi nþqþQ ev KZUv wcvQþq cþoþQ þm múwK©Z Z_`
Rvbv hvq; Ges þm Abyhvqx wkyv_@xþK Zvi wkLb gvb Dbœqþbi Rb` cÖþqvRbxq
mnþhvwMZv Kiv hvq|

(L) wewfbœ e`w³ ev cÖwZôvb wfbœ wfbœ DþÏþk` mvaþbi jþÿ` g~j`vqþbi dj e`envi Kþi
vþK| þhgb: wkyv@xi gþa` þcÖIYv m,,wó ev wkLþb AvMÖn e,,w×, wkLþbi myþhvM
cÖmvwiZ Kiv, wkyv_@xþK wkLb mnvqK civgk© ev djveZ©b þ`qv, wkyKþK wkyY c×wZ

hvPvB Kivi myþhvM cÖ`vb, †MÖW cÖ`vb, Dcþii †kÖwYþZ cþ`vbœwZ, wkLb gvb
wbwðZ Kiv BZ`vw` |

(M) g~j`vqþbi GKwU eûj e`eüZ ev ,iæZic~Y© Dþík` nþ"Q wkÿv_@xþK Zvi K...wZþZji
^xK...wZ †`qv| A_@vr, wkÿv_@x †Kvb þKvm© ev welþq wba@vwiZ gvb`Û (Particular
standard) AR©b KiþZ †cþiþQ wKbv Zvi GKwU cÖgvY ev mb` cÖ`vb Kiv nq g~j`vqþbi
gva`þg|

(N) wkÿv_@xi cvi`wk©Zv/K...wZZi mþúþK© we`lvwiZ weeiY bw_ex Kiv, Ab` K_vq
wkÿv_@xi †cÖvdbj eY©bv Kiv wkÿv_@xi wkLb g~j`vqþbi GKwU ,iæZic~Y© Dþík`|

(O) g~j`vqþbi me@vwaK ,iæZic~Y© Dþík` nþjv wkÿv_@xi wkLbþK mnvqZv Kiv| †hgb:
cÖþkœi gva`þg wkÿv_@xi AvMÖn e,,w× Kiv, wkÿv_@xi KvR ev cvi`wk©Zvi Ici djveZ©b
(feedback) †`qv hvi Øviv wkÿv_@x Zvi `~e©jZv `~i Kþi wkLb gvb e,,w× KiþZ mÿg nþe,
wkÿv_@xþK Zvi AMÖMwZ wPwýZ KiþZ mnvqZv Kiv|

(P) wkÿv_@xi wkLb g~j`vqþbi Z_` wkÿKþK Zvi wkÿY c×wZ I Kjv-þKŠkj ch@vþjvPbv Kivi
myþhvM cÖ`vb Kþi| †hgb, þkwÖYþZ wkÿv_@xiv †Kvb cÖþkœi DËi KZUv mwVKfvþe
w`þZ cviþQ; me wkÿv_@x DËi w`þZ cviþQ wKbv BZ`vw` Zþ_`i Ici wfwË Kþi wkÿK Zvi
wkÿY c×wZi gvb hvPvB KiþZ cvþib|

(Q) wkÿv_@xi KZUv AMÖMwZ nþqþQ, ev wkÿv_@x †Kvb KvþRi Rb` KZUv †hvM` - G
welþq AwffveKþK AewnZ Kiv g~j`vqþbi GKwU DjøLþhvM` KvR|

g~j`vqþbi cÖKviþf:

1. AbvbyðvwbK g~j`vqb (Informal Assessment) | AvbyðvwbK g~j`vqb (Formal

Assessment): †k^aYxKþyi cÖwZw`þbi wkLb cÖwµqvþK e`vnZ bv Kþi †h g~j`vqb Kiv nq,
ZvB AbvbyðvwbK g~j`vqb | †hgb: wkÿv_x©i DËi I Dc`vcb kyþb, wkÿv_x©i mvþ_ K_v
eþj, evwoi KvR ev wba@vwiZ KvR hvPvB Kþi ZvþK g~j`vqb Kiv|

cÿvšíþi, þKvb Dþík` wbþq †k^aYxKþyi wkLb KvR eÛ †iþL wbw`©ó mgþq I wbqwš¿Z
e`e`vq †h g~j`vqb Kiv nq, ZvB AvbyðvwbK g~j`vqb | †hgb: lvb¥vwmK cixÿv, ewl©K
cixÿv BZ`vw` |

2. MvVwbK (Formative) I mvgwóK g~j"vqb (Summative): wkLb †kLv‡bv KvR PjvKvjxb †h g~j"vqb Kiv nq, Zv‡K MvVwbK g~j"vqb e‡j| †hgb: wkÿv_x©i cvi`wk©Zv (cov, †jLv, ejv, Awfbq, Ave„wĚ, AuvKv BZ`vw`) ch©‡eÿY K‡i, ‡gŠwLK cÖkœ K‡i |

Ab`w`‡K GKwU BDwb‡Ui / mvgwq‡Ki/ eQ‡ii Kv h©µ‡gi ‡k‡l wkÿv_x© Kx AR©b Kij Zv hvQvB Gi Rb` †h g~j"vqb Kiv nq, Zv‡K mvgwóK g~j"vqb e‡j| †hgb: mvßwnK cixÿv, ewl©K cixÿv BZ`vw` |

3. avivevwnK g~j"vqb (Continuous Assessment) I cÖwšÍK g~j"vqb (Terminal Assessment): wkLb †kLv‡bv Kv h©vewj‡Z AweiZfv‡e †h g~j"vqb Kiv nq, Zv‡K avivevwnK g~j"vqb e‡j| Ab`w`‡K GKwU ‡Kv‡m©i ‡k‡l wkÿv_x© Kx AR©b Kij Zv hvQvB Gi Rb` †h g~j"vqb Kiv nq, Zv‡K cÖwšÍK g~j"vqb e‡j|

4. wbY©vqK g~j"vqb ev `ye©jZv mbv³KiY g~j"vqb (Diagnostic Assessment): †h g~j"vqb we‡kl †ÿ‡Í †Kvb wkÿv_x©i wkLb mgm`v, fyj aviYv mbv³ Ki‡Z ^Zwi Kiv nq, Zv‡K wbY©vqK g~j"vqb e‡j| †hgb: me eY©gvjv bv †Pbv Ges Kg kã fvĐv‡ii Kvi‡Y `^vfvweK MwZ‡Z †jLvq Amyweav nq| wba©vwiZ wkÿv_x©‡K D‡Ík` K‡i G g~j"vqb e`e`v MÖnY Kiv nq|

MvVwbK I mvgwóK g~j"vq‡bi †KŠkj:

MvVwbK g~j"vq‡bi †KŠkj:

G cÖwµqvi cÖavb Ges ,jæZic~Y© ‡KŠkj n‡jv wkÿv_x© I wkÿK‡K djveZ©b (feedback) Kiv| wkÿK Ges wkÿv_x© DfqB djveZ©b jvf K‡i Ges Zv e`envi K‡i Zv‡`i wkÿY-wkLb cÖwµqvi Dbœeqb NUv‡Z cv‡il MvVwbK g~j"vqb wkÿv_x©i wkL‡b mnvqZv K‡i e‡j AvšÍR©vwZK A‡bK wkÿvve` ev we‡klÁ Gi bvg w`‡q‡Qb ÔwKl‡bi Rb` g~j"vqbÖ (Assessment for Learning)| myZivs MvVwbK g~j"vqb cÖwµqvq †hme wel‡qi Ici ,jæZi Av‡ivc Kiv nq Zv n‡jv-

(K) wkÿv_@x†`i mgm`v mbv³ Kiv

(L) mgm`v KLb/†Kvb mg†q †`Lv w`†q†Q

(N) mgm`vi KviY mbv³ Kiv Ges

(O) mgm`v Kxfv†e mgvavb Kiv hvq BZ`vw`

myZivs eûgyLx †KŠkj, c×wZ I Kvh@vejxi mgš^†q MvVwbK g~j`vqb msNwUZ nq| G Kvh@vewji g†a`_vK†Z cv†i- KzBR, welqwfweK †gŠwLK I wjwLZ cÖkœ, `jxq KvR I Dc`vcb, †Rvov KvR, ev e`vw³MZ cVb, GmvBb†g>U BZ`vw`|

MvVwbK g~j`vq†bi Rb` GKRb wkÿv_@x†K GKvKx A_ev `jxqfv†e ch@†eÿY K†i, cÖkœ K†i, mswkøó wel†q wjL†Z w`†q A_ev ej†Z w`†q Zvi AwR@Z Ávb I `ÿZv m†ú†K@ aviYv jvf Kiv hvq| GRb` wkÿK Kx Uzjm ev cÖwµqv e`envi Ki†eb A_@vr Kx cÖkœ Ki†eb, Kx ej†Z †`†eb, Kx wjL†Z †`†eb A_ev Kx KvR Ki†Z †`†eb †m m†ú†K@ GKwU wjwLZ cwiKíbv %Zwi K†i wb†Z cv†ib| cÖkœ Ki†j Zv n†Z n†e eyw×`xß Ges wPšív D†`aKKvix| wkÿv_x@†`i cÖkœ Ki†Z DrmvwnZ Ki†Z n†e| cÖ†kœvEi Qvovl wgjKiY, k~b`vb c~iY, wPwýZKiY BZ`vw` e`envi K†il wkÿv_x@i Ae`vb Rvbw †h†Z cv†il

mvgwóK g~j`vqb:

hLb GKwU wbw`@ó mgq Ašlí wkÿv_@x Kx Rv†b ev Rv†bbv Zv wbifcY Kivi Rb` †h g~j`vqb c×wZ e`envi Kiv nq Zv†K mvgwóK g~j`vqb ejv nq| †hgb, evsjv†`†ki we`vj†q 1g I 2q mvgwqK (wZb/Pvi gvm ci ci) Ges eQ†ii †k†l †h g~j`vqb AbywôZ nq| mvaviYfv†e †Kvb †Kvm@, BDwbU, Aa`vq, †mwg÷vi ev Uv†g@i †k†l G g~j`vqb AbywôZ nq| G †_†K wkÿv_@x †Kvb †Kvm@ ev cv†Vi welqe` KZLvwb AvqZi Ki†Z ev wkL†Z †c†i†Q Zv Rvbw hvq|

Gipps (1994: p.vii) Gi g†Z – æSummative assessment takes place at the end of a term or a course and is used to provide information about how much students have learned and how well a course has worked” .

mvgwóK g~j`vqb †KŠkj:

G g~j~vqb c×wZ†Z wkÿv_@x†K mvaviYZt †MÖW ev bª^i cÖ`vb Kiv nq Ges wkÿv_@xi K...wZZ; mªú†K© wm×všÍ †bqv nq| †hgb: wkÿv_@x†K DËxY© ev AbyËxY©; wKsev cvk-†dj wn†m†e djveZ©b †`qv nq| wkÿv_@xi wkLb mgm`v mgvavb ev Dbœæq†bi my†hvM _v†Kbv| G ai†bi g~j~vqb GKv†WwgK eQ†ii wba©vwiZ wKQz mg†q AbywôZ nq| †hgb, 3 gvm ci ci, ev GKv†WwgK eQ†ii †k†l|

G g~j~vq†bi gva`†g wkÿv_@xi Ávb ev wkLb cixÿv Kiv nq hv Zvi bbw`©ó mg†qi g†a` AR©b Kivi K_v| †kÖYxKÿ ch©v†q ZvrÿwYKfv†e †Kvb Z_` Kv†R jvwM†q wkÿY ev wkLb cÖwµqvq †Kvb cwieZ©b Avbv hvq bv|

G g~j~vqb wkÿv_@xi wkLb Ae`v Ges gvb mªú†K© iay Z_` cÖ`vb K†i e†j AvšÍR©vwZK ch©v†qi wkÿvwe`MY Gi bvg w`†q†Qb ÔwkLb ev cvi`wk©Zvi g~j~vqbÖ A_ev Assessment of Learning| mvaviYZt AvbyôvwbK Ges we†kl cwi†e†k (†hgb, cixÿvi nj) G ai†bi g~j~vqb msNwUZ nq| ZvB G†K AvbyôvwbK g~j~vqbl (Formal Assessment) ejv nq|

mvgwóK g~j~vq†bi Kvh©vejx I mgq:

mvavibZt wewfbœ Afxÿv I cixÿvi gva`†g mvgwóK g~j~vqb AbywôZ nq| g~j~vq†bi dj †`vi ev †MÖ†Wi gva`†g cÖKvk Kiv nq| †hgb, K, L, M, N BZ`vw`| A_@vr, g~j~vq†bi dj wkÿv_@x†K mvswL`Kfv†e †kÖYxwef³ (†hgb, i`vsK ev wmwivqj Kiv; ev †ivj bs cÖ`vb A_ev †MÖW cÖ`vb) Kiv Ges wkÿv_@x†i ci`ú†ii mv†_ Zzjbv Kivi Kv†R e`envi Kiv nq|

g~j~vq†b MvVwbK Ges mvgwóK g~j~vq†bi f~wgKv:

GB `yB ai†bi g~j~vqb †KŠk†ji g†a` †Kvb GKwU AciwUi †P†q AwaK Kvh©Ki bq| wkÿv_@x†i wkLb mªú†K© h_vh_ Z_` msMÖn Kivi Rb` `ywU c×wZiB cÖ†qvRb i†q†Q (Garrison & Ehringhaus, 2007)| c×wZ `ywU†K ci`ú†ii cwic~iK wn†m†e we†ePbv Kiv cÖ†qvRb| †h †Kvb GKwU Ici AZ`waK wbf©iZv ev`Íe †kÖYxK†ÿ AbywôZ wkÿY-wkLb cÖwµqv mªú†K© A`úó aviYvi Rb¥ w`†e|

w`b-4 Awaʔekb-1

1| **wkʔivbvg:** wkLbdj Abymvʔi evsjvʔ`k l wek| cwiPq welʔqi `be©`w³K l KvVvʔgve× Afxjv cÖbqb ʔKŠkj (ZvwĚjK)

2| **g~jwelq:** ʔhvM`ZvwfwĚK ʔUó AvBʔUg ^Zwi Kiv GKwU RwUj l wPšlvkj KvR| AvBʔUg cÖYqʔbi c~ʔe© AvBʔUg cÖ`ZKvixʔK mswkøó welʔq e`vcK ZvwĚjK Ávb AR©b KiʔZ nq| KviY, mswkøó welʔq ZvwĚjK Ávʔbi NvUwZ _vKʔj KvRwU myPviæifʔc maúbœ Kiv maʔe bq| ʔm KviʔY eZ©gvb AwaʔekbwUʔZ ʔUó AvBʔUg ^Zwii mvʔ_ mswkøó wewfbœ ZvwĚjK welqvw` ʔhgb: ʔUó AvBʔUg ^Zwii Rb` c~e© cÖ`wZg~jK KvR, eøyʔgi U`vʔ·vbwg Abymvʔi g~j`vqʔbi wewfbœ ʔyĴmg~n, bgyYv ʔUwej, AvBʔUg ^Zwii wewfbœ KjvʔKŠkj Ges %ZwiK...Z AvBʔUg g~j`vqY l Dbœeqʔbi ʔPKwjó maúʔK© AvʔjvKcvZ Kiv nʔqʔQ| G Awaʔekʔbi Ávb wkyKMYʔK ʔhvM`ZvwfwĚK ʔUó AvBʔUg cÖ`ʔZi ʔyʔĴ mnvqK nʔe eʔj Avkv Kiv hvq|

3| **mgq:** 1 NĚv 30wgbU

4| **wkLbdj:** G Awaʔekb ʔkʔl cÖwkjYv_x©MY -

K) ʔhvM`ZvwfwĚK ʔUó AvBʔUg ^Zwii cÖ`wZg~jK KvR maúʔK© ʔRʔb Dnv ejʔZ cviʔeb|

L) ʔhvM`ZvwfwĚK ʔUó AvBʔUg ^Zwii ʔyĴ (eøyg Gi U`vʔ·vbwg) maúʔK© ʔRʔb ʔUó AvBʔUg ^Zwii ʔyʔĴ Dnv cÖʔqvM KiʔZ cviʔeb|

M) ʔhvM`ZvwfwĚK ʔUó AvBʔUg ^Zwii bgyYv ʔUwej e`vL`v KiʔZ cviʔeb|

N) ʔhvM`ZvwfwĚK ʔUó AvBʔUg ^Zwii KjvʔKŠkj eb©bv KiʔZ cviʔeb|

O) ^ZwiK...Z AvBʔUgʔK wewfbœ Avw½ʔK weʔkøY Kivi gva`ʔg Gi gvʔbvœeqʔbi Rb` cÖʔqvRbxq ʔPKwjó l Gi e`envi maúʔK© ʔRʔb %ZwiK...Z ʔUó AvBʔUg Dbœeqʔbi ʔyʔĴ Dnv cÖʔqvM KiʔZ cviʔeb|

5| **c×wZ l ʔKŠkj:** ʔeªBb ówg©s, `jxq KvR, ʔcøbvix, ʔRvovq KvR, AvʔjvPbv, cvlqvi cʔqU ʔcÖʔRʔUkb BZ`vw`|

6| **mnvqK mvgMÖx:** cÖv_wgK wkyvi evsjvʔ`k l wek|cwiPq welʔqi we`lvwiZ KwviKzjvg, cvV` cy`ĴK, ʔcv=vi ʔccvi- gvK©vi/AdʔmU ʔccvi, wfRyqvjvBRvi, gvwëwgwWqv cÖʔRʔi BZ`vw`|

7| Awaṭekṭbi weeiY:

KvR-1: ṭhvM^ˆZvwfwĒK ṭUó AvBṭUg ^ˆZwii cÖ^ˆwZg~jK KvR maúṭK© Rvbv
mgq: 10 wgwbu

7.1.1. AskMÖnYKvixṭ^ˆi mvṭ^ˆ_ Kzkj wewbgq Kiæb| mKjṭK wbṭq Avb^ˆˆ`vqK ṭKvb KvR
Kiæb|

7.1.2. ejyb, evsjvṭ^ˆṭki cÖv_wgK wky^ˆvug ṭhvM^ˆZvwfwĒK nṭjl g~j^ˆvqb Kvh©µgwU
welqe^ˆwfwĒK| dṭj wky^ˆv_©x Avṭ^ˆŠ ṭhvM^ˆZv AR©b KiṭQ wKbv ev Kṭi _vKṭj KZUzKz
KṭiṭQ, Zv Rvbvi ṭKvb Dcvq ṭbB| dṭj ṭhvM^ˆZvwfwĒK wky^ˆvug myôzfvṭe ev^ˆlevqb maṭe
nṭebv| myZivs ṭhvM^ˆZvwfwĒK wky^ˆvug ^ˆv_©Kfvṭe ev^ˆlevqṭbi Rb^ˆ ṭKej ṭk^aYxṭZ wkLb
ṭkLvṭbv Kvh©µg cwiPvjbvB hṭ_ó bq, g~j^ˆvqb e^ˆe^ˆv^ˆl ṭhvM^ˆZvi AvṭjvṭK n^ˆlqv cÖṭqvRb|
ṭm jṭy^ˆ miKvi BṭZvgṭa^ˆ ṭhvM^ˆZvwfwĒK g~j^ˆvqb Kvh©µg nvṭZ wbṭqṭQ|

7.1.3. ÔṭhvM^ˆZvwfwĒK ṭUó AvBṭUg ^ˆZwii Rb^ˆ Kx Kx cÖ^ˆwZg~jK KvR Kiv
cÖṭqvRb?Ö- cÖkæwU Kiæb Ges cÖvß DĒi,ṭjv GKRb AskMÖnYKvixi mnvqZvq
ṭevṭW© wjLyb|

7.1.4. c~ṭe© %oZwiK...Z møvBṭWi mvnvṭh^ˆ ṭhvM^ˆZvwfwĒK ṭUó AvBṭUg ^ˆZwii
cÖ^ˆwZg~jK KvṭRi ZvwjKv cÖ^ˆk©b Kiæb Ges AvṭjvPbvi gva^ˆṭg eywSṭq w^ˆb|
(Z^ˆcĴ-1 ṭ^ˆLyb)

KvR-2: ṭeÄvwgb eøyṭgi U^ˆvṭ-vbwg Abymvṭi wkLṭbi DṭĴk^ˆi ṭkÖwYKIY/ṭyĴmg~n
e^ˆvL^ˆv Kiv |

mgq: 10 wgwbu

7.2.1. ejyb, ÔAvṭgwiKvi wkKvṭMv wek^ˆlwe^ˆvjṭqi gṭbvweÄvṭbi Aa^ˆvcK ṭeÄvwgb
eøyg wkLṭbi DṭĴk^ˆmg~nṭK cÖ_gZt 3 ṭyṭĴ fvM KṭiṭQbÖ-(1)
Ávbg~jK/gbbkxjZvi ṭyĴ (Cognitive Domain), (2) Abyf~wZg~jK/AvṭewMK ṭyĴ
(Affective Domain) | (3) gṭbvṭckxR ṭyĴ (Psychomotor Domain)|

7.2.2. Gici wbṭæi 3wU wee,,wZ gvwëwgwWqvi mvnvṭh^ˆ ṭ^ˆLvb Ges cÖkæ
Kiæb, ÔṭKvb wee,,wZwU ṭKvb ṭyṭĴi AšĴf©y³ nṭe? ṭKb?Ö- mKṭji gZvgZ
ıbyb| DĒi: K) gṭbvṭckxR ṭyĴ L) Ávbg~jK M) Abyf~wZg~jK

wee,,wZ	wkLb ṭyĴ
K) wky ^ˆ v_©xiv evsjvṭ ^ˆ ṭki gvbwPĴ A ¹ / ₄ b Kṭi BwZnvm cÖwm ^ˆ ˆ ^ˆ v ^ˆ b,ṭjv wPwýZ KiṭQ	Ávbg~jK/ Abyf~wZg~jK/ gṭbvṭckxR ṭyĴ
L) wky ^ˆ v_©xiv AṭbK Qwei ga ^ˆ ṭ ^ˆ ṭK iex ^ˆ ˆ ^ˆ av_ VvKzṭii Qwe mbv ³ KiṭZ ṭcṭiṭQ	Ávbg~jK/ Abyf~wZg~jK/ gṭbvṭckxR ṭyĴ
M) wkyṭKi K_v iṭb wky ^ˆ v_©x nvmṭQ Ges cÖvmw ¹ / ₂ K cÖṭkæi Reve w ^ˆ ṭ ^ˆ Q	Ávbg~jK/ Abyf~wZg~jK/ gṭbvṭckxR ṭyĴ

- 7.2.3. Gevi ÓÁvbg~jK/gbbkxjZvi tÿÍ (Cognitive Domain), Abyf~wZg~jK/AvfëwMK tÿÍ (Affective Domain) I gþbvþckxR tÿÍ (Psychomotor Domain)- Gi msÁv Ges DþjþwLZ D`vniY 3wU ^{^-} ^{^-} tÿþÍ wgjKiY Kþi gvwëwgvWqvq cÖ`k@b Kiæb| cÖþqvRbxq AvþjvPbv Kþi wkLb DþÍþk`i 3wU tÿÍ AskMÖnYKvixMþYi wbKU cwi@xvi Kiæb|
- 7.2.4. Gevi ejyb, ÓcÖv_wgK wkÿv mgvcbx cixÿvmn Avgvþ`i t`þk cÖPwjZ g~j`vqb c×wZ Z_v mvgwóK g~j`vqþbi gva`þg wkÿv_@x KZ@,K AwR@Z D³ 3 aiþbi þhvM`Zv cwigvc mæþe wKbv? mKþji gZvgZ tþk! G wm×vþšÍ Avmyb þh, Avgvþ`i t`þk cÖPwjZ tccvi-þcwÝj tUþóí gva`þg tKej wkÿv_@x KZ@,K AwR@Z Ávbg~jK tÿþÍ þhvM`Zv cwigvc Kiv hvq| evKx 2wU tÿþÍ wkÿv_@xþ`i AwR@Z þhvM`Zv cwigvþci Dcvq nþjv MvVwbK g~j`vq| A_@vr tþÖwYþZ wkLb tþLvþbv KvR PjvKvjxb wewfbæ tþŠkþji gva`þg þhg: ch@þeÝY, wdWe`vK cÖ`vb, tcvU@þdvwj|, GmvBbþgU BZ`vw`i gva`þg Aby~f~wZg~jK I gþbvþckxR tÿþÍ þhvM`Zvmg~n cwigvc Kiv hvq|Ó

KvR-3 : Ávbg~jK tÿþÍ DcþÿÍ mæúþK@ Rvbv| (Z_`cÍ-2)

mgq: 30 wgwbu

- 7.3.1. ejyb, Ávbg~jK tÿþÍ tgvU 6wU DcþÿþÍ fvM Kiv nþqþQ| DcþÿþÍ bvg,þjv ejyb|
- 7.3.2. Gevi ejyb, , 5g tþÖwYi evsjvþ`k I wek! cwiPq cvV` eBþqi 88-89 c.,ðvq þeMg tþvþKqv mæúþK@ wKQz Z_` ewY@Z AvþQ| cÖ_g evK`wU iiaæ Kiv nþqþQ Gfvþe, ÓþeMg tþvþKqv 1880 mvþj iscyi tRjvi cvqive` MÖvþg Rb¥MÖnY Kþib|Ó G wee, wZi AvþjvþK AskMÖnYKvixMþbi DþÍþk` cÖkæ Kiæb, ÓþeMg tþvþKqv KZ mvþj Rb¥MÖnb Kþib|Ó? m½Z KviþYB mKþj DËi w` þe Ó1880 mvþj|Ó GLb cÖkæ Kiæb Ó1880 mvþj|Ó Z_`wU mivmwi tU·U eBþq AvþQ wKbv? m½Z KviþYB mKþj Ónu`vÖ m~PK Reve w` þe| Gevi AskMÖnYKvixMþYi DËþii m~Í aþi ejyb,

