Iran In Turmoil: Unrest, Upheaval, and Uncertainty

“We may have casualties that often happen in war. We're doing this, not for now, [but] for the future, and it is a noble mission." These were the words of U.S President Donald Trump on the morning of March 7th, 2026, after America and Israel had just bombed a girls school in Iran—killing at least 175 children. Surprisingly, this isn’t the first time something like this has happened.



Since April 2024, Israel and the U.S have attacked Iran on four separate occasions, one of which for the purpose of “suppressing protests”. Their crimes continue, with their most recent occurring just this week. Despite being unarmed, 136 casualties occurred following the attack of an Iranian warship by a U.S. submarine. When asked about the incident president Trump suggested that the U.S. Navy blew the boat up simply because they could (*Prager,* 2026).

The two additionally participated in an air strike that killed Ayatollah Ali Khamenei, the Supreme Leader of Iran, on February 28th. America justifies their actions by framing Iran as a menace and an immediate threat that needs to be neutralized. With that being said, Pentagon officials themselves informed Congress that there was no evidence Iran intended to attack first (*Pentagon)*.

Although some Iranians opposed to the regime cheered in support of the news, the catastrophes outweigh any hope of future “good” that will come out of this war, fear and panic continue to spread— and with good reason. Not only have countless areas been bombed, but 3.2 million people, including both Iranians and Afghanis, have been displaced (Adams, 2026). Other

countries also face the effects of Trump's actions. In the words of UN Emergency Relief Coordinator, "War does not stay neatly within borders." As allies get involved, the conflict has increased to one of regional scale, with extensive damage to critical infrastructure, public spaces, and the environment.

Many Americans today fear the beginning of the next World War. Despite this, for the most part the public approves of the conflict. While the opinions of Democrats didn't move much, a poll found that 66% of Republicans approved of the strikes, up from 55% previously, independents increased from 19% to 23%. Trump continues his endeavors, set on his plans to neutralize Iran and the people of the Middle East continue to suffer for it.

Sources:

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