



Boundless Way Temple

無限道寺

Coming and Going Sesshin 2019

*Three-week Residential and Non-Residential
Open House Meditation Retreat*

January 4 - 25

Boundless Way Temple, Worcester, MA



Please join us at our annual open house Zen retreat at Boundless Way Temple. We will be open every day from 6 am to 9 pm during this sesshin. Here are all the ways that you can take part:

- **Join our residential practice by staying at the Temple overnight for one or more nights.** Advance registration is required for residential practice. **Details and the link for online application are below.**
- **Attend the opening ceremony on January 4th at 7:30 PM**
- **Visit the Temple for any or all of the practice periods below:**
 - 6:00 AM – 8:00 AM Early morning practice period
 - Includes dokusan (individual meetings with a teacher or senior student)
 - 10:00 AM – 12:30 PM Late morning practice period:
 - Includes sutra service, teisho (dharma talk by a teacher or senior student) and dharma dialogue

- 2:30 PM – 5:30 PM Afternoon practice period
 - Includes dokusan
- 7:00 PM – 9:00 PM Evening practice period
 - Includes teisho, dharma dialogue and dokusan

Donations for any part of a practice period will be gratefully received in the collection bowl in the front hallway. The suggested donation is \$5 - \$50/day.

● **Attend the Shuso Hossen ceremony for Alan Richardson on January 24th at 7:30 PM**

David Dae An Rynick, Roshi and Melissa Myozen Blacker, Roshi will be in residence for the entire retreat. Other Boundless Way Teachers and senior students will also be offering dharma talks and dokusan throughout the retreat.

www.worcesterzen.org 508-792-5189

Sangha Friends,

Applications are now being accepted for the Boundless Way Temple 2019 Coming and Going Sesshin, a three-week open house meditation retreat, which can be either or both residential and non-residential. The Coming and Going Sesshin begins at 7:30 p.m. on Friday, January 4, and ends on Friday, January 25th at noon.

Opportunities will be available for residency at the Temple as well as participation in any part of the daily practice periods. Each day, Boundless Way teachers, dharma holders and senior dharma teachers will offer practice interviews (dokusan), and there will be dharma talks (teisho) from Boundless Way teachers, senior dharma teachers and dharma teachers, followed by dharma dialogues. There will also be opportunities for work practice (samu). All activities will be held at the Boundless Way Temple at 1030 Pleasant Street in Worcester.

If you would like to join us for some or all of the daily practice periods, the suggested donation is \$5 - \$50/day. Donations for any part of a daily practice period will be gratefully received in the collection bowl in the front hallway.

For those interested in residency at the temple, the cost is outlined below. Meals and lodging are provided with your residential practice registration.

- \$103 per night for stays of 6 or fewer nights
- \$82 per night if total stay is 7 nights or more (nights need not be consecutive)
- \$72 per night for entire retreat

Financial assistance to attend the residential practice portion of the Coming and Going Sesshin is available, so please do not let money be the reason you can't attend. Because providing these opportunities does involve costs for food, rent, utilities, and to support our teachers' time, we do ask that everyone make a contribution in some amount to our shared work. We encourage you to pay what you can truly afford, and know that your contribution of whatever amount is welcome. To request financial assistance, please contact the registrar at registrar@worcesterzen.org.

Payment in full is required at the time of registration. Please notify us as soon as possible if you need to cancel.

Important notes:

1. Your place will be secured after both a completed application and your payment have been received. Verbal requests for a reservation are not accepted.
2. We offer easy-to-use online registration. This application is a streamlined and secure process. You may mail your check to the Boundless Way Temple Treasurer or use PayPal to pay the registration fee. **The link to this online form is below.**
3. There are two options for payment - PayPal and personal check. If you choose PayPal, after completing and submitting the application form go to the bottom of the form page. There is a PayPal button which will bring up the payment screen. You do not need to be a member of PayPal to use this payment method. Alternatively, you may choose to send your payment to the address below.
4. Boundless Way Zen now offers a Retreat Assistance Fund. Regardless of whether you can join us for some or all of the Coming and Going Sesshin, you may contribute to this fund. The Retreat Assistance Fund helps defray the costs for those who have requested financial aid. Donations to this fund can be made by check or via PayPal. The payer may make a donation without registering for the Coming and Going Sesshin or, for those registering, add any amount to the base fee as a donation to the Retreat Assistance Fund. Please note, if you are registering for the Coming and Going Sesshin, any amount donated over the registration fee will go to the Retreat Assistance Fund unless you indicate otherwise. If you are not registering for the Coming and Going Sesshin, any amount donated via PayPal or check will go to the Retreat Assistance Fund. If you choose to donate by check, please note "Retreat Assistance Fund" on the memo line for your check.

The online registration form can be found at:

<http://worcesterzen.org/cags/registration>

If paying by check, please make your check payable to "Boundless Way Temple" and mail your check to:

Treasurer, Boundless Way Temple
1030 Pleasant Street
Worcester, MA 01602

Please email us at registrar@worcesterzen.org if you have any questions.

We hope to see you there!

Alison Barrows Ronn and Jenny Smith, Registrars
Alan Richardson, Shuso