

Ukraine Resources

Last Update:

Feb 28, 2022

7:30 PM

USE THE FOLLOWING TEMPLATES TO HELP YOU REACH OUT TO YOUR LOCAL GOVERNMENT OFFICIALS

 **CANADA +  USA EMAIL TEMPLATES ON THE NEXT PAGES**

 Resource for Canadian Residents - MPP EMAIL

Created by Zoriana Workun

Use the following template to email your MPP ASAP.

Please try to alter this slightly with your own words to have a greater impact.

ONTARIO

[Type your address - not just postal code](#)

BC

[Find your Member of Legislative Assembly here](#)

Subject: Russian War in Ukraine

Dear **MPP NAME**

I'm a constituent in your riding of **XXX**. Russia is taking a full scale invasion of Ukraine. There is a war and attacks on civilians throughout Ukraine. Our federal government is taking action through sanctions on an international level as well as matching Red Cross donations, but more needs to be done. The Ontario government has donated \$300k and the Albertan government \$1M in humanitarian aid. In addition, Ontario is offering to help set up a fast-track approval process for Ukrainian refugees. To show support with the Ukrainian diaspora, provinces have removed Russian vodka off our shelves. However, more needs to be done.

I call on the **Ontario** government to apply pressure and force conversation with large corporations to fly supplies to Ukraine's NATO bordering countries. The UN estimates that more than 50,000 people have fled in 48 hours and estimates that number will grow by millions.

Wal-Mart, Amazon, Costco, Loblaws are all massive corporations that have grown over the last years. They have warehouses filled with products that refugees need - clothes, diapers, formula, bedding, toiletries, non-perishable food items, etc.

This is not a time to let anyone sit idle, use your network, use your contacts, drive action.

Sincerely,

YOUR NAME

ADDRESS

Resource for Canadian Residents - MP EMAIL TEMPLATE

Created by Zoriana Workun

Use the following template to email your MP ASAP.

Please try to alter this slightly with your own words to have a greater impact.

[Find your MP via postal code here!](#)

Dear **XXX**

I'm a constituent in your riding of **XXX**. Russia is taking a full scale invasion of Ukraine and this is terrifying to me. Prime Minister Trudeau has implemented sanctions, but we need more action. NATO countries need to implement a no fly/ no missile zone over Ukraine, stop importing Russian oil, shut off Russia's banks from the SWIFT International Payments System, and send humanitarian aid to Ukraine.

Putin has made it clear that he will stop at nothing to annihilate Ukraine, its culture, and its people. It is our duty to stand up for our fellow citizens in democratically elected countries when their lives and rights are threatened. Canada needs to take a strong stance and leadership role. If Russia is not stopped in Ukraine, Russian aggression will menace the world.

Sincerely,

YOUR NAME

ADDRESS

 Resource for USA Residents - EMAIL TEMPLATE

Created by Alina Kuzma

FIND YOUR REPRESENTATIVE HERE

Dear Congressman/woman **<Name>**,

I am writing to you today to implore you to stand up for freedom and democracy in Ukraine and do whatever is in your power to aid Ukraine's fight in this crucial moment.

Firstly, please support the additional military aid to Ukraine. More than anything, Ukraine needs our material support to drive back the invasion. Most importantly, they need additional anti-air capabilities to prevent their cities from being bombed. If at all possible, a no-fly zone should be established in Ukrainian airspace. They have been ravaged by corruption and war rooted in Russia for far longer than this past week and do not have the economic means to fight back. Additionally, please push the administration for additional sanctions on oil and natural gas, as these sales are currently funding the Russian war machine. The period of economic discomfort that such sanctions would cause is far outweighed by the long term benefits of cutting our reliance on Russian oil and gas imports. Please push the administration to assist the Ukrainian army with intel and humanitarian aid wherever possible. Lastly, I believe that given their clear lack of good-faith negotiations, including committing war crimes against heavily populated civilian cities during negotiations with Ukraine, it would be appropriate to cut most diplomatic ties with Russia.

I appreciate your time and attention to this matter.

Sincerely,

<Your Name>

ADDRESS

Letter for POC refugees at the Ukrainian Border - Government officials

Created by Mario Morello

Dear [government official],

As we follow the unimaginable humanitarian crisis in Ukraine with heavy hearts, we also watch with disdain and sadness as we see issues of race, colour, and classicism divide the resources and accessibility to displaced persons affected by the war. As I am sure you have witnessed, racial division and discrimination have affected the prioritization of resources for the refugee crisis of displaced persons coming out of Ukraine. In addition to the great distress and anguish this war causes us, we also watch with great concern, generated and augmented by wartime desperation and crisis.

This war is an unprovoked, unprecedented, terrorist aggression on the sovereign land of Ukraine, which affects all of her people - including people of colour. The devastation of war does not discriminate the way we do, and this is something that we Canadians implore you to immediately address.

As Canadians, we stand for equality and we must rise up against racist policies wherever they may be implemented. [Canadians] have been on the second front lines of this war, actively mobilizing to support and aid Ukraine in any way possible - and this deprioritization of people of colour does not stand for our values.

We stand with Ukraine, we will fight alongside Ukrainians with all our might, and we will support all people displaced by this brutal and heinous war.

Please address these issues in any way that your political faculty empowers you to, as we stand by Ukraine and fight for, and with, [Canadian] values.

Sincerely,

[name]

CONTACT INFORMATION