Ó Ávb ejþZ c~þe@ þkLv tþvb mywbwÍ@ó /me@Rbxb tþvb wKQzi (msÁv, NUbv, cÖwµqv, ZËj BZ`vw`) `þiY Kivi gvbwmK cªwµqvþK eySvq| GwU Ávbg~jK tÿþÍ meþPþq wbPz `Íþii Dþk`|Ó

- 7.3.3. Gevi ejyb, 5g tþÖwYi evsjvþ`k I wek! cwiPq cvV` eBþqi 19 c.,ðvq ewYZ AvþQ, Óbvix Avþ`vþþbi AMÖ`~Z þeMg tþvþKqv mvLvlqvZ tþvþmb G mgq bvix wkÿv we`Ívþi wbjm cwikÖg Kþib|Ó GLb hw` cÖkæ Kiv nq ÓþeMg tþvþKqvþK Avgiv kª×vi mvþ_ `þiY Kwi tþb? cÖkæwUi DËi D³ evK`wU gþa` jyKvwqZ AvþQ| wkÿv_@xiv ewY@Z evK`wU h_vh_fvþe AbyaveY KiþZ cviþj cÖkæwUi DËi w` þZ cviþe| GwUB nþjv AbyaveY| Gevi AvþjvPbvi m~Í aþi wbþæv³fvþe AbyaveYþK msÁvwqZ Kiæb,

ÔAbyaveY ejtZ wkÿv_©xiv cvV`vsk cto welqe`/Z_`mg~n KZKLwvb Dcjwä
KiþZ tctitQ wkii tm ÿgZvþK eySvql A_©vr tKvb aviYv/Z_`þK eyþS
mnRfvþe Dnv eY©bv Kivi ÿgZvþK Abyaveb/tevaMg`Zv ejv nqlÕ

7.3.4. **Gevi ejyb, Ávbg~jK tÿþli Z...Zxq avc nþjv cÖþqvM|** ejyb, teMg tivþKqvi gZ
mgvþRi gvbyþli Kj`vþbi Rb` Zzwg KiþZ cvi Ggb 5wU KvþRi bvg tjl| G mKj Z_`
cvV` eBþq tþB| wkÿv_©xiv Zvþ`i cvV`vsk t_þK þeMg tivþKqvi Rxebx cto cvþVi
gg© Abyaveþbi ci Avil Mfxi wPšív Kþi wbR Rxeþb Dnv cÖþqvþMi wPšív t_þK G
cÖþkœi DËi w`þZ cviþj tmwUB nþe ÔcÖþqvMkxjZvÕ|

7.3.5. **Gevi ejyb, Ávbg~jK tÿþli PZz_© avc nþjv weþkøY|** Avil ejyb, mgvþRi gvbyl
wnþmþe Avgvþ`i AþbK AwaKvi | KZ©e` iþqþQ| cÂg tKÖwYi GKRb wkÿv_©xþK
Avgvþ`i AwaKvi | KZ©e` m¸^wjZ GKwU mgwY|Z PvU© w`þq D³ PvU© t_þK hw`
Avgvþ`i `vwqZj | KZ©e` Avjv`v KiþZ t`B, tmþÿþl KvRwU KiþZ wMþq tm wbðqB
AwaKvi | KZ©þe`i `ewkó` ,þjv fvjfvþe tRþb wbþq D³ `ewkþó`i wfwËþZ AwaKvi |
KZ©e`mg~n Avjv`v Kiþe| **Gfvþe þKvb mgMÖþKi ýz`ª Askmg~n cy•Lvbyifþc
wPþb mgMÖþKi msþM ýz`ª Askmg~þni m¸úK© `vcb KiþZ Rvbv Ges
wewfbœ `ewkþó`i AvþjvþK mgMÖþKi Askmg~n Avjv`v KiþZ cvivþK
weþkøY ejv nql**

7.3.6. **Gevi ejyb, Ávbg~jK tÿþli cÂg avc nþjv weþkøY|** ejyb, GKwU gvbwPþli wewfbœ
Asþk LwÛZ Kþi cTg tKÖwYi tKvb wkÿv_©xþK D³ LwÛZ Askmg~n tRvov
jvwMþq c~Y©v½ gvbwPÎ %oZwi KiþZ w`þj D³ wkÿv_©x mgMÖþKi (c~Y©v½
gvbwPÎ) mvþ_ LwÛZ Askmg~þni m¸úK© wPšív Kþi hw` KvRwU mdjfvþe
mgvþ KiþZ cvþi Zþe tmwU nþe msþkøY| **A_©vr tKvb e`/Dcv`vþbi ýy`ª
Dcv`vbmng~nþK GKwÎKiþYi gva`þg c~Yv½ ifc t`qvi bvg nþjv msþkøY| G
`þii cwieZ©b nþe m, wóag©x KvR ev cwikÍbv Kivi ÿgZv|**

7.3.7. **Gevi ejyb, Ávbg~jK tÿþli lô Ges me©þkl avc nþjv g~j`vqY|** cÖkœ Kiæb, ÔmZx`vn
cÖ_v Dþ`Q` msþvší AvBb cÖYqþb ivRv ivgþgvnb ivq | Ck!iP>`ª we`vmvMi
Gi gþa` tK tþkx fzwgKv cvjb KþiþQbÕ wkÿv_©xþ`i Bnv wePvi KiþZ w`þj
tmwU Kxfvþe Kiþe? Aek`B cvV` eB t_þK cªvþ G msþvší Z_` DcvþËi
wfwËþZ Zviv wm×vþší DcbxZ nþe| AZGe, **g~j`vqb nþjv weþkl Dþlþk`i**

**†cÖwÿ†Z wbw`©©ó gvb`†Ûi Av†jv†K †Kvb wKQzi g~j"gvb wePvi Kivi
cÖwµqv|**

Gevi ejyb, eyw×wfwËK †Wv†gBb,†jv wmwoi av†ci mv†_ Z~jv Kiv hvq:

- g~j"vqb (6)**
- ms†kø|Y (5)**
- we†kø|Y (4)**
- cÖ†qvM (3)**
- Dcjwä (2)**
- Ávb (1)**

7.3.8. mek†l Z_ w`b, ÓgbbkxjZvi Dc†iv³ 6wU ch©vq KwV†b"i gvÍv Abymv†i web"~| Ávb nj mnRZg Ges g~j"vqb nj RwUjZg ch©vq| G†ÿ†Í wkLb cÖwµqvq gbbkxjZvi cÖ_g ch©vqwU cy†ivcywi AR©†bi ciB cieZ©x ch©v†q DËi†Yi cÖ†Pón †bqv DwPZ| Ab"vq wkLb cÖ†Pón e"vnZ n†el wkLb cÖwµqvi b"vq GKB fv†e g~j"vq†bi †ÿ†Í mnR †_†K KwVb bxwZ AbymiY Kiv cÖ†qvRb| cÖkœc†Íi ïiæ†ZB mnR cÖkœ Ki†j wkyv_©xi AvZ†wek†vm e„w× cvq Ges g†bvwb†tek mnR nq| wecixZµ†g cÖkœc†Íi ïiæ†ZB KwVb cÖkœ Ki†j wkyv_©x†i Rb" Dnv ÿwZi KviY n†Z cv†il †Kbbv, cÖviva†K cÖkœ,†jvi DËi w`†Z bv cvi†j wkyv_©x Av"v nviv†e Ges Zvi "vfvweK Performance e"vnZ nevi AvksKv _vK†el Ó

**KvR-4: AvB†Ug ^Zwii cwiKÍbvi bgybv †Uwej m†ú†K© Rvbv
mgq: 5 wgbU**

- 7.4.1. AskMÖnYKvix†i†K cÖkœ Kiæb- AvB†Ug ^Zwii cwiKÍbvi bgybv †Uwe†j Kx _vK†Z cv†i?
- 7.4.2. cÖvß DËi,†jv GKRB AskMÖnYKvixi mnvqZvq †ev†W© wjLyb|
- 7.4.3. c~†e© cÖ"ZK...Z "øvB†Wi mnnv†h" AvB†Ug ^Zwii cwiKÍbvi bgybv †Uwej **(Z_"cÍ-3)** cÖ`k©b Kiæb Ges cÖ†qvRbxq e"vL"v/Av†jvPbvi mnnv†h" AskMÖnYKvixM†Yi wbKU cwi©<vi Kiæb|

KvR-5: evsjvṽk I wek|cwiPq welṽqi gṽWj cÖkœ mṽúṽK© Rvbv

mgq: 20 wgwbu

7.5.1. evsjvṽk I wek|cwiPq welṽqi weṽlvwiZ wkÿvṽṽgi AvṽjvṽK Ávbg~jK, Abyavebg~jK I cÖṽqvMg~jK mveṽWvṽgBb ṽ_ṽK GKwU Kṽi MCQ Ges CRQ UvBṽci cÖkœ cvlqvi cṽqṽUi mṽnvṽhṽ Dcṽṽvcb Kiæb (**Z_ṽcĹ-4**)

7.5.2. cÖvṽšĹK ṽhvMṽZv ṽ_ṽK cÖkœ ch©šĹ mKj avṽci mṽúṽK© eṽLv Kiæb|

7.5.3. cÖYxZ cÖkœmg~n ṽKb Ávbg~jK, Abyavebg~jK I cÖṽqvMg~jK Dnvi KviY wRṽÁm Kiæb| 4/5 Rṽbi gZvgZ ṽbqvi ci Avcwb KviY eṽLv Kṽi welqwU AskMÖnYKvixMṽYi wbKU cwi©ṽvi Kiæb|

KvR-6: %ZwiK...Z AvBṽUg hvPvBṽqi ṽPKwjó mṽúṽK© Rvbv

mgq: 10 wgwbu

7.6.1. %ZwiK...Z AvBṽUg hvPvBṽqi ṽPKwjóUv Abywjvc (**Z_ṽcĹ-5**) mKṽji wbKU weZiY Kiæb| GKKfvṽe covi ci wR wR Wvb cvṽki AskMÖnYKvix eÜyi mṽṽ_ Avjvc Kṽi ṽKvb A@úóZv _vKṽj mṽvqKṽK cÖkœ KiṽZ DrmṽwnZ Kiæb|

7.6.2. cvlqvi cṽqṽUi mṽnvṽhṽ ṽPKwjóU cÖ`k©b Kiæb Ges AvṽjvPbvi gvaṽṽg ṽPKwjóUv eṽenvi eywSṽq w`b|

7.6.3. mKjṽK ab`ev` w`ṽq AwaṽekbwU mgvṽ Kiæb|

8| g~jṽqb:

mgq: 5 wgwbu

(K) ṽhvMṽZvfwĒK ṽUó AvBṽUg ṽZwi Rbṽ Kx DcKiY cÖṽqvRb?

(L) ṽeÄvwb eoyṽgi Uṽṽṽvbwg Abymṽṽi Ávbg~jK ṽṽṽĹi KqwU DcṽýĹ iṽqṽQ? Kx Kx?

(M) ṽZwiK...Z ṽhvMṽZvfwĒK ṽUó AvBṽUg hvPvBṽqi ṽPKwjó Kx Kx welq _vKṽZ cvṽi?

9| ṽ^AbywPšĹb:

K) AwaṽekbwU KZUv ṽṽZvi mṽṽ_ cwiPvjbv KiṽZ mÿg nṽqṽQb, wPšĹv Kiæb|

L) ṽjq KṽR mevi AskMÖnY wQj wK? ṽKD wbw©Ēeq _vKṽj Zvi KviY fvṽyb|

M) wklbdj AR©ṽb Abym,,Z KvR hṽ_ó wQj wK? bv _vKṽj bZzb Kx KvR Kiv ṽṽṽZ cvṽi wPšĹv Kiæb|

N) mKṽj wklbdj AR©b KiṽZ ṽcṽṽQb wK? bv KiṽZ cvṽj Zvi Rbṽ Kx c`ṽyc ṽbqv cÖṽhvRb wQj Zv ejyb|

O) Awaṽekb AskMÖnYg~jK wQj wK?

Z_ṽcĹ-1: AvBṽUg ṽZwi cÖ`wZg~jK KvR:

cÖv_wgK ṽĹii wkÿvṽK gvbṽšZ I RxebgyLx Kṽi ṽZvji jṽṽ miKvi 1991 mvj ṽ_ṽK cÖ_g I wØZxq ṽk^Yx Ges cieZ©xṽZ 1992 mvj ṽ_ṽK 5g ṽk^Yx ch©šĹ ṽhvMṽZvfwĒK wkÿvṽg Pvjy Kṽi| wba©vwiZ ṽhvMṽZvmg~n weṽPbvq ṽṽL cÖv_wgK ṽĹii wewfbœ welṽqi cvV`cy`ĹK iwPZ nṽqṽQ| cvV`cy`ĹṽK wjwceṽ welqmg~ṽni wklb-ṽklvṽbv KvH©ṽṽgi ga`

w`tq wkÿv_@xiv g~jZt wba@vwiZ thvM`Zv, tñv AR@b Kiþe Ges `bw`b Rxeþbi P`vþjÄ tñvKvþejvq AwR@Z thvM`Zvmg~n cÖþqvM Kiþe eþj cÖZ`vkv Kiv nql jÿYxq th, cÖv_wgK wkÿvµg thvM`ZvwfwËK nþjl g~j`vqb Kvh@µgwU welqe`wfwËK| dþj wkÿv_@x Avþ`Š thvM`Zv AR@b KiþQ wKbv ev Kþi _vKþj KZUzKz KþiþQ Zv Rvbvi þKvb Dcvq þbB| dþj thvM`ZvwfwËK wkÿvµg ev`levqb mæe nþebv| myZivs thvM`ZvwfwËK wkÿvµg `^v_@Kfvþe ev`levqþbi Rb` þKej þk^YxþZ wkLb þkLvþbv Kvh@µg cwiPvjbvB hþ_ó bq, g~j`vqb e`e`vl thvM`Zvi AvþjvþK nlqv cÖþqvRb| þm jÿ` AR@þbi Rb` 2012 mvj þ_þK cÖv_wgK wkÿv mgvcbx cixÿvq thvM`ZvwfwËK cÖkœc` cÖYqb AvswkKfvþe iia nþqþQ Ges 2016 mvj bvMv` cÖv_wgK wkÿv mgvcbx cixÿvi 100% cÖkœB thvM`ZvwfwËK Kivi mgqvex Kg@cwiKíbv nvþZ þbqv nþqþQ| BþZvgþa` mveK~vóvi cÖwkÿþYi gva`þg evsjvþ`þki cÖv_wgK we`vjþqi mKj wkÿKþK þhvM`ZvwfwËK cÖkœc` cÖYqb I DËic` g~j`vqb msµvš` welþq aviYv þ`qv nþqþQ| G msKvš` welþq þ`þki mKj wkÿKþK Avil wbweofvþe cÖwkÿY þ`qvi Rb` cÖ`lywZ PjþQ| eZ@gvb Awaþekþb evsjvþ`k I wek|cwiPq welþq thvM`ZvwfwËK cÖkœc` cÖYqY msµvš` welþq aviYv jvf Kiþeb| þUó AvBþUg `Zwii Rb` AvBþUg cÖ`ZKvwiþK ch@vqmþg wbþæewY@Z KvR mæúbœ KiþZ nq-

- þUó AvBþUg `Zwii Rb` cÖ_þg GKwU Assessment Framework Kþi wbb|
- Assessment Framework Gi wfwËþZ GKwU bgybv þUwej `Zwi Kiæb, hvþZ mKj cwiKíYv GK bRþi þ`Lv hvþe (Z_`c`l-2G bgybv þUwej mshy³)|
- cÖqvRbxq DcKiY msMÖn Kþi wbb| þhgb- cwiþek cwiwPwZ mgvR welþqi we`lvwiZ KvwiKzjvg, cvV`cy`ÍK BZ`vw`|
- þgvU KZwU AvBþUg `Zwi Kiþeb, MCQ (Multiple Choice Questionire) KZwU Ges CRQ (Constructed Response Questionnaire) KZwU cÖkœ nþe? Assessment Framework Abymvþi Zv wVK Kþi wbb|
- cÖkœ, tñv þKvb þhvM`Zv þ_þK KZwU Kiþeb, Zv wba@viY Kiæb|
- cÖkœ cÖYqþbi jþÿ` wba@vwiZ thvM`Zvi ga` þ_þK wkLbdj mywbw`@ó Kiyb|
- cÖkœ, tñvi þWvþgBbwfwËK ZvwjKv %Zwi Kiæb|
- cÖkœ, tñvi Rb` GKwU gvwK@s w`cg `Zwi Kiæb A_@vr þKvb cÖþkœ KZ b^i _vKþe, KZUzKz DËþii Rb` KZ b^i þ`qv hvþe BZvw`|
- DËic` g~j`vqþbi Rb` GKwU my@úó MvBWjvBb %Zwi Kiæb|
- cvV`cy`ÍK þ_þK mswkóó Aa`vqwU cþo G welþq wkÿv_@xþ`i þh Z_` þ`qv nþqþQ þm mæúþK@ Avcbvi aviYv @úó Kiæb|
- wbe@vwPZ thvM`Zv, wkLbdj I cwVZ welqe`i AvþjvþK wkÿv_@xþ`i Ávb, wPš`b, mvg_@`, cviMZvi `Íi BZ`vw` mæúþK@ Avcbvi aviYv `úó Kiæb|

- Gevi KvR iiaæ Kiæb|

Z_c1-2: eøyg Gi U"vþ·vbwg Abymvþi wkLþbi tÿÎ

ÓAvþgwiKvi wkKvþMv wek|we"vjþqi gþbvweÁvþbi Aa"vcK þeÁvwgb eøyg wkLþbi Dþík"mg~nþK cÖ_gZt 3 þÿþÎ fvM KþiþQbÖ- (1) Ávbg~jK/gbbkxjZvi tÿÎ (Cognitive Domain)

(2) Abyf~wZg~jK/AvþewMK tÿÎ (Affective Domain)

(3) gþbvþckxR tÿÎ (Psychomotor Domain)|

Ávbg~jK/gbbkxjZvi tÿÎ (Cognitive Domain) -þK wZwb Avevi 6wU DcþÿþÎ fvM KþiþQb| h_v-

1. Ávb (Knowledge)
2. Abyaveb (Understanding)
3. cÖþqvM (Application)
4. weþkøIY (Analysis)
5. msþkøIY (Synthesis)
6. g~j"vqb (Evaluation)

cieZ©x c„ðvi QþK G 6wU DcþÿþÎ D`vniYmn e"vL"v Kiv nþjv-

QK: Ávbg~jK tÿþÎi 6wU DcþÿþÎ

Z_c1	Afxÿvc`	wkLb tÿÎ I msÁv
5g þkÖwYi evsjvþ`k I wek cwiPq cvV` eBþqi 88-89 c„ðvq þeMg þivþKqv mæúþK© ejv nþqþQ, ÓþeMg þivþKqv 1880 mvþj iscyi þRjvi cvqive>` MÖvþg RbþMÖnY Kþib Ö	mwVK DËþi wUK wPý `vl: 1.þeMg þivþKqv KZ mvþj RbþMÖnb Kþib? - 1860/1870/1880/1890	Ávb: Ávb ejþZ c~þe© þkLv þKvb mywbwI©ó /me©Rbxb þKvb wKQzi (msÁv, NUbv, cÖwµqv, ZËj BZ"vw`) "þiY Kivi gvbwmK cÖwµqvþK eySvq

<p>5g †kÖwYi evsjv†`k I wek cwiPq cvV` eB†qi 19 c,ðvq ewYZ Av†Q, Ôbvix Av†`v††bi AMÖ`~Z †eMg †iv†Kqv mvLvlqvZ †nv†mb G mgq bvix wkÿv we`Ív†i wbijm cwikÖg K†ib Ö</p>	<p>†eMg †iv†Kqv†K k^axvi mv†_`šiy Kiv nq †Kb?- †Zvgvi g†Z 3wU KviY †jL </p>	<p>Abyaveb: wkÿv_©xiv cvV`vsk c†o welqe` KZKLvwb Dcjwä Ki†Z †c†i†Q wkii †m ygZv†K Abyaveb ejv nq A_©vr †Kvb aviYv/ Z_`†K ey†S mnRfv†e GwU eY©bv Kivi ygZv†K Abyaveb/ †evaMg`Zv ejv nq Ö</p>
<p>†eMg †iv†Kqv †g†q†`i Rb` we`vjq `vcb K†i†Qb wZwb gwnjv†`i m†PZb Kivi Rb` cvovq cvovq mwgwZ K†i†Qb Ges †mLv†b wZwb gwnjv†`i Kx Ki†Z n†e Zv e†j eywS†q w`†Zb N†ii KvR Qvovl wZwb gwnjv†`i wewfbœ †ckvi Kv†R wb†qvwrZ nlqvi Rb` AbycÖvwYZ K†i†Qb </p>	<p>†eMg †iv†Kqvi gZ mgv†Ri gvby†li Kj`v†Yi Rb` Zzwg Ki†Z cvi Ggb 5wU Kv†Ri bvg †jL </p>	<p>cÖ†qvM- cv†Vi gg© Abyave†bi ci Avil Mfxifv†e wPŠÍv K†i wbR Rxe†b Zv cÖ†qv†Mi †yÍ wPŠÍv K†i †ei Kivi ygZv</p>
<p>cÂg †kÖwYi cvV` eB†q ÔAvgv†`i AwaKvi I KZ©e`Ö m^awjZ GKwU mgwY!Z PvU© i†q†Q D³ PvU© †_†K hw` Avgv†`i `vwqZi I KZ©e` Avjv`v Ki†Z †`B, †m†y†Í KvRwU Ki†Z wM†q wkÿv_©x wbðqB AwaKvi I KZ©†e`i ^ewkó`_†jv fvjfv†e †R†b wb†q D³ ^ewkó`i wfwĚ†Z AwaKvi I KZ©e`mg~n Avjv`v Ki†e </p>	<p>ÔAvgv†`i AwaKvi I KZ©e`Ö m^awjZ GKwU mgwY!Z PvU©wU †_†K ÔAwaKviÖ I ÔKZ©e`Ö Avjv`v Kij (GLv†b PvU© mshy³ _vK†e)</p>	<p>we†køY: †Kvb mgMÖ†Ki ýz`^a Askmg~n cy•Lvbycy•Lif†c wP†b mgMÖ†Ki ms†M ýz`^a Askmg~†ni m^aúK©`vcb Ki†Z Rvbv Ges wewfbœ ^ewkó`i Av†jv†K mgMÖ†Ki Askmg~n Avjv`v Ki†Z cviv†K we†køY ejv nq </p>
<p>evsjv†`k I wek cwiPq wel†qi 5g †kÖwYi cvV` eB†q evsjv†`†ki gvbwPÍ i†q†Q </p>	<p>gvbwP†Í LwŪZ Askmg~n†Rvov jvwM†q cyY©v½ gvbwPÍ ^Zwi Kij</p>	<p>ms†køY: †Kvb e`/Dcv`v†bi ýy`^a Dcv`vbm~n†K GKwÍKi†Yi gva`†g c~Y©v½ ifc †`qvi bvg n†jv ms†køY </p>
<p>5g †kÖwYi evsjv†`k I wek cwiPq cvV` cy`Í†K ivRv ivg†gvnb ivq I Ck iP>`^a we`vmvMi Gi Rxebx I mZx`vn cÖ_v D†`Q†` Df†qi Ae`vb m^aú†K© Z_` i†q†Q </p>	<p>ÔmZx`vn cÖ_v D†`Q` msµvšÍ AvBb cÖYq†b ivRv ivg†gvnb ivq I Ck iP>`^a we`vmvMi Gi g†a` †K †ewk f~wgKv cvjb K†i†QbÖ</p>	<p>g~j`vqb: we†kl D†Í†k`i †cÖwÿ†Z wbw`©ó gvb`†Úi Av†jv†K †Kvb wKQzi g~j`gvb wePvi Kivi cÖwµqv </p>

Z_“cĭ-3: cwĭKĭbvi bgybv †Uweĭ

μwgK bs	†hvM“Zv	wkLbdj	AvB†U† gi aiY	†Wv†gBb	AvB†Ug msL“v	bα^i
1.	12. cwievi, we“vjq l mgv†Ri wewfbœ Dbœqbg~jK Kg©Kv†Ū AskMÖn†Yi ,iæZi Dcjwä Ges Gme Kg©Kv†Ū mwμq AskMÖnY	12.1.5 Av†m©wbKh y³ cvwb e“env†ii ÿwZKi w`K,†jv ej†Z cvi†e	MCQ	Ávbg~jK	1	1
				Abyavebg ~jK	1	1
				cÖ†qvMg ~jK	1	1
			CRQ	Abyavebg ~jK	1	5
				cÖ†qvMg ~jK	1	5
4	14. mgvR Rxe†b cigZ mwnòzZv cÖ`k©b Ges MYZvwš¿K ixwZbxwZi Abykxjb	14.4.1 †bZ...†Zji mvaviY ,Yvej D†jØL Ki†Z cvi†e	CRQ	Abyavebg ~jK	1	5
				cÖ†qvMg ~jK	1	5

