

Week 10 Assignment: Collective Final Exam Study Guide

Instructions

Prompt: You were assigned questions from the final exam study guide to answer. You will answer these questions on your own, using the course content to come up with the answers to these questions. Other students were also assigned the same questions as you to ensure that all questions would be answered in case a student did not complete their part of the study guide. After this, you will turn in your responses to your assigned questions to BOTH the Collective Google Document where you will copy and paste your answers and on Canvas. If you prefer, you can download a copy of the study guide [here](#). If you're wondering how you should study for the exam, refer to the "Study Skills Advice" section of the syllabus.

Week 1

1. Define the following terms: social justice, ecological systems theory, bio-psycho-social-spiritual approach, strengths based approach, cultural responsiveness, social constructionism, remediation, prevention, intervention, congruence, meso-level, macro-level, and micro-level
2. Describe each type of bias in research
3. What are the four elements of empathy?
4. What is the difference between empathy and sympathy?
5. What characteristics, skills, and knowledge is it important for human service professionals to have?

Week 2

1. Define the following terms: decolonize, culture, gender, sex, medical model of disability, social model of disability, privilege, social construction of difference, social construction of race, and intersectionality
2. Compare and contrast cultural humility and cultural competence
3. What does it mean to say that the history of human services has been whitewashed?
4. Discuss the history of social welfare in the US, including key figures
5. Briefly discuss each of the different dimensions of diversity

Week 3

1. Define the following terms: diagnosis, disability, handicap, person-first language, disability-first language, medical model of disability, social model of disability, psychosocial issues, microaggressions, implicit bias, systemic oppression, change talk,
2. Describe the settings and roles in which people work with a) people with disabilities and b) justice involved individuals
3. What are the values in the National Organization of Human Services (NOHS) code of ethics?
4. What factors should you consider when addressing an ethical dilemma?
5. What are some of the common modalities when working with justice involved individuals? What are some of the challenges when working within the criminal justice system?

Week 4

1. Define the following terms: social welfare system, social problem, sociological imagination, relative approach, absolute approach, poverty line, poverty gap, intersectionality
2. Describe each of the social welfare programs covered in this week's content
3. Discuss each of the different views of the social welfare system. What is the difference between a social welfare program and a social insurance program?
4. Provide an example of a personal trouble and an example of a public issue
5. Briefly discuss trends in rates of poverty over time, noting which groups are most likely to be in poverty and why

Week 5

1. Define the following terms: psychosocial theory, systems theory, remediation, intervention, prevention, medical model, wellness model,
2. Describe the different career options for helping professionals in healthcare settings
3. What are the three guiding principles of the family system?
4. How does healthcare in the US compare to that of other countries?
5. What functions do families serve in society?

Week 6

1. Define the following terms: neurodevelopmental disorders, psychotic disorders, bipolar disorder, anxiety disorder, obsessive compulsive related disorders, trauma related disorders, feeding and eating disorders, sexual dysfunction,

gender dysphoria, neurocognitive disorders, personality disorders, and depressive disorders.

2. What are the strengths within the addiction treatment field today? What barriers still remain in treating addiction?
3. What kinds of counseling strategies are considered best practices?
4. Provide an example of a drug that falls within each category of substance
5. What is military culture like? What kinds of challenges do veterans face when transitioning back into civilian life?

Week 7

1. Define the following terms: families and mandatory reporter
2. Describe the different school based human service programs and discuss how they serve students and families
3. What is the Indian Child Welfare Act? Why was it passed and why is it important?
4. What do child and family services look like in Oregon? What are the outcomes of child welfare involvement in most cases?
5. Why are there disparities in who is removed from their home during the course of child welfare investigations? Which groups have the greatest disparities?

Week 8

1. Define the following terms: activity theory, ecological systems theory, cumulative advantage/disadvantage, and stereotype embodiment theory
2. Describe the programs designed to address the needs of older adults
3. In terms of aging, how is the US population changing over time? What are the implications of these changes?
4. What is ageism? How does this negatively impact both older and younger people?
5. What stages in Erickson's model are relevant to understanding the experiences of older adults?

Week 9

1. Define the following terms: acute trauma, chronic trauma, complex trauma, intergenerational trauma, epigenetics, vicarious trauma
2. What is trauma informed care? Describe the principles of it and its importance. How does trauma informed care differ from trauma specific practices?
3. What are the three Es of trauma?
4. What are the four styles of attachment? How are they related to trauma?
5. What are adverse childhood experiences? How do these impact individuals in the short terms and in the long term?

Week 10

1. Define the following terms: compassion fatigue, field education, compassion satisfaction, overload, spillover, self-care, and trauma stewardship
2. How can compassion fatigue be addressed?
3. Why is field education a valuable experience?
4. What are the four components of resilience?
5. What is the best way to learn more about an organization and its culture?

Purpose

The purpose of this assignment is to help you prepare for the Final Exam

Grading Criteria

- Please refer to the rubric below for this assignment.
- Submit your answers as a .doc, .docx, or .pdf by 11:59 on Sunday. One point (aka 5%) will be taken off your grade for each day the assignment is late.

Submitting your Assignment

[How to Upload a File as an Assignment Submission](#)

Points: 10

Submitting a file upload

File Types: pdf, doc, and docx