

FEAR

Given a spirit of soundmind at the point of birth

gave it up at the thought of death

Had high hopes and dreams for life

gave it all up at the thought of being stopped by failure

Had feet, had places in mind to go

but never explored at the dreadful thought of losing my shoes

Had wonderful ideas to give to the world

but was afraid of losing my voice in the crowd

Had love, care and affection to give

but scared of being broken

I kept it all to myself

Questioned by the world

I told a lie because I was afraid

the world would frown at the truth

Expectations are wonderful

I am afraid and terrified because

disappointments can be lethal

I keep all these thoughts in my head because of one encroaching shadow

Fear.

LIFE

I am an unlearned swimmer

daring myself to take on an ocean

didn't realize I was going to drown

didn't realize in time I was going down

The water is well above my head

I can feel nature taking over me

I can feel my last breath drawn from me

I can feel life leaving my body

Still, I remain an unlearned swimmer.

JUDGEMENTS BY THE PRISONER

Roles have been switched

now it's the man in the prison of his mind serving out judgements

He sits on his throne with a splinter in his eye

conversing with his jury of prisoners, saying

"Oh, look at him

He smokes all day

doesn't he know his organs are dying?"

"Oh, look at her

She is a saint during the day, but at night

She is away, slaving her body for little change

doesn't she realize that would take her to hell?"

"He is a selfish fellow", "She is an awful mother",

"They were seen together last night "

"Their children are being raised wrongly"

In their hearts and heads

They have built prison cells where everyone has a room

Only if they would remove the splinters from their eyes

Maybe then they would see that they are prisoners of themselves

Trapped in a world with no view of change.