Gevi Kg©cwĭKĭbv Abymv†i Kv†R AMÖmi nb| wb†Pi †Uwe†ĭ K†qKwU bgyYv cÖkœ
†`Lv†bv nj:

**Z_“cĭ-4 : evsjv†`k l wek|cwĭPq (g†Wj cÖkœ)
(K) eŭwbe©vPbx cÖkœ:**

μwg K bs	cÖwšĭK †hvM“Zv	wkLbdj	†Uó AvB†Ug	cÖ†kœi DĖi l †Wv†gBb
1.	12. cwievi, we“vjq l mgv†Ri	12.1.5 Av†m©wb Khy³ cvwb	1.wUDE†q†ji Av†m©wbKhy³ cvwb `xN©w`b	DĖi: (L) K“vYvi †Wv†gBb : Ávbg~jK Ávbg~jK †Wv†gBb †Kb?

	wewfbœ Dbœqbg~jK Kg©Kv†Û AskMÖn†Yi ,iæZi Dcjwä Ges Gme Kg©Kv†Û mwµq AskMÖnY	e`env†ii ÿwZKi w`K,†jv ej†Z cvi†e	cvb Ki†j wb†æœi †Kvb †ivMwU nevi SuywK i†q†Q ? (K) Wvqwiqv (L) K`vÝvi (M) mw`© Kvwk (N) hÿv	
2.	10. †gŠwjK gvbevwaKvi máú†K© aviYv jvf Ges mvgvwRK ivó ^a xq Rxe†b Zvi Abykxjb	10.1.3 †gŠwjK gvbevwa Kvi mgybœZ ivLvi Kg©m~ wP†Z AskMÖn †Yi mydj eY©bv Ki†Z cvi†e	2.wkī kÖg eÜ n†j Kx DcKvi n†e? (K) †`†ki Avq e,,w× cv†e (L) wkī cvPvi eÜ n†e (M) wkī†`i AwaKvi iÿv n†e (N) KjkviLvbvi Drcv`b evo†e	DĒi: (M) wkī†`i AwaKvi iÿv n†e †Wv†gBb : Abyavebg~jK
3.	12. cwievi, we``vjq mgv†Ri wewfbœ Dbœqbg~jK Kg©Kv†Û AskMÖn†Yi ,iæZi Dcjwä Ges Gme Kg©Kv†Û mwµq AskMÖnY	12.1.7 iv ⁻ Ív, cyj, muv†Kv BZ`vw` †givgZ Kv†R AskMÖnY Ki†e	3. Zzwg evoxi wbKUeZ©x gv†V †Lj†Z hvevi c†_ †`L†j GjvKvi †jvKRb wg†j fvsMv iv⁻Ív †givgZ Ki†Q G†ÿ†Í Zzwg Kx Ki†e? (K) Ab` iv ⁻ Ív w`†q †Lj†Z hve (L) iv ⁻ Ív †givg†Zi Kv†R mrvnh` Kie (M) †jvKRb†K H c_ w`†q †h†Z wb†la Kie	DĒi: (L) iv ⁻ Ív †givg†Zi Kv†R mrvnh` Kie †Wv†gBb : cÖ†qvMg~jK

			(N) †Ljv bv K‡i evwo wd‡i Avme	
(•.K.L) mswÿß KvVv†gvex cÖkœ: (g†Wj):				
µwg K bs	cÖvšĪK †hvM˝Zv	wkLbdj	†Uó AvB†Ug	cÖ†kœi DĒi †Wv†gBb
1.	9. RvwZ-ag©-eY ©, bvix-cyiael wbwe©†k†l mK†ji cÖwZ fvjevuv I k ^a xv cÖ`k©b Kiv Ges mgv†Ri m`m`†`i g†a` mvg`, ^gĪx, mngwg©Zv I mn†hvwMZv†e va RvMÖZ Kivi gva`†g kvwšĪgq mvgvwRK cwi†tek m„wó†Z AvMÖnx nlqv	9.1.1 mgv†Ri Dbœq†b wewfbœ ag© I Rxeb avivi Abymvix K†qKRb bvix I cyia†li Ae`vb m ^a ú†K© ej†Z cvi†e	1.bvix Dbœq†b †eMg †iv†Kqvi 5wU Ae`vb wjL	†Wv†gBb : Ávb DĒi: bvix Dbœq†b †eMg †iv†Kqvi 5wU Ae`vb nj: 1.gymwjg bvix†`i†K wkwÿZ I m†PZb Kivi gva`†g Zv†`i AwaKvi Av`v†q mnvqZv w`†qwQ†jb 2.bvixm†PZbZv e„wxi Rb` A†bK cy`ĪK iPbv K†iwQ†jb 3.bvix wkyv cÖmv†ii Rb` gymwjg evwjKv we`vjq cÖwZôv K†iwQ†jb 4.Ögymwjg gwnjv †U ^a wbs `zj cÖwZôvi gva`†g bvix†`i†K AvaywbK ivbœv, †mjvB I mšĪvb cÖwZcvj†b `ÿ n†Z mnvqZv K†iwQ†jb 5.gymwjg bvix†`i†K mgv†Ri K†Vvi c`©v cÖ_v ††½ mgv†R `^vfvweKfv†e Pjvi my†hvM K†i w`†qwQ†jb
2.	11. KvwqK k ^a †gi cÖwZ AvMÖnx nlqv Ges k ^a gRxex gvby†li cÖwZ k ^a xvkxj `„wófw½ †cvĪY	11.2.2 mgv†R mKj k ^a gRxex gvby†li cÖwZ k ^a xv cÖ`k©†bi	1.Zzwg mgv†Ri mKj kÖgRxwe gvby†K †Kb kÖxv Ki†e? 5wU KviY †jL	†Wv†gBb : Dcjbä DĒi: Avwg mgv†Ri mKj kÖgRxwe gvby†K kÖxv Kie KviY: 1.mgv†R myôz I my`i Rxeb hvç†bi Rb` Avgiv kÖgRxwe†`i Ici wbf©ikxj

		<p>„iæZi ejtZ cviŧe </p>		<p>2.kÖwgKivB †`†ki A_@%bwZK Dbœeq†bi g~j PvwjKvkw³ 3.kÖwgKK†`i Kvi†YB mgvR iv÷ªxq KvH©µg myôz my`ifvŧe Pj†Z cv†i 4.Avgv†`i cÖwZw`†bi mKj Kv†R †Kvb bv †Kvbfvŧe kªwgK†`i lci wbf©ikxj 5. †Kvb †`†ki mvwe©K Dbœeqb wbf©i K†i †`†ki kÖwgK †kÖbxi †mevi gv†bi lci </p>
3.	<p>14. mgvR Rxe†b cigZ mwnòzZv cÖ`k©b Ges MYZvwš¿K ixwZ-bxwZi Abykxjb </p>	<p>14.4.1 †bZ...†Zji mvaviY „Yvewj D†jØL Ki†Z cviŧe </p>	<p>1. †Zvgvi †kªwY†Z K¬vk K`v†Pb wbe©vPb Ki†Z nŧe G†ÿ†Í Zzwg hv†K †hvM` g†b K†i †fvU w`ŧe Zvi cuvPwU „b D†jØL Ki </p>	<p>†Wv†gBb : cÖ†qvM DËi: K¬vk K`v†Pb nevi Rb` wbfªœi 5wU „b _vKv cÖ†qvRb h_v: 1. mevi mv†_ wgk†Z cviv 2. ¯úó my`i K†i K_v ejv 3. `vwqZjkxj 4. mr b`vqevb 5. c†ivcKvix</p>

Z_`cÍ-5: †Uó AvB†Ug hvPvB†qi †PKwjó

µwgK bs	weʔeP" welq	wUK wPý w`b	gšle"		
			nu`v	bv	
1	AvBʔUʔg ʔh Z_`wU RvbʔZ Pvlqv nʔqʔQ ʔmwU hʔ_ó ,iæZjc~Y© wKbv				
2	RvwZ, ag©, eY©, fvlv, cviMZv, wkývv_©xʔ`i ʔcÖývcU BZ`vw` weʔePbvq cÖkæwU mKʔji wbKU mgvb / ,iæZjc~Y© wKbv				
3	AvBʔUʔg e`eüZ ʔKvb ʔW± ^a v±iB cÖkæwUi DËi bq, GwU wbwðZ Kiv nʔqʔQ wKbv				
4	AvBʔUʔg e`eüZ Key DËiwU Stem Gi cÖK...Z DËi GwU wbwðZ Kiv nʔqʔQ wKbv				
5	cÖʔkœ e`eüZ Destructor, Key Ges Stem Gi gʔa` Ggb ʔKvb K~z kã e`eüZ nʔqʔQ wKbv hv Key LuyʔR ʔcʔZ mnvqZv Kʔi				
6	cÖʔkœ e`eüZ mKj Stem Ges Key Gi AvKvi mgvb ivLv nʔqʔQ wKbv				
7	cÖʔkœ e`eüZ mKj Stem Ges Key AvKvi mgvb ivLv mæøe bv nʔj ʔmʔýʔʔ Dnv ʔQvU ʔ_ʔK eo wKsev eo ʔ_ʔK ʔQvU µgvbmvʔi mvRvʔbv nʔqʔQ wKbv				
8	AcÖvmw½k kã e`envi Kʔi evK` RwUj Kiv nʔqʔQ wKbv				
9	cÖʔkœ hv RvbʔZ Pvlqv nʔqʔQ cÖkæwU cʔo Dnv Lye mnʔRB eySv hvq wKbv				
10	cÖʔkœi fvlv BwZevPK/MVYg~jK wKbv				
11	ʔd«glqvK© Abyhvqx AvBʔUg wbe©vPb Kiv nʔqʔQ wKbv				
12	wkLbdj/ʔhvM`Zv Abymvʔi AvBʔUg ^Zwi Kiv nʔqʔQ wKbv				
13	wewfbœ aiʔYi wkLbdj ʔ_ʔK AvBʔUg wbe©vPb Kiv nʔqʔQ wKbv				

14	mKj †Wv†gBb †_†KB AvB†Ug AšÍf©y³ Kiv n†q†Q wKbv			
15	cÖkœ,†jvi Rb¨ GKwU gvwK©s w ¯ †g ^Zwi Kiv n†q†Q wKbv			

AvB†Ug ^Zwi ci cÖ`Ēi †PKwjó Abymv†i AvB†Ug hvPvB K†i K†i wb†q cÖ†qvRbxq ms†kvab c~e©K AvB†Ugmg~n cvBjwUs Kiv cÖ†qvRb| cvBjwUs G †h mKj AvB†Ug wU†K hv†e Dnv g~j`vqb Kv†R e¨env†ii Rb¨ cÖkœe¨vsK ^Zwi Kiæb Ges me©†y†Í AvB†U†gi †MvcbxqZv i†v Kiæb|

w`b-4

Awa†ekb-2

1| **wk†ivbg:** wkLbdj Abymv†i evsjv†`k | wek|cwiPq wel†qi ^be©`w³K | wmAviwKD Afx†v cÖbqb (e¨envwik)|

2| **g~jwelq:** †hvM¨ZvwfwĒK †Uó AvB†Ug cÖYqb GKwU †UKwbK¨vj | RwUj KvR| G KvRwU mvd†j¨i mv†_ m†úbcœ Ki†Z n†j wewfbœ w`†K Mfxifv†e jÿ¨ ivLv cÖ†qvRb| †hgb: †h †kÖwY | wel†qi Rb¨ Afx†v cÖYqb Kiv n†e Zvi we`ÍvwiZ KvwiKzjvg †_†K wba©vwiZ †hvM¨Zv/wkLbdjwU c†o Dnv Abyaveb Kiv, cvV¨ cy`Í†K wk†v_©x†`i mswkøó wel†q hZUzKz aviYv †`qv n†q†Q †m m†ú†K© aviYv _vKv, eøy†gi U¨v†.vbwg Abymv†i wba©vwiZ †yÍ AbymiY K†i cÖkœ Kiv, my Afx†vi ^ewkó¨ eRvq ivLv, wk†v_©x†`i gvbwmK cwic°Zvi `Íi Abymv†i cÖkœ cÖYqb BZ`vw` KvRmg~†ni g†a¨ mgš^q mva†bi gva¨†g †hvM¨ZvwfwĒK cÖkœ cÖYqb cÖv_wgK we¨`vj†qi wk†v_KM†Yi Rb¨ GKwU P¨v†jÁI e†U| ZvB G KvRwU mvd†j¨i mv†_ m†úbcœ Kivi Rb¨ G wel†q wk†v_KMY†K nv†Z -Kj†g cÖwk†Y w`†q KvRwU fv†v†e wkwL†q wb†Z n†el †m jÿ¨ AR©†bi Rb¨B eZ©gvb Awa†ekbwU AšÍf©y³ n†q†Q|

3| **mgq:** 1 NĒv 30wgbwU

4| **wkLbdj:** G Awa†ekb †k†l cÖwk†Yv_x©MY -

P) wbwÍó wkLbdj e¨envi K†i evsjv†`k | wek|cwiPq wel†qi †hvM¨ZvwfwĒK eúwbe©vPbx | wmAviwKD †Uó AvB†Ug ^Zwi Ki†Z cvi†eb|

Q) cÖ`Ēi †PKwjó e¨envi K†i ^ZwiK...Z AvB†Ug†K wewfbœ Avw½†K we†køIY Kivi gva¨†g Gi gv†bvbcœqb Ki†Z cvi†eb|

5| c*xwZ I †KŠkj: †e^aBb ówg@s, `jxq KvR, †cøbvwi, Av†jvPbv BZ`vw`|

6| mnvqK mvgMÖx: 2012mv†j ms†kvwaZ cÖv_wgK wkyvi evsjv†`k I wek|cwiPq wel†qi we`lvwiZ KvwiKzjvg, evsjv†`k I wek|cwiPq wel†qi cÂg †kÖwYi cvV`cy`ÍK, Kg@cî, †Uó AvB†Ug hvPvB†qi †PKwjó, †cv=vi †ccvi- gvK©vi/Ad†mU †ccvi, wfRyqvjvBRvi BZ`vw`|

7| Awa†ek†bi weeiY:

KvR-1: cÖ`Ë Kg©c†îi Av†jv†K evsjv†`k I wek|cwiPq wel†qi †hvM`ZvwfwËK †Uó AvB†Ug (eûwbe©vPbx) ^Zwi Kiv| mgq: 45 wgwbu

7.1.1. AskMÖnYKvix†`i mv†_ Kzkj wewbgq Kiæb| mKj†K wb†q Avb>`vqK †Kvb KvR Kiæb|

7.1.2. AskMÖnYKvix†`i†K 5wU `†j fvM Kiæb| cÖ†Z`K `j†K cÂg †kÖwYi cvV`cy`ÍK Ges (Kg©cî -1) mieivn Kiæb|

7.1.3 Kg©c†îi Av†jv†K cvV`cy`ÍK †_†K cÖ`Ëi †hvM`Zv/wkLbd†ji mv†_ mswkøó cvV`vskUzKz c†o I `†j Avjvc K†i cÖZ`K `j †h-†Kvb 3wU wkLbd†ji Av†jv†K 5g †kÖwYi wkyv_@x†`i Dc†hvwm 3wU eûwbe©vPbx Ges 3wU wmAviwKD c^akœ cÖYqb Ki†Z ejyb (Dfq †y†î 1wU Ábg~jK, 1wU Abyavebg~jK I 1wU cÖ†qvMg~jK)|

KvR-2: ^ZwiK...Z AvB†Ug †cøbvix†Z Dc`vcb I cÖ`Ëi †PKwj†óí Av†jv†K Av†jvPbvi gva`†g ^ZwiK...Z AvB†Ug Gi gv†bvbœqg mgq: 40 wgwbu

7.2.1. cÖ†Z`K `j†K ch©vqmu†g ^ZwiK...Z AvB†Ug †cøbvix†Z Dc`vcb Ki†Z ejyb|

7.2.2. c~†e©i Awa†ek†b mieivnK...Z †Uó AvB†Ug hvPvB†qi †PKwjóvUi Av†jv†K (Awa†ekb-1 Gi Z`cî-4 †`Lyb) %ZwiK...Z AvB†Ug Dbœq†bi Rb` civgk© w`†Z mKj AskMÖnYKvix†K DrmvwnZ Kiæb|

7.2.3. Av†jvPbvi gva`†g wm×v†ší †cuŠQ†Z mnvqZv w`b|

7.2.4. Gfv†e mKj `†ji Kv†Ri Dci Av†jvPbv I %ZwiK...Z AvB†U†gi gv†bvbœq†b mnvqZv w`b|

7.2.5. mKj†K ab`ev` w`†q Awa†ekb †kl Kiæb|

8| g~j`vqb: wgwbu

mgq: 5

K) †hvM`ZvwfwËK †Uó AvB†Ug cÖYq†bi †y†î †Kvb †Kvb wel†qi g†a` mgš^q Kiv cÖ†qvRb? †Kb?

9| ^-AbywPšíb:

(K) AwaþekbwU KZUv `ÿZvi mvþ_ cwiPvjbv KiþZ mÿg nþqþQb, wPšív Kiæb|

(L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw®œq _vKþj Zvi KviY fveyb|

(M) wkLbdj AR©þb Abym„Z KvR hþ_ó wQj wK? bv _vKþj bZzb Kx KvR Kiv þhþZ cvþi wPšív Kiæb|

(N) mKþj wkLbdj AR©b KiþZ þcþiþQb wK? bv KiþZ cviþj Zvi Rb`` Kx c`þÿc þbqv cÖþqvRb wQj Zv ejyb|

(O) Awaþekb AskMÖnYg~jK wQj wK?

kg©cí-1 (cieZ©x c„ðvq þ`Lyb)

kg©cí:1

(2012 mvþj cÖYxZ 5g þkÖwYi we`lvwiZ cvV`µg nþZ þbqv)

cÖwšík þhvM`Zv	þkÖwYwfwË K AR©b DcþhvMx þhvM`Zv	wkLbdj	þh-þKvb 3wU wkLbdj þ_þK 3wU eûwbe©vPbx Afxÿv Ges 3wU wmAviwKD AvBþUg ^Zwi Kiæb (1wU Ávbg~jK, 1wU Abyavebg~jK 1wU cÖþqvMg~jK)	Afxÿvi aiY Ges DËi (Key)
3. þgŠwjK Pvwn`v gvbevwaKv i m¸úþK© aviYv AR©b Ges ev`Íe	3.1 gvbevwaKvi m¸úþK© Rvbþe 3.2 gvbevwaKvi ev`Íevqb	3.1.1 gvbevwaKvi Kx Zv ejþZ cviþe 3.1.2 þgŠwjK gvbevwaKvi, þjv		

Rxeþb Abykxjb Kiv	máúþK© mþPZb nþe	DþjØL KiþZ cviþe 3.1.3 gvbevwaKvþ ii ,iæZi e¨vL¨v KiþZ cviþe 3.2.1 þgŠwjK gvbevwaKvi ÿzbœ nq Gifc welq (wkī kÖg, wkī wbh©vZb, wkī cvPvi gRywi Ab¨vb¨ myþhvM myweavi þÿþî) wPwnèZ KiþZ cviþe 3.2.2 þgŠwjK gvbevwaKvi ÿzbœ nq G aiþbi welqMyþjv máúþK© mþPZb nþe 3.2.3 gvbevwaKvi iÿvi KvþR AskMÖnY		
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wet`at GwU GKwU bgybv gv| cÖwkÿKMY evjvþ`k | wek|cwiPq welþqi we´ÍvwiZ
KvwiKzjvg WvBbþjvW Kþi þh-þKvb þkÖwY | þhvM¨Zv þ_þK þUó AvBþUg cÖ¨´þZi Rb¨
Kivi Rb¨ lqvK©kxU ^Zwi Kþi wbþZ cvþib|

w`b-4
Awaþekb-3

1| Awaþekþbi wkþivbvg: þhvM`ZvwfwËK cÖkœcþîi DËicî g~j`vqb þKŠkj

2| g~jwelq: þhvM`ZvwfwËK g~j`vqþbi Rb` þUó AvBþUg ^Zwi KivB þkl K_v bq, ^ZwiK...Z AvBþUg g~j`vqþbi Rb` gvwK©s w`cg _vKvl mgvb ,jæZ;c~Y©| þUó AvBþUg Gi mvþ_ gvwK©s w`cg mieivn bv Kiv nþj my@úó wbþ`©kbvi Afvþe b^i cÖ`vþbi þÿþî mgZv eRvq _vþKbv| dþj b^i cÖ`vþb ZviZþg`i KviþY GKB gvþbi DËi w`þql wkÿv_©xþ`i cvß b^þi weivU cv_©K` nþZ cvþi, hv þKvb Ae`vþZB Kvg` bq| ZvB eZ©gvb AwaþekbwUþZ gvwK©s w`cg m^úþK© wkÿKMYþK my@úó aviYv w`þq Zvþ`iþK w`þq gvwK©s w`cg ^Zwi Kivþbvi jþÿ` cwiPvwjZ nþe| dþj G Awaþekþbi Ávb wkÿKMY KZ©,K þhvM`ZvwfwËK þUó AvBþUg h_vh_fvþe g~j`vqþbi þÿþî mnvqK nþe eþj Avkv Kiv hvql

3| mgq: 1 NËv 30wgwbU

4| wkLbdj: G Awaþekb þkþl cÖwkÿYv_x©MY -

(K) gvwK©s w`cg Kx Zv ejþZ cviþeb|

(L) gvwKs w`cg cÖYqþbi þhŠw³KZv ejþZ cviþeb|

(M) þhvM`ZvwfwËK þUó AvBþUg g~j`vqþbi þÿþî wkÿKMþYi Kibxq eb©Yv KiþZ cviþeb|

(N) wkÿKMY Zvþ`i ^ZwiK...Z þUó AvBþUþgi Rb` gvwK©s w`cg ^Zwi KiþZ cviþe|

5| c×wZ I þKŠkj: þeªBb ówg©s, `jxq KvR, þcøbvix, þRvovq KvR, AvþjvPbv, cvlqvi cþqU þcÖþRþUkb BZ`vw`|

6| mnvqK mvgMÖx: cÖv_wgK wkÿvi evsjvþ`k I wek|cwiPq welþqi we`lvwiZ KwviKzjvg, cvV` cy`ÍK, þcv÷vi /AdþmU þccvi, gvK©vi, wfRyqvjvBRvi, gvwëwgwWqv cÖþRþi BZ`vw`|

7| Awaþekþbi weeiY:

KvR-1: gvwK©s w`cg Kx Zv ejþZ civ|

mgq: 10 wgwbU

7.1.1. AskMÖnYKvixþ`i mvþ_ Kzkj wewbgq Kiæb| mKjþK wbþq Avb>`vqK þKvb KvR Kiæb|

7.1.2. AskMÖnYKvixMþYi Dþîþk` cÖkœ Kiæb, ÔgvwK©s w`cg ejþZ Kx eySvqÕ? GKK wPšlv I cvþki AskMÖnYKvixi mvþ_ Avjvc Kþi DËi w`þZ ejyb&| KþqKRþbi DËi ïbyb| DËþii m~Î aþi gvwK©s w`cþgi msÁv (**Z`cî-1 þ`Lyb**) cvlqvi cþqþUi mnvþh` Dc`vcb Kiæb|

KvR-2: gvwK©s w`cg cÖYqþbi þhŠw³KZv ejþZ civ|

mgq: 10 wgwbU

7.2.1. ÓgwwKs w̄'g cÖYqþbi þhŠw³KZv Kx nþZ cvþiÖ? AskMÖnYKvixMþYi DþÍþk̄
cÖkæwU Kiæb| cÖvß DËi,þjv GKRb AskMÖnYKvixi mnvqZvq þevþW© wjLyb|
AZtci gwKs w̄'g cÖYqþbi þhŠw³KZv (Z_`cÍ-1 þ`Lyb) cvlqvi cþqU
þcÖþRþUkþbi mnnvþh̄ cÖ`k©b Kiæb|

**KvR-3 : þhvM̄ZvwfwËK DËicÍ g~j̄vqYKvixþ`i Kibxq m̄úþK© Rvbv |
mgq: 20 wgwU**

7.3.1. ÓDËicÍ g~j̄vqYKvixMþYi Rb̄ AbymiYxq wbþ`©kbv Kx nþZ cvþiÖ?
AskMÖnYKvixMþYi DþÍþk̄ cÖkæwU Kiæb| cÖvß DËi,þjv GKRb AskMÖnYKvixi
mnnvqZvq þevþW© wjLyb| AZtci ÓDËicÍ g~j̄vqYKvixMþYi Rb̄ AbymiYxq
wbþ`©kbv (Z_`cÍ-1 þ`Lyb) cvlqvi cþqU þcÖþRþUkþbi mnnvþh̄ Dc̄`vcb Kiæb|

**KvR-4: evsjvþ`k I wek|cwiPq welþqi bgyYv gwK©s w̄'g m̄úþK© Rvbv
mgq: 15 wgwU**

8. AskMÖnYKvixþ`iþK cvlqvi cþqU þcÖþRþUkþbi mnnvþh̄ evsjvþ`k I wek|cwiPq
welþqi bgyYv gwK©s w̄'g cÖ`k©b Kiæb Ges þKvb A@úóZv _vKþj cÖvmw½K
AvþjvPbvi gva`þg eywSþq w`b|

**KvR-5: evsjvþ`k I wek|cwiPq welþqi gwK©s w̄'g cÖ`Z KiþZ cviv
mgq: 30 wgwU**

9. AskMÖnYKvixMYþK 5wU `þj fvM Kiæb| cÖþZ`K `jþK MZ Awaþekþb cÖ`ÍZK...Z
þhvM̄ZvwfwËK Afxývcþ`i AvþjvþK gwK©s w̄'g (Z_`cÍ 3 G cÖ`Ë dig`vU Gi
AvþjvþK) ^Zwi KiþZ ejyb|
10. Nyþi Nyþi `þji KvR þ`Lyb Ges cÖþqvRbxq mnnvqZv w`b|
11. KvR þkl nþj þcøbvixþZ Dc̄`vcb KiþZ ejyb| cÖvmw½K AvþjvPbvi gva`þg ^ZwiK...Z
gwK©s w̄'g þgi Dbœqþb cÖþqvRbxq mnnvqZv w`b|
12. mKjþK ab`ev` w`þq AwaþekbwU mgvß Kiæb|

**8| g~j̄vqb: mgq: 5
wgbU**

- (K) þhvM̄ZvwfwËK þUó AvBþUg g~j̄vqþbi Rb̄ gwKs w̄'g cÖþqvRb þKb?
(L) þhvM̄ZvwfwËK þUó AvBþUg g~j̄vqþbi þýþÍ Kx Kx wbþ`kbv Abymib KiþZ nq?

9| ^-AbywPšÍb:

- K) AwaþekbwU KZUv `ÿZvi mvþ_ cwiPvjbv KiþZ mÿg nþqþQb, wPšÍv Kiæb|
- L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw®ŒEq _vKþj Zvi KviY fveyb|
- M) wkLbdj AR©þb Abym„Z KvR hþ_ó wQj wK? bv _vKþj bZzb Kx KvR Kiv þþZ cvþi wPšÍv Kiæb|
- N) mKþj wkLbdj AR©b KiþZ þcþiþQb wK? bv KiþZ cviþj Zvi Rb" Kx c`þÿc þbqv cÖþhvRb wQj Zv ejyb|
- O) Awaþekb AskMÖnYg~jK wQj wK?

Z_`cÍ:1

gwwK@s w`g, gwwK@s w`g cÖYqþbi þhŠw³KZv DËicÍ g~j`vqbKvixMþYi Rb" wbþ`©kbv
Ges evsjvþ`k I wek!cwiPq welþqi bgyYv gwwK@s w`g

gwwK@s w`g Kx:

cÖwZ welþqi cÖwZwU cÖkœ I Zvi mªøve" DËi Ges DËi g~j`vqb wbþ`wk©Kv A_©vr
wkÿv_x© KZ©„K wjwLZ cÖwZwU cÖþkœi DËþii þcÖwÿþZ þm KZ bª^i cvþe Zvi my`úó
wbþ`©kbv mª^wjZ WKzþg,U nþjv gwwK@s w`g|

gwwK@s w`g cÖYqþbi þhŠw³KZv:

1. g~j`vqb wbþ`©wkKv GKwU my`úó WKzþg,U eþj g~j`vqb h_v_© nq|
2. DËicÍ g~j`vqbKvixMY Bþ"Q gvwdK g~j`vqb KiþZ cvþib bv eþj g~j`vqb
wbþiþcÿ nq|
3. g~j`vqb cÿcvZnxb nq|
4. þKvb wkÿv_©x AwaK myweav cvþeb&, cÿvšÍþi þKD ewÂZ nþebv|

mvaviYfvþe wewfbœ cixÿK KZ©„K cÖ`Ëi bª^þi cv_©K" nevi KviY:

- cÖkœcþÍ my Afxÿvi ^ewkó" eRvq bv _vKv

- cixyKMYtK tKvb gvwK@s w`cg mieivn bv Kiv
- cixyK KZ@„K wbt`ckbv eySvi tytA A@úóZv
- DËicĭ g~j`vqtb Rb` eivxK...Z mgtqi `^íZv
- DËicĭ g~j`vqbKvix wbe@vPtb ĩæwURwbZ KvitY mythvM` cixyK wbe@vwPZ bv nlqv

DËicĭ g~j`vqbKvixMtiYi Rb` AbymiYxq wbt`ckbv wbæeifc:

g~j`vqbKvixi Rb` g~yj`vqb c~e@-KiYxq:

1. cÖwZwU Afxÿvc` gtbvthvM w`tq cofeb|
2. DËicĭ g~j`vqtb AvtM DËicĭ g~j`vqbKvixtK gvwK@s w`cg fvj Kti cto cÖwZwU Afxÿvc`i DËi Ges Zvi wecixtZ KZ b^i cÖ`vb KitZ nte, Kx nte Zv wbdZ ntZ nte|
2. gvwKs w`ctg cÖwZwU Afxÿvc`i Rb` th wbt`ckbv t`qv ntqtQñZv AbymiY KitZ nte| Dtjøl` g~j`vqbKvixtK mswkø welqi cvV`eB I Zvi welqe`, thvM`Zv BZ`vw` welq mætK@ c~Y@v½ aviYv _vKtZ nte|
3. G welq tKvb A`úóZv t`Lv w`tj Zte Zv `úóxKitYi Rb` cÖavb cixyK/tbc Gi mswkø welqi Afxÿv c` cÖYqbKvixMtiYi mnvqZv wbtZ nte|
4. tKvb Afxÿvc`i DËi mætK@ g~j`vqbKvix wbdZ bv ntq tKejgvĭ Av`vtRi Dci wfwĒ Kti g~j`vqb Kiv hvte bv|
5. DËicĭ (LvZv) c`vtKU msMÖn Kivi ci c`vtKtUi wfZi LvZvi msL`v MYbv Kti t`LtZ nte| tKvb cÖKvi AmsMwZ t`Lv tMtj, LvZv mieivnKvixtK AewnZ KitZ nte|

DËicĭ g~j`vqbKvjxb mgtq KiYxq:

1. gyj`vqbKvixtK %ah@ mnKvti DËicĭ g~j`vqb KitZ nte|
2. gyj`vqbKvix gyj`vqbKvtj mæt~Y@ wbitcy f~wgKv cvjb Kitfeb| g~j`vqbKvixtK me@`v gtb ivLtZ nte th, wZwb wePvitKi `vwqZj cvjb KitQb|
3. wkyv_@x AcÖvmw½K/ fzj DËtii Rb` tKvb b^i cvtebv|
4. evsjt`k I wek|cwiPq welq evbv fzti Rb` tKvb b^i KZ@b Kiv mgxPxb ntebv|
5. A`úóZv wKsev `~te@va`Zvi KvitY nvtZi tjLv cotZ bv cvitj tKvb t`v/b^i t`qv hvtebv|
6. nvtZi tjLv fvj-gt`i KvitY b^i cÖ`vtbi tyt tKvb iKg tntdi ntebv| tKbb& GLvtb nvtZi tjLvi gvb hvPvB Kiv nt`Qbv; wkyv_@x cÖtkæi DËi/Z` Rvtb wKbv, tmwUB g~j weteP` welq|
7. eü wbe@vPbx cÖtkæi Rb` cÖkæctĭ th wbt`ckbv cÖ`vb Kiv AvtQ Ñ Zv h_vh_fvte AbymiY Kitfeb|
8. Afxÿvi DËtii h_v_@ I mywbw`óZvi w`tK jy titL g~j`vqb KitZ nte|
9. cÖwZwU Afxÿv ct`i (cÖtkæi) DËi g~j`vqb KtitQb wKbv Ñ Zv g~j`vqbKvixtK hvPvB KitZ nte|

10. cÖwZwU DĚĭii Rb" wbĭ`©kbv †gvZvĭeK bĕ^i cÖ`vb Kiv nĭqĭQ wKbv Ń Zv cybt wbixŷv KiĭZ nĭe|
11. bĕ^i cÖ`vĭbi †ŷĭĭ NlvgvRv (Over Writing) Kiv hvĭe bv| cÖĭqvRĭb GKUvĭb †KĭU mwVK bĕ^i ewmĭq cvĭk Aby `^vŷi KiĭZ nĭe|

g~j"vqĭbi ci KiYxq t

1. cixŷv_x©i †ivj bĕ^i Abyhvqx cixwŷZ DĚicĭ,ĭjv mvRvĭZ nĭe|
2. cÖwZwU bĕ^i dĭ`©i wbĭP g~j"vqbKvixĭK h_v`vĭb `^vŷi KiĭZ nĭe | bĕ^i dĭ`© bĕ^i DĭĔvjĭb †Kvb cÖKvi KvUvKvwU ev NlvgvRv Kiv hvĭe bv| cÖĭqvRĭb GKUvĭb †KĭU mwVK bĕ^i ewmĭq cvĭk Aby `^vŷi KiĭZ nĭe|
3. mKj cÖKvi †MvcbxqZv eRvq ivLĭZ nĭe|

g~j"vqbKvix hv hv Kiĭeb bv:

1. GK emvq 5-10 wUi †ewk DĚicĭ g~j"vqb Kiĭeb bv|
2. wbĭRi e`w³MZ AwfgĭZi wfwĔĭZ DĚi g~j"vqb Kiv hvĭe bv|
3. DĚicĭ †hLvĭb †mLvĭb AhĭZœ †dĭj ivLv hvĭe bv|
4. AgĭbvĭhvMx nĭq DĚicĭ g~j"vqb Kiv hvĭe bv|
5. Acwi`vi †jLv †ĭL A%ah© nlqv hvĭe bv Ges my`i ĭjLv ev Acwi`vi †jLvi Rb" Awak/ Kg bĕ^i cÖ`vb Kiv hvĭe bv|

**Z_`cĭ -2: evsjvĭ`k l wekĭcwiPq welĭqi bgyYv gwk©s w`g
(K) eŭwbe©vPbx Afxŷv c`:**

wet `at cÖwZwU mwVK DĚĭii Rb" 1bĕ^i Kĭi cvĭe| †Kvb Afxŷv cĭ`i mwVK DĚimn GKwvaK DĚĭi wUK wPŷ w`ĭj, wkŷv_©x †Kvb bĕ^i cvĭe bv| mwVK DĚĭii Wvĭb cÖ`Ĕ Nĭii wfZĭi, evĭg, Wvĭb wUK w`ĭj DĚi mwVK nĭqĭQ nĭj Mb" nĭe|

Afxŷv c`	DĚi	bĕ^i
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<p>1. wUDEtqfji Avt̄m©wbKhy³ cvwb `xN©w`b cvb Kiṭj wbt̄æei †Kvb †ivMwU nṭZ cvṭi ?</p> <p>(K) Wvqwiqv (L) K`vÝvi (M) mw`© (N) hÿv</p>	(L) K`vÝvi	1
<p>2. wkikÖg eÜ nṭj Kx nṭe?</p> <p>(K) ṭ`ṭki Avq e,,w× cvṭe (L) wki cvPvi eÜ nṭe (M) wkiṭ`i Awakvi iÿv nṭe (N) KjkviiLvbi Drcv`b evoṭe</p>	DĒi: (M) wkiṭ`i Awakvi iÿv nṭe	1
<p>3. Zzwg evoxi wbKUeZ©x gvṭV †LjṭZ hvevi cṭ_ †`Lṭj GjvKvi †jvKRb wgṭj fvs&Mv iv`lv †givgZ KiṭQ Gṭṭf̄ Zzwg Kx Kiṭe?</p> <p>(K) Ab` iv`lv w`ṭq †LjṭZ hve (L) iv`lv †givgṭZi KvṭR mvnív` Kie (M) iv`lv †givgṭZi KvR †`Le (N) iv`lv †givgṭZ Ab`ṭK mvnív` KiṭZ ejṭev</p>	DĒi: (L) iv`lv †givgṭZi KvṭR mvnív` Kie	1

(L) KvVvṭgvex Afxÿv c` (wmAwiwKD):

Afxÿv c`	DĒi	bṛ^i cÖ`vb wbt̄`©kbv
<p>1. bvix Dbœqṭb ṭeMg ṭivṭKqvi 5wU Ae`vb wjL </p>	<p>DĒi: bvix Dbœqṭb ṭeMg ṭivṭKqvi 5wU Ae`vb nj:</p> <p>1.gymwjg bvixṭ`iṭK wkwÿZ (l mṭPZb) Kivi gva`ṭg Zvṭ`i Awakvi Av`vṭq mnvqZv `vb 2.bvix mṭPZbZv e,,w×i Rb` AṭbK cy`ÍK iPbv Kiv 3.bvix wkÿv cÖmvṭii Rb` gymwjg evwjKv we`vjg cÖwZðv Kiv 4.Ögymwjg gwnjv †Uªwbs `czj cÖwZðvi gva`ṭg bvixṭ`iṭK AvaywbK ivbœv, †mjvB l mšlvb cÖwZcvjṭb `ÿ nṭZ mnvqZv KṭiwQṭjb 5.gymwjg bvixṭ`iṭK mgvṭRi KṭVvi c`©v cÖ_v ṭṭṭ½ mgvṭR `^vfvweKfvṭe Pjvi myṭhvM Kṭi ṭ`qv </p>	<p>DĒi Kjvṭg cÖ`Ē DĒi,ṭjvi ṭh †Kvb 5 wU A_ev cÖ`Ē Afxÿvi Rb` h_v_© DĒi wjLṭZ cvṭj cÖwZwUi Rb` 1 bṛ^i Kṭi cvṭe evbvb fyṭji KviṭY Aṭ_©i cv_©K` bv nṭj †Kvb bṛ^i KvUv hvṭe bv </p>
<p>2. Zzwg mgvṭRi mKj kÖgRxwe gvbylṭK †Kb kÖxv Kiṭe Zvi</p>	<p>DĒi: Awg mgvṭRi mKj kÖgRxwe gvbylṭK kÖxv Kie KviY:</p> <p>1.mgvṭR myôz l my`i Rxeb hvcṭbi Rb` Avgiv kÖgRxweṭ`i lci wbf©ikxj </p>	<p>DĒi Kjvṭg cÖ`Ē DĒi,ṭjvi ṭh †Kvb 3 wU A_ev cÖ`Ē Afxÿvi Rb` h_v_© DĒi wjLṭZ cvṭj cÖwZwUi Rb` 1 bṛ^i</p>

<p>3 wU KviY wjL?</p>	<p>2.kÖwgKivB †`†ki A_©%bwZK Dbœq†bi g~j PvwjKvkw³ 3.kÖwgKK†`i Kvi†YB mgvR I iv=ªxq Kvh©µg myôz I my›`ifv†e Pj†Z cv†i 4.Avgv†`i cÖwZw`†bi mKj Kv†R †Kvb bv †Kvbfv†e kªwgK†`i lci wbf©ikxj 5. †Kvb †`†ki mvwe©K Dbœqb wbf©i K†i †`†ki kÖwgK †kÖbxi †mevi gv†bi lci </p>	<p>K†i cv†e evbvb fy†ji Kvi†Y A†_©i cv_©K” bv n†j †Kvb bª^i KvUv hv†e bv </p>
<p>3. †Zvgvi †kªwY†Z K~vk K`v†Bb wbe©vPb Ki†Z n†e G†y†† Zzwg hv†K †hvM” g†b K†i †fvU w`†e Zvi cuvPwU ,b D†jØL Kil</p>	<p>DËi: K~vk K`v†Bb nevi Rb” w†ªœi 5wU ,b _vKv cÖ†qvRb h_v: 1. mevi mv†_ wgk†Z cviv 2. ¯úó I my›`i K†i K_v ejv 3. `vwqZjkxj 4. mr I b`vqevb 5. c†ivcKvix</p>	<p>DËi Kjv†g cÖ`Ë DËi,†jvi †h †Kvb 5 wU A_ev cÖ`Ë Afxÿvi Rb” h_v_© †h †Kvb DËi wjL†Z cvi†j cÖwZwUi Rb” 1 bª^i K†i cv†e evbvb fy†ji Kvi†Y A†_©i cv_©K” bv n†j †Kvb bª^i KvUv hv†e bv </p>

Z_`cĭ-3: KvVv†gve× Afxÿv c` (wmAviwKD) gvwK@s w`rg cÖ`†Zi dig`vU

Afxÿv c`	DËi	bª^i cÖ`vb w†ª`©kbv

w`b-4
Awaþekb-4

1.wkþivbvg : evsjvþ`k l wek|cwiPq: þkÖwY e`e`vcbv (aviYv, Dcv`vb l þKŠkj)

2. g~jwelq: evsjvþ`k l wek|cwiPq welq wkLb- þkLvþbv Kvh©µþgi mdj ev`levqþb þkÖwY e`e`vcbv LyeB ,iæZjc~Y© |wkÿK hw` my`úó cwiKíbv Abyhvqx þkÖwY e`e`vcbvi cÖwZwU þÿl wPwýZ Kþi Zvi h_vh_ e`envi KiþZ cvþib ZþeB mv_©K l Kvh©Ki cvV`vb mæe | þkÖwYKÿ e`e`vcbvi wPwýZ þÿl,þjv nþ`Q: K. þkÖwY k,•Ljv, L. mgþqi myôz e`envi, M.cviMZvi wfwËþZ `li wfwËK `j MVb, N.wkÿv_x©i Avmb wba©viY, O.þkÖwYKþÿ wkLb mnvqK cwiþek m,wó, P. wkLb-þkLvþbv Kvh©vewj cwiPvjvbi DcþhvMx þkÖwYweb`vm, Q þkÖwYKþÿ ch©vß AvþjvevZvm cÖf...wZ | þkÖwY e`e`vcbv e`vnZ nþj g~j Kvh©µg wewNæZ nql

wkÿv_xþ`i cviMZvi wfwËþZ AMÖMvgx `j (Advanced group), þkÖwY DcþhvMx `j (Class level group), Ges `^í þgav mæúbœ `j (Slow learners group), MVb Kþi ch©vqµþg þkÖwY DcþhvMx `jþK AMÖMvgx `þj Ges `^í þgav mæúbœ `jþK cÖ_þg þkÖwY DcþhvMx `þj Zvici AMÖMvgx `þj DbœxZ Kiv, hvþZ mKj wkÿv_x CwáZ wkLbdj AR©þb mÿg nqlZ©gvb wkLb-þkLvþbv Kvh©vewjþZ wkÿv_xþ`i cviMZvi wfwËþZ wZbwU `þj fvM Kþi cvV`vb e`e`v ,iæZjc~Y© f'wgKv cvjb KiþQ |GLvþb weþklfvþe jÿYxq þh, þkÖwY e`e`vcbvi þÿþl AMÖMvgx `jþKl AwZwi³ KvR w`þq Zvþ`i þgavi h_vh_ weKvk NUvþbvi e`e`v Kiv nþqþQ hv gþbvweÁvbmæSZ |

3.mgq: 1 N›Uv 30 wgwbu

4.wkLbdj:

GB Awaþekb þkþl AskMÖnYKvixMY-

4.1 þkÖwY e`e`vcbv Kx Zv ejþZ cviþeb |

4.2 þkÖwY e`e`vcbvi Dcv`vb,þjv mbv³ KiþZ cviþeb |

4.3 þkÖwY e`e`vcbvi þKŠkj ejþZ cviþeb |

5.þKŠkj: Dc`_vcv, `jxqKvR, AvþjvPbv |

6. DcKíY: †cv̄Uvi †ccvi, gvK©vi, mvBb †cb, †evW© †cb, j̄vcUc, gvwëwgwWqv BZ̄vw̄
|

7. Awa†ek†bi weeiY:

KvR-7.1 †kÖwY ēēv̄cbvi aviYv

mgq: 20 wgwbu

7.1.1. Ô †kÖwY ēēv̄cbv ej†Z Kx †ev†Sb?Ö GKvKx wPšív K†i | †Rvovq Av†jvPbv K†i AskMÖnYKvixMY†K ej†Z ej†eb Ges cÖvß Z_̄, †jv †ev†W©/ wd¬cPv†U© wjL†eb| G wel†q Av†jvPbv | ēvL̄vi wfwĚ†Z †kÖwY ēēv̄cbvi aviYv AR©†b mKj†K mnvqZv Kiæb
|

7.1.2. AskMÖnYKvix†i mnvqZvq wb†Pi msÁvwUi gvā†g †kÖwY ēēv̄cbvi aviYv ūó
Kiæb|

ÔÔ †kÖYxK†yi myôz cwi†ek m, wói gvā†g wkLb-†kLv†bv Kvh©µg†K myôzfv†e cwiPvjvbi Kivi Rb̄ Ges wkÿv_©x†i wbKU wkLb†K AvKI©Yxq, Avb̄v̄vqK | v̄qx Kivi Rb̄ wkÿK †h mKj ēēv̄v MÖnY K†ib Zv†K †kÖwY ēēv̄cbv ej†Ó |

KvRÑ7.2 †kÖwY ēēv̄cbvi Dcv̄vb, †jv mbv³KíY

mgq: 30 wgwbu

7.2.1 †kÖwY ēēv̄cbvi Dcv̄vb, †jv Kx Kx ? GKvKx wPšív K†i | †Rvovq Av†jvPbv K†i †bvU LvZvq wjL†Z | Dc̄v̄cb Ki†Z ejyb| Dc̄v̄vcZ Dcv̄vb, †jv GKRb AskMÖnYKvix†K †ev†W©/wd¬cPv†U© wjL†Z ejyb |

7.2. 2 Dcv̄vb, †jv GKRb AskMÖnYKvix†K co†Z ejybGes Ab̄†i g†bv†hvm mnKv†i ïb†Z ejyb |

7.2.3 Dc̄v̄vcZ Dcv̄vb, †jvi ms†M mgš^q K†i †kÖwY ēēv̄cbvi Dcv̄vb (cwiwkó: PvU©-1 †Lyb) m̄ú†K© ūó aviYv w̄b|

KvR- 7.3 †kÖwY ēēv̄cbvi †KŠkj

mgq: 35wgbu

7.3.1 cÖkœ Kiæb, ÔcÖv_wgK wēv̄jq, †jvi †kÖwYK†y weivRgvb mgm̄v, †jv KxÖ? GKvKx wPšív K†i DĚi ej†Z mnvqZv Ki†eb | GKRb AskMÖnYKvix†K DĚi, †jv †ev†W©/wd¬cPv†U© wjL†Z ej†eb|

7.3.2 †kÖwYK†y weivRgvb mgm̄v, †jv (cwiwkó: PvU©-2) m̄ú†K© cÖ†kœvĚ†ii gvā†g AskMÖnYKvix†i mȳ ūó aviYv w̄b|

7.3.3 cÖkœ KiybÑ†kÖwYK†ÿ weivRgvb mgm`v,†jvi Rb` Avcbviv Kx ai†Yi †kÖwY e`e`vcbvi †KŠkj Aeja^b Ki†eb? AskMÖnYKvix†`i cuvPwU `†j fvM K†i, †kÖwY e`e`vcbvi †KŠkj,†jv †cv÷vi †ccv†i wjL†Z ej†eb Ges `j wfwËK Dc`vcb Ki†Z ejyb |

7.3.4. AskMÖnYKvix†`i Av†jvPbvq AskMÖnY Ki†Z ejyb Ges cÖ†kœvË†ii gva`†g welqwU `úó Kiyb (cwiwkó: PvU©-3) |

g~j`vqb:
wgwbU

mgq: 05

(K)mnvqK AskMÖnYKvix†`i †kÖwY e`e`vcbvi †KŠkj ej†Z ej†eb |

^AbywPŠÍb:

- Awa†ekbwU KZUv `ÿZvi mv†_ cwiPvjbv Ki†Z mÿg n†q†Qb, wPŠÍv Kiæb|
- `jxq Kv†R mevi AskMÖnY wQj wK? †KD wbw@œq _vK†j Zvi KviY fveyb|
- wkLbdj AR©†b Abym„Z KvR h†_ó wQj wK? bv _vK†j bZzb Kx KvR Kiv †h†Z cv†i wPŠÍv Kiæb|
- mK†j wkLbdj AR©b Ki†Z †c†i†Qb wK? bv Ki†Z cvi†j Zvi Rb` Kx c`†ÿc †bqv cÖ†hvRb wQj Zv ejyb|
- Awa†ekb AskMÖnYg~jK wQj wK?

cwiwkó:

PvU©-1: †kÖwY e`e`vcbvi Dcv`vb

- †kÖwY k„•Ljv
- mg†qi myôz e`envi
- cviMZvi wfwË†Z `Íi wfwËK `j MVb
- wkÿv_x©i Avmb wba©viY
- †kÖwYK†ÿ wkLb mnvqK cwi†ek m„wó
- wkLb-†kLv†bv KvH©vej cwiPvjvbi Dc†hvMx †kÖwYweb`vm
- †kÖwYK†ÿ ch©vß Av†jvevZvm
- wkÿ†Ki KÉ`^i
- wkÿv_©x†`i bvg
- `úó wb†`©kbv
- †kÖwYK†ÿ wkÿ†Ki Ae`vb
- wkÿK-wkÿv_©x mœúK©

- „wó wewbgq
- wkÿþKi e`w³Z! cÖf...wZ

PvU©-2: þkÖwYKþÿ weivRgvb mgm`v,þjv :

- wcvQþq cov wkÿv_©x
- AwbqwgZ wkÿv_©x
- AwZ þgavm¸úbcæ wkÿv_©x
- ˆlí þgavm¸úbcæ wkÿv_©x
- wkÿK AbycvþZ AwaK wkÿv_©x
- mgm`vMÖˆí wkÿv_©x
- Avmevecþlí Afve
- ˆlí cwimi

PvU©-3: þkÖwY e`e`vcbvi þKŠkj

- þkÖwY k,•Ljv eRvq ivLv
- wkLb-þkLvþbv KvþRi myôz cwiþek m,„wó Kiv
- wkLbdj AR©þbi Rb` mgq eÈb Kþi cvV cwiKíbv Kiv
- cÖwZwU avþc wkLb-þkLvþbv cwiþek m,„wó Kiv
- þgav, cviMZv, wbqwgZ, AwbqwgZ, mgm`vMÖˆí wkky BZ`vw`i wfwÈþZ wZb ˆlí wewkó `j MVb
- `jxq KvR cÖ`vþbi c~þe© cÖþqvRbxq DcKiY m¸úþK© wbwðZ Kiv
- cÖwZwU cvþVi wZbwU ch©vþqi (cÖ`wZ, Dc`vcv I g~j`vqb) h_vh_ þkÖwY cwiKíbv Kiv
- `jxq KvR myôyfvþe cwiPvjbvq wewfbœ þKŠkj Aeja^b Kiv
- cÖþqvRþb cvkvcvkw/gvþLvgywL emþZ w`þq `j MVb Kiv
- cviM wkÿv_©x þ_þK AcviM wkÿv_©xi wkÿvi e`e`v Kiv
- axi MwZ ev AcviM wkÿv_©xþ`i cÖwZ e`w³MZ gþbvþhvM þ`qv I Zvþ`i Rb` mgq þewk þ`qv
- cÖþR± cwiKíbvq wkÿv_©xþ`i Kg© eÈb Kiv
- wewfbœ cÖwµqvq wkÿv_©xþ`i wkLb `ÿZv cÖþqvþMi myþhvM þ`qv
- g~j`vqþbi gva`þg wkLbdj AR©b hvPvB Kiv

- welqē I wkÿv_©xi aviY ÿgZv Ges mvg_© Abymvþi Zvþ`i Kg© cwiKíbv Kiv
- GKvKx I `þji KvþR mnvqZv Kiv
- mwVK wbþ`©k cÖ`vb Kiv
- wkÿv_©xþ`i wkLþbi Rb` mgþqi eÈb Kiv
- wkÿþKi wbþ`©kbvi Rb` mgq eÈb Kiv
- Avmb e`e`vi cwiKíbv Kiv
- DcKiY e`envi wbwðZ Kiv

w`b 5

Awaþekb-1

1| wkþivbvg: evsjvþ`k I wek!cwiPq : cvV-cwiKíbv cÖYqb I Dbœqþb (1g I 2q þk^awY)

2| g~jwelq: `bw>`b wkLb þkLvþbvi gva`þg wkÿK GK `xN© þgqww` cwiKíbv ev`levqb Kþi _vþKb| GKwU Aa`vþqi welqē I þkLvþbvi Rb` wkÿKþK GK ev GKvwaK K~vm cwiPvjvþv KiþZ nq| djcÖm~ cvV cwiPvjvþv Kivi Rb` GKRb wkÿKþK Aek`B GKwU þhvM`Zv wfwÈK cvV-cwiKíbv ^Zwi Kiv RvbþZ nþel GKwU myðz cwiKíbvi lci þKvb KvþRi mvdj` AþbKvsþk wbf©i Kþi| wkÿK hw` cvV-cwiKíbv cÖYqþbi cÖwµqv eySþZ cvþib Zvnþj wZwb mnþRB eySþZ cviþeb þh Zvi þk^awY cvVbvq þKvb þKvb welq ,iæZi cvþel cvV-cwiKíbv cÖYqb wkÿþKi djcÖm~ wkÿþYi þÿþ` AþbK Zvrch© enb Kþi| GB Awaþekþb cÖwkÿYv_x©iv evsjvþ`k I wek! cwiPq welþqi cvV- cwiKíbv cÖYqþbi aviYv Dbœqþþb I `ÿZv AR©þb mg_© nþeb|

3| mgq: 1 N>Uv 30 wgwbu

4| wkLbdj: GB Awaþekb þkþl cÖwkÿYv_x©MY-

1. cvV-cwiKÍbvi cÖþqvRbxqZv mʳúþK© ejþZ cviþeb|
2. cvV-cwiKÍbvi ifcþiLv mʳúþK© eY©bv KiþZ cviþeb|
3. evsjvþ`k I wek| cwiPq welþqi þhvM`Zv wfwĚK cvV-cwiKÍbv cÖYqb KiþZ cviþeb|
4. cÖYxZ cvV-cwiKÍbv Dbœeqb KiþZ cviþeb|

5| c×wZ/ †KŠkj: þe^aBb ÷wgs, GKvKx wPšÍv, †Rvovq Avjvc, cvV`cy`ÍK cVb, `jxq KvR, cvlqvi cþq›U cÖ`k©b|

6| mnvqK mvgMÖx: cvV`cy`ÍK, †cv÷vi †ccvi, mvBb †cb/ gvK©vi, j`vcUc, gvwëwgvWqv I wfc KvW©, cykwcb BZ`vw`|

7| Awaþekþbi weeiY:

KvR-1: cvV-cwiKÍbvi cÖþqvRbxqZv mʳúþK© ejþZ civ|
mgq: 15 wgwbU

- mnvqK †k^awYKþý cÖþek Kþi cÖwkýYv_x©þ`i mvþ_ iþf`Qv wewbgq Kiæb Ges GB Awaþekþbi wkLbdj,þjv AewnZKiþYi gva`þg AvRþKi KvR iia Kiæb|
- ÔcvVcwiKÍbvÖ ejþZ Kx þevSvq? cÖkœwU `øvBþWi gva`þg cÖ`k©b Kiæb|
- cÖkœwU wbþq cÖwkýYv_x©þ`i †Rvovq Avjvc Kþi wbR wbR LvZvq cvVcwiKÍbvi GKwU msÁv wjLþZ ejyb| †jLv †kþl 2/3 Rb cÖwkýYv_x©þ`K ÔcvVcwiKÍbvÖ mʳúþK© ejþZ mnvqZv Kiæb| wkýv_x©þ`i wbKU †_þK cÖvß DĚi,þjv †nvqvBU †evþW© wjLyb| GKRb cÖwkýYv_x©þ`K cþo †kvbvþZ Abyþiva Kiæb| Gici mnvqK g`vbyqvþj cÖ`Ě PvU© (**Z`cĬ : 1 þ`Lyb**) cvlqvi cþqþ›Ui gva`þg Dc`vcb Kiæb| AvþjvPbvi gva`þg cvVcwiKÍbv mʳúþK© aviYv `úó Kiæb|
- Gevi mnvqK ÔcvV-cwiKÍbvi cÖþqvRbxqZv †Kb? cÖkœwU cÖ`k©b Kiæb I G wbþq cÖwkýYv_x©þ`i 1 wgwbU wPšÍv KiþZ ejyb| Gevi cÖwkýYv_x©þ`i 1wU Kþi wfc KvW© w`b Ges wfc KvþW© †jLvi wbqg,wj `šiY Kwiþq w`b| cÖwkýYv_x©þ`i KvþW© 1wU Kþi cÖþqvRbxqZv wjLþZ ejyb| †jLv †kþl KvW©,wj msMÖn Kiæb| GKRb cÖwkýYv_x©þ`K w`þq KvþW©i †jLv,wj nvDþRi Dþlþk` cþo †kvbvþZ ejyb| nvDþRi gZvgZ wbþq wfc †evþW© jvwMþq w`b| Zvici cvV-cwiKÍbvi cÖþqvRbxqZv mʳúþK© we`ÍvwiZ AvþjvPbv Kiæb (**Z`cĬ-2 þ`Lyb**)|
- Gici mnvqK c~þe© cÖ`ZK...Z g`vbqvþj cÖ`Ě PvU©wU cvlqvi cþqþ›Ui gva`þg cÖ`k©b Kiæb I cÖwkýYv_x©þ`i wfc KvþW© †jLvi mvþ_ wj KiþZ ejyb| wRÁmv Kiæb †Kvb A`úóZv AvþQ wKbv? AvþjvPbvi gva`þg welqwU `úó Kþi mevBþK ab`ev` Rvwbþq Awaþekþbi KvR mgvß Kiæb|

5. KvR-2: cvV-cwiKÍbvi ifcþiLv mʳúþK© eY©bv KiþZ civ|
mgq: 20 wgwbU

- mnvqK cÖwkýYv_x©þ`i wkLbdjwU AewnZ KiþYi gva`þg Awaþekþbi KvR iia Kiæb| Gevi Ôevsjvþ`k I wek| cwiPqÖ welþqi cvV-cwiKÍbvq Kx Kx Dcv`vb _vþK †m mʳúþK© 1 wgwbU þe^aBb ÷^awgs Kivb| 2/3 Rb cÖwkýYv_x©þ`K wRÁmvv Kiæb-

cvV cwiKíbví Dcv`vb,þjv Kx Kx? cÖwkÿYv_x©þ`i wbKU †_þK DËi cvlqvi ci KþqKwU Dcv`vþbi bvg wbþR msþhvRb Kiæb|

- Gevi cÖwkÿYv_x©þ`i 3wU `þj fvM Kiæb| Zvici `jxqfvþe cvV cwiKíbví Dcv`vb,þjv avivevwnKfvþe †cv=vi †ccvþi wjLþZ ejyb| cÖwZ `þj þcv=vi †ccvi, mvBb †cb, †_j A_v©r cÖþqvRbxq DcKiY mieivn Kiæb| `jxq KvþRi Rb` mgq wba©viY Kþi w`b|
- þjLv †kþl cÖ_g `þji `j †bZvþK `jxq KvR Dc`vcv KiþZ w`b| Ab` `yB `þji m`m`þ`i `jxq KvR wgwjþq wbþZ ejyb Ges Ab` †Kvb Dcv`vb msþhvRb AvþQ wKbv Zv ejþZ ejyb|
- Gici mnvqK g`vbyqvþj cÖ`Ë ÔcvV-cwiKíbví ifcþiLvÖ (**Z`c1-3**) cvlqvi cþqþUi gva`þg cÖ`k©b Kiæb| GKRB cÖwkÿYv_x©þ`K ÔcvV-cwiKíbví ifcþiLvÖ wU coþZ ejyb| cÖwZwU Dcv`vb wek`fvþe e`vL`v Kþi ejþZ mnvqZv Kiæb|
- cÖwkÿYv_x©iv welqwU eySþZ †cþiþQb wK bv, 2/3 RbþK cÖkœ Kþi Zvþ`i gZvgZ †Rþb wbb|

KvR-3: evsjvþ`k l wek! cwiPq welþqi cvV-cwiKíbv cÖYqb KiþZ cviv| (1g l 2q þk`wYi)

- iiaþZB mnvqK cÖwkÿYv_x©þ`i 6 wU `þj fvM Kiæb| 1g, 2q l 3q `þjK evsjvþ`k l wek! cwiPq welþqi 1g þkÖwYi wkÿK mnvwqKv Ges 4_©, 5g l 6ð `þjK 2q þkÖwYi wkÿK mnvwqKv w`b| Gevi cvlqvi cþqþUi gva`þg GKwU bgybv cvV cwiKíbv (**Z`c1-4**) cÖ`k©b Kiæb|
- cvV-cwiKíbv mevBþK gþbvþhvM mnKvþi †LþZ ejyb| cvV cwiKíbvU cþo Dcjaw KiþZ ejyb †hb cieZx©þZ mnRfvþe cvV-cwiKíbv cÖYqb KiþZ cvþib| †Kvb A`úóZv _vKþj AvþjvPbvi gva`þg Zv `úó Kiæb| AvþjvPbv †kþl cvVcwiKíbvU mwiþq †djyb|
- Gevi cÖwZwU `þji cÖwkÿYv_x©þ`i cvV`cy`ÍK †_þK GKwU welqe` wbev©Pb KiþZ ejyb Ges fvþjv Kþi welqe` coþZ ejyb| cÖþZ`K `þj GKwU Kþi cvVcwiKíbví ifcþiLvi QK w`b| †cv=vi †ccvi, gvK©vi, Kjg, †_j mieivn Kiæb| (KvþRi mgq eþj w`b)
- `þj cvV-cwiKíbví ifcþiLvi QK Abyhvqx cvVcwiKíbv cÖYqb KiþZ mnvqZv Kiæb| mnvqK `þj KvR Kivi mgq `jxq KvR Z`viKx Kiæb| mKþji AskMÖnY wbwðZ Kiæb| cÖþqvRþb civgk©/mnvqZv w`b|
- `þj KvR †kl nþj Gevi GKB welþqi wZb `þji KvR mgš^q Kþi 6wU `j †_þK 2wU þk`wYi evsjvþ`k l wek! cwiPq welþqi 2wU gvbwmþSZ cvV-cwiKíbv cÖYqb KiþZ ejyb| cvV-cwiKíbv cÖYqb †kþl Zv cÖþqvþMi Rb` gvbwmKfvþe cÖ`wZ wbþZ ejyb|
-

KvR-4: cÖYxZ cvV-cwiKíbv Dbœeqb KiþZ cviv|

mgq:

20 wgwbu

- `jxq KvR †kþl cÖwZ `j †_þK `jþbZvþK cvV cwiKíbv Dc`vcv KiþZ ejyb| Ab`vb` `þji m`m`þ`i Dc`vwcZ cvV-cwiKíbv m`úþK© Dbœeqþbi Rb` ÔDbœeqþbi †PKwjóÖ (**Z`c1-5**) Abymvþi civgk© w`þZ ejyb| Gfvþe cÖwZ `j †_þK `jxq KvR Dc`vcv KiþZ

ejyb| cvV-cwiKíbv Dbœeqþbi Rb" cÖwkÿYv_x©þ`i mvþ_ AvþjvPbv Kiæb|
 cÖþqvRþb mnvqK wbþRi aviYv msþhvRb Kþi AvþjvPbv mg,,x Kiæb| mevBþK
 ab`ev` Rvwbþq Awaþekþbi KvR þkl Kiæb|

**8| g~j`vqb:
 wgwbu**

mgq: 5

mnvqK cÖþkœvËþii gva`þg g~j`vqb KvR iiæ Kiæb|

- cÖwkÿYv_x©iv AvRþKi Awaþekþbi gva`þg Kx Kx wkLbdj AR©b Kiþjb Zv 2/3 Rb
 wkÿv_x©i wbKU mnvqK Rvbþeb|
- cvV-cwiKíbv ifcþiLv,wj Kx Kx 2/3 Rb cÖwkÿYv_x©þ`i wbKU mnvqK RvbþZ Pvb|
- þKvb aviYv A`úó _vKþj Zv cviM cÖwkÿYv_x©þ`i gþa` AvþjvPbv Kþi ejvi myþhvM
 Kþi w`b|
- mevB ab`ev` Rvwbþq mnvqK G Awaþekþbi mgvwß þNvlbv Kiæb|

9| ^- AbywPšíb:

Awaþekb mgvwßi ci mnvqK wbR Kþÿ eþm wbþPi cþqU,þjvi AvþjvþK Awaþekb mþúþK©
 Zvi wbþRþK g~j`vqb Kþi WvqixþZ þbvU ivLyb|

- cwiKíbv Abymvþi AvRþKi Awaþekb mþúþœ KiþZ þcþiwQ wK bv?
- mevB welqwU eySþZ cvþiþQ wKbv?
- cÖwkÿYv_x©þ`i AskMÖnY hþ_ó l mwVK wQj wK bv?
- cÖwkÿYv_x©þ`i wkLb AwaKZi djcÖm~ Kivi Rb" þKv_vq Avi Kx Kiþj fvþjv nþZv?
- AvMvgx Awaþekþb bZzb bZzb wPšív fvebv KvþR jvMvþbvi cwiKíbv Kiæb|
-

Z_`cŕ 1: cvV-cwiKíbv Kx?

þh þKvb KvR mdjfvþe mþúþœ Kivi Rb" iiæ Kivi c~þe©B KvRwU Kxfvþe Kiv nþe, Kx Kx
 c×wZ l þKŠkj Aeja^b Kiv nþe, KZUZkz mgq wbþq Kiv nþe, Kx Kx DcKiY e`envi Kiv nþe
 Ges Kxfvþe g~j`vqb Kiv nþe Zvi GKwU ifcþiLv cÖYqb KiþZ nq| GB ifcþiLvB nþjv cvV
 cwiKíbv|

Z_`cŕ -2: cvV-cwiKíbv cÖþqvRbxqZv

- wkÿK þk^wY cvV cwiPvjbvi Rb" c~e© þ_þKB cÖ`wZ MÖnY KiþZ cvþib|
- wkÿv_x©þ`l cvþVi wkLbdj AR©b Kivþbv mþœe nq|

- wkLb †kLv‡bv Kvh©µg Avb›`vqK, djcÖm~ I `xN©¯vqx nq|
- mKj wkyv_x©i AskMÖnY wbdZ Kiv hvq|
- avivevwnKfv‡e †k^awY cvV cwiPvjbv Kiv hvq|
- DcKiY ^Zwi I msMÖn Kiv hvq|
- KvR Abyhvqx mgq wba©viY Kiv hvq|
-

Z_“cĭ-3: cvV-cwiKĭbvi ifcĭiLv

‡k^awY-----|

welq: evsjv‡`k I wek| cwiPq|

mgq: 40 wgwbu

cv‡Vi wk‡ivbv:

cvV`vsk: cÖ_g kã..... †kl kã wjL‡Z n‡e|

wkLbdj mg~n: (welqe¯, Abymv‡i wkLbd‡ji msL`v n‡e)|

1|

2|

3|

wky‡Ki Kvh©vewj:

K) i‡f’Qv I Kzkjvw` wewbgq:

L) Av‡eM m„wó:

M) c~e©Ávb hvPvB:

N) Dc¯vc‡bi avc mg~n:

1|

2|

3|

- wkLbdj AR©þbi Rb" wkLþbi 3wU þÿÎ (Ávb, Abyaveb I cÖþqvM) Abyhvqx Dc"vcþbi avc wjLþZ nþe|
- wkLbdj AR©þbi Rb" wewfbœ c×wZ I þKŠkj cÖþqvM Kþi avc mg~n wjLþZ nþe|
- þk^awYþZ 3 "Íþi wkÿv_x©þ"i wkLvþbvi Rb" cvV cwIKÍbvq wewfbœ þKŠkj I Kg©KvÛ AvbþZ nþe|

g~j"vqb:

- cVbKvjxht wkLbdj wfwËK g~j"vqb nþe|
- wkiþ"i Ae"vb Abyhvqx Activity AvbþZ nþe|
- MvVwbK I mvgwóK g~j"vqb KiþZ nþe|
-

DcKIY ^Zwi I msMÖnt -----|

Z_ "cl 4: 1g/2q þkÖwYi bgyYv cvV cwIKÍbv

cvVcwIKÍbv- wØZxq þkÖwY (bgybv

we"vjþqi bvg t				
c wi wP wZ	wkÿþKi bvg :			welq : evsjvþ" k I wek cw
	þkÖwY: wØZxq þkÖwY			wkÿv_©x msL"v:
	kvLv:			Dcw" wZ:
	mgq:			mgq: 40 wgwbu
				ZvwiL:
cvV	cvV wkþivbvg t w`K þPbv cvV"vsk t c~e©, cwðg, DËi I `wÿY			
wkLbdj	1) wkÿv_©xiv ev"Íþe I QweþZ PviwU w`K kbv ³ KiþZ cviþe 2) PviwU w`þKi bvg wjLþZ cviþe			
wkLb þkLvþbv KvH©vewj				
þmvcvb	welq	wkÿþKi KvR	wkÿv_©xi KvR	mgq
	1. iþf"Qv I Kzkj wewbgq t	þkÖwYKþÿ cÖþek Kþi iþf"Qv	wkÿv_©xiv `uvwoþq mª§vb Rvbvþe I Kzkj wewbgq Kiþe	07 wgwbu

cÖ - wZ		I Kzkj wewbgq Kie		
	2. †kÖwYKÿ e`e`vcbvt	cÖ‡qVR‡b wkÿv_@x‡`i AvmbMZ e`e`vcbvi cybwe@b`vm Keil	wkÿ_@xiv mnvqZv Ki‡e	
	3. c~e@Ávb hvPvB	wbæwjlZ cÖ‡kœi gva`‡g cvV mæú‡K@ wkÿv_@x‡`i c~e@Ávb hvPvB Kie 1.m~h@ †Kvb w`‡K l‡V ? 2. m~h@ †Kvb w`‡K A`Í hvq ?	wkÿ_@xiv mæøve` DËi w`‡Z †Pón Ki‡e 1.m~h@ c~e@ w`‡K l‡V 2. m~h@ cwðg w`‡K A`Í hvq	
	4,Av‡eM m,,wó t	Qov Mv‡bi gva`‡g Av‡eM m,,wó Kie,	wkÿv_@xiv mwµq AskMÖnY Ki‡e	
	5. cvV †NviYv t	AZtci AvR‡Ki cvV †NviYv Kie l cvV wk‡ivbvg †ev‡W@ wjLe Ò w`K †PbvÓ	wkÿv_@xiv wbR wbR LvZvq cvV wk‡ivbvg wj‡L ‡b‡e	
D c -`v	1.DcKY cÖ`k@b t 2. welqe`i	1.1 gwwëwgwWqvi gva`‡g m~‡h@v`‡qi Qwe †`Lv‡ev GKvKx wPšÍv l `‡j	wkÿv_@xiv Qwe ch@‡eÿY Ki‡e Ges `‡j Av‡jvPbv K‡i Qwe mæú‡K@ ej‡e	22 wgwbU

<p>c</p> <p>b</p>	<p>eY©bv, l cÖþkœvËi AvþjvPbv</p>	<p>AvþjvPbv Kþi Qwe mæúþK© ejþZ þ`e Ges wbþR Qwei welqe ÿly mæúþK© ÿúó aviYv þ`e </p> <p>1.2 gvwëwgwWqvi gva`þg m~h© Aþ ÿli Qwe þ`Lvþev GKvKx wPšív l `þj AvþjvPbv Kþi Qwe mæúþK© ejþZ þ`e Ges wbþR Qwei welqe ÿly mæúþK© ÿúó aviYv þ`e </p> <p>wewfbœ ev ÿle e ÿ þhgb þUwej, þeÂ, Kÿ cÖf...wZ þ`wLþq cÖþkœvËþii gva`þg w`K mæúþK© aviYv w`þZ mnvqZv Kiel</p> <p># AMÖMvgx wkÿv_©xiv wbþR wbþR DËi w`þZ þPón Kiel </p>	<p>wkÿ_©xiv eY©bv ïbþe Ges AvþjvPbv l cÖþkœvËþi AskMÖnY Kiel </p>	
	<p>3.cwiKwíK KvR cÖ`vb</p>	<p>wkÿv_©xþ`i PviwU `þj fvM Kþi þkÖwY Kþÿ Aew ÿZ þPqvi, þUwej, þeÂ l Kÿ</p>	<p>`þj wkÿv_©xiv AvþjvPbv Kþi `þj ch©vqmþg w`Kmg~n kbv³ Kiel </p>	<p>h</p>

		<p>mꞑúꞑK© c~e©, cwðg, DĒi Ges `wÿY w`K AvꞑjvPbv Kꞑi w`K mg~n kbv³ KiꞑZ mnavqZv Kiel</p>		
	4. mvimsꞑÿc ejv t	<p>A`Kvi cvꞑVi mvimsꞑÿc ejel cÖꞑqvRꞑb Qwe l ev`Íe e`Í ꞑ`Lvel # cÖꞑqvRꞑb ꞑkÖwY DcꞑhvMx wkÿv_©xꞑ`i mnavqZv ꞑ`e # `^Í ꞑgav wkÿv_©xꞑ`i mnavqZv ꞑ`el</p>	wkÿv_©xiv ꞑ`Lꞑe l íꞑꞑel	
g~ j`v q b	1. w`K kbv³Kiv l ejv	<p>wkÿv_©xꞑ`i cvV hvPvBꞑqi Rb ꞑꞑꞑj ꞑeR `ꞑj ev GKvKx wbꞑœifc cÖꞑkœi DĒi ejꞑZ ꞑ`el `j-1 1. PviwU w`K kbv³ Ki `j-2 1 PviwU w`ꞑKi bvg ej `j-3 1.w`K Kqwu?</p>	wkÿv_©xiv kbv³ Kiꞑe l DĒi ꞑ`ꞑe	09 wgwbu
	2. cÖꞑkœi DĒi ꞑjLv	<p>AvRꞑKi cvꞑVi AMÖMwZ hvPvBꞑqi Rb` ꞑꞑꞑj ꞑeR mevBꞑK wbꞑœifc cÖꞑkœi DĒi wjLꞑZ ꞑ`el `j -1 l `j-2 1. PviwU w`ꞑKi bvg wjL </p>	wkÿv_©xiv wbR wbR LvZvq cÖꞑkœi DĒi wjLꞑe Kꞑi	

		`j-3 1. w`K KqwU?		
cvV mgvwß I ‡kÖwYKÿ Z`vM	wkÿv DcKiY ,wQ‡q †evW© cwi@vi K‡i wkÿv_@x‡`i‡K ab`ev` Rvwb‡q ‡kÖwYKÿ Z`vM Kie	wkÿv_@xiv `uvwo‡q m‡§vb Rvbv‡e	2 wgwbu	
DcKiY msMÖn/%oZwi t	cvVmswkøó Qwe I ‡kÖwYK‡ÿi ev`Íe DcKiY			

Z_cí-5: cvVcwiKÍbv Dbœq‡bi †PKwjó

g~j"vqb m~PK	n"uv	bv	‡gvUvgywU
welqe¯ ' Abymv‡i wkLbdj l †hvM"Zv mwVK wQj wK bv?			
welqe¯ ' Abymv‡i c×wZ l †KŠkj wbe©vPb wVK Av‡Q wK bv?			
wkLbdj AR©‡bi Rb" KvR,‡jv mwVK wQj wK bv?			
DcKiY cÖvmw½K Av‡Q wK bv?			
‡hvM"Zv wfwĚK ev wkLbdj wfwĚK g~j"vqb †KŠkj wQj wK bv?			
m„Rbg~jK †Kvb KvR wQj wK bv?			

w`b-5 Awaʔekb-2

1.wkʔivbvq: evsjvʔ`k I wekʔcwiPq welʔqi cvV cwiKíbv cÖYqb I Dbœaqb (3q ʔ_ʔK 5g ʔkÖwY)

2. g~jwelq: myôz cwiKíbv e`ZxZ ʔKvb KvR mdjfvʔe mʔúbœ Kiv hvq bv | cvV cwiKíbv cÖYqb Kʔi Ges Zv AbymiY Kʔi ʔkÖwYKʔy wkýv_@xʔ`i mvgʔb cvV Dc`vcb Kiv wkýʔKi GKwU Acwinvh© KvR | gvbmaʔZ cvV`vʔbi c~e©kZ© nʔ`Q h_vh_c~e© cÖ`wZ MÖnY | evsjvʔ`k I wekʔcwiPq welʔqi cvV cwiKíbv cÖYqb KiʔZ GKRb `y wkýK wewfbœ Drm ʔ_ʔK ʔhgb - wewfbœ cvV cwiKíbv eB AbymiY Kʔi, wewfbœ cvV` eB ʔ_ʔK cÖʔqvRbxq Dcv`vb msMÖn Kʔi Ges mʔe©vcwi wewfbœ lʔqe mvBU ʔ_ʔK cvV mswkøó ,iæZic~Y© Z` msMÖn Kʔi cvV cwiKíbv cÖYqb Kʔi _vʔKb | eZ@gvb wKlb-ʔkLvʔbv KvH@vewjʔZ evsjvʔ`k I wekʔcwiPq welʔqi cvV cwiKíbv cÖYqʔb ,iæZic~Y© cwieZ©b mvwaZ nʔqʔQ A_@vr cvV cwiKíbvq wZb `li wewkó wkýv_@x ʔhgb-AMÖMvgx wkýv_@x, ʔkÖwY DcʔhvMx wkýv_@x, Ges `^i ʔgav mʔúbœ wkýv_@xi Pwvn`vi cÖwZ jÿ` ʔiʔL cvV cwiKíbv cÖYqʔbi e`e`v Kiv nʔqʔQ| G Awaʔekʔb Ôevsjvʔ`k I wekʔcwiPqÖ wkýʔKi Kx aiʔbi cÖ`wZ MÖnY Kiv cÖʔqvRb Ges wZb `li wewkó wkýv_@xi Pwvn`vi cÖwZ jÿ` ʔiʔL Kxfvʔe cvV cwiKíbv (1g I 2q ʔkÖwY) cÖYqb Kiv hvq Zvi my`úó aviYv ʔ`qv nʔqʔQ |

3.mgq: 1 N>Uv 30 wgwbu

4. wkLbdj:

GB Awaʔekb ʔkʔl AskMÖnYKvixMY-

4.1 cvV Dc`vcʔbi c~ʔe© wkýʔKi Kx aiʔYi cÖ`wZ MÖnY Kiv cÖʔqvRb Zv DʔjØL KiʔZ cviʔeb |

4.2 wZb `li wewkó wkýv_@xi Pwvn`vi cÖwZ jÿ` ʔiʔL cvV cwiKíbv (3q ʔ_ʔK 5g ʔkÖwY) cÖYqb KiʔZ cviʔeb |

4.3 AvjvPbvi wfwËʔZ ^ZwiK...Z cvV cwiKíbv Dbœaqb KiʔZ cviʔeb |

5.ʔKŠkj: Dc`vcb, `jxq KvR, AvʔjvPbv |

6. DcKiY: j`vcUc, gvwëwgwWqv, wfcKvW©, ʔcv=vi ʔccvi, gvK©vi, mvBbʔcb BZ`vw` |

7. Awaʔekʔbi weeiY:

KvR- 1: cvV Dc⁻vc⁺bi c~⁺te[⊙] wk⁺ɣ⁺ki c[⊖]wZ
mgq:10 wgwBU

7.1.1. 3q tk[⊖]WYi evsjv⁺k I wek|cwiPq cvV⁺ eB Gi Ômgv⁺Ri wewfbœ †ckv[⊖] AskUzKz AskM[⊖]ÖnYKvixMY⁺†K †⁻L⁺Z w⁺†q c[⊖]Okœ Kiyb, Ô†Kvb cvV Dc⁻vc⁺bi c~⁺te[⊙] wk⁺ɣ⁺ki Kx Kx c[⊖]wZ †bqv c[⊖]†qvRb[⊖]? AskM[⊖]ÖnYKvixMY GKvKx wPšív K†i D[⊖]Ei †⁻†eb |

7.1.2. mnvqK D³ cvVwU Dc⁻vc⁺bi c~⁺te[⊙] wk⁺ɣ⁺ki Avi Kx Kx c~⁺e[⊙] c[⊖]wZ †bqv c[⊖]†qvRb (cwiwkó:PvU[⊙]-1 †⁻Lyb)

Zv AskM[⊖]ÖnYKvixM⁺†Yi ms†M Av†jvPbv K†i wb†Ri aviYv ⁻úó Ki†eb |

KvR- 2: cvV cwiKíbv c[⊖]Yqb (3q †⁻†K 5g †k[⊖]WY)
mgq:45 wgwBU

7.2.1. AskM[⊖]ÖnYKvix†⁻i 6wU †⁻† fvM K†i 1g I 2q †⁻†K 3q †k[⊖]WYi, 3q I 4⁻⊙ †⁻†K 4⁻⊙ †k[⊖]WYi Ges 5g I 6[⊖] †⁻†K 5g †k[⊖]WYi cvV⁻cy⁻ÍK mieivn Kiæb Ges cQ⁺›mB cvV⁻vsk wbe[⊙]vPb K†i cvVcwiKíbv c[⊖]Yqb c[⊖]Yqb Ki†Z ejyb|

7.2.2. cvV cwiKíbvi QK †ev†W[⊙] UvwO†q/øvB†W †⁻wL†q AskM[⊖]ÖnYKvix†⁻i QK c~⁺†Y mnvqZv Kiæb|

7.2.3. AskM[⊖]ÖnYKvix†⁻i wbivc[⊖]Ev†eva cwi†ek m„wó I Av†eM m„wói †KŠkj wjL†Z mnvqZv Kiæb|

7.2.4. cvV⁻vskUzKz fvj K†i c†o wkLbdj wjL†Z ejyb| AskM[⊖]ÖnYKvix†⁻i ejyb- cv†Vi welqe⁻i lci wkLbd†ji msL⁻v wbf[⊙]i K†i Ges cv†Vi wkLbd†ji lci wfw[⊖] K†iB cvV Dc⁻vcb I g~⁻j⁻vqb Kiv nq |

7.2.5. gvB[⊖] g⁻wvcs Gi mnv†h⁻ wkLbdj AR[⊙]†b wewfbœ eyw×g[⊖]Evi †KŠkj Kxfv†e wjL†Z nq †m m[⊖]ú†K[⊙] AskM[⊖]ÖnYKvix†⁻i ⁻úó aviYv w⁻b|

7.2.6. AskM[⊖]ÖnYKvix†⁻i wkLbd†ji lci wfw[⊖] K†i gvB[⊖] g⁻wvcs †⁻†K wewfbœ †KŠkj wb†q wZb ⁻íi wewkó wk[⊖]v⁻⊙x†⁻i †hvm⁻Zv AR[⊙]†bi j†y⁻ Dc⁻vc⁺bi avc,†jv wjL†Z ejyb|

7.2.7. AskM[⊖]ÖnYKvix†⁻i †⁻jxq KvR Dc⁻vcb Ki†Z ejyb Ges cv†Vi wkLbd†ji wfw[⊖]†Z Dc⁻vc⁺bi avc,†jv (cwiwkó:PvU[⊙]-2) †jLv n†q†Q wKbv Zv ch[⊙]v†jvPbv Ki†Z mnvqZv Kiæb | cvV Dc⁻vc⁺bi Rb⁻ cuvPwU †⁻†KB gvbwmKfv†e c[⊖]wZ⁻vK†Z ejyb|

KvR -3 ^ZwiK...Z cvV cwiKíbv Dbœeqb Ki†Z cviv
mgq: 30 wgwBU

- 5wU †⁻†i ^ZwiK...Z cvV cwiKíbv †c[⊖]bvix†Z Dc⁻vcb Kiæb|
- Av†jvPbvi gva⁻†g †PKwj†ói Av†jv†K (cwiwkó:PvU[⊙]-4) ^ZwiK...Z cvV cwiKíbvi mej I Dbœeq†bi †y[⊖]mg~n wPw[⊖]Y Z K†i c[⊖]†qvRbxq ms†kvab Kiæb|

g~⁻j⁻vqb: mgq: 5
wgbU

(K) AskMÖnYKvix`i cvV cwiKÍbvi avc,`jv ejtZ ejyb|

(L) cÖwZwU avtci KvR ejtZ ejyb|

^AbywPšÍb:

(K) cvV cwiKÍbvi QK mKj AskMÖnYKvix eyStZ tcttQ wK ?

(L) thfvte cvtVi cÖ`wZ tbgv ntwQj tmUv wVKgZ AbymiY Kitz tctiwQ wK?

cwiwkó

PvU©-1:cvV Dc`vc`bi c~te© wkytKi cÖ`wZ

- cvV cwiKÍbv cÖYqb
- wewfbæ lte mvBU t`tK cÖtqvRbxq Z` msMÖn
- c>wZ/tKškj wba©viY
- cvtVi welq` Rvbvi Rb` cvV`cy`ÍK, wkyK mnvwqKv, wkyK ms`iY, Z`cyw`ÍKv BZ`vw` cov
- cÖtqvRbxq DcKiY msMÖn/%oZwi
- gvbwmK cÖ`wZ
- Afxyv cÖYqb
- g~j`vqb tKškj wba©viY
- cÖtqvRbxq wbivgq cÖ`vb

PvU©-2: cvV cwiKÍbvi QK

c wi wP wZ	wkytKi bvg t	welq t

	‡kÖwY t	cvV wk‡ivbvg t cvV`vsk t
	kvLv t	‡gvU wkÿv_©x:
	mgq t	Dcw`wZ t
	we`vj‡qi bvg t	ZvwiL t
wkLbdj	1) 2) 3)	

wkLb- ‡kLv‡bv KvH©vewj				
‡m cvb	welq	wkÿ‡Ki KvR	wkÿv_©xi KvR	mgq
cÖ - wZ	1. i‡PQv I Kzkj wewbgq			
	2. ‡kÖwYKÿ e`e`vcbv			
	3. c~e©Ávb hvPvB	1. 2.	1. 2.	
	4. Av‡eM m,,wó			
	5. cvV ‡NviYv			
D c - v c b	1. DcKY cÖ`k©b 2. welqe`i eY©bv, e`vL`v-we‡køIY I cÖ‡køevËi Av‡jvPbv	1. 2. 3.	1. 2. 3.	

‡m cvb	welq	wkÿ‡Ki KvR	wkÿv_©xi KvR	mgq
D c - v c b	3. cwiKwíK KvR cÖ`vb			
	4. mvims‡ÿc ejv			

	5. cvV [~] cy [~] IK cvb	# cÖ [~] qvR [~] b †kÖwY Dc [~] hvmx wk [~] yv_@x [~] i m [~] nvqZv †`e # [~] ^i †gav wk [~] yv_@x [~] i m [~] nvqZv †`ej		
g [~] j [~] v q b	1. cÖ [~] †kœi DËi ejv t	`j-1 1. 2. `j-2 1. 2. `j-3 1. 2.	`j-1 1. 2. `j-2 1. 2. `j-3 1. 2.	
	2. cÖ [~] †kœi DËi †jLv t	`j-1 `j-2 1. `j-3 1.	`j-1 `j 2 `j-3	
cvV mgvwl †kÖwYKÿ Z [~] vM				
DcKiY msMÖn/%oZwi		cvV mswkøó Qwe/ wfwWI, PvU©, KvW©, K [~] vc, j [~] vcUc, gwëwgvWqv		

PvU©-3: cvVcwikfbv (bgybv)

we [~] vj [~] †qi bvg t		
c wi wP wZ	wk [~] y†Ki bvg t	welq t evsjv†`k wek [~] cwiPq
	†kÖwY t 3q	†gvU wk [~] yv_@x: 50
	kvLv t †`v†qj	Dcw [~] Z t 47
	mgq t 40 wgvbU	Abycw [~] Z 3

		ZvwiL t		
cvV	cvV wkþivbvg t mgvþRi wewfbœ †ckv cvV`vsk t K...IK, †Rþj, ZuvZx, Kvgvi			
wkLbdj	1) †ckv KvþK eþj wkÿv_©xiv Zv ejþZ cviþe 2) †þki cÖavb cÖavb †ckvRxexi bvþgi ZvwjKv ^Zwi KiþZ cviþe 3) †ckvRxexiv †K Kx KvR Kþi Zv DþjØL KiþZ cviþe 4) †ckvRxexiv Avgvþ`i Kx Kx cÖþqvRb †gUvq Zv wjLþZ cviþe			
wkLb †kLvþbv KvH©vewj				
þmvc vb	welq	wkÿþKi KvR	wkÿv_©xi KvR	mg q
cÖ	1. iþf`Qv Kzkj wewbgq t	þkÖwYKþÿ cÖþek Kþi iþf`Qv Kzkj wewbgq Kiel	wkÿv_©xiv `uvwoþq mæ§vb Rvbvþe Kzkj wewbgq Kiþe	07 wg wb U
—,				
wZ				
	2. †kÖwYKÿ e`e`vcbvt	cÖþqvRþb wkÿv_©xþ`i AvmbMZ e`e`vcbvi cybwe©b`vm Kei	wkÿ_©xiv mrvqZv Kiþe	
	3. c~e©Ávb hvPvB	wbæewjwLZ cÖþkœi gva`þg cvV mæúþK© wkÿv_©xþ`i c~e©Ávb hvPvB Kiel 1. evwoþZ evev-gv Kx Kx KvR Kþib ? 2. þh wi·v Pvjvq ZvþK Kx eþj ? 3. þKvb KvþR †þni cwikÖg nq ?	wkÿ_©xiv mæçve` DËi w`þZ †Pón Kiþe 1.K...wIKvR, ivbœevnbœv BZ`vw` KvR Kþib 2. wi·vlqvjv 3. K...wIKvR,	

	4,AvʔeM m,,wó t	Qov Mvʔbi gvaʔʔg AvʔeM m,,wó Kie, ÒK...IK †Rʔj Kvgvi Kzgv Kg© Zvʔʔi eoB gnvb, g~jʔ wʔʔZ Zvʔʔi kÖʔgi nBbv †hb Avgiv K...cY Ó	wkÿv_©xiv mwµq AskMÖnY Kiʔe	
	5. cvV †NvIYv t	AZtci AvRʔKi cvV †NvIYv Kie I cvV wkʔivbvg †evʔW© wJLe Ò mgvʔRi wewfbœ †ckv Ó	wkÿv_©xiv wbR wbR LvZvq cvV wkʔivbvg wjʔL †bʔe	

D c v c b	1.DcKY cÖ`k©b t 2. welqe ⁻ i eY©bv, e`vL`v- weʔkøIY I cÖʔkœvËi AvʔjvPbv	gwwëwgwWqvq cvʔVi Qwe †`Lvʔev GKvKx wPšÍv I `ʔj AvʔjvPbv Kʔi Qwe máúʔK© ejʔZ †`e I wbʔR eje kÖgRxex Kx †m máúʔK© eY©bv †`e AZtci wkÿv_©xʔʔi `ywU `ʔj kÖgRxexi bvgʔi ZvwjKv ^Zwi Kʔi ejʔZ †`e K...IK, †Rʔj, ZuvZx, Kvgvi †K Kx KvR Kʔi Ges Zviv Avgvʔʔi Kx Kx cÖʔqvRb †gUvq Zvi e`vLv -weʔkøIY Kie Gici wbœeifc cÖʔkœi gvaʔʔg AvRʔKi cvʔVi AMÖMwZ hvPvB Kie 1. K...IK RwgʔZ Kx Kʔi ? 2. †Rʔjiv b`xʔZ Kx aʔi ? 3. ZuvZxiv Kx †evʔb ? 4. Kvgvi Kx Kx wRwbm ^Zwi Kʔi ? 5. kÖgRxex KvʔK eʔj ?	wkÿv_©xiv Qwe ch©ʔeyY Kiʔe Ges `ʔj AvʔjvPbv Kʔi Qwe máúʔK© ejʔe wkÿ_©xiv eY©bv I e`vLv íbʔe Ges AvʔjvPbv I cÖʔkœvËi AskMÖnY Kiʔe `ʔj ZvwjKv ^Zwi Kiʔe Ges cÖʔkœi mwVK DËi wʔʔZ †Pón Kiʔe 1. Rwg Pvl Kʔi dmj djvq 2. gvQ aʔi 3. Kvco †evʔb 4. `v, ewU, †Kv`vj evbvq 5. %o`wnK cwikÖg Kʔi hviv KvR Kʔi	22 wg wb U
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†mvcvb	welq	wkÿʔKi KvR	wkÿv_©xi KvR	mgq
D c v c b	3.cwiKwíK KvR cÖ`vb	`jxq AskMÖnʔYi gvaʔʔg `ywU `ʔj K...IK, †Rʔj, ZuvZx, Kvgvi Gi f~wgKvq Awfbq KiʔZ mnvqZv Kie	`ʔj wkÿv_©xiv kÖgRxexi f~wgKvq Awfbq Kiʔe Ab`iv Awfbq †`Lʔe I Awfbq †kʔl †K Kx KiʔQ Zv ejʔe	

	4. mvimsþýc ejv t	A`Kvi cvþVi mvimsþýc eje cÖþqvRþb PvU© †`Lve	wkÿv_©xiv ìbþe l wjþL wbþe	
	5. cvV`cy`ÍK cVb t	cvþVi AskUzKz wkÿv_@xþ`i cÖþZ`KþK coþZ mrvqZv Kie	wkÿv_©xiv cvþVi AskUzKz cÖþZ`þK coþe	

<p>g~</p> <p>j̣v</p> <p>q</p> <p>b</p>	<p>1. cÖþkœi DËi ejv t</p>	<p>wkÿv_©xþ`i cvV hvPvBþqi Rb þjþj þeR `þj ev GKvKx wbæœifc cÖþkœi DËi ejþZ þ`ej `j-1t 1. þckvRxex KvþK eþj ? 2.K...IK djvq Ggb 5wU dmþji bvg ej ? 3. Kvgvi ^Zwi Kþi Ggb cuvPwU wRwbþmi bvg ejl `j-2t 1.þRþj þKv_vq þKv_vq gvQ aþi ? 2.ZuvZx þh hšž w`þq Kvco þevþb Zvi bvg Kx ? `j-3 t 1.hviv þjvnvi wRwbm %oZwi Kþi Zvþ`i Kx eþj? 2.PviRb kÖgRxexi bvg ejl</p>	<p>wkÿv_©xiv h_vh_ DËi þ`þejl</p> <p>`j-1t 1. %o`wnK cwikÖg Kþi hviv KvR Kþil 2. avb, cvU, AvL, Mg, mwâ 3. `v, ewU, þKv`vj, Kzovj, kvej </p> <p>`j-2t 1.cyKzi,b`x,Lvj, wej BZ`vw`þZ 2.ZuvZ hšž </p> <p>`j-3 t 1.Kvgvil 2.K...IK,þRþj,Kv gvi,Kzgvil</p>	<p>09 wgwbu</p>
--	--------------------------------	--	--	-----------------

	2. cÖþkœi DËi tjLv t	AvRþKi cvþVi AMÖMwZ hvPvBþqi Rb` þjþfj teR mevBþK wbœæifc cÖþkœi DËi wjLþZ t`e `j -1 `j-2t 1. K...IK, tRþj, ZuvZx Kvgvi Avgvþ`i Kx Kx cÖþqvRb tþgUvq ? `j-3 t 1. K...IK, tRþj, ZuvZx Kvgvi Kx Kx KvR Kþi?	wkÿv_©xiv wbR wbR LvZvq cÖþkœi DËi wjLþe `j-1 `j 2t K...IK t K...IK Lvþ`i cÖþqvRb tþgUvq þRþj t tRþj gvþQi tþvMvb t`q ZvuZx t ZuvZx tþcvkþKi cÖþqvRb tþgUvq Kvgv it tþvnvi wRwbþmi cÖþqvRb tþgUvq `j-3 t K...IK t K...IK dmj djvq þRþj t tRþj gvQ aþi ZvuZx t ZuvZx Kvco tþevþb Kvgvit Kvgvi tþvnvi wRwbm ^Zwi Kþi	
cvV mgvwß þkÖwYKÿ Z`vM	wkÿv DcKiY ,wQþq tþvW© cwi@kvi Kþi wkÿv_©xþ`iþK ab`ev` Rvwbþq þkÖwYKÿ Z`vM Kie	wkÿv_©xiv `uvwoþq mœþvb Rvbvþe	2 wgwbu	
DcKiY msMÖn/%oZwi t		cvþVi Qwe/ wfwWI, PvU©, KvW©, K`vc		

|

PvU©-4: cvV cwíKíbv Dbæqþbi †PKwjó

g~j"vqb m~PK	n"uv	bv	†gvUvgyw U
welqe¯, Abymvþi wkLbdj l †hvM"Zv mwVK wQj wK bv?			
welqe¯, Abymvþi c×wZ l †KŠkj wbe©vPb wVK Av†Q wK bv?			
wkLbdj AR©þbi Rb" KvR, †jv mwVK wQj wK bv?			
DcKiY cÖvmw½K Av†Q wK bv?			
†hvM"Zv wfwĚK ev wkLbdj wfwĚK g~j"vqb †KŠkj wQj wK bv?			
m,,Rbg~jK †Kvb KvR wQj wK bv?			

w`b: 5

Awaṭekb-3

**1| Awaṭekb wkṭivbvg: evsjvṭ`k | wek| cwiPq welṭqi cÖYxZ cvV cwiKíbv
AvṭjvṭK wkLb ṭkLvṭbv Kvh©vewji Rb` cÖ`wZ MÖnY, cvV Dc`vcb
(cÖ`k©b cvV) | ch©vṭjvPbv (1g - 2q ṭkÖwY)|**

2| g~jwelq: wkLb ṭkLvṭbv Kvh©vewj myôz | Kvh©Kifvṭe cwiPvjvbi Rb` cÖṭqvRb GKwU
fvj cvV cwiKíbv Ges D³ cwiKíbv Abymvṭi cvṭVi cÖwZwU ch©vq h_vh_fvṭe cvV Dc`vcb
Kiv| ZvB cvV cwiKíbv cÖbqb Kivi ci cÖṭqvRbxq cÖ`wZ ṭbqvi cÖṭqvRb iṭqṭQ| ṭhgb:
cÖYxZ cwiKíbv cṭo cvṭVi cÖwZwU ch©vq Kxfvṭe Dc`vcb Kiv nṭe Zv fvjfvṭe eyṭS
ṭbqv, cÖṭqvRbxq DcKiY msMÖn/ ^Zwi BZ`vw`| KvRwU mv_©Kfvṭe mṛúbæ Kivi Rb`
wkÿKṭ`iṭK nvṭZ Kjṭg Kṭi ṭ`Lvṭbvi cÖṭqvRb iṭqṭQ| ṭm DṭiṭkB eZ©gvb AwaṭekbwU
cwiPvwjZ nṭe|

3| wkLbdj:

G Awaṭekb ṭkṭi AskMÖnYKvixMY:

1. cvṭVi cÖṭqvRbxq DcKiY cÖ`Z/msMÖn mn cÖṭqvRbxq cÖ`wZ wbṭZ
cviṭeb|
2. cÖ`k©b cvV ch©ṭeyY Kṭi gvb mṛṣZ cvV Dc`vcṭbi `ÿZv AR©b KiṭZ
cviṭeb|

4| mgq: 1 NÈv 30 wgwbu

5| wkLb mvgMÖx: cvV cwiKíbv, cvV cwiKíbvq DṭjòwLZ DcKiY ^Zwii mvgMÖx, cvV` eB,
ṭnvqvBU ṭevW© gvK©vi, wfcṭevW©, cykwcb, j`vcUc, gvwëgwWqv BZ`vw`|

6| c×wZ | ṭKŠkj: nvṭZ Kjṭg cÖṭqvRbxq DcKiY ^Zwi, cvV cwiKíbv Abymvṭi cvV Dc`vcb,
ṭPKwjó Abymvṭi cvV ch©ṭeyY, ṭcøbwi AvṭjvPbv BZ`vw`|

7| Awaþekþbi weeiY:

KvR-1: cÖ`k©b cvþVi Rb` cÖ`wZ MÖnY

mgq: 20 wgwBU

- mKþji mvþ_ iþf"Qv wewbgq Kiæb|
- c~þe©i Awaþekþb ^ZwiK...Z þhþKvb GKwU cvV cwiKíbv AvþjvþK cvV cÖ`k©þbi Rb` cÖ`lwZ wbb Ges cvV cwiKíbvUi wewfbœ w`K wbþq AskMÖnYKvixþ`i mvþ_ AvþjvPbv Kiæb| þhgb: cvV cwiKíbvq DþjðwLZ wewfbœ avþc KiYxq KvR | þKŠkj, cÖþqvRbxq DcKiY BZ`vw`|
- cvþVi Rb` cÖþqvRbxq DcKiY %oZwii þKŠkj mæúþK© gZwewbgq Kþi DcKiY ^Zwii cÖþqvRbxq mvgMÖx þhgb-AvU© þccvi/þcv+vi þccvi, gvK©vi, AvVv, þcwÝj, is þcwÝj BZ`vw` mieivn Kiæb|
- DcKiY ^ZwiþZ cÖþqvRbxq mnvqZv w`b|

KvR-2: cÖYxZ cvV cwiKíbv Abymvþi cvV Dc`vcb

mgq: 40 wgwBU

- cvV cwiKíbv AbymiY c~e©K cvV Dc`vcb Kiæb| 10/12 Rb AskMÖnYKvixþK wkýv_x©i f~wgKvq Awfbq KiþZ ejyb| evKxþ`iþK cvV ch©þeyþþKi `vwqZ; cvjb KiþZ ejyb| ejyb þh þKvb ch©þeyþþK AvþjvPbvi Rb` Avgš¿Y Rvbvþbv nþel cvV ch©þeyþþYi Dþlk` AR©þbi Rb` wbæewY©Z welq,þjv h_vh_ | djcÖm~ nþqþQ wKbv Zv cvV ch©þeyþþKvixþ`iþK þbvUeyþþK wjwce× KiþZ ejyb|

K) þkÖwYKÿ e`e`vcbv h_vh_ wQj wKbv

L) þkÖwYKþÿ wkLb þkLvþbv Kvh©vewj cwiPvjvbi Dchy³ cwiþek m,,wó nþqþQ wKbv

M) cvVcwiKíbv Abyhvwq h_vh_fvþe cvV Dc`vcb Kiv nþqþQ wKbv

N) Dc`vcþbi cÖwZwU avþc mgþqi h_vh_ e`envi nþqþQ wKbv

O) cwiKíbvq ewY©Z c×wZ | þKŠkj h_vh_fvþe Abymib Kþi cvV Dc`vcb Kiv nþqþQ wKbv

P) wkýv_x©þ`i Rb` ch©vß Abykxjþbi e`e`v ivLv nþqþQ wKbv

Q) DcKiþYi gvb h_vh_ wKbv Ges cÖmw½K cÖkæKiþYi gva`þg DcKiþYi Zvrch© cvþVi mvþ_ wiþjU Kiv nþqþQ wKbv

R) GKK/þRvovq/jMZ KvR h_vh_fvþe Kiv nþqþQ wKbv

S) wkýv_x© KZ...©K cvþVi wkLbdj AR©b g~j`vqþbi gva`þg mbv³ Kþi cÖþqvRbxq wbivgq þ`qv nþqþQ wKbv

T) cwiKíbv ewn©f~Z KvR (†Kvb c×wZ I †KŠkj Aeja^b K†i Ges †Kb Kiv n†jv)
U) e`wZµg hv wKQz jýYxq n†q†Q

**KvR-3: wkLb-†kLv†bv Kvh©vewj cwiPvjbi Dci MVbg~jK gZvgZ †`qv|
mgq: 30 wgwbu**

- cvV Dc`vcb †k†l †cøbvwi Av†jvPbvi Av†qvRb Kiæb| cÖ_†g ch©†ey†K wba©vwiZ c†q,U Abymv†i, c†i AskMÖnYKvix†`i Dbœq†bi †ýÍ wPwýZ K†i mªøve` Dbœqb †KŠkj Kx n†Z cv†i †m wel†q ej†Z ejyb|
- AZtci cvV Dc`vc†Ki e³e` †ck Ki†Z ejyb|
- me†k†l cÖ†qvRbxq djveZ©b w`b| Gfv†e mK†ji Dc`vcb †k†l ab`ev` w`†q Awa†ekb mgvß Kiæb|

8| ^-AbywPšÍb:

- K) Awa†ekbwU KZUv `ÿZvi mv†_ cwiPvjbv Ki†Z mýg n†q†Qb, wPšÍv Kiæb|
- K) `jxq Kv†R mevi AskMÖnY wQj wK? †KD wbw©œeq _vK†j Zvi KviY fveyb|
- L) wkLbdj AR©†b Abym„Z KvR h†_ó wQj wK? bv _vK†j bZzb Kx KvR Kiv †h†Z cv†i wPšÍv Kiæb|
- M) mK†j wkLbdj AR©b Ki†Z †c†i†Qb wK? bv Ki†Z cvi†j Zvi Rb` Kx c`†yc †bqv cÖ†hvRb wQj Zv ejyb|
- N) Awa†ekb AskMÖnYg~jK wQj wK?

w`b:5

Awa†ekb-4

1| wk†ivbvg: evsjv†`k I wek|cwiPq wel†qi Dci cÖwYZ cvV cwiKíbvi Av†jv†K wkLb-†kLv†bv Kvh©vewj cwiPvjbv (cvV Abykxjb) I ch©v†jvPbv (1g I 2q †kÖwY)|

2| g~jwelq: cvV-cwiKíbv n†jv wky†Ki cÖwZ w`†bi wkLb †kLv†bvi Kv†Ri mswýß ifc†iLv| ZvB †kªwY†Z wkLb-†kLv†bv KvR cwiPvjbi Rb` cwiKíbv K†i, cwiKwíZ KvR ev`levqb Kivi Rb` Abykxjb Kiv cÖ†qvRb | wkLb Kvh©µg cwiPjvqv cvi`kx© n†Z n†j wky†Ki AvšÍwiK †Pón _vK†Z n†e| gv†Sgv†S `ÿ wky†Ki cvV ch©†eyY Ki†Z n†e hv†Z Zvui wb†Ri `ÿZv Dbœq†bi †ýÍmg~n wPšÍv K†i gvbmašZ cvV`vb Ki†Z cv†ib| G Awa†ek†b

wkÿv_©x†`i cÖwYZ cvV-cwiKíbv Av†jv†K cvV Dc¯`vcb | Dc¯`vwcZ welq Kxfv†e ch©v†jvPbv Kiv n†e Zv Av†jvPbv Kiv n†q†Q|

3| mgq: 1 N›Uv 30 wgwbu

4| wkLbdj: GB Awa†ekb †k†l wkÿv_x©MY-

1. cÖwYZ cvV-cwiKíbv Dc¯`vc†bi Rb¨ cÖ¯`wZ MÖnY Ki†Z cvi†eb|
2. cÖwYZ cvV-cwiKíbv Av†jv†K cvV Dc¯`vcb Ki†Z cvi†eb|
3. cvV-ch©†eÿY K†i Zv Dbœq†bi Rb¨ ch©v†jvPbv Ki†Z cvi†eb|

5| c×wZ/ †KŠkj: †eªBb ÷wg©s, cvV¨cy¯`ÍK cVb, `jxq KvR, cvlqvi c†q›U cÖ`k©b|

6| DcKiY: cvV¨cy¯`ÍK, †cv=vi †ccvi, mvBb †cb/ gvK©vi, j¨vcUc, gwwëwgvWqv †nvqvBU †evW©|

7| Awa†ek†bi weeiY:

KvR-1: cÖwYZ cvV-cwiKíbv Av†jv†K cvV Dc¯`vc†bi Rb¨ cÖ¯`wZ MÖn†Yi Kjv†KŠkj ej†Z cviv Ges Zv Aeja^b Ki†Z Ki†Z cviv|

mgq: 30 wgwbu

- mnvqK †kªwYK†ÿ cÖ†ek K†i cÖwkÿYv_x©†`i mv†_ i†f”Qv wewbg†qi gva¨†g Awa†ek†bi m~Pbv Kiæb| Gici welqe¯`i wk†ivbv | Awa†ek†bi wkLbdj,wj cÖwkÿYv_x©†`i mvg†b cÖ`k©b Kiæb Ges GKRb cÖwkÿYv_x©†K wkLbdj,wj co†Z ejyb| GB Awa†ek†bi wkLbdj,†jv AewnZ Ki†Yi gva¨†g cÖ_g KvR iiaæ Kiæb|
- ÔcÖwYZ cwiKíbv Av†jv†K wkLb-†kLv†bv Kvh©µg cwiPvjbvi Rb¨ †Kvb †Kvb w`†Ki Ici cÖ¯`wZ †bqv cÖ†qvRbÖ? welqwU wb†q cÖwkÿYv_x©†`i fve†Z ejyb| Zv†`i mywPwšÍZ fvebv,wj c†q›U AvKv†i †ev†W© GK GKRb K†i wjL†Z ejyb| c~e© cÖ¯`wZi Rb¨ †ev†W© †jLv welq,†jv h_v_© wKbv Zv Ab¨vb¨ cÖwkÿYv_x©†`i gZvgZ w`†Z ejyb|
- mnvqK cÖwkÿYv_x©†`i 4wU `†j fvM K†i 2wU `j 1g †kªwY Ges Ab¨ 2wU `j 2q †kªwYi cvV Dc¯`vc†bi Rb¨ cÖ¯`wZg~jK KvR Kivi wb†`©k w`b| ÒDcKiY msMÖn ^Zwi Ges wWwRUvj K†›U›U ^ZwiÓ K†i cvlqvi cq†›Ui gva¨†g Dc¯`vcbvi Rb¨ cÖ¯`wZ wb†Z ejyb| mgq 20wgbu|

KvR-2: cÖwYZ cvV-cwiKíbv Av†jv†K cvV Dc¯`vcb Ki†Z cviv|
mgq: 40 wgwbu

- mnvqK cÖwYz cvV-cwiKíbv AvtjvK tkaWYtZ wLb-þkLvþbv KvH©µg cwiPvjbv Rb" cÖwkYv_xþ`i ga" t_þK GKRBþK wkyK wnþmþe wbe©vPb Kiæb| nDþRi Dþþk" ejyb cvV Dc`vcbKvix `þji m`m`iv QvQvX nþeb Ges Ab" wZb `j ch©þeyKþi f~wgKvq_vKþeb|

KvR-3: cvV-ch©þeyY Kþi Zv Dbœqþbi Rb" ch©vþjvPbv KiþZ civ|
mgq: 15 wgwBU

mnvqK cvV-cwiKíbv tþkþl ch©þeyK `j þ_þK cÖkœ Avnevb Kiæb| wbþPi m~PK,wj `øvBþWi gva`þg cÖ`k©b Kiæb Ges Gi AvtjvK ch©vþjvPbv Kiæb|

- ❖ cvV-cwiKíbv Abyhvqx cvV Dc`vcb nþqþQ wK bv?
- ❖ welqe`i mvþ_cxwZi wgj AvþQ wK bv?
- ❖ Kx Kx tKŠkþj cvV-Dc`vcb Kiv nþqþQ?
- ❖ wLbdj Abyhvqx wLþbi KvH©µg wVK wQj wK bv?
- ❖ cvþV Kq aiþYi g~j`vqb Kiv nþqþQ?
- ❖ wkyv_xi Abyavebg~jK `yZv hvPvB Kivi Rb" Kx cÖkœ Kiv nþqwQj?
- ❖ wLþbi 3wU tþþli mgš^þq cvV-Dc`vcb nþqþQ wK?

8| g~j`vqb:
wgbU

mgq: 5

- cÖwkYv_x©iv AvRþKi Awaþekþb tKvb tKvb welþq Zvþ`i aviYv mg,x KþþQb mnvqK Zv Zvþ`i wbKU tRþb wbb|
- þKvþbv aviYv A`úó_vKþj Zv cviM cÖwkYv_x©þ`i gþa" AvtjvPbv Kþi ejvi myþhvM Kþi w`b|
- weþkl Kþi cÖwkYv_x©MY cxwZ l tKŠkj mþúþK© my®úó aviYv tþqþQb wK bv Zv cÖwkYv_x©þ`i wbKU tRþb mnvqK wbdZ nDb|
- meþkþl mevBþK ab`ev` Rvwþþq Awaþekþbi mgvwiþ tNviYv Kiæb|

9| ^- AbywPšlb:

Awaþekb mgvwiþi ci mnvqK wBR Kþy eþm wbþPi cþqU,þjvi AvtjvK Awaþekb mþúþK© Zvi wbþRþK g~j`vqb Kþi WvqixþZ þbvU ivLyb|

- G Awaþekþbi wLbdj AwR©Z nþqþQ wK bv?
- cwiKíbvþZv AvRþKi Awaþekb mþúþœ KiþZ tþþþQ wK bv?
- cÖwkYv_x©þ`i wLb AwaKZi djcÖm~ Kivi Rb" tKv_vq Avi Kx Kiþj fvþjv nþZv?
- AvRþKi Awaþekb mej l `~e©j w`K,þjv Kx wQj?
- cÖwkYv_x©þ`i Ask MÖnY hþ_ó l mwVK wQj wK bv?
- AvMvgx Awaþekþbi bZzb wPšlv fvebv KvþR jvMvþbvi cwiKíbv Kiæb|

Z_`cl:

wkÿvµg †_†K †hvM˘Zv, AR©b Dc†hvMx †hvM˘Zv I wkLbdj-Gi PvU© ms†hvRb|
c×wZ I †KŠk†ji (w`b 2, Awa-2 Gi †_†K msMÖn) PvU© ms†hvRb|

w`b: 6
Awa†ekb-1

1| **Awa†ekb wk†ivbvg: evsjv†`k I wek| cwiPq : cÖYxZ cvV cwiKÍbvi Av†jv†K wkLb †kLv†bv Kvh©vewji Rb˘ cÖ˘wZ MÖnY, cvV Dc˘vcb (cÖ`k©b cvV) I ch©v†jvPbv (3q - 5g †kÖwY)|**

2| **g~jwelq:** wkLb †kLv†bv Kvh©vewj myôz I Kvh©Kifv†e cwiPvjvbi Rb˘ cÖ†qvRb GKwU fvj cvV cwiKÍbv Ges D³ cwiKÍbv Abymv†i cv†Vi cÖwZwU ch©vq h_vh_fv†e cvV Dc˘vcb Kiv| ZvB cvV cwiKÍbv cÖbqb Kivi ci cÖ†qvRbxq cÖ˘wZ †bqvi cÖ†qvRb †q†Q| †hgb: cÖYxZ cwiKÍbv c†o cv†Vi cÖwZwU ch©vq Kxfv†e Dc˘vcb Kiv n†e Zv fvjfv†e ey†S †bqv, cÖ†qvRbxq DcKiY msMÖn/ ^Zwi BZ˘vw`| KvRwU mv_©Kfv†e mæúbœ Kivi Rb˘ wkÿKMb†K nv†Z Kj†g K†i †`Lv†bvi cÖ†qvRb †q†Q| †m D†††kB eZ©gvb Awa†ekbwU cwiPvwjZ n†e|

3| | wkLbdj:

G Awa†ekb †k†I AskMÖnYKvixMY:

3. cv†Vi cÖ†qvRbxq DcKiY cÖ˘Z/msMÖn mn cÖ†qvRbxq cÖ˘wZ wb†Z cvi†eb|
4. cÖ`k©b cvV ch©†eyY K†i gvbma§Z cvV Dc˘vc†bi `ÿZv AR©b Ki†Z cvi†eb|

4| **mgq:** 1 NËv 30 wgwbu

5| **wkLb mvgMÖx:** cvV cwiKÍbv, cvV cwiKÍbvq D†jØwLZ DcKiY ^Zwii mvgMÖx, cvV˘ eB, †nvqvBU †evW© gvK©vi, wfc†evW©, cykwcb, j˘vcUc, gvwëgwWqv BZ˘vw`|

5| **c×wZ I †KŠkj:** cÖ†qvRbxq cÖ˘wZ MÖnY, cvV cwiKÍbv Abymv†i cvV Dc˘vcb, †PKwjó Abymv†i cvV ch©†eyY, †cøbvwi Av†jvPbv BZ˘vw`|

6| Awa†ek†bi weeiY:

KvR-1: cÖ`k©b cv†Vi Rb˘ cÖ˘wZ MÖnY

mgq: 20 wgwbu

- mK†ji mv†_ ††˘Qv wewbgq Kiæb|
- c~†e©i Awa†ek†b ^ZwiK...Z †h†Kvb GKwU cvV cwiKÍbvi Av†jv†K cvV cÖ`k©†bi Rb˘ cÖ˘wZ wbb Ges cvV cwiKÍbvwi wewfbœ w`K wb†q AskMÖnYKvixM†bi mv†_ Av†jvPbv Kiæb| †hgb: cvV cwiKÍbvq D†jØwLZ wewfbœ av†c Kibxq KvR I †KŠkj, cÖ†qvRbxq DcKiY BZ˘vw`|

- cv†Vi Rb¨ cÖ†qvRbxq DcKiY %Zwii †KŠkj mæú†K© gZwewbgq K†i DcKiY ^Zwii cÖ†qvRbxq mvgMÖx †hgb-AvU© †ccvi/†cv±vi †ccvi, gvK©vi, AvVv, †cwÝj, is †cwÝj BZ¨vw` mieivn Kiæb|
- DcKiY ^Zwi†Z cÖ†qvRbxq mnvqZv w`b|

**KvR-2: cÖYxZ cvV cwiKÍbv Abymv†i cvV Dc¨vcb
mgq: 40 wgwBU**

- cvV cwiKÍbv AbymiY c~e©K cvV Dc¨vcb Kiæb| 10/12 Rb AskMÖnYKvix†K wkyv_x©i f~wgKvq Awfbq Ki†Z ejyb| evKx†`†K cvV ch©†ey†Ki `vwqZi cvjb Ki†Z ejyb| ejyb †h †Kvb ch©†ey†K†K Av†jvPbvi Rb¨ Avgš¿Y Rvbv†bv n†el cvV ch©†ey†Yi D†lk¨ AR©†bi Rb¨ wbæewY©Z welq,†jv h_vh_ I djcÖm~ n†q†Q wKbv Zv cvV ch©†eyYKvix†`†K †bvUey†K wjwce× Ki†Z ejyb|

(K) †kÖwYKÿ e¨e¨vcbv h_vh_ wQj wKbv

(L) †kÖwYK†ÿ wLb †kLv†bv Kvh©vewj cwiPvjvbi Dchy³ cwi†ek m„wó n†q†Q wKbv?

(M) cvVcwiKÍbv Abyhvwq h_vh_fv†e cvV Dc¨vcb Kiv n†q†Q wKbv?

(N) Dc¨vc†bi cÖwZwU av†c mg†qi h_vh_ e¨envi n†q†Q wKbv?

(O) cwiKÍbvq ewY©Z c×wZ I †KŠkj h_vh_fv†e Abymib K†i cvV Dc¨vcb Kiv n†q†Q wKbv?

(P) wkyv_x©†`i Rb¨ ch©vß Abykxj†bi e¨e¨v ivLv n†q†Q wKbv?

(Q) DcKi†Yi gvb h_vh_ wKbv Ges cÖvmw½K cÖkœKi†Yi gva¨†g DcKi†Yi Zvrch© cv†Vi mv†_ wi†jU Kiv n†q†Q wKbv ?

(R) GKK/†Rvovq/ jMZ KvR h_vh_ev†e Kiv n†q†Q wKbv?

(S) wkyv_x© KZ...©K cv†Vi wLbdj AR©b g~j¨vq†bi gva¨†g mbv³ K†i cÖ†qvRbxq wbivgq †`qv n†q†Q wKbv?

(T) cwiKÍbv ewn©f~Z KvR (†Kvb c×wZ I †KŠkj Aeja^b K†i Ges †Kb Kiv n†jv)?

(U) e¨wZµg hv wKQz jÿjxq n†q†Q wK?

**KvR-3: wLb-†kLv†bv Kvh©vewj cwiPvjvbi Dci MVbg~jK gZvgZ †`qv|
mgq: 30 wgwBU**

- cvV Dc¨vcb †k†l †cøbvwi Av†jvPbvi Av†qvRb Kiæb| cÖ_†g ch©†ey†K†K wba©vwiZ c†q,U Abymv†i, c†i AskMÖnYKvix†`i Dbœq†bi †ýl wPwýZ K†i mæøve¨ Dbœqb †KŠkj Kx n†Z cv†i †m wel†q ej†Z ejyb|
- AZtci cvV Dc¨vc†Ki e³e¨ †ck Ki†Z ejyb|

- meþkþl cÖþqvRbxq djveZ©b w`b| Gfvþe mKþji Dc`vcb þkþl ab`ev` w`þq Awaþekb mgvß Kiæb|

8| ^-AbywPšÍb:

- K) AwaþekbwU KZUv `ýZvi mvþ_ cwiPvjbv KiþZ mýg nþqþQb, wPšÍv Kiæb|
- L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw@Œeq _vKþj Zvi KviY fveyb|
- M) wkLbdj AR©þb Abym„Z KvR hþ_ó wQj wK? bv _vKþj bZzb Kx KvR Kiv þhþZ cviþi wPšÍv Kiæb|
- N) mKþj wkLbdj AR©b KiþZ þcþiþQb wK? bv KiþZ cviþj Zvi Rb` Kx c`þýc þbqv cÖþhvRb wQj Zv ejyb|
- O) Awaþekb AskMÖnYg~jK wQj wK?

w`b-6

Awaþekb-2

1| Awaþekb wkþivbvg: evsjvþ`k | wek| cwiPq: cÖYxZ cvV cwiKÍbvi AvþjvþK wkLb þkLvþbv KvH©vewj cwiPvjbv (cvV Abykxjb) | ch©vþjvPbv (3q-5g þkÖwY)

2| g~jwelq: cvV-cwiKÍbv nþjv wkyþKi cÖwZ w`þbi wkLb þkLvþbvi KvþRi mswýß ifcþiLv| ZvB þk^awYþZ wkLb-þkLvþbv KvR cwiPvjbvi Rb` cwiKÍbv Kþi, cwiKwíZ KvR ev`Íevqb Kivi Rb` Abykxjb Kiv cÖþqvRb | wkLb KvH©µg cwiPvjbvq cvi`kx© nþZ nþj wkyþKi AvšÍwiK þPón _vKþZ nþe| gvþSgvþS `ý wkyþKi cvV ch©þeýY KiþZ nþe hvþZ Zvui wbþRi `ýZv Dbœeqþbi þýlmg~n wPšÍv Kþi gvbmašZ cvV`vb KiþZ cviþb| G Awaþekþb wkyv_©xþ`i cÖwYZ cvV-cwiKÍbvi AvþjvþK cvV Dc`vcb | Dc`vwcZ welq Kxfvþe ch©vþjvPbv Kiv nþe Zv AvþjvPbv Kiv nþqþQ|

3| wkLbdj:

G Awaþekb þkþl AskMÖnYKvixMY:

(K) evsjvþ`k I wek| cwiPq Gi wkLb-þkLvþbv Kvh©vewj cwiPvjbv Abykxjþbi gva`þg D³
KvþR `ÿZv AR©b KiþZ cviþeb|

4| mgq: 1 NËv 30 wgwbu

5| wkLb mvgMÖx: cÖYxZ cvV cwiKíbv, cvV` eB, þnvqvBU þevW© gvK©vi, j`vcUc I
Ab`vb` mvgMÖx|

6| c×wZ I þKŠkj: þPKwjó Abymvþi cvV ch©þeyY, þcøbvwi AvþjvPbv BZ`vw`|

7| Awaþekþbi weeiY:

KvR-1: cÖYxZ cvV cwiKíbv Abymvþi cvV Dc`vcb

mgq: 50 wgwbu

- iþf`Qv wewbgq Kiæb| Awaþekb cwiPvjvbi mgq `j þ_þK 1 RbþK cÖ_þg Kvh©µg
cwiPvjvbi `vwqZi cÖ`vb Kiyb| Ab` mKj AskMÖnYKvixþ`i `vwqZi e)Ub Kþi w`b|
10/12 Rb AskMÖnYKvixþK wkyv_x©i f~wgKvq Awfbq KiþZ ejyb| evKxþ`iþK cvV
ch©þeyþKi `vwqZi cvjb KiþZ ejyb| ejyb þh þKvb ch©þeyKþK AvþjvPvbi Rb`
Avgš¿Y Rvbmþbv nþel cvV ch©þeyþYi Dþík` AR©þbi Rb` wbæewY©Z welq,þjv
h_vh_ I djcÖm~ nþqþQ wKbv Zv cvV ch©þeyYKvixþ`iþK wbR wbR þbvUeyþK
wjwce× KiþZ ejyb|

cvV ch©þeyþYi wbþ`©kbv:

(K) þkÖwYKÿ e`e`vcbv h_vh_ wQj wKbv

(L) þkÖwYKþÿ wkLb þkLvþbv Kvh©vewj cwiPvjvbi Dchy³ cwiþek m,wó nþqþQ wKbv

(M) cvVcwiKíbv Abyhvwq h_vh_fvþe cvV Dc`vcb Kiv nþqþQ wKbv

(N) Dc`vcþbi cÖwZwU avþc mgþqi h_vh_ e`envi nþqþQ wKbv

(O) cwiKíbvq ewY©Z c×wZ I þKŠkj h_vh_fvþe Abymib Kþi cvV Dc`vcb Kiv nþqþQ
wKbv

(P) wkyv_x©þ`i Rb` ch©vß Abykxjþbi e`e`v ivLv nþqþQ wKbv

(Q) DcKiþYi gvb h_vh_ wKbv Ges cÖvmw½K cÖkœKiþYi gva`þg DcKiþYi Zvrch© cvþVi
mvþ_ wiþjU Kiv nþqþQ wKbv

(R) GKK/þRvovq/`jMZ KvR h_vh_evþe Kiv nþqþQ wKbv

(S) wkyv_x© KZ...©K cvþVi wkLbdj AR©b g~j`vqþbi gva`þg mbv³ Kþi cÖþqvRbxq
wbivgq þ`qv nþqþQ wKbv

(T) cwiKíbv ewn©f~Z KvR (þKvb c×wZ I þKŠkj Aejs^b Kþi Ges þKb Kiv nþjv)

(U) e`wZµg hv wKQz jÿjxq nþqþQ

KvR-2: wkLb-þkLvþbv Kvh@vewj cwiPvjvbi Dci MVbg~jK gZvgZ t`qv|
mgq: 40 wgwbu

- cvV Dc`vcb þkþl þcøbvwiþZ AvþjvPbvi AvþqvRb Kiæb| cÖ_þg ch@þeyþK wba@vwiZ cþq,U Abymvþi, cþi AskMÖnYKvixþ`i Dbœqþbi þýÍ wPwýZ Kþi mæçve` Dbœqb þKŠkj Kx nþZ cvþi þm welþq ejþZ ejyb|
- AZtci cvV Dc`vcþKi e³e` þck KiþZ ejyb|
- meþkþl cÖþqvRbxq djveZ@b w`b| Gfvþe mKþji Dc`vcb þkþl ab`ev` w`þq Awaþekb mgvß Kiæb|

8| ^-AbywPšÍb:

- K) AwaþekbwU KZUv `ÿZvi mvþ_ cwiPvjbv KiþZ mÿg nþqþQb, wPšÍv Kiæb|
- L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw@œq _vKþj Zvi KviY fveyb|
- M) wkLbdj AR@þb Abym,Z KvR hþ_ó wQj wK? bv _vKþj bZzb Kx KvR Kiv þhþZ cvþi wPšÍv Kiæb|
- N) mKþj wkLbdj AR@b KiþZ þcþiþQb wK? bv KiþZ cviþj Zvi Rb` Kx c`þÿc þbqv cÖþhvRb wQj Zv ejyb|
- O) Awaþekb AskMÖnYg~jK wQj wK?

w`b-6

Awaṭekb-3

1. wkṭivbvg: evsjvṭ`k I wek|cwiPq: wkLb-ṭkLvṭbv KvṭR wkṭṭKi mgvRṭeva I gvbweK g~j`ṭevṭai cÖfve

2. g~jwelq: evsjvṭ`k I wek|cwiPq welṭqi GKRb `ÿ wkṭK mgvṭRi c_ cÖ`k©K, mgvRms`iK I AbymiYxq e`w³Zij| Zuvi Av`ṭk© wkṭv_©xiv I mgvṭRi Ab`vb` m`m`e,>` AbycÖvwYZ nbl evsjvṭ`k I wek|cwiPq: wkLb-ṭkLvṭbv KvṭRvewji ga`w`ṭq wkṭv_©xṭ`i Rxeṭb fwel`ṭZi Rb` mgvRṭeva I gvbweK g~j`ṭevṭai Dṭb≠I NṭU, hv Zvṭ`i cÖK...Z gvbyl wnṭmṭe cÖwZwôZ KiṭZ abvZṭK wbqvgṭKi gZ KvR Kṭil gvbyl m,`wói ṭmiv Rxe| gvbylB GKgvî weṭeKmaúbœ Rxe| gvbyl AṭbK,ṭjv ,ṭYi AwaKvix| wKš' GKRb wkṭKṭK gvbyṭli ,Yvewji cvkvcvwk Avi AṭbK,ṭbi AwaKvix nṭZ nq, hv ZuvṭK GK Abb` gvbyṭl cwibZ Kṭil wkLb-ṭkLvṭbv KvṭR GKRb wkṭṭKi mgvRṭeva I gvbweK g~j`ṭevṭai cÖfve my`~icÖmvix, hv fwel`ṭZ Avgvṭ`i RvZxq Rxeṭb cÖwZdwjZ nq| Avgiv GB Awaṭekṭb wkLb-ṭkLvṭbv KvṭR wkṭṭKi mgvRṭeva I gvbweK g~j`ṭevṭai cÖfve wbṭq AvṭjvPbv Kiel

3. mgq: 1 NṭUv

4. wkLbdj:

GB Awaṭekb ṭkṭl AskMÖnYKvixMY-

4.1 GKRb wkṭṭKi Kx Kx ,Y AvṭQ Zv ejṭZ cviṭeb|

4.2 wkṭṭKi mgvRṭeva I gvbweK g~j`ṭeva maúṭK© ejṭZ cviṭeb|

4.3 wkLb-ṭkLvṭbv KvṭR wkṭṭKi mgvRṭeva I gvbweK g~j`ṭevṭai cÖfve we`lvṭii ṭKŠkj ejṭZ cviṭeb|

5. ṭKŠkj: AvṭjvPbv, `jxqKvR, Dc`vcb |

6. DcKiY: ṭcv=vi ṭccvi, gvK©vi, mvBb ṭcb, ṭevW© ṭcb, j`vcUc, gvwëwgwWqv BZ`vw`|

7. Awaṭekṭbi weeiY:

KvR-1: wkṭṭKi ,Yvewj maúṭK© aviYv

mgq: 15

wgwbU

7.1.1.cÖkœ Kiæb- GKRb wkṭṭKi Kx Kx ,Yvewj _vKv cÖṭqvRb? cÖṭZ`K

AskMÖnYKvixṭK LvZvq GKwU ,ṭbi bvg wjLṭZ ejṭeb Ges ch©vqmuṭg ṭRvṭi ṭRvṭi coṭZ mnvqZv Kiṭeb| Ab`ṭ`i gṭbvṭhvM mnKvṭi ibṭZ ejṭeb |

7.1.2. cÖṭkœvËṭii gva`ṭg AvṭjvPbv Kṭi wkṭṭKi ,Yvewj maúṭK© `úó aviYv w`b |

KvRÑ2: wkṭṭKi mgvRṭeva I gvbweK g~j`ṭeva

mgq:

20 wgwbU

7.2.1. AskMÖnYKvixṭ`i PviwU `ṭj fvM Kṭi `yBwU `jṭK wkṭṭKi mgvRṭeva Ges evKx `yBwU `jṭK wkṭṭKi gvbweK g~j`ṭeva maúṭK© ṭcv=vi ṭccvṭi wjṭL cÖ_ṭg wkṭṭKi mgvRṭeva Ges cṭi wkṭṭKi gvbweK g~j`ṭeva maúwK©Z ṭcv=vi ṭccvi `jṭbZvṭK Dc`vcb KiṭZ mnvqZv Kiæb |

7.2.2. ch©vqmuṭg GKB RvZxq `yBwU ṭcv=vi ṭccvi cvkv cvwk ṭiṭL cÖṭkœvËṭii gva`ṭg msṭkvab KiṭZ mnvqZv Kiæb |

7.2.3. cwiþkþl, cÖþkœvĒþi AvþjvPbv gva`þg wkyþKi mgvRþeva l gvbweK g~jþeva
(cwiwkó: PvU©-1) mǎúþK© ūó aviYv w`b |

KvR-3 : mgvRþeva l gvbweK g~jþevþai cÖfve we ūvþii þKŠkj

mgq: 20 wgwbu

7.3.1. AskMÖnYKvixþ`i cuvPwU `þj fvM Kþi wLb-þkLvþbv KvþR wkyþKi mgvRþeva l
gvbweK g~jþevþai cÖfve we ūvþii þKŠkjmg~n AvþjvPbv Kþi þcvþvi þccvþi wjLþZ
mnvqZv Kiæb Ges þjLv þkþl `jxqþbZvþK Dc`vcb KiþZ ejyb |

7.3.2. cuvPwU þcvþvi þccvi cvkvcwk þevþW© Uvw½þq cuvPRb `jþbZvþK wj LuyþR
þei KiþZ mnvqZv Kiæb | cþi Awgj,þjv AvþjvPbv gva`þg `jþbZvþ`i wbR wbR þcvþvi
þccvþi wjLþZ mnvqZv Kiæb |

7.3.3. cÖþkœvĒþii gva`þg wLb-þkLvþbv KvþR wkyþKi mgvRþeva l gvbweK g~jþevþai
cÖfve we ūvþii þKŠkj (cwiwkó: PvU©: 2 þ`Lyb) mǎúþK© ūó aviYv w`b |

8| g~j`vqb:

mgq: 05

wgwbu

wkyþKi mgvRþeva l gvbweK g~jþeva ejþZ Kx þevþSb ?

9| ū^AbywPŠíb :

K) AwaþekbwU KZUv `ÿZvi mvþ_ cwiPvjbv KiþZ mÿg nþqþQb, wPŠív Kiæb|

L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw@œq _vKþj Zvi KviY fveyb|

M) wLbdj AR©þb Abym„Z KvR hþ_ó wQj wK? bv _vKþj bZzb Kx KvR Kiv þþZ cvþi
wPŠív Kiæb|

N) mKþj wLbdj AR©b KiþZ þcþiþQb wK? bv KiþZ cviþj Zvi Rb` Kx c`þÿc þbqv
cÖþhvRb wQj Zv ejyb|

O) Awaþekb AskMÖnYg~jK wQj wK?

cwiwkó:

PvU©-1 (K): wkyþKi mgvRþeva

- mgþSvZv
- mǎú^axwZ
- mwnòzZv
- wgtþjwgþk KvR Kivi gþbvfe
- bvixRvwZi cÖwZ mǎšvb cÖ`k©b
- þgþq wkyv_©x l þQþj wkyv_©xþ`i mg`„wóþZ þ`Lv
- msþe`bkxj
- cÖvYešÍ
- Avb>`gyLi
- þKŠZzKwcÖq

PvU©-1(L): wkyþKi gvbweK g~jþeva

- mnbkxjZv
- AvZ¥mshgx

- D`vi `„wófw½
- e`w³Zi mꝑúboe
- ‡KŠZzK im †eva
- AvZ¥gh©v`v mꝑúboe
- ‡KŠZznj civqY
- kÖ×vkxj `„wófw½ I AvPiY
- `qv I †¯œncivqY
- gvbyl‡K gvbyl wn‡m‡e MY` Kiv
-

PvU©-2: mgvR‡eva I gvbweK g~j`‡ev‡ai cÖfve we`Ív‡ii †KŠkj

- wki‡K fvj AvPiY wkL‡Z AbycÖvwYZ Kiv
- wBR‡K AbyKiYxq Av`k© e`w³Zi wn‡m‡e Dc`vcb Kiv
- fvj Kv‡Ri Rb` wki‡K cyi`vi ‡`qv
- fvj Kv‡Ri Rb` wki‡K cÖksmv Kiv
- wki‡K wbivc` cwi‡ek cÖ`vb Kiv
- wki‡`i gvbeZvg~jK Mí †kvbv‡bv
- gvbeRvwZ mꝑú‡K© BwZevPK g‡bvfve m„wóKiv
- eo‡`i mꝑšvb I †QvU‡`i cÖwZ mnvbyf`wZkxj AvPiY Ki‡Z †kLv‡bv
- mK‡ji cÖwZ gvbweK n‡Z †kLv‡bv
- ÍvYmvgMÖx msMÖn I weZi‡Y DØy× Kiv
- †mevg~jK cÖwZôvb cwi`k©b Kiv‡bv
- cigZmwnòzZv †kLv‡bv
- RvZxq, mvgvwRK, ag©xq I mvs`ç...wZK Abyôvb cwiPvjbv Kiv‡bv
- †`‡ki `^vaxbZv, †`k‡cÖg I HwZn` mꝑú‡K© AewnZ Kiv

w`b-6 Awaṭekb-4

1.wkṭivbg: evsjvṭ`k l wek|cwiPq: mgvRm`m`ṭ`i mvṭ_ we`vjṭqi mymṣúK© m,,wói ṭKŠkj

2. g~jwelq: we`vjq GKwU mvgvwRK cÖwZôvb| GLvṭb ṭmZz eÜṭb AvṭQb wkÿK, wkÿv_©x l AwffveK| ṭhLvṭb wkÿv_©x we`vjṭqi cÖvY; ṭmLvṭb wkÿK l AwffveK nṭ`Qb we`vjṭqi ṭ`n m|ifc| GKK cÖṭPóvq KLṭbv ṭKvb cÖwZôvṭbi DbœwZ mvab mṣe bq| cÖṭZ`K we`vjṭqi GKwU wba©vwiZ GjvKv (Catchment area) AvṭQ| we`vjṭqi DbœwZi Rb` H GjvKvi RbṭMvwôi we`vjṭqi mvṭ_ mymṣúK© GKvšÍ cÖṭqvRb| weṭkl Kṭi we`vjṭqi msṭM GjvKvi AwffveK ṭkÖwY l weṭ`vrmvnx e`w³eṭM©i mymṣúK© Acwinvh©| ṭh cÖwZôvṭbi msṭM mgvṭRi m`m`ṭ`i hZ fvj mṣúK©, ṭm cÖwZôvb ZZ ṭjLvcovq DbœZ| mgvṭR emevmKvwiMYB g~jZ we`vjq Dbœqṭb GwMṭqAvṭmb | e`w³MZ bq, mgwóMZ cÖṭPóvB ṭKvb we`vjq Dbœqṭbi c~e©kZ© | KvṭRB we`vjṭqi DbœwZi Rb` mgvRm`m`ṭ`i mvṭ_ we`vjṭqi mymṣúṭK©i ṭKvb weKí ṭbB |GBAwaṭekṭb mgvRm`m`ṭ`i mvṭ_ we`vjṭqi mymṣúK© Kxfvṭe m,,wó Kiv hvq ṭmB ṭKŠkjmg~n AvṭjvPbv Kiv nṭe|

3.mgq: 1 N›Uv

4. wkLbdj:

G Awaṭekb ṭkṭl AskMÖnYKvixMY-

4.1 we`vjq l mgvRm`m`ṭ`i ga`Kvi mṣúK© ejṭZ cviṭeb |

4.2 mgvRm`m`ṭ`i mvṭ_ we`vjṭqi mymṣúK© m,,wói gva`g,ṭjv mbv³ KiṭZ cviṭeb

4.3 mgvRm`m`ṭ`i mvṭ_ we`vjṭqi mymṣúK© m,,wói ṭKŠkj ejṭZ cviṭeb

5. ṭKŠkj: Dc`vcb, ṭRvovqKvR, `jxqKvR, cÖṭkœvĚṭi AvṭjvPbv|

6.DcKiY: ṭcv≠vi ṭccvi, gvK©vi, mvBb ṭcb, ṭevW© ṭcb, j`vcUc, gvwëwgwWqv BZ`vw`|

7. Awaṭekṭbi weeiY:

KvR-1 mgvRm`m`ṭ`i mvṭ_ we`vjṭqi mymṣúṭK©i aviYv

mgq: 15 wgwbU

7.1.1. cÖkœ Kiæb-GKwU we``vjq myôzfvþe cwiPvjbvi Rb`` Kvþ`i mvþ_ mœúK© ivLv cÖþqvRb ? GKvKx wPšÍv | †Rvovq AvþjvPbv Kþi DËi w`þZ mnvqZv Kiþeb| GKRb AskMÖnYKvixþK DËi,þjv †evþW©/wd¬cPvþU© wjLþZ ejyb |

7.1.2. cÖþkœvËþii gva``þg ïay gvÎ hvuiv `vbxq e`w³eM© Zvuþ`i bvg †evþW©/wd¬cPvþU© †iþL evKx bvg,þjv ev` w`þZ ejyb | GKRb AskMÖnYKvixþK bvg,þjv coþZ ejyb Ges Ab`þ`i gþbvþhvM mnKvþi ïbþZ ejyb |

7.1.3. AvþjvPbvi gva``þg aviYv `úó Kiæb þh, GKwU we``vjq myôzfvþe cwiPvjbvi Rb`` `vbxq mgvRm`m`þ`i mvþ_ mymœúK© ivLv GKvšÍ cÖþqvRb |

KvR-2 mgvRm`m`þ`i mvþ_ we``vjþqi mymœúK© m,,wói gva`g

mgq: 20 wgwbu

7.2.1.cuvPwU `j MVY Kþi mgvRm`m`þ`i mvþ_ we``vjþqi mymœúK© m,,wói gva`g,þjv `þj AvþjvPbvi gva``þg †cv=vi †ccvþi wjþL `jþbZvþK Dc`vcb KiþZ ejyb |

7.2.2. cÖþkœvËþii gva``þg AvþjvPbv Kþi mgvRm`m`þ`i mvþ_ we``vjþqi mymœúK© m,,wói gva`g,þjv (**cwiwkó:PvU©-1**) mœúþK© `úó aviYv w`þZ mnvqZv Kiæb |

KvR-3 mgvRm`m`þ`i mvþ_ we``vjþqi mymœúK© m,,wói †KŠkj

mgq:20wgbu

7.3.1. cÖkœ Kiæb- mgvRm`m`þ`i mvþ_ we``vjþqi mymœúK© Kxfvþe m,,wó Kiv hvq? AskMÖnYKvixþ`i cÖþZ`KþK GKwU Kþi cþqU ejþZ ejyb Ges GKRbþK cþqU,þjv †evþW©/wd¬cPvþU© wjLþZ ejyb | GKRbþK cþqU,þjv coþZ ejyb Ges Ab`þ`i gþbvþhvM mnKvþi ïbþZ ejyb |

7.3.2. †evþW©/wd¬cPvþU© †jLv cÖvß cþqU,þjv AvþjvPbvi gva``þg mgvRm`m`þ`i mvþ_ we``vjþqi mymœúK© m,,wói †KŠkj (**cwiwkó:PvU©-2**) mœúþK© `úó aviYv †cþZ mnvqZv Kiþeb |

8| g~j`vqb:

mgq:

5 wgwbu

(K) mgvRm`m`þ`i mvþ_ we``vjþqi mymœúK© m,,wói †KŠkj,þjv ejyb

9| ^-AbywPšÍb:

K) AwaþekbwU KZUv `ÿZvi mvþ_ cwiPvjbv KiþZ mÿg nþqþQb, wPšÍv Kiæb|

L) `jxq KvþR mevi AskMÖnY wQj wK? þKD wbw@œEq_vKþj Zvi KviY fveyb|

M) wkLbdj AR©þb Abym,,Z KvR hþ_ó wQj wK? bv_vKþj bZzb Kx KvR Kiv †hþZ cvþi wPšÍv Kiæb|

N) mKþj wkLbdj AR©b KiþZ †cþiþQb wK? bv KiþZ cviþj Zvi Rb`` Kx c`þÿc þbqv cÖþhvRb wQj Zv ejyb|

O) Awaþekb AskMÖnYg~jK wQj wK?

cwiwkó:

PvU@-1: mgvRm`m`f`i mvf_ we`vjfqi mymáúK© m„wóí gva`g

- fkÖwYlqwwi gv mgvfek
- Gm Gg wm
- AwffveK w`em
- DVvb %eVK
- wkii`vwj
- MY`gvb`e`w³f`i wbfq mfv
- wkfývcKiY cÖ`k©b
- M„n cwi`k©b
- mvgwRK, mvs`<...wZK l ag©xq Abyôvb
- wefkl Pvwn`vmáúboe wki`i Rb` cyi`<vi
- `wi`ª, Amnvq wki`i Rb` cyi`<vi
- GKxf`Z wkýv máúfK© AewnZKiY
- we`vjfqi cwiKíbv cÖYqb
- wkýv mßvn/µxovmßvn

- cÖv³b Qvî l ṽ'vbxq hyeK
- weṽ'vjq mṽú†K© gvwjKvbn†eva
- cixývi djvdj cÖKvk
- e†qv†Rˆeṽw³

PvU©-2: mgvRm`m`†`i mv†_ weṽ'vj†qi mymṽúK© m, wóí †KŠkj:

- †kÖwYlqwi gv mgv†e†ki eṽeṽ'v Kiv
- Gm Gg wm m`m`†`i mv†_ wbqwgZ mfv Kiv
- wba©vwiZ w`†b AwffveK w`em cvjb Kiv
- wbqwgZ fv†e DVvb %œV†Ki eṽeṽ'v Kiv
- wba©vwiZ w`†b wkiiṽwji eṽeṽ'v Kiv
- gv†S gv†S MYṽgvbṽeṽw³†`i wb†q mfv Kiv
- wkýv_©x KĚ©...K ^ZwiK...Z wk†ývcKiY cÖ`k©bx†Z AwffveK†`i Avgš¿Y Kiv
- iæwUb Abyhvqx M,,n cwi`k©b Kiv
- mvgvwRK, mvsṽ<...wZK l ag©xq Abyôv†b GjvKvi eṽw³eM©†K Avgš¿Y Kiv
- we†kl Pvwn`vmṽúboe wki†`i Rbṽ cyiṽv†ii eṽeṽ'v Kiv
- `wi`ª, Amnvq wki†`i Rbṽ cyiṽv†ii eṽeṽ'v Kiv
- GjvKvi RbMY†K GKxf~Z wkýv mṽú†K© AewnZ Kiv
- weṽ'vj†qi cwiKíbv cÖYq†b GjvKvi RbMY†K mṽú,,³ Kiv
- wkýv mßv†n l muxvmßv†n ṽ'vbxq RbMY†K Avgš¿Y Kiv

- cÖv³b Qvî I ṽvbxq hyeKṽi weṽṽvjṽqi wewfbœ Dbœqbg~jK KvṽR mṽú,,³ Kiv
- weṽṽjqwU mṽúṽK© GjvKvevmxi gṽb gvwjKvbvṽeva m,,wó Kiv
- cixývi djvdj cÖKvk Abyôvṽb mKjṽK Avgš¿Y Rvbvṽbv
- GjvKvi eṽqvṽRṽôv/ eṽqvṽRṽô eṽw³i nvZ wṽṽq cyiṽṽvi cÖṽvb

w`b-6

Awaṽekb-5

1| wkṽivbvg: cÖwkṽṽbvĒi g~jṽvqb

2| g~jwelq: ṽh ṽKvb cÖwkṽY GKwU mywbw`©ó jṽṽ cwiPvwjZ nq| AskMÖnYKvwiMY cÖZṽvwkZ DṽĴk` AR©ṽbi gvaṽṽg wbw`©ó jṽṽ ṽcuŠQṽZ ṽcṽṽṽQ wKbv cÖwkṽY ṽkṽṽ Zv hvPvB Kṽi ṽ`Lv cÖṽqvRb| g~jZt cÖwkṽY c~e© g~jṽvqb Ges cÖwkṽṽYvĒi g~jṽvqbṽbi djvdṽji Zzjbvi gvaṽṽg cÖvṽ ṽṽṽviB cÖwkṽṽYi mvdṽṽi cÖgvb ṽ`q| m½Z KvṽṽYB eZ©gvb cÖwkṽṽY cÖwkṽY c~e© Ges cÖwkṽṽYvĒi g~jṽvqbṽbi eṽeṽṽ ivLv nṽqṽṽQ|

3| mgq: 45 wgwbu

4| wkLbdj: cÖwkṽYv_©xMY Zvṽṽi cÖwkṽY mvdṽṽi gvĴv mṽúṽK© RvbṽZ cviṽeb|

5| c×wZ I ṽKŠkj: cÖwkṽY Kṽṽ wjwLZ g~jṽvqb|

6| DcKĴY: DĒi ṽjLvi RvqMv mṽ^wjZ cÖkœĴ, Kjg, +ṽvcjvi BZṽvw`|

7| Awaṽekṽbi weeiY:

7.1. AskMÖnYKvwiMYṽK g~jṽvqb PjvKvjxb Zvṽṽi fzwgKv eywSṽq ejyb|

7.2. g~jṽvqb ĩiæ I ṽkl nevi mgq (DĒiṽṽṽbi Rb` 20 wgwbu mgq cvṽe) ejyb|

7.3. cÖkœ I DĒicĴ wbw`©ó mgṽq mieivn Kiæb|

7.4. jṽṽ ivLyb ṽhb ṽKD ṽ`Lv-ṽ`wL/K_v ejv/wek,,•Ljv m,,wó bv Kṽi|

7.5. mgq ṽkl nṽj DĒicĴ msMÖn Kṽi wbb Ges `ªæZ Zv g~jṽvqb Kṽi wbb|

7.6. cÖwkṽY c~e© Ges cÖwkṽṽYvĒi g~jṽvqbṽbi djvdṽji Z~jbvg~jK Mo wPĴ msLṽṽ I MÖvṽdi mvnvṽh` Dcṽṽvcb Kiæb|

7.7. mvdṽṽi Rb` cÖwkṽYv_©xMYṽK abṽev` w`b|

mgvcbx:

- 15 wgwbfUi GKwU mgvcbx Abyôvfbî AvfvqRb Kiæb|
- c~fe© ^ZwiK...Z cÖwkÿY cÖwZfe`b `vwqZ;cÖvß wkyKfK cfo ïbvZ ejyb|
- 1 Rb gwnjv | 1 Rb cyiæl cÖwkÿYv_@xfK cÖwkÿY cÖwZfe`fbî evBfi Zuvf`i cÖwZwµqv 3+3 wgwbfU ejvi Avnÿvb Rvbvb|
- mKjfK cÖwkÿYjä Rvb fckvMZ fÿfÎ KvR jvwMfq DbæZZi fckvMZ fmev cÖ`vfbî Avnÿvb Rvwbfq, mKfji if Kj`vY Kvgbv Kfi Ges fKvfm© AskMÖnfYi Rb` mKjfK ab`ev` w`fq fKvfm©i mgvwß fNvlyv Kiæb|