

Child Abuse Prevention Council Monthly Council Meeting Minutes November 7, 2016

- I. Dr. Valerie Barnes, Chair CAPC. called the meeting to order at 3:40 PM.**

Attending were Barnes, Keating, Murtagh, Munteer, Altman, Pennycook, Sandoval and Bryant.

Also present were: Gail Root and Robin Leppo-Kerr.

Dr. Barnes then introduced Helen Bryant, Alternate for Lori Medina who now serves as a Program Manager for Family and Children Services.

- II. Public Input-**the Chair asked if any members of the public present would like to address the council, hearing none, she moved to the Consent Agenda.

- III. Consent Agenda:** The Chair announced the opening of the consent agenda and asked if any member desired to pull an item for further discussion. Without objection, she received a motion from **Pennycook/Keating to approve the Consent Agenda as submitted. It passed unanimously.**

1. Approval of Minutes for the November 7, 2016 CAPC Regular Monthly Meeting.
2. CAPC Budget Summary for November 2016
3. CAPIT/CBCAP Director's Hours Authorization Report

PP Ending	August 5, 2016	68 hours
PP Ending	August 19, 2016	69 hours
PP Ending	September 2, 2016	65 hours
PP Ending	September 16, 2016	57 hours
PP Ending	September 30, 2016	67 hours
PP Ending	October 14, 2016	64 hours
PP Ending	October 28, 2016	65 hours

4. Directors Activities:

August 3, 2016	CASP, Salinas
August 3, 2016	Becky Cromer, CAPC Finance
August 4, 2016	CASP Board of Directors Meeting
August 8, 2016	Efforts-to-Outcome Webinar, OCAP
August 9, 2016	Lori Medina, Supervision
August 10, 2016	Sobranes Fire Support
August 11, 2016	Monterey County Collaborates Meeting
August 15, 2016	CAPC Board Member Interview
August 16, 2016	CSEC Meeting Harden ranch
August 17, 2016	CASP, Salinas
August 18, 2016	JSORT MDIC
August 22, 2016	Juvenile Justice Commission
August 23, 2016	Pathways Communication, Quad
August 24, 2016	Greater Bay Area CAPC-Marin County
August 25, 2016	Lori Medina: All Staff Meeting
August 31, 2016	Sexting: Jessica Nichols
September 7, 2016	CASP, Salinas
September 7, 2016	Perinatal Depression Conference
September 8, 2016	MCOE School Climate: First5
September 14, 2016	Lori Medina, Supervision
September 15, 2016	JSORT MDIC
September 21, 2016	Appelstein Conference
September 22, 2016	Labor of Love, Sherwood Hall Salinas
September 27, 2016	Roadmap to Safety: Elliott Robinson
September 28, 2016	Greater Bay Area CAPC-Marin County
October 5, 2016	CASP, Salinas
October 5, 2016	Big Sur Marathon Reception
October 10, 2016	Children's Council, MCOE
October 11, 2016	Quality Assurance Committee-Natividad
October 12, 2016	Grace City: Robin Leppo-Kerr
October 13, 2016	Monterey County Collaborates Meeting
October 13, 2016	MCSTART Steering
October 17, 2016	Lori Medina, Monthly Meeting
October 18, 2016	CSEC-Harden Foundation
October 19, 2016	CASP, Salinas
October 20, 2016	JSORT MDIC
October 24, 2016	Juvenile Justice Commission
October 25, 2016	Pathways Communications, Quad
October 26, 2016	Greater Bay Area CAPC-Marin County
October 27, 2016	Sexting PowerPoint Review
November 2, 2016	CASP, Salinas
November 3, 2016	CASP Board of Directors Meeting

5. Spanish Language Outreach Trainings: Efrain Ramirez

2016 July (8)	Attendees: 57
2016 August (16)	Attendees: 100
2016 September (19)	Attendees: 136

Total Trainings Delivered: 43	Total Attendees: 293
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6. Spanish Language Outreach Trainings: Jorge Mata-Vargas

2016 July (10)	Attendees: 78
2016 August (14)	Attendees: 145
2016 September (19)	Attendees: 117

Total Trainings Delivered: 43	Total Attendees: 340
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7. Spanish Language Outreach Trainings: Eduardo Eizner

2016 July (5)	Attendees: 75
2016 August (20)	Attendees: 362
2016 September (33)	Attendees: 561

Total Trainings Delivered: 58	Total Attendees: 998
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8. Director Delivered Trainings: David Maradei

August 13, 2106	MaRT, Girls Inc (30)
August 17, 2016	MaRT, International School (45)
August 16, 2016	Sexting Class (2)
August 18, 2016	MaRT, Girl Scout House, Salinas (20)
August 22, 2016	MaRT, Washington Union School District, San Benancio (100)
August 23, 2016	Sexting Class (2)
August 29, 2016	MaRT, Epicenter (6)
August 30, 2016	Sexting Class (2)
September 6, 2016	Sexting Class (2)
September 7, 2016	MaRT: Americorps (30)
October 4, 2016	MaRT: Alisal Family Resource Cen. (6)
October 5, 2016	MaRT: Home Charter School (25)
October 31, 2016	MaRT: Oasis Charter School (40)
November 5, 2016	MaRT: Americorps (30)

14 Trainings Delivered

Total Attendees: 340

9. The CAPC Director requests authorization to attend the San Diego International Conference on Child and Family Maltreatment that will take place on January 29-February 3, 2016. The Registration fee for this conference is \$515 if made before 11-18-2015. After that date the registration fee is \$615. The total cost of the training not to exceed \$2000 that includes room, per diem, registration, travel and parking. It is recommended that this expense be drawn from the KIDSPLATE account.
10. CAPC has received a check from the Big Sur Marathon for \$1800 which is allocated to the CAPC general fund reserve.

IV. Executive Committee Action (none)

V. Additional Autumn Training: Charles Appelstein

The Director introduced the item.

We held a highly successful training with our Army community Service, CASA, Hartnell College and CAPC collaborative. We planned for 100 participants and 140 attendees showed up! Charlie was “on” his game and it was a highly educational instructive training with an important message. Charlie is returning to the Bay Area later in the year working with members of the Greater Bay Area CAPC Coalition. He is willing to deliver one day two-session training at a reduced fee sans expenses (since he is already here). His fee is \$1600 for the day.

CAPC will fund the training. I am considering smaller sites aimed at two populations: **the Department of Probation and the Department of Social Services**. Initial conversations with Lori Medina and Marcia Parsons, both members of the CAPC, indicate interest in the training.

Appelstein’s main message is delivered in one three hour session. I am proposing two three hour sessions, one in the morning and one in the afternoon. Sites convenient to our target populations will be chosen. Because these are shorter, smaller sessions we will not have to provide Continental breakfast or lunch for attendees. This is a great opportunity to provide a nationally renowned trainer with an important message for a minimum expenditure.

After minimal discussion:

It was moved that CAPC authorizes expenditure not to exceed \$2000 to cover conference expenses for the Charles Appelstein Strength Based Parenting Program. It is recommended that all expenses for this training be drawn from the KIDSPLATE account. It passed unanimously.

- VI. **Labor of Love Report-the CAPC Director delivered a report on the number of attendees and the results for our support for the Labor of Love 2016.**

Results for 2016

Pregnant moms	215
Dads	65
Friends/grandparent	87
Children: under 5	102
Children: over 5	75
<u>Staff</u>	<u>104</u>

Total: 648

- VII. **Perinatal Depression-Gail Root presented her program to provide services to women who suffer from Perinatal Depression (Post Partum Depression). It is considered one of the top five causes of child abuse by studies from Health and Human Services in Washington, D.C.**

Perinatal depression is common and primary care holds a crucial role for detecting, treating or, if necessary, providing referrals to mental health care for affected women. Family doctors should be aware of risk factors for peripartum depression, including previous history of depression, life events and interpersonal conflict. Perinatal depression has been associated with many poor outcomes, including maternal, child and family unit challenges. Infants and young children of perinatally depressed mothers are more likely to have a difficult temperament, as well as cognitive and emotional delays.

If depression continues post-partum, there is an increased risk of poor mother–infant attachment, delayed cognitive and linguistic skills in the infant, impaired emotional development and risk for behavioral problems in later life. (This brief abstract is from an article on Mental Health in Family Medicine.)

At the conclusion of her report, Ms. Root took questions from the CAPC members. After discussion:

With a motion by Pennycook/Murtagh the CAPC authorized the Director to contract with the Parenting Connection to provide three (3) months funding @ \$1000 per month to support the Perinatal Mood and Anxiety Disorder support groups for parents during pregnancy and the post-pregnancy period. CAPC recommends that this funding be drawn from the KIDSPLATE reserve. The motion passed unanimously.

The CAPC also recommends that the contract include an evaluation and “report-back” element as to the success of the program.

VIII. The Director introduced Robin Leppo-Kerr, who serves as the newly appointed Executive Director of the YWCA of Monterey County. Robin presented a PowerPoint program that informed the CAPC about a project she worked with when she served as the CAPC Director in Madera County. It is called Grace City (PowerPoint available upon request):

A centralized, user-friendly mobile resource app allowing immediate access to short- and long-term services for exploited and high-risk individuals.

Target audience:

Law Enforcement/First Responders/Social Workers/Case Managers/Advocates/Pastors/Chaplains/Medical Professionals/Teachers/Counselors/Therapists/Agencies/Organizations

As an information presentation only, no CAPC action is necessary at this time.

IX. Adjournment: It was moved by Barnes/Mounteer we adjourned at 4:30 PM.

Save-the-Dates for 2017 CAPC Meetings

- February 6, 2017
- May 1, 2017
- August 7, 2017
- November 6, 2017

Minutes Prepared by D.R. Maradei
CAPC, Director
January 26, 2